Performance-related pay, fairness perceptions, and effort in public management tasks: A parallel encouragement design

Paolo Belardinelli
London School of Economics and Political Science
Houghton St, London, WC2A 2AE, UK
p.belardinelli@lse.ac.uk

Nicola Belle
Sant’Anna School of Advanced Studies, Pisa, Italy
Piazza Martiri della Libertà, Pisa 56127
nicola.belle@santannapisa.it

Paola Cantarelli
Sant’Anna School of Advanced Studies, Pisa, Italy
Piazza Martiri della Libertà, Pisa 56127
paola.cantarelli@santannapisa.it

Paul Battaglio
Corresponding Author
University of Texas at Dallas
Sant’Anna School of Advanced Studies, Pisa, Italy
battaglio@utdallas.edu

ABSTRACT

This randomized study explores the causal mechanisms linking contingent pay to individual performance on a series of tasks mimicking real public management activities. Employing a parallel encouragement design in a laboratory setting, we disentangle the overall, direct, and indirect performance effects of perceived fairness as well as a pay scheme that reproduces the merit system provisions adopted by the Italian government. The overall performance effect of that contingent pay scheme turned out to be insignificant when averaged across the four experimental tasks. However, a significant pay-for-performance effect was detected for the most routine task. Moreover, we observed heterogeneity in the treatment effect depending on the participants’ relative positioning in the performance ranking. Overall, the data do not provide support for a mediation model linking contingent pay-for-performance through perceived fairness.
Points for practitioners

- Workers tend to perceive pay-for-performance as fairer than equal pay.
- The effectiveness of pay-for-performance seems to be greater for more routine tasks.
- Public organizations and their managers should be aware that the effects of pay-for-performance may be unpredictable because they depend on a multitude of factors.

Keywords: Performance, Public management, Human resources management.

INTRODUCTION

The debate about the use of pay-for-performance or performance-related pay (PRP) is not new in public management scholarship. Perry, Engbers, and Jun (2009) conclude a review of 57 studies published between 1977 and 2008 by stating that “performance-related pay in the public sector consistently fails to deliver on its promise” (43). Indeed, extant evidence now suggests that the effectiveness of financial rewards depends on such factors as the size of the incentives (e.g., Gneezy and Rustichini 2000; Belle and Cantarelli 2015), their visibility or transparency (e.g., Ariely, Bracha, and Meier 2009; Belle 2015), the time at which they are distributed (e.g., Fryer, Levitt, List, and Sadoff 2012), the type of task (e.g., Weibel, Rost and Osterloh 2010), as well as individual characteristics of the subjects performing the task (e.g., Forest 2008; Dal Bó, Finan, and Rossi 2013).

Yet, eighty percent of OECD countries have adopted some form of performance-related pay (PRP) since the eighties (Lah and Perry 2008). Italy is no exception with a variety of PRP schemes introduced in the early 1990s across public organizations operating at the national, regional, and local levels. The implementation of PRP provisions has typically led to a lack of differentiation among employees, resulting in most employees assigned to the highest performance category (e.g.,
Corte dei Conti 2003; Ministero per la Pubblica Amministrazione 2008). Subsequently, the Italian government issued Legislative Decree No. 150 of 2009 introducing a forced-ranking system, whereby performance-related pay is based on a ranking of public employees within each agency. Employees are assigned to one of three ranking clusters: high merit, intermediate merit, and low merit. Allocations for each ranking are 25 percent, 50 percent, and 25 percent of the employees respectively, based on their measured performance. Each agency has a predetermined amount of money for the payment of merit-based bonuses, which is split among the three clusters: 50 percent, 50 percent and 0 percent to the high, intermediate, and low merit clusters respectively. Our study explores the effect of introducing and actually enforcing such a contingent pay system as opposed to introducing it formally and failing to enforce it by equally distributing monetary incentives while accounting for perceived fairness. Specifically, we test the causal relationship between enforcing a PRP scheme and performance across task types and the mediating role of perceived fairness in a laboratory setting adopting a parallel encouragement design (Imai, Tingley, and Yamamoto 2013).

We adopt three theoretical lenses that have been previously used in public administration research, namely performance-related pay (Lah and Perry 2008), psychological contract (Kellough and Nigro 2002), and equity theory ( ). We find that enforcing the PRP scheme has a significant effect only in the most clerical oriented and least interesting task performed by participants, suggesting that the effectiveness of merit pay schemes may be conditional not only on the correct implementation of the scheme, but also on the complexity of job tasks performed by public employees. We do not detect any significant mediating role of perceived fairness of the supervisor in the relationship between the PRP scheme and performance.

Research about the effectiveness of monetary incentives within the public sector is still inconclusive, mostly relying on observational studies that focus on attitudes or perceptions from

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1 Legislative Decree 150/2009, which introduced the merit pay scheme, was followed by another Decree few months later, according to which the merit pay scheme was frozen. This was mainly due to the European debt crisis and the urgent need for resources of the government.
survey instruments, with few exceptions (e.g., Dal Bo, Finan, and Rossi 2013; Belle 2015; Belle and Cantarelli 2015). We contribute to this literature by providing a new piece of experimental evidence on the relationship between pay schemes and individuals’ work effort. Methodologically, our study contributes to the broader public administration, management, and policy literature by adopting a parallel encouragement design (Imai, Tingley, and Yamamoto 2013) that is specifically suited for identifying not only causal effects, but also causal mechanisms.

Moreover, experimental evidence increasingly offers a practical means for taking on difficult public problems (Tummers 2019). Our performance-related pay experiments here offer practical solutions for managers interested in employee perceptions of fairness toward reward distribution and the impact of job task type.

LITERATURE REVIEW AND HYPOTHESES

Performance-Related Pay and its Theoretical Mechanisms

Compensation systems are an integral part of decision-making within organizations (Pfeffer 1998). Implementing and developing compensation systems involves motivating and reinforcing desired behaviors among employees that ultimately provide support for an organization’s overall mission and objectives (Gupta and Shaw 2014). Of particular interest is how we attribute psychological meaning of financial compensation to employees. Since employee interpretations of compensation often drive their subsequent behavior, we should be engaged in analyzing said behavior and its impact on organizational performance (Munyon et al. 2016: 119). To this end, scholars have argued that compensation systems predicated upon psychological mechanisms are likely to be key drivers of organizational performance (Munyon et al. 2016). These mechanisms employ theoretical constructs, such as psychological contract theory and equity theory, as a means for making distinctions among employees in terms of performance.

Traditionally, pay structures in the public sector were based on longevity or time-in-service, focusing on career management and advancement instead of employee performance. High-
performing civil servants were not rewarded, and underperforming employees were not given incentives to improve. Since the 1980s, the push for greater accountability has resulted in a greater focus on performance management by rewarding superior performers with pay increases. Performance-related pay (PRP) structures have proven to be an attractive alternative to traditional public sector practices. Appealing to the logic of market-like mechanisms, proponents of compensation reform suggest that PRP systems have the potential to increase employee performance and therefore organizational productivity. Several PRP schemes have been implemented by linking individual, team, and/or organizational performance measurement to financial incentives. Financial incentives can be distributed as increases to base pay (i.e., merit pay), one-time bonuses, or a combination of the two (Kellough and Nigro 2002: 146).

Performance-related pay is primarily grounded in expectancy theory and reinforcement theory. Expectancy theory proposes that employees will exert additional effort in exchange for monetary reward. Thus, expectancy theory is tied to an individual’s conviction that increased effort will result in valued results (Rainey 2009; Van Eerde and Thierry 1996). Reinforcement theory posits that the incidence of a desired behavior (e.g., job performance) is subject to its consequences (e.g., pay) (Perry, Engbers, and Jun 2009). Reinforcement theory, therefore, supports the idea that PRP schemes are a behavior-reinforcing mechanism for improved performance (Perry, Mesch, and Paarlberg 2006). Based on these theories, the expectation is that better performance will lead to the reward of increased pay and, moreover, that attaining this reward will be a positive reinforcing factor, compelling the employee to continue the improved performance to continue receiving the incentive.

Perceptions of fairness in the workplace may also affect employees’ attitudes and behaviors. Predicated upon equity theory, research suggests employees place a premium on equity and fairness within the workplace (Adams 1965). In terms of compensation, employees base their fairness perceptions on social comparisons between themselves and others. Equity theory suggests that employees are more concerned with obtaining equitable outcomes than with maximizing outcomes,
thus, judging fairness in terms of work outcomes relative to their co-workers (Munyon et al. 2016). For example, perceptions of inequity or unfairness accrue when an employee believes that the rewards received for their work compare unfavorably to the rewards their peers receive for their contributions to the workplace (Schermietzorn, Hunt, and Osborn 2004). Such social comparisons may persuade individuals to adjust their outputs to moderate pay inequity. Further, equalizing monetary rewards irrespective of performance differences among employees may be problematic because individuals value fairness more than equality, to the point that they have a strong preference for fair inequality over unfair equality (Starmans, Sheskin and Bloom 2017).

Perceptions of fairness, support, and transparency in PRP schemes are also closely tied to psychological contract theory (Argyris 1960; Rousseau 2001; Wenzel, Krause, and Vogel 2019). The notion of a psychological contract stems from the work of Rousseau (1989) whereby the employee and employer establish an informal schema identified by mutual beliefs, perceptions, and expectations of employment. This informal dyadic relationship is a distinct concept from the more formal written contract that generalizes written duties and obligations of the job to be performed. It is a mutually agreed upon and binding understanding between the employee and employer (Rousseau 2001). With respect to PRP, the psychological contract is the expectation of future payments in exchange for the work to be done (Robinson and Rousseau 1994). Fair, participatory, and transparent design reduces the perception of friction between the two parties of the contract while fostering the intrinsic motivation of employees (Wenzel, Krause, and Vogel 2019). Thus, fairness is instrumental to the effectiveness of PRP schemes, in that employees should have a clear perception that their contribution is directly related to their receipt of said reward. Unfortunately, ensuring fairness in public sector PRP schemes is often problematic due to the difficulties in objectively defining and linking performance (Perry, Engbers, and Jun 2009). Research has consistently demonstrated that employees often perceive PRP schemes as lacking a clear link between on-the-job performance and the amount of performance pay awarded (Kellough and Nigro 2002; Perry, Engbers, and Jun 2009).
While touted as the magic elixir to performance problems in government, PRP has consistently failed to deliver on this promise (Bae 2021; Keraudren 1994; Perry 1986; Perry, Engbers, and Jun 2009; Perry, Mesch, and Paarlberg 2006). Performance-related pay research has suggested that the failure to connect the incentive scheme with performance may be due to an inability to distinguish poor performance from other levels of performance, inadequate financial support, and insufficient evidence to confirm improved performance led to the demise of federal PRP systems (Battaglio 2014; Choi and Whitford 2017; Perry, Engbers, and Jun 2009). Some public management scholars also point to implementation breakdowns as the main cause of those failures (e.g., Egger-Peitler, Hammerschmid, and Meyer 2007; Marsden and Richardson 1994). For instance, PRP provisions may fall short of expectations because the performance appraisal is perceived as unfair (Gabris and Ihrke 2000) or because performance ratings are simply disregarded when distributing monetary rewards. It is telling that the survey item from the 2018 Federal Employee View Point Survey with the lowest level of agreement is “Pay raises depend on how employees perform their jobs” (United States Office of Personnel Management 2018: 5). Yet, PRP systems – supported by politicians and managers alike – remain a prevalent remedy to performance and productivity in the public sector. Despite the problematic history of PRP systems, a strong desire to rid the bureaucracy of inefficiencies continues to be a compelling enough reason to pursue alternative pay systems. Alternative pay systems in the public sector continue to rely upon theoretical mechanisms, such as psychological contract theory and equity theory, as mediators for promoting individual performance and organizational effectiveness.

Expanding on the merits of PRP, supporters also suggest that along with productivity, increases in pay can also contribute to positive employee attitudes and/or behaviors. The logic follows that in a work climate that supports and rewards productivity, employees will be more likely to express feelings of satisfaction, accomplishment, belonging, job security perceptions and esteem (Brown and Sessions 2003; Godard 2001; Green and Heywood 2008). However, recent work (Choi and Whitford 2017) suggests that the psychological well-being of employees in
agencies with such incentive schemes is less than sanguine. Indeed, by incentivizing a highly competitive workplace PRP may be undermining its intended purpose. Instead of promoting productivity, the competitive environment in the public sector might lead to unwanted competition, lack of job security, risk, and perceptions of unfairness (Choi and Whitford 2017; Condrey and Battaglio 2007; Godard 2001). Performance-related pay schemes have also encountered increased compensation differences within public organizations due to budgetary constraints (Perry, Engbers and Jun 2009). Such pay differentials can contribute to perceptions of unfairness, frustration, and lower morale for less productive workers (Green and Heywood 2008). These negative perceptions are more acute given problems measuring and evaluating performance accurately and fairly (Choi and Whitford 2017).

In the context of our experiments here, the psychological contract is implied by the monetary reward that participants are expecting in each round based on the evaluation of their performance in the tasks assigned. We then manipulate the enforcement of the contract with the presence of the supervisor in the lab, who will either reward their performance according to the default PRP scheme described below or deviate from that scheme. This manipulation might be perceived as a breach to the psychological contract, where one of the parties perceives the other to have failed to fulfill promised obligations (Robinson and Rousseau 1994). According to Rousseau (1989) such breaches are not inconsequential in that obligations have been forfeited and norms of conduct have been violated. Thus, if a subject perceives the supervisor is deviating from the PRP scheme, they see the psychological contract as breached. As a result, subjects, and by association employees, may perceive this manipulation of meeting/disappointing expectations about rewards as upholding/violating that implicit psychological contract.

Based on these broad insights, we formulated and tested the following hypotheses (figure 1):  

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2 All the figures and appendix are published online see https://journals.sagepub.com/home/ras.
Hypothesis 1) When a PRP scheme is formally adopted, performance contingent rewards in accordance with the PRP scheme will increase fairness perceptions relative to equal rewards in violation of the PRP scheme.

Hypothesis 2) When a PRP scheme is formally adopted, performance contingent rewards in accordance with the PRP scheme will increase performance relative to equal rewards in violation of the PRP scheme.

Hypothesis 3) Fairness perceptions will mediate the impact in accordance with violation of the PRP scheme onto performance.

RESEARCH DESIGN AND METHODS

Parallel Encouragement Design

The use of experimental designs is a powerful tool for social scientists to establish causal claims empirically (Imai, Tingley, and Yamamoto 2013). However, as Imai, Tingley, and Yamamoto (2013) note, an important critique of experiments is that they “merely provide a black box view of causality and fail to identify causal mechanisms” (Imai, Tingley, and Yamamoto 2013: 5). In other words, although best suited to identifying average causal effects, randomized controlled trials are unable to describe the mechanisms through which such effects play out. Imai, Tingley, and Yamamoto (2013) identify a potential solution in the parallel design, whereby two randomized experiments are conducted in parallel and “each subject is randomly assigned to one of two experiments; in one experiment only the treatment variable is randomized whereas in the other both the treatment and the mediator are randomized” (Imai, Tingley, and Yamamoto 2013: 6). A parallel encouragement design is a variation of the base design that can be used in cases where a perfect
manipulation of the mediator is not feasible, as is usually the case with psychological factors.

“Under the parallel encouragement design, experimental subjects who are assigned to the second experiment are randomly encouraged to take (rather than assigned to) certain values of the mediator after the treatment has been randomized” (Imai, Tingley, and Yamamoto 2013: 6). In other words, in the parallel encouragement design, experimenters first randomly split subjects into two arms.

Then, for subjects in Arm 1, the treatment is randomly assigned but no manipulation of the mediator is conducted. For subjects in Arm 2, experimenters randomize the treatment and the indirect manipulation to encourage subjects to take either a high or a low level of the mediator. The elements of the design are as follows:

Treatment – The treatment in our experiment consisted in disattending a PRP scheme that – knowingly to participants – could be arbitrarily disregarded or applied by their supervisor. More precisely, subjects in the treated condition T received a fixed reward, that was unrelated to their performance in a series of tasks, thus disregarding the PRP scheme. Subjects in the control condition C, instead, were rewarded according to the preset PRP scheme.

Encouraged mediator – Our design is meant to test whether equalizing rewards in violation of a PRP scheme may negatively impact performance through the mediator of perception of being unfairly paid. As this mediator could not be perfectly manipulated, we indirectly manipulated fairness perceptions as follows. Subjects that were encouraged to take a high level of the mediator (MH) read, “the supervisor fairly distributes the incentives. If you did not receive the incentive you deserved, this was due to an honest mistake.” Subjects encouraged to take the low level of the mediator (ML) were prompted, “the supervisor unfairly distributes the incentives. If you did receive the incentive you deserved, this happened totally by chance.”

Outcome – The outcome in our experiment was change in performance across a series of tasks, as described in the following section.
**Participants and procedures**

Following up on recent calls for increased laboratory experimentation in public management (Walker, James, and Brewer 2017), we ran our study at the Bocconi Experimental Laboratory for the Social Sciences (BELSS), using the z-Tree software (Fischbacher 2007) with 192 Bocconi students. Throughout the experiment, participants received all the instructions exclusively through their computer screens. Subjects earned a show-up fee of 6 Euros plus a monetary reward for carrying out four tasks. On average, participants earned 14 Euros. Based on our parallel encouragement design, 64 participants were assigned to Arm 1 and 128 to Arm 2. Figure 2 provides a concise overview of the procedure for the experiments.

**Arm 1 of the parallel design**

Participants in the first arm of the parallel design were randomly assigned to either the treatment condition T, in which the supervisor disregarded the PRP scheme and rewarded all the subjects the same irrespective of their performance, or the control condition C, in which the supervisor rewarded every subject based on their performance according to the PRP scheme. Participants knew that the supervisor in the lab, who was a confederate, would either reward their performance according to the default PRP scheme described below or arbitrarily deviate from that scheme.

At the beginning of the experiment, participants were invited to take a seat in the lab, where they could only see a computer screen through which they received instructions about the PRP scheme and the four experimental tasks. The instructions are described in Appendix 1, which also includes examples of screens presented to subjects when performing their tasks. The first task (*GPA Task*) consisted in calculating the grade point average (GPA) for ten students based on information reported on a paper document and typing the GPA into a computer. The second task (*Grades Task*) entailed typing ten students’ grades from a paper document, which contained a list of 100 grades of as many students, into a computer. In the third task (*Eligibility Task*), subjects were presented with paper documentation about ten families who had applied for poverty subsidies; participants were
tasked with deciding whether or not applicants were eligible or not eligible for the subsidy, according to a set of criteria illustrated in the documentation, and then type their decision into a computer. In the last task (Tax Task), subjects had to decide whether or not the tax return forms filed by ten taxpayers were correct, according to a set of rules described in the experimental documentation, and then type their decision into a computer. Participants had a maximum of 90 seconds for the GPA Task, 60 seconds for the Grades Task, 60 seconds for the Eligibility Task, and 180 seconds for the Tax Task. After a practice round in which participants had a chance to familiarize themselves with the four experimental tasks without being measured nor rewarded, each student performed two rounds that counted toward their performance. Before each round, subjects were presented with the PRP scheme for that round. Across the two rounds, each participant encountered two different PRP schemes, one more generous than the other. The more generous PRP scheme entailed an 8 Euro reward for subjects performing in the top quartile, a 4 Euro reward for participants in the second and third quartiles, and no monetary reward for those in the bottom quartile. The less generous PRP scheme was similar, with the only difference that all the rewards were half of those in the more generous scheme, i.e. 4 Euros for those in the top quartile, 2 Euros for those in the two middle quartiles, and zero for the bottom quartile. In half of the sessions, subjects randomly encountered the more generous scheme in the first round and the less generous in the second round. The order was reversed in the other random half of sessions, with the less generous PRP scheme in round one and the more generous scheme in round two. At the end of each round, participants were presented with three pieces of information: the anonymized performance ranking of participants in their session, the monetary reward they should receive based on the PRP scheme, and their actual reward. Before leaving the laboratory, subjects answered a set of questions described in the Measures section below and received their monetary rewards.

Arm 2 of the parallel design

Arm 2 was the same as Arm 1 with the only difference that in Arm 2 both the treatment and the encouragement of the mediator were randomized. As a result, subjects were randomly split into
four experimental conditions: T x MH (i.e. the supervisor disregarded the PRP scheme and subjects were prompted to take high levels of perceived fairness); T x ML (i.e. the supervisor disregarded the PRP scheme and subjects were prompted to take low levels of perceived fairness); C x MH (i.e. the supervisor applied the PRP scheme and subjects were prompted to take high levels of perceived fairness); or C x ML (i.e. the supervisor applied the PRP scheme and subjects were prompted to take low levels of perceived fairness).

**Measures**

**Performance.** We measured task performance as the number of correct answers minus the number of incorrect answers. A correct answer counted as 1 point, a missed answer counted as 0 points, and a wrong answer counted as -1 points. Therefore, each subject’s performance score can vary between -40 and +40. The 40 available points are equally distributed among the tasks. Our dependent variable was the difference in performance between round one, when subjects receive the incentive for the first time, and round two, when they performed the sequence of tasks for the last time.

**Perceived fairness.** We measured perceived fairness of the supervisor on a Likert-type item (1 = disagree strongly, 5 = agree strongly): “The supervisor rewarded me fairly”. The item was presented to subjects at the end of the experiment, after the two sequences of tasks had been performed and the supervisor had already distributed the incentive.

**Controls.** At the end of the experiment, we asked participants questions about gender, age, and number of lab experiments already attended.

**RESULTS**

Participants in our lab experiments were 20.5 years old and they had previously attended 4.6 experiments, on average. 48 percent of them were female. The mean performance in the pre-
treatment practice sequence of task was 10.3 points. On these variables, we did not detect any statistical difference among experimental groups assigned to different treatment and mediator conditions, with one exception: participants assigned to the PRP scheme were 6 months older, on average, than those assigned to the condition in which incentives were equally distributed.

**Treatment effects**

Performance improvement from round 1, when subjects receive the incentive for the first time, to round 2, when they perform the 4 tasks a second time, is equal to 1.97 points on average (SD = 4.93). Performance improvement is 0.75 (*p*-value = 0.146; N = 192) points higher when the PRP scheme is applied (Mean=2.34, SD = 4.93) compared to when all participants receive an equal reward, irrespective of their performance (Mean=1.59, SD = 4.93).

The relatively high *p*-value seems to be a consequence of the low power of our study linked to heterogeneous effects of the treatment across both subjects and tasks. The effect of implementing the PRP scheme on performance is indeed clearer for subjects who were ranked in the second quartile at the end of the first sequence of tasks (ATE = 2.09, *p*-value = 0.094; N = 55). Looking at the other quartiles, differences in performance improvement are not statistically significant. In addition, the average treatment effect is higher in the *Grades Task*, which is the most routine task of the session. When changing the dependent variable to performance improvement in this single task (Mean = 0.98, SD = 1.81), the effect of implementing the PRP scheme becomes 0.44 (*p*-value = 0.094; N = 192). For all the other tasks, differences in performance improvement are not statistically significant. This is consistent with findings from a systematic review showing that financial incentives turn less effective in improving performance in lab tasks as these become cognitively more complex (Bonner et al. 2000).
**Causal mediation analysis**

Perceived fairness of the supervisor was 3.54 (SD = 1.32) on average. Whether the supervisor applied the PRP scheme or not had a strong impact on perceived fairness (ATE = 1.10, *p*-value = 0.000; N = 192). In other words, perceived fairness of the supervisor was not independent of the treatment. When the incentive was equally distributed among participants (Mean = 2.99, SD = 1.40, N = 96), perceived fairness was almost one standard deviation lower with respect to when the incentive was distributed according to the PRP scheme (Mean = 4.09, SD = 0.98, N = 96) (figure 5).

In order to identify the causal mediation effects of perceived fairness of the supervisor, standard approaches to causal mediation analysis (Baron and Kenny 1986) would need to assume that the observed values of perceived fairness are conditionally independent of potential outcomes given the actual treatment status and observed pretreatment variables. This assumption is called the *sequential ignorability of the mediator* (Imai, Tingley, and Yamamoto 2013). In our case this requires that the observed perceived fairness values are randomly chosen once the treatment is assigned. Figure 5 suggests that this is unlikely to be the case. Therefore, the adoption of a parallel encouragement design seems to be particularly valuable here, for it allows for the testing of the causal mediation effect without relying on the sequential ignorability assumption, making it hold by design. Half of the subjects in our parallel experiment, in which the treatment was nonetheless randomized, were randomly encouraged to take low values of perceived fairness of the supervisor, while the other half of the subjects were randomly encouraged to take high values of the same variable.

Our manipulation (i.e., our encouragement) was effective in changing the perceived fairness of the supervisor, as perceived fairness in the low fairness condition (Mean=3.28, SD=1.49, N=64) was significantly lower with respect to perceived fairness in the high fairness condition (Mean=3.84, SD=1.17, N=64) (*p*-value=0.018) (figure 5).
We perform our design-based causal mediation analysis using the *R mediation package* developed by Tingley and his colleagues (2014). Table 1 shows the outcome of the analysis. The first model’s dependent variable is overall performance improvement in the sequence of tasks. As far as this first model is concerned, there seems to be neither direct significant effect of implementing the PRP scheme nor indirect significant effect mediated by perceived fairness of the supervisor. The second model’s dependent variable is performance improvement in the second task, that is the most routine task. Here we observe a direct significant effect of implementing the PRP scheme (0.6 points, *p* = 0.04). However, perceived fairness of the supervisor does not mediate the effect of implementing the PRP scheme on performance. This is true for both the entire sample of analysis and for “compliers”, that is those who responded to our encouragement towards different levels of perceived fairness. In other words, our estimates of the mediating effects are not informative as the sharp bounds cross zero.

[Table 1 about here]

**DISCUSSION AND CONCLUSION**

In a laboratory experiment, we tested the effect of a performance-related pay (PRP) scheme on the task performance in four public administration domains mediated by individual perceptions of supervisor fairness. Our manipulation was predicated upon the PRP scheme introduced within the Italian public sector in 2009, which due to the financial crisis was never implemented.

Participants in our experiments knew that a PRP scheme had been suggested to the supervisor in the lab but that the supervisor could deviate from it and distribute the incentives as he/she pleased. Performance improvement from the first to the second sequence of tasks was higher when subjects were paid according to the rule, rather than when the incentives were equally distributed among them. The difference in performance improvement between conditions was
significant only in the second task, which is the most clerical oriented and least interesting of the four. Therefore, the hypothesis on the effect of PRP scheme implementation on performance improvement is partially confirmed. Our results suggest that the effectiveness of merit pay schemes may be conditional not only on the correct implementation of the scheme, but also on the complexity of job tasks performed by public employees.

The importance of understanding causal mechanisms is critical to advancing experimental research in the social sciences, specifically public management (Imai, Tingley, and Yamamoto 2013; Walker, James, and Brewer 2017). We contribute to public management research by disentangling the “black box” of experimental design to better appreciate causal processes. Our use of a parallel encouragement design in the experiments here provides an alternative that greatly enhances the power of laboratory experiments in public management research. As opposed to the single-experiment design, our parallel experiments not only uphold the randomization of the treatment, but offer a means for manipulating a mediator – in this case perceived fairness of the supervisor. More generally, our parallel encouragement design provides an alternative for informing social science (specifically, public management) theory regarding experimental conditions and whether treatments (and by assumption policies) are effective or ineffective. Such research has the potential to inform how to precisely design, develop, and implement policies effectively.

Turning to performance-related pay schemes (PRP) specifically, our experiments support the notion that equalizing monetary rewards irrespective of performance differences among employees may be problematic, consistent with the idea that individuals do not necessarily value equality if this comes at the cost of unfairness (Starmans, Sheskin and Bloom 2017). What matters is that you adhere to the PRP scheme. By ignoring the PRP scheme and giving out equal performance rewards, managers undermine the scheme and the overall effectiveness of the plan. Additionally, given our focus on specific tasks in the parallel encouragement design, adherence to the PRP scheme would appear to be particularly important for routine activities rather than less routine tasks. A more cautious interpretation of our results may be that not following through with PRP provisions is
detrimental for employee morale because it generates perceptions of unfairness, which seems more likely to translate into lower performance for routine tasks. This finding provides support to previous claims that performance-related pay may play out differently depending on the complexity of the task at hand and be better suited for tasks that are less interesting and less ambiguous (Perry, Engbers, and Yun 2009; Weibel, Rost, and Osterloh 2010). In this respect, our experimental design proves to effectively mirror – at least partially – the variation in task complexity that one can observe across real public administration activities. Indeed, although all four experimental tasks were quite repetitive, the second task was less interesting and ambiguous than the others, thus allowing us to estimate how task complexity moderates the performance impact of contingent pay.

Further, while most research supporting the appreciation of fairness in distribution relies on perceptions and attitudes from survey research, we offer experimental evidence. That is, in return for their “hard work” there is an expectation of being rewarded, thus reinforcing the power of psychological contract theory in buttressing the effectiveness of performance-related pay. The default PRP scheme that was shown to subjects may be interpreted as an implicit psychological contract. Our manipulation of meeting/disappointing expectations about rewards models upholding/violating that implicit psychological contract. This would speak to incomplete contract theory, which is often used in this area of research (Grossman and Hart 1986; Hart and Moore 1988). Nonetheless, in interpreting our findings it should be considered the specific violation of the implicit psychological contract included in our experimental design, that is an equal distribution of the available resources. Evidence exists that public employees are particularly concerned with favoritism as a specific threat to pay for performance in their agencies (e.g., Kellough and Nigro 2002), rather than giving equal rewards to all employees. This means that our analysis might underestimate the effects of violating the implicit contract, given that some participants received less than expected but others were ultimately given more than what they should have received. That said, we emphasize that our interest in this specific violation is determined by its relevance in the
Italian public administration context (Corte dei Conti 2003; Ministero per la Pubblica Amministrazione 2008).

The evidence provided in this paper should be interpreted in light of some limitations which pave the way for future research directions. The main limitation of our study lies in construct validity. As we simultaneously manipulated both the enforcement/violation of an announced rule and the distribution of the incentives, we do not know whether the small effects were caused by the former or by the latter. In addition, as is common with laboratory experiments, our design may be prone to external validity concerns (e.g., Walker, James, and Brewer 2017). For instance, students voluntarily participating in our lab experiment may be not representative of public sector workers. However, there is wide evidence suggesting that students’ experimental responses are largely equivalent to those of other individuals (Anderson and Edwards 2015). As another concern, especially with respect to the mediation analysis, the study might be under-powered, as experimental groups of the parallel-encouragement design were made of 32 students only. The low power of the study might increase the risk of committing a type II error, that is failing to reject the null hypothesis when this is false. As to fairness perceptions, we opted to measure them after the last round to avoid priming subjects about our research questions. Moreover, measuring the same construct midway through the experimental procedure and at the end would have been risky due to the testing threat and the anchoring bias. Finally, the experimental tasks that students in our sample completed may not be representative of all the real-world activities that public employees carry out, some of which may be less measurable than in our lab setting. However, concerns about the lack of publicness in our experimental tasks may be partially mitigated by extant evidence suggesting that numerous tasks are equal across sectors and not sector-specific (Christensen and Wright 2011; Rainey and Bozeman 2000). Nonetheless, replication studies may test our findings across different treatments, samples and contexts.
Supplementary material: All the figures and appendix are published online see https://journals.sagepub.com/home/ras.

REFERENCES


Table 1. Direct and indirect (through perceived fairness) effects of applying the merit pay scheme. Design-based causal mediation analysis.

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<tr>
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<th>Model 1 Overall performance improvement across all tasks (N=192)</th>
<th>Model 2 Performance improvement on the most routine task (i.e., task 2) (N=192)</th>
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<tr>
<td>Direct effect of PRP scheme</td>
<td>1.1 (0.14)</td>
<td>0.6 (0.04)*</td>
</tr>
<tr>
<td>Population</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Indirect effect (through perceived fairness) of PRP scheme</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Population (performance-unrelated pay)</td>
<td>0.0 (0.99)</td>
<td>-0.2 (0.65)</td>
</tr>
<tr>
<td>Compliers (performance-unrelated pay)</td>
<td>0.0 (0.99)</td>
<td>0.2 (0.28)</td>
</tr>
<tr>
<td>Population (performance-related pay)</td>
<td>-0.1 (0.67)</td>
<td>0.2 (0.25)</td>
</tr>
<tr>
<td>Compliers (performance-related pay)</td>
<td>-0.1 (0.41)</td>
<td>0.0 (0.99)</td>
</tr>
</tbody>
</table>

* Significant at the 5% level
Figure 1. Diagram of the causal mechanism

Perceived Fairness
\textit{(mediator)}

\begin{itemize}
\item Contingent Rewards Equalization (\textit{treatment})
\item Performance (\textit{outcome})
\end{itemize}

Note: Causal mechanism of interest where the causal effect of contingent rewards equalization on performance is transmitted through perceived fairness; all other possible causal mechanisms.
Appendix 1
INSTRUCTIONS (ENGLISH TRANSLATION) AND SCREENS OF THE FOUR TASKS

ISTRUCTIONS TASK 1
“Please, open the envelope ‘INSTRUCTIONS’. Take the sheet ‘GPA’. The sheet includes a table with a list of students together with their grades on four exams. In the next screen, you will see a list of students. Please, calculate the grade point average and type it into the corresponding boxes.”

SCREEN TASK 1

TRANSLATION: “You have 90 seconds in order to type in the GPAs. – Student A: – Student C: – Student E: – Student F: – Student I: – Student L: – Student P: – Student Q: – Student R: – Student V:”

ISTRUCTIONS TASK 2
“Please, take the sheet ‘Grades Registration’. The sheet includes the grade of an exam for a list of students. In the next screen, you will see a list of students’ IDs. Please, find the corresponding grades on the paper and then type them into the corresponding boxes.”

SCREEN TASK 2

ISTRUCTIONS TASK 3
“Please, take the sheet ‘Subsidy Eligibility’. The sheet includes a table with information about ten families who have applied for poverty subsidies as part of a program against poverty. A family is eligible to receive the poverty subsidy if it meets at least three of the following four criteria: at least 2 dependent children; one of the two parents has been unemployed since at least two months; annual family income not above €8,000; zero properties owned. In the next screen, indicate whether families are eligible or not eligible to receive the poverty subsidy.”

SCREEN TASK 3
ISTRUCTIONS TASK 4

“Please, take the sheet ‘Tax payment’. The sheet includes a table with incomes and taxes payed by some taxpayers. The fiscal system presents the following brackets: tax-exempt income up to €5,000; 20% rate between €5,000 and €25,000; 25% rate between €25,000 and €65,000; 30% rate over €65,000. In the next screen, indicate whether taxpayers paid the correct amount of taxes. You can use the calculator by clicking the symbol on the top-right of the screen.”

SCREEN TASK 4

<table>
<thead>
<tr>
<th>Contribuente 13101</th>
<th>Ammontare corretto</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contribuente 14051</td>
<td>Ammontare corretto</td>
</tr>
<tr>
<td>Contribuente 32638</td>
<td>Ammontare sbagliato</td>
</tr>
<tr>
<td>Contribuente 51754</td>
<td>Ammontare corretto</td>
</tr>
<tr>
<td>Contribuente 53654</td>
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</tr>
<tr>
<td>Contribuente 56247</td>
<td>Ammontare sbagliato</td>
</tr>
<tr>
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</tr>
<tr>
<td>Contribuente 75611</td>
<td>Ammontare corretto</td>
</tr>
<tr>
<td>Contribuente 89607</td>
<td>Ammontare corretto</td>
</tr>
<tr>
<td>Contribuente 99358</td>
<td>Ammontare sbagliato</td>
</tr>
</tbody>
</table>

TRANSLATION: “You can use the calculator by clicking on the symbol right beside. – You have 240 seconds in order to answer. – Taxpayer 13101: Correct amount / Incorrect amount – Taxpayer 14051: Correct amount / Incorrect amount – Taxpayer 32638: Correct amount / Incorrect amount – Taxpayer 51754: Correct amount / Incorrect amount – Taxpayer 53654: Correct amount / Incorrect amount – Taxpayer 56247: Correct amount / Incorrect amount – Taxpayer 71366: Correct amount / Incorrect amount – Taxpayer 75611: Correct amount / Incorrect amount – Taxpayer 89607: Correct amount / Incorrect amount – Taxpayer 99358: Correct amount / Incorrect amount.”
Appendix 2
Table A2. Regression analyses testing treatment and mediator main average effects.

<table>
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<tr>
<th>Overall performance improvement across all tasks (for subjects ranked in the second quartile)</th>
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<tbody>
<tr>
<td>N=192</td>
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</tr>
<tr>
<td>Contingent performance rewards in accordance with PRP scheme</td>
<td>0.75</td>
<td>2.01*</td>
</tr>
<tr>
<td></td>
<td>(0.711)</td>
<td>(1.225)</td>
</tr>
<tr>
<td>Encouraged high level of fairness</td>
<td></td>
<td></td>
</tr>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

*Standard errors in parentheses; * Significant at the 5% level - ** Significant at the 5% level - *** Significant at the 1% level
Figure 2. Experimental procedure

Arm 1 (N=64)

START

Trial: Task 1-4  Round 1: Task 1-4  C (N = 32)

T (N = 32)

Round 2: Task 1-4  Fairness perceptions and controls  DV: Δ Performance (R2-R1)

Arm 2 (N=128)

START

Trial: Task 1-4  Round 1: Task 1-4  C (N = 64)

ML (N = 32)

ML (N = 32)

MH (N = 32)

MH (N = 32)

Round 2: Task 1-4  Fairness perceptions and controls  DV: Δ Performance (R2-R1)
Figure 3. Overall performance improvement, by treatment.
Figure 4. Performance improvement for subjects ranked in the second quartile (left) and for all subjects on the Grades Task (right), by treatment.
Figure 5. Perceived fairness of the supervisor, by treatment (left) and by encouraged level of fairness (right)
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<td></td>
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<tr>
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<td></td>
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