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**Economic impacts of conditional cash
transfer programmes: a systematic review
and meta-analysis**

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Economic Impacts of Conditional Cash Transfer Programmes: A systematic review and meta-analysis

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Economic Impacts of Conditional Cash Transfer Programmes: A systematic review and meta-analysis

We present results of a systematic review of evidence on the effects of conditional cash transfer (CCT) programmes on household economic outcomes. Out of 1,076 original articles found through electronic and handsearches, 46 high quality randomised and quasi-experimental impact evaluations were eligible for the review. We use statistical meta-analysis and analysis of programme mechanisms to explore heterogeneity in impacts between and within programmes. We conclude that, for households which benefited from those CCT programmes which have been rigorously evaluated, child labour decreased, household consumption and investment increased and consumption smoothing improved. In addition, there were mixed effects on adult labour supply in beneficiary households. Limited evidence has been collected on locality-wide impacts in beneficiary communities.

1. Introduction

The recent global economic crisis has given renewed emphasis to the importance of social protection as a ‘smart investment’ in an uncertain world (Lin and Phumaphi 2009, p. xi). Social protection programmes, including social transfers such as cash transfers, are estimated to reach over 150 million poor households in poor countries and benefit around half a billion people (Barrientos and Hulme 2008). Transfers conditional on work, as in public works programmes, have been used by governments to smooth consumption since before the Common Era (Dev,

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3 1995). Cash transfers conditional on prespecified investments in household human capital, are a
4 relatively recent innovation which have spread rapidly. In 1997, there were just three
5 programmes operating in Brazil, Mexico and Bangladesh.ⁱ By 2008, there were over 30
6 programmes across Latin America and the Caribbean, Africa and Asia (Fizsbein and Schady
7 2009).

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16 Tying cash transfers to human capital investments in children is argued to help break
17 intergenerational poverty transmission. Systematic reviews of evidence on the impacts of cash
18 transfer programmes indicate that they are effective in improving education attendance (Baird et
19 al. 2012), immunisation coverage (Gaarder et al. 2010), health facility use (Lagarde et al. 2009)
20 and child nutrition (Manley et al. 2012). Some reviews adopt a theory-based approach to analyse
21 the mechanisms underlying these impacts (Leroy et al. 2009; Gaarder et al. 2010). In addition,
22 conditional cash transfers (CCTs) may have direct economic consequences which could be of
23 substantive importance to the household economy and beneficiary communities. Evidence for
24 such impacts may help offset costs of financing social protection, easing their fiscal burden and
25 increasing their appeal to policy makers.
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40 This paper summarises findings of the first systematic review of the direct economic impacts of
41 CCTs.ⁱⁱ Section 2 presents the theoretical underpinnings and Section 3 describes the systematic
42 review approach and included programmes. Section 4 presents evidence of CCT impacts on child
43 labour allocation, and Section 5 adult labour. Evidence of impacts on expenditure patterns is
44 presented in Section 6. Section 7 presents evidence on risk sharing and the local economy. The
45 final section concludes.
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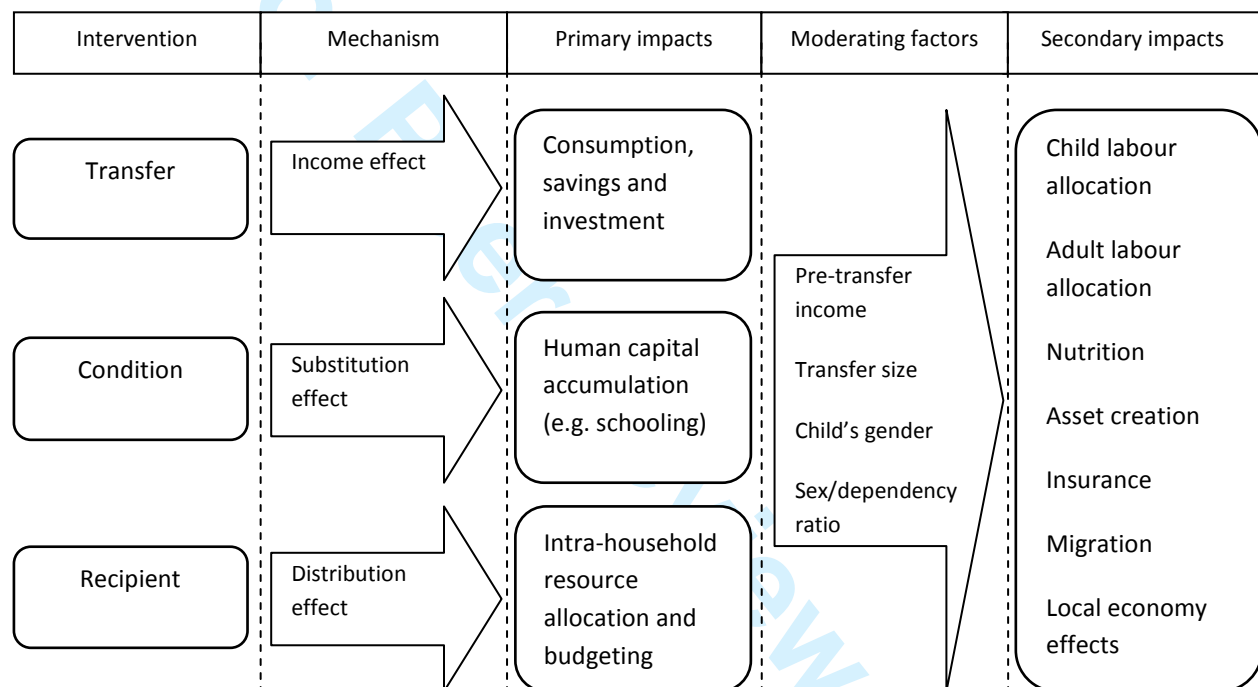
2. Theory of change

Cash transfers are likely to be too small, and the contributions of poor people to their country's per capita income too meagre, to generate direct impacts on macroeconomic growth or national poverty levels (Kabeer, 2009). However, Fiszbein and Schady (2009) identify three causal mechanisms through which conditional cash transfers may impact the household economy. These include an income effect relating to the transfer, which enables liquidity constrained poor households to undertake investments, and a substitution effect relating to the condition, which increases the opportunity costs of not taking children to health clinics and sending them to school. A third distribution effect may also operate, in which mothers are targeted as recipients of the transfer due to widespread belief (and emerging evidence e.g. Yoong et al., 2012) that mothers' preferences are more closely aligned with children's interests than the fathers', leading to an effect on intra household resource allocation and consequent expenditure and budgeting decisions. We refer to these as primary, intended, impacts (Figure 1).

However, there may also be secondary, perhaps unintended, impacts at the local level. If the income effect of the cash transfer is not exhausted by the additional expenditure on schooling, the substitution effect entails more than simply moving children from work or play into school. Some of the uses are likely to be economic in nature, including trading off work for leisure, meeting the costs of job search, including migration in search of work, or alternatively, reducing the need to migrate. Furthermore, the reallocation of children's time from work or play into school may also have ramifications for time use by other family members. For example, if children were previously in paid work, loss of their income would reduce the size of the income effect represented by the cash transfer and may have to be compensated for by other family members either taking up paid work or expanding their time in paid work. There may also be

implications for household coping strategies with respect to shocks, if the transfers are either able to help smooth consumption or to avert damaging crisis coping mechanisms (such as selling off assets, taking children out of school and/or putting them to work), as well as preprogramme risk sharing arrangements like migration and remittances.

Figure 1 Theoretical model



Source: authors.

Impacts may vary for several reasons. First, generosity of the benefits, which vary from 20 percent of mean household consumption in Mexico to less than 1 percent in Pakistan, is likely to affect any direct income effect and consumption smoothing for households and the local economy (Skoufias, 2007). Second, the extent, and degree of enforcement, of the conditions may be important (Baird et al., 2013). For example, Brazil's PETI programme required children aged 7 to 14 both to attend school as well as an after school programme, effectively doubling the

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3 school day and reducing time available for work. Third, in societies characterised by a gender
4 division of labour (i.e. all of them), men and boys are relatively more likely to be engaged in
5 paid work while women and girls are more likely to be found in unpaid domestic work.
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10 Consequently, we might expect an increase in girls' schooling to entail a reduction in their
11 involvement in domestic chores, potentially adding to their mothers' workloads, over and above
12 any time which mothers are responsible for in meeting conditionalities. An increase in boys'
13 schooling would be more likely to entail a reduction in their involvement in paid work, with
14 implications for household income and a possible increase in fathers' time in paid work,
15 although the reduction in income could equally be offset by drawing non-working mothers into
16 paid work. Thus, given that decisions about the allocation of labour by household members are
17 unlikely to be made in isolation by individual members, CCTs may affect the allocation of adult
18 labour within the household, both directly as a result of the income transfer and indirectly via
19 impacts on child labour.
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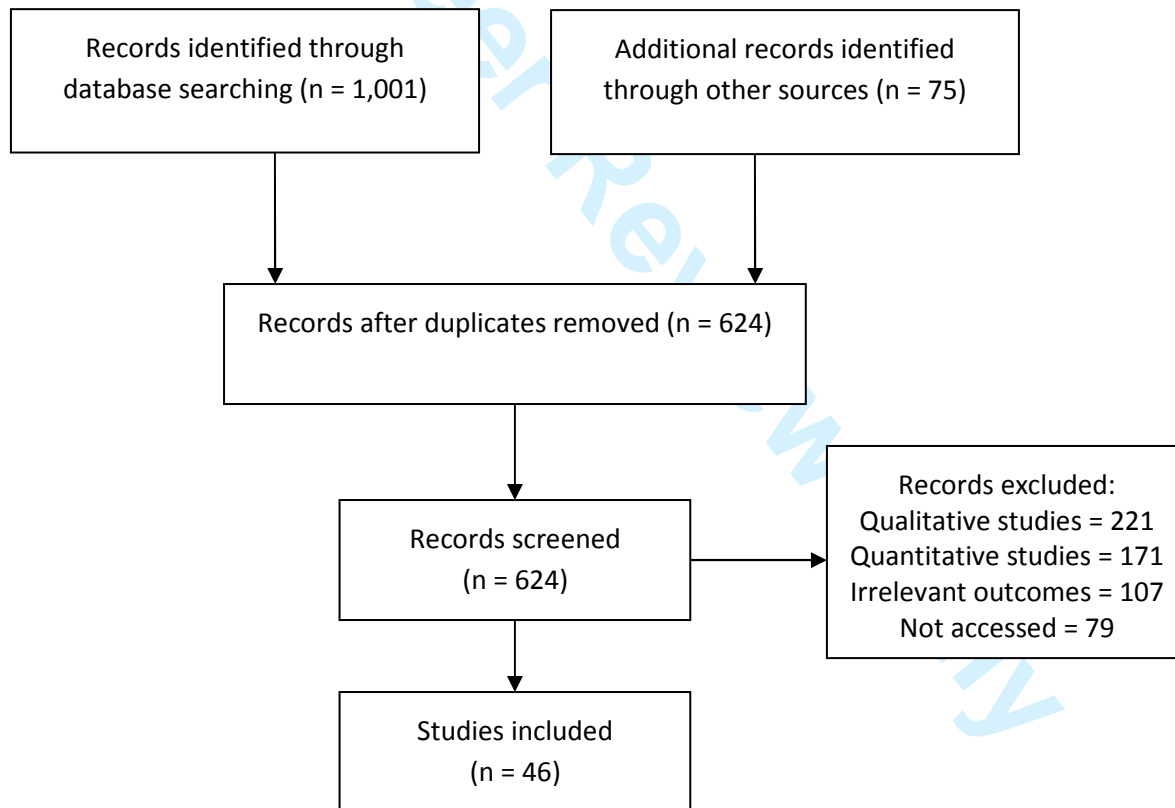
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35 Finally, impacts may spillover to the wider community, reflecting an income effect due to the
36 greater availability of money in the local economy which may in turn lead to increase in trade or
37 inflationary pressure. It may reflect a 'demonstration effect' as behaviour change by participants
38 is disseminated throughout the community. Or there may be a substitution effect as cash transfers
39 crowd out previous risk sharing arrangements.
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47 **3. Approach**

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49 Studies eligible for the review examined the effects of CCTs on economic outcomes using
50 quantitative impact evaluation methods including experimental design (randomised assignment)
51 and quasi-experimental approaches (e.g. regression discontinuity and instrumental variables
52 designs, difference-in-differences and propensity score matching methods). Systematic searches
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for relevant studies used electronic database searches including collections of scientific journals (e.g. EBSCO, the Social Science Citation Index) and institutional sources (e.g. National Bureau of Economic Research), and handsearches of academic search engines (e.g. Google Scholar), relevant academic journals, the British Library of Development Studies, and bibliographic back referencing of the reference lists of eligible studies (Figure 2).ⁱⁱⁱ After removal of duplicates, 624 unique citations were screened. Finally, after applying inclusion criteria, 46 studies were eligible for the synthesis which reported in English and Portuguese.^{iv}

Figure 2 Study search



Source: adapted from Liberati et al. (2009).

Included studies provide evidence from 11 programmes in nine countries (Figure 3).^v With the exception of one study from Pakistan, all are of Latin American programmes and focus their

conditions on behaviours of pregnant mothers, infants and school age children. CCTs included in the review vary in scope and design. Some are nationwide (for example, 40% of the population are covered in Ecuador), some serve just a segment of the population (just 1% in Cambodia) while others are small scale pilots (a few thousand in Kenya and Nicaragua). Most transfer money to the mother within the household, some providing coupons rather than cash (Costa Rica).^{vi} Some programmes targeted girls only (Pakistan) while others did not differentiate by gender (for example Colombia, Nicaragua).

Figure 3 Programmes included in the review

Country	Programme	Coverage	Active period	Target age group*	Number of studies
Brazil	Bolsa Escola; Bolsa Familia	Urban and Rural	1995-	Children aged 6-15	6
Brazil	Programa de Erradicacao do Trabalho Infantil (PETI)	Urban and Rural	1996-2009	Children aged 7-14	1
Chile	Chile Solidario	Urban and Rural	2002-	All households	1
Colombia	Familias en Acci3n	Urban	2000-	School age children	3
Costa Rica	Super3monos	Urban	2000-	Children aged 6-18	1
Honduras	Programa de Asignaci3n Familiar	Rural	2000-	Pregnant women & children	2

				under 12	
Mexico	Programa de Educación, Salud y Alimentación (PROGRESA)	Rural	1997-2002	Children aged 7-18 (primary and junior high school only)	16
Mexico	Programa de desarrollo Humano Oportunidades	Rural and urban	2002-	Children aged 7-18	5
Nicaragua	Atención a crisis; Red de Protección Social (RPS)	Rural	2000-	Children aged 7-13	8
Pakistan	Learning and Education Achievement	Rural	2004-	Secondary school age girls	1
Uruguay	Plan de Equidad	Rural and urban (study covers urban impacts only)	2007-	Children aged 6-14	1

Note: * target age group refers to education condition. Source: authors.

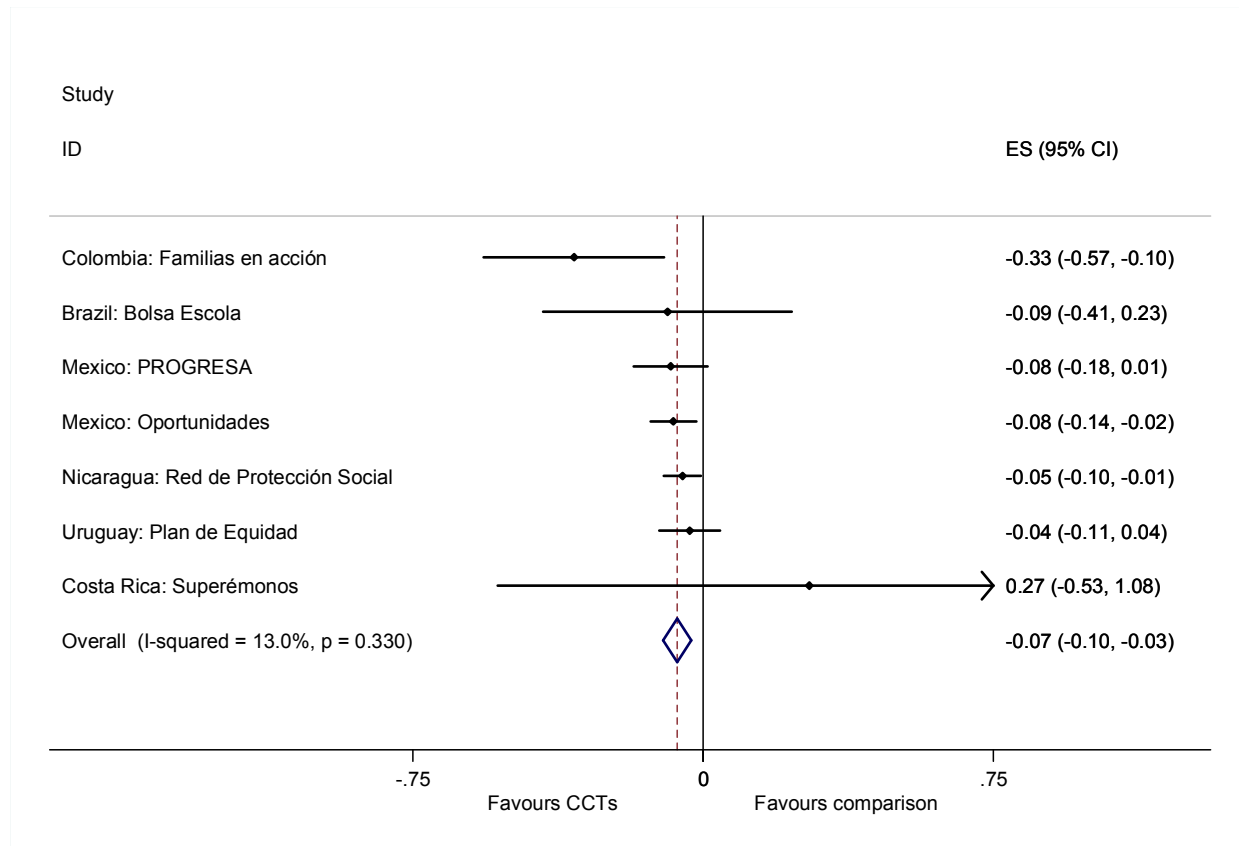
We use statistical meta-analysis (Borenstein et al. 2009) to pool evidence across programmes, and analysis of programme mechanisms (Pawson 2006) to synthesise evidence within individual programmes.^{vii} Programme effect sizes were calculated as the proportionate change in mean outcomes for beneficiaries over comparison group means, to ensure comparability across studies. The synthesis was carried out at the programme level. Where multiple studies reported on a

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3 programme, we calculated synthetic sample weighted average effect sizes before pooling.^{viii}
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5 Overall programme effects for each outcome variable were computed using inverse variance
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8 weighted random effects meta-analysis.^{ix}
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11 **4. Impacts on child labour**

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13 Studies of impacts on child labour generally examined the ‘extensive margin’ (participation in
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15 work activities), while fewer examined the ‘intensive margin’ (hours worked). The effects of
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17 CCT programmes on children’s labour force participation are presented in the forest plot (Figure
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19 4), illustrating the 95 percent confidence interval (CI) associated with each programme effect
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21 size point estimate. The Figure gives a good illustration of the power of meta-analysis in pooling
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23 comparable findings across studies (Waddington et al., 2012). A simple ‘vote count’ of the
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25 evidence would conclude that effects on child labour are only statistically significant in half of
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27 programmes, and therefore that there is no clear impact. However, this spurious finding is
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29 because those studies estimating statistically insignificant effects are underpowered. In other
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31 words, it is likely that with sufficient sample sizes, these same studies would also have detected
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33 significant effects.
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40 Indeed, the overall meta-analytic pooled effect, represented by the diamond, indicates that CCT
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42 programmes reduce the incidence of child labour by 7 percent on average (95% CI: 3%, 10%).
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44 This finding is also consistent across programmes as indicated by the high degree of overlap in
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46 individual study confidence intervals. Indeed, nearly all of the total variance is estimated due to
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48 within study rather than the between study differences (I-squared=13%, tau-squared=0.000).
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Figure 4 Effects of CCTs on children's work participation

Note: ES effect size measures proportionate change.

However, these findings are moderated by gender. On average, the impact of CCTs was to reduce boys' work participation by 7 percent (95% CI: 0%, 13%) but not significantly girls' work (Figure 5). However, there is substantial heterogeneity between programmes, as those in Mexico had particularly large impacts on boys' work (14 percent reduction on average). Skoufias and Parker (2001) found that the reduction in boys' work time was approximately equivalent to the increased time in schooling, suggesting education and work were competing activities. Programme participation rates, and consequently reductions in child labour also tended to be greater in rural locations, likely due to the smaller opportunity costs of school there. For

example, in Mexico scholarships represent less than half an urban child's potential wage, but between one-half and two-thirds of a rural child's (Angelucci and de Giorgi, 2009).

Figure 5 Effects on children's work participation by gender

Sub-group		Pooled effect size*	95% CI		I-squared	Num obs.
Boys	All programmes	-0.07	-0.13	-0.00	82.6% (p=0.00)	5
	Mexico	-0.14	-0.21	-0.06	0% (p=0.72)	2
Girls	All programmes	-0.02	-0.05	0.01	68.9% (p=0.01)	5
	Mexico	-0.05	-0.07	-0.02	0% (p=0.51)	2

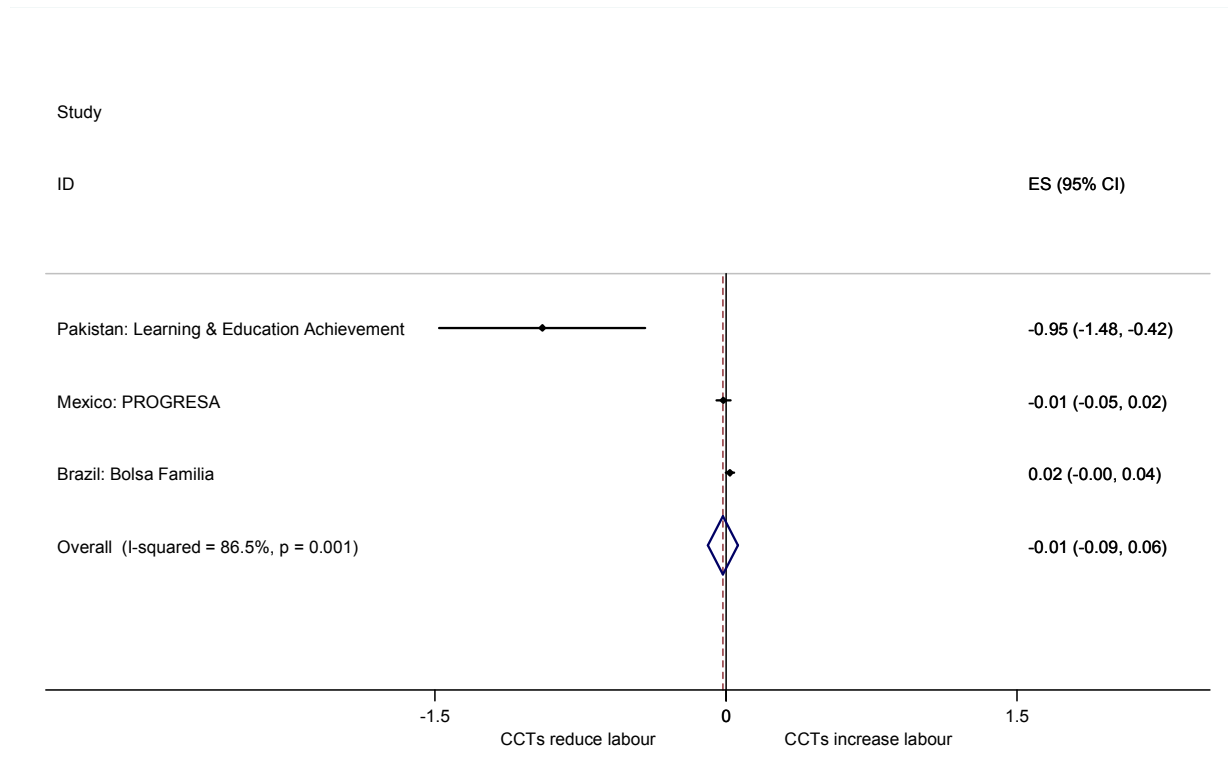
Note: * effect size measures proportionate change; pooled effects estimated using random effects meta-analysis. Source: authors' calculations.

On the other hand, the lack of effect on girls' work is likely due to lower labour market participation of girls in rural areas, and concentration of girls' work in the household, which is easier to reconcile with schooling. In Nicaragua, impacts of around 10 percent reductions in labour were found for boys but not girls, partially because RPS did not provide larger stipends to girls enrolled in secondary school (Dammert, 2008). In Brazil, Bolsa Escola was found to increase the percentage of girls who combined work with school, suggesting a small significant increase in girls' labour (Cardoso and Souza, 2003). In contrast, in countries where school participation rates were already high, impacts were more likely to register in reductions in work at the intensive margin, if at all, as in Colombia (Attanasio et al., 2010) and Uruguay (Borraz and Gonzales, 2009).

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3 Reductions in child labour were also greater for secondary school children and poorer
4 households. In Mexico, older rather than younger children were most likely to be working and
5 hence experienced bigger reductions in work, particularly children of secondary school age
6 (Schultz, 2004; Sadoulet et al., 2004; Behrman et al., 2005). Programme impacts were also
7 moderated by income poverty in Brazil, although the amount of the transfer was too small to
8 incentivise children to give up working entirely (Cardoso and Souza, 2003), and ethnicity in
9 Mexico (Bando et al., 2005). In the poor rural states of North East Brazil where child labour is
10 extremely high, PETI was more successful in reducing labour among children in part time work
11 than those working full time, suggesting that it was the after school element of the programme
12 that was most important in combating child labour (Yap et al., 2002).
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28 **5. Impacts on adult labour**

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30 In contrast, there were no consistent effects of CCTs on beneficiary parents' and guardians'
31 labour participation across the three studies which measured this (**Error! Reference source not**
32 **found.**). For most households, the income effect of the transfer would not be considered big
33 enough to allow them to trade off work at extensive margins for extra leisure. However, findings
34 were heterogeneous across programmes. The programme in Punjab, Pakistan provided evidence
35 for a statistically significant reduction in labour market participation, as mothers in eligible
36 households reduced their participation in paid work (Hasan, 2010). However, mothers were also
37 found to increase their time in general household work, as the increase in girls' schooling due to
38 CCTs meant mothers could no longer delegate household tasks to their daughters on school days.
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Figure 6 Effects of CCTs on adult labour participation

Note: ES effect size measures proportionate change.

Theory suggests that adult labour supply decisions might vary at the intensive margin due to the income effect of the transfer (disincentivising work), or the substitution effect as time is freed up from child care (incentivising work) particularly for women. Once again, impacts vary by gender. For example, in Uruguay significant reductions in working hours were found in urban areas outside Montevideo, with men reporting a 5.1 percent and women a 17 percent reduction in working hours (Borraz and Gonzalez, 2009). Studies also suggested Bolsa Familia may have induced small reductions in mothers' hours worked by 9 to 12 percent per week (Tavares, 2008) or by 4.1 percent for women (Teixeira, 2010) in Brazil. Foguel and Barros (2008) note that impacts on women's work are likely to be inhibited by child care responsibilities. But they may

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3 also be due to restrictions on labour demand – for example, adults in beneficiary households in
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5 Brazil and Chile were more likely to be looking for work, particularly among lower income
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7 families (Oliveira, 2005; Galasso, 2006). In Mexico, Skoufias and di Maro (2008) found that the
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9 programme had little or no impact on adult labour force participation, irrespective of age group,
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11 but presented some evidence that the transfers were initially used to shift men out of self-
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13 employment or unpaid work into waged work. There is little evidence of any impacts on the
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15 leisure time of either men or women.
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20 21 **6. Impacts on consumption, investment and savings**

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23 It may be reasonable to assume that CCTs have a positive effect on total consumption
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25 expenditure, because they presumably increase the disposable income of very poor households
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27 (Attanasio and Mesnard, 2005). However, disposable income may not increase by the full value
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29 of the transfer because of the associated costs, including costs of collection of transfer and
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31 income foregone from child labour. Alternatively, some of the transfer may be used to save, to
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33 invest or to pay off debts.
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38 Results from meta-analysis indicate unambiguously that total household consumption and food
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40 consumption increased significantly as a result of the transfer in all studies (Figure 7).^x There is
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42 some heterogeneity across programmes, where findings from PROGRESA (Handa et al., 2009)
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44 and Oportunidades (Todd et al., 2010) were of smaller magnitude than those from Colombia's
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46 Familias en Acción (Attanasio and Mesnard, 2005). However, the interesting finding is that
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48 within these same programmes, food and total consumption were found to increase by equivalent
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50 proportions. Other studies, for which we were not able to estimate effect sizes, also found that
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52 both total and food consumption increased as a result of the transfer including in Nicaragua
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(Maluccio, 2007; Gitter and Caldes, 2010) as well as urban (Angelucci and Attanasio, 2006) and rural Mexico (Rubalcava et al. 2009).

The findings therefore support the argument that CCTs have led to a divergence from Engel's Law, which stipulates that the share of food in household expenditure should decline with incremental income (Attanasio et al., 2009). In the case of CCTs, the targeting of women to receive the transfer appears to have changed the relative weight given to women's preferences in spending decisions and consequently incremental income being spent on nutrition rather than adult consumption items (due to the distribution effect mechanism). Further evidence indicated women were likely to use cash at their disposal very differently from men in their households. In Mexico, transfers to women in couple headed households resulted in higher quality nutritional intake, purchases of children's clothing and female associated forms of investment, but not in households headed by a single parent, whether male or female (Rubalcava et al. 2009).

Figure 7 Effects of CCT's on household consumption

Programme	Sub group	Effect size*	95% CI		Num. studies
PROGRESA	Total consumption	0.026	0.008	0.044	1
	Food consumption	0.026	0.006	0.046	1
Oportunidades	Food consumption	0.041	0.005	0.077	1
Familias en Acción	Total consumption	0.160	0.048	0.271	1
	Food consumption	0.192	0.075	0.310	1
RPS	Total consumption	0.178	0.043	0.313	1

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3 Note: Effect size measures proportionate change. Source: authors' calculations.
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7 The proportion of the transfer income consumed was estimated between 80 and 90 percent in
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9 Brazil (Resende and Oliveira, 2008), Colombia (Angelucci and Attanasio, 2006) and Mexico
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11 (Gertler et al. 2006). In Mexico, the residual income was found to increase household savings
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13 (Rubalcava et al., 2009), as well as investment in productive activities and assets (Davis et al.,
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15 2004; Angelucci and de Giorgi, 2009; Todd et al., 2010). Indeed, the return on each peso
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17 invested was over 15 percent, which is substantially higher than the average annual real interest
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19 rate in the economy (Gertler et al., 2006). The evidence therefore suggests CCTs relaxed
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21 liquidity constraints in Mexico. In contrast, there was no evidence that RPS led to increased
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23 investment in productive assets or off-farm microenterprise activity by participating households
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25 in rural Nicaragua (Maluccio, 2010) or in productive investments for coffee growers in Honduras
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27 (Coady et al., 2003).
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33 **7. Risk sharing and community level impacts**

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35 Studies found that CCTs enabled households to withstand shocks and avoid negative coping
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37 strategies. In Mexico (de Janvry et al., 2006) and in Honduras (Coady et al., 2003), the
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39 programmes mitigated the likelihood of reductions in school enrolment in response to shocks
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41 such as illness or unemployment of a household head. In Nicaragua, the programme enabled
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43 consumption smoothing for producers (Maluccio and Flores, 2005; Maluccio, 2007). There was
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45 no evidence that CCTs crowded out pre-existing forms of risk sharing such as remittances in
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47 Mexico (Skoufias, 2007), Honduras and Nicaragua (Nielsen and Olinto, 2007; Hernandez et al.,
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49 2009).
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3 Relatedly, there was no consistent evidence of effects of CCTs on migration in Mexico.^{xi} One
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5 study suggested a short term rise in migration to the USA during the first few months of
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7 PROGRESA's implementation (Angelucci, 2004) – possibly due to households' anticipation of
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9 transfers as no subsidies had yet taken place. Another found migration fell several years into
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11 implementation (Stecklov et al., 2005) including a reduction among male youth of 6 percent. A
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13 final study another suggested increased male migration to the north of the country (Azuaa,
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15 2009) which Schultz (2004) characterises as an economically desirable outcome since it would
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17 move the young out of regions of extreme poverty and into non-agricultural sectors of the
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19 economy, which in turn would in turn boost long term growth. However, PROGRESA also
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21 appears to have done little to stem the flow of female migration to domestic, mainly urban,
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23 destinations (ibid.).
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30 A number of papers argue for the need to broaden the scope of the evaluations to capture
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32 spillovers and general equilibrium effects (Fafchamps and Lund, 2003; Skoufias and di Maro,
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34 2008; Angelucci and de Giorgi, 2009; Handa et al., 2001, 2009). CCTs were associated with a 4
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36 percentage point lower rate of increase in village level poverty incidence, depth and severity in
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38 Mexico (Handa et al., 2009), the size of the impact increasing over time (Skoufias and di Maro,
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40 2008). CCTs were also associated with an increase in food consumption among ineligible
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42 households, partly because of greater availability of resources within the village but also because
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44 resources were shifted away from recipient households (Angelucci and de Giorgi, 2009). There
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46 was possible evidence of positive spillover effects on non-beneficiary secondary school
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48 attendance and attainment (Gignoux, 2009), as well as health care behaviour and fewer sick days
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50 among non-beneficiaries, an effect which also increased over time (Handa et al., 2001).
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3 There was no evidence of inflationary impacts of transfers in Mexico, possibly because
4 beneficiaries spent their money outside their own communities (for instance in the municipal
5 capital) especially when they had to travel outside their communities to receive their transfers
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11 (Handa et al., 2009).

12 13 14 **8. Conclusion**

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16 The evidence indicates that conditional cash transfers lead to lower rates of child labour on
17 average, particularly for boys. This is consistent with previous systematic reviews which showed
18 CCTs improve school enrolment and attendance (Baird et al. 2013). Effects on girls' labour were
19 greater where programmes specifically targeted them. Impacts on household consumption –
20 including consumption smoothing – were found to be unambiguously positive. However, the
21 results do not suggest there are consistent changes in adult labour decisions at extensive or
22 intensive margins. Thus, while the income effect seems to be strong enough to reduce child
23 labour and increase consumption, it is not sufficient to lead to a reduction in adult labour force
24 participation. There was also some evidence that transfers raised savings and investment,
25 although only for 10 to 20 percent of the size of the transfer on average. Very few studies have
26 measured spillover and general equilibrium effects of transfers.
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43 The searches for this review were completed in 2010. An update is needed to capture relevant
44 studies which have been produced more recently. In particular, as CCT programmes have now
45 been in existence for two decades and the first cohorts of beneficiaries reach adulthood, we are
46 hopeful that more primary evidence on long term economic outcomes including labour market
47 outcomes and community level poverty aggregates will be available. Furthermore, an update
48 could usefully make use of the large amount of available qualitative evidence to articulate the
49 mechanisms and contextual factors which explain differences between and within programmes.
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ⁱ Although now a CCT programme, the Bangladesh programme originally provided conditional food (rice) transfers. The impact evaluation of the Bangladesh Food for Education Programme is not eligible for this review which is limited to cash transfers (Ravallion and Wodon, 2000).

ⁱⁱ The systematic review technical report, including the complete list of included studies, is downloadable from the EPPI-centre (Kabeer et al., 2012).

ⁱⁱⁱ Searches were conducted in July 2010 by two researchers working independently without date restrictions. The search terms were entered in English, but the search also located studies published in Spanish and Portuguese whose abstracts had been translated.

^{iv} Purely qualitative papers were excluded, as well as ineligible quantitative papers (e.g. general equilibrium model studies and non-experimental regression studies) and studies that were inaccessible, either because they were listed in databases but inaccurately cited and untraceable through other means, or because they existed only in hard copy in libraries in other countries, including masters and doctoral theses. No studies were excluded on language grounds. Spanish language papers frequently occurred in the initial list, but were dropped as the process advanced, as they were generally working papers leading to a refereed article written in English.

^v Mexico's Oportunidades extended PROGRESA to urban areas and older beneficiaries, so these are considered as independent programmes for the purposes of this review. Atención a Crisis was a pilot within the larger Red de Protección Social (RPS) in Nicaragua, and took its target population from within the RPS, so studies on these are therefore referred to synonymously in the review. The three Brazilian programmes (Bolsa Escola, Bolsa Familia and PETI) all began as separate programmes with different targeting criteria. However, Bolsa Escola and Bolsa Familia were merged in 2003 and since then have shared a distribution mechanism and various conditionalities; the papers dealing with these two programmes all date from after their merging, and are therefore listed together. PETI was folded into Bolsa Familia later, in 2009. The only paper included in this review that deals with PETI exclusively is Yap et al. (2002), and the analysis therefore distinguishes it as a separate programme.

^{vi} The impact evaluation of Mexico's food transfer programme, Programa Apoyo Alimentario (PAL), compared the effects of food versus cash transfers (Skoufias and Gonzalez-Cossio, 2008). However, PAL is an unconditional cash transfer programme and hence ineligible for the review.

^{vii} More detailed findings are presented in the full technical report (Kabeer et al., 2012).

^{viii} Following Borenstein et al. (2009, p.226) the standard error (SE) of two effect sizes β_1 and β_2 was calculated

as $SE = \left[\frac{1}{4} (Var(\beta_1) + Var(\beta_2) + 2Cov(\beta_1, \beta_2)) \right]^{0.5}$, assuming that the covariance between effect sizes was equal to 0.5.

^{ix} All figures and meta-analyses were computed using the command *metan* in Stata (Stata Corp., College Station, TX).

^x We opted not to estimate pooled effects across programmes using meta-analysis in this case, due to the high degree of heterogeneity between Mexico and Colombia studies as well as statistical significance of all individual study estimates.

^{xi} All evidence on migration and community-wide effects is from Mexico.