

Challenges and potential solutions for adolescent girls in urban settings: a rapid evidence review Annexes Sylvia Chant, Martina Klett-Davies and Jordana Ramalho June 2017



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## **Appendix 1: Database Search Process and Results**

| Key word 1            | Key<br>word<br>2 | Key word 3              | Number of hits                    | Hits for specific<br>age range 10- 14<br>+/-2 years | Evaluations<br>of actual<br>programmes | Interesting<br>but not<br>available<br>online/at LSE |
|-----------------------|------------------|-------------------------|-----------------------------------|---|--|--|
| Girl*                 | Slum*            | Program*                | 29                                | 6   | 2                                      | 2  |
| Girl*                 | Slum*            | Interven*               | 21 (about 14 overlaps with above) | 2   | 0                                      | 1  |
| Girl*                 | Slum*            | Involve*                | 13 (lots of overlap)              | 2   | 0                                      | 2  |
| Girl*                 | Slum*            | Evaluat*                | 12 (lots of overlap)              | 2   | 1                                      | 0  |
| Girl*                 | Slum*            | scheme                  | 0                                 | 0   | 0                                      | 0  |
| Girl*                 | Slum*            | project                 | 4                                 | 0   | 0                                      | 0  |
|                       |                  | model                   | 21 (too much overlap)             | All used above                                      | Used above                             | As above   |
| 10-14                 | Slum*            | -                       | 3                                 | 1 (but not relevant)                                | 0                                      | 0  |
| Very young adolescen* | Slum*            | Program*                | 57                                | Most about reproductive health, TBC, HIV,           | Very few                               | 1 (requested)  |
| Very young adolescen* | Slum*            | Program* and<br>Evalua* | 7 (all fields)                    | Lots of overlap 1                                   | 2                                      | 0  |
| Very young adolescen* | Slum*            | Program*                | 12 in social science field only   | 3 (2 overlap)                                       | 1                                      | 0  |
| Age                   | Slum*            | Program*                | 116                               | Maybe 5 new finds                                   | 1                                      | 1 (menstruation)                                     |

Results of Database Searches in Scopus<sup>1</sup> (accessed 9 and 12 September, 2016)

<sup>1</sup> Scopus 4 subject Areas: Life Sciences (> 4,300 titles); Health Sciences (> 6,800 titles); Physical Sciences (> 7,200 titles); Social Sciences & Humanities (> 5,300 titles)



| Key word 1       | Key<br>word<br>2 | Key word 3 | Number of hits | Hits for specific<br>age range 10- 14<br>+/-2 years | Evaluations<br>of actual<br>programmes | Interesting<br>but not<br>available<br>online/at LSE |
|------------------|------------------|------------|----------------|---|--|--|
| 14               | Slum*            | Program*   | 20             | Maybe 2 new finds                                   | 1                                      | 0  |
| 10               | Slum*            | Program*   | 85             | 0 new finds   | 0                                      | 0  |
| Boy*             | Slum*            | Program*   | 4              | 0 new finds   | 0                                      | 0  |
| early adolescen* | Slum*            | Program*   | 2              | 0 new finds   | 0                                      | 0  |



### Results of Database Searches in IBSS (International Bibliography of the Social Sciences)<sup>2</sup> (accessed 13/14 September, 2016)

| Key word 1  | Key word 2                   | Key word 3   | Number of<br>hits | Number of<br>relevant hits | Number of<br>new hits |
|---|------------------------------|--|-------------------|----------------------------|-----------------------|
| Girl*   | Slum* or favela*             | Program* or intervene*                                       | 6                 | 5                          | 2                     |
| Girl* OR (early adolescen* OR very young) AND (slum* OR favela*) AND (program* OR initiate)) AND slum |                              |  |                   | 6                          | 2                     |
| All (girl* OR (early adoles   | cen* OR boy) AND (slum* O    | R favela*) AND slum)   | 24                | 16                         | 1                     |
| (10-14 year old) AND (slu   | m* OR favela*)               |  | 16                | 0                          | 0                     |
| Girl* AND (slum* OR fave  | ela*) AND (scheme* OR prog   | ram*) OR (initiative* OR intenvent*) OR (project* OR model*) | 3                 | 3                          | 0                     |
| Girl* AND (slum* OR fave  | ela*) AND scheme* OR (initia | tive* OR intenvent*) OR (project* OR model*)                 | 2                 | 2                          | 0                     |
| (10-14 year old) AND slum*  |                              |  | 35                | 3                          | 1                     |
| (early adolescent*) AND (   | (slum* OR favela*)           |  | 3                 | 2                          | 0                     |
| (14 year*) AND slum*  |                              |  | 6                 | 1                          | 0                     |
| (10 yea*) AND slum*   |                              |  | 76                | ?                          | 1                     |
| (years old*) AND slum*  |                              |  | 11                | ?                          | 0                     |
| (young people) AND slum*  |                              |  | 14                | ?                          | 1                     |
| (young people) AND dwelling*  |                              |  | 20                | 0                          | 0                     |
| (young people) AND shan   | ity*                         |  | 3                 | 0                          | 0                     |
| Slum* AND boy*  |                              |  | 6                 | 0                          | 0                     |

<sup>2</sup> Search only included peer reviewed journal articles from anthropology, economics, political science, and sociology that were published in 2006-2016



ISI Web of Science (overlaps with mainly Scopus and IBSS) – (accessed 13 September, 2016)

| Key words   | Number of hits | Number of<br>new hits |
|---|----------------|-----------------------|
| Girl* Slum* or favela*  | 70             | 2                     |
| Adolescen* AND slum*  | 124            | 0                     |
| TOPIC: (girl*) AND TOPIC: (slum*) OR TOPIC: (boy*) AND TOPIC: (slum*) | 80             | 0                     |
| (10-14 year) AND (slum*)  | 1              | 0                     |
| (14 year old) AND TOPIC: (slum*)                                      | 18             | 1                     |
| (10 year) AND slum*   | 23             | 1                     |
| (young people) AND slum*  | 58             | 0                     |
| Slum* AND boy*  | 31             | 0                     |

### LSE library/ BLPES (accessed 14 September 2016)

| Key words                             |       | Number of hits | Number of<br>new hits |
|---------------------------------------|-------|----------------|-----------------------|
| Girl*                                 | Slum* | 22             | 0                     |
| Boy* AND slum*                        |       | 9              | 0                     |
| Early adoles*AND slum*                |       | 10             | 0                     |
| Young people AND (slum* OR favela*)   |       | 20             | 0                     |
| (10-14) AND slum*                     |       | 35             | 1                     |
| (early adolescen*) AND (slum* OR fave | 0     | 0              |                       |
| 14 AND slum*                          | 4     | 0              |                       |
| (years old) AND slum*                 |       | 11             | 0                     |
| (young people) AND slum*              |       | 20             | 0                     |



### Google Scholar (accessed 14 September, 2016)

| Key words  | Number of hits                             | Number of<br>new hits |
|--|--|-----------------------|
| Slum OR favela OR settlement '10-14 year old' (Notes: focus on health issues,  | 119  | 19                    |
| Young Adolescents in Urban Areas of Low and Middle Income Countries<br>urban (Notes: GS focus on mental health and health) | 18,400 (went<br>through first 100<br>hits) | 16                    |
| Slum or favela and "very young adolescents"  | 44   | 20                    |
| slums evaluation adolescents OR girls "conditional cash transfers"   | 624 (first 20)                             | 3                     |
| slum housing girls program OR intervention OR evaluation   | 16700 (first 20)                           | 2                     |

### The Lancet Database (accessed 16 September, 2016)

|                             |                | Number of |
|-----------------------------|----------------|-----------|
| Key words                   | Number of hits | new hits  |
| Slum* AND review* AND girl* | 22             | 1         |
| Slums* AND girls*           | 67             | 1         |

### Taylor & Francis online (accessed 16 September, 2016)

|   |      |                | Number of |  |
|---|------|----------------|-----------|--|
| Key words   |      | Number of hits | new hits  |  |
| Slum* and 10-14 year old* and intervention* and randomised control tr | ial* | 73             | 1         |  |



# **Appendix 2: Research Evidence**

#### Research Evidence: Health

| Author(s)/<br>Publication   | Country/ Key<br>words   | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions  | Notes                         |
|---|---|--|---|---|-------------------------------|
| Akther, Nasreen;<br>Begum, Nadia;<br>Chowdhury,<br>Shahanaz and<br>Sultana Sabiha (2012)<br>'Knowledge on<br>Reproductive Health<br>Issues Among the<br>Unmarried<br>Adolescent Girls',<br>Journal of Family and<br>Reproductive Health,<br>6:4,169-76. | Bangladesh<br>Dhaka slum<br>Health<br>Reproductive<br>Health Knowledge<br>10-19 year old<br>girls | A cross-sectional descriptive study was<br>carried out among 150 unmarried<br>adolescent girls of Vashantek slum in<br>Dhaka via face-to-face interviews using<br>a semi-structured questionnaire from<br>January to June 2008.<br>Aim: to assess the level of knowledge<br>of the adolescent girls regarding<br>reproductive health issues.<br>Results: The mean age of the<br>respondents were 16 years ranging<br>from 10-19 years. Out of 150<br>respondents, 130 had history of<br>menstruation and median age of<br>menarche was 13 years. | Accurate knowledge was high among<br>the adolescents with secondary level<br>education.<br>Around three-quarters of the<br>respondents had sufficient knowledge<br>about hygienic menstrual practices.<br>The majority of girls could identify the<br>legal age of marriage. Three-fifths of<br>the respondents had no knowledge on<br>the importance of family planning, or<br>of contraceptive methods. Most had<br>heard of AIDS but half had no<br>knowledge of causative factors.<br>More than two-fifths had no<br>knowledge on how AIDS is<br>transmitted. Majority had no<br>knowledge on symptoms of AIDS and<br>three-fifths had no knowledge on<br>prevention of AIDS. | Formal, informal and special<br>educational programmes<br>could educate adolescent<br>girls on reproductive health<br>issues. The government<br>should focus more attention<br>and resources on this. | No age- specific<br>analysis. |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions   | Notes                  |
|---|--|--|---|--|------------------------|
| Alamgir, Mithun;<br>Mahboob, Sarwar;<br>Ahmed, Shakil Khan;<br>Islam, Shofiqul; Gazi,<br>Shafinaz and Ahmed,<br>Afsana (2012)<br>'Pattern of Injuries<br>Among Children of<br>Urban Slum Dwellers<br>in Dhaka City',<br>Journal Dhaka<br>National Medical<br>College Hospital,<br>18:1, 24-8. | Bangladesh<br>Dhaka slum<br>Health Injuries<br>Mean age 9 years<br>old | This cross-sectional study was<br>conducted among children aged 18<br>years and below in Korail slum, near<br>Gulshan Lake, Banani, Dhaka, from<br>March to June 2007 to ascertain the<br>pattern of injuries and the risk factors<br>associated with those injuries. Data<br>were collected using cluster sampling<br>techniques.<br>The total numbers of children under<br>study in the surveyed households were<br>486 and out of them 210 were injured.<br>The prevalence of injury in the sample<br>group was therefore 43.2% or 432 per<br>1000<br>children. | Nearly half (47%) of the participants<br>were between 10 and 15 years of age<br>and only around 2% were 15-18 years<br>old. The mean age was 9 years. Male-<br>female ratio was almost 1:1 and injury<br>rate did not vary with respect to sex.<br>The highest injury rate was observed<br>among <5 year old children (49%) and<br>the lowest among those aged 15-18<br>years (39%). However, variation in age<br>specific injury rates was not<br>remarkable. The highest number of<br>child injury was due to burns (33%),<br>followed by road accidents (29%) and<br>occupational injury (14%). Other<br>causes of child injuries were falls on<br>the street (8%), animal bites (4%), falls<br>from trees (1.5%), drowning (2%), falls<br>from rooves (3%), electrical burns<br>(1.5%), poisoning (1%) and chemical<br>burns (0.5%) respectively. | Child injury is allegedly a<br>'public health menace' in<br>Bangladesh. It is a significant<br>cause of morbidity although<br>most of the injuries can be<br>prevented if proper<br>preventive strategies are<br>adopted by all concerned.<br>This involves dedicated<br>identification of risk. | No gender<br>analysis. |



| Author(s)/<br>Publication   | Country/ Key<br>words                                      | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions   | Notes  |
|---|--|--|---|--|--|
| Arora, Monika;<br>Tewari, Abha;<br>Dhavan, Poonam;<br>Nazar, Gaurang;<br>Stigler, Melissa;<br>Juneja, Neeru; Perry,<br>Cheryl and Reddy,<br>Srinath (2013)<br>'Discussions With<br>Adults and Youth to<br>Inform the<br>Development of a<br>Community-based<br>Tobacco Control<br>Programme', Health<br>Education Research,<br>28:1, 58-<br>71. | Health<br>Delhi slums<br>Tobacco use<br>10-19<br>year olds | Project Advancing Cessation of<br>Tobacco in Vulnerable Indian Tobacco<br>Consuming Youth (ACTIVITY) is a<br>community-based, randomised<br>intervention trial group targeting<br>disadvantaged youth (aged 10–19<br>years) residing in 14 low- income<br>communities (slums and resettlement<br>colonies) in Delhi, India. Article<br>discusses the findings of 22 Focus<br>group discussions (FGDs) conducted<br>with 10-19 year olds to inform the<br>development and test the<br>appropriateness of Project ACTIVITY's<br>intervention model. NB This is not a<br>programme evaluation | Participants said that tobacco use<br>begins as early as 6–10 years of age.<br>Most believed that nearly 50% of<br>young boys and 20% of young girls in<br>the community used tobacco.<br>Girls were perceived to consume more<br>smokeless tobacco products and older<br>females were also reported to smoke<br>bidi (locally produced cigarettes). With<br>regard to young tobacco consumers, it<br>was indicated that non-school going,<br>homeless and street children were<br>more likely to be tobacco consumers.<br>The findings of the FGDs revealed: (i)<br>youth and adults had limited<br>knowledge about long-term health<br>consequences of tobacco use; (ii)<br>socio- environmental determinants<br>and peer pressure were important<br>variables influencing initiation of<br>tobacco use; (iii) lack of motivation,<br>support and sufficient skills hinder<br>tobacco cessation, and (iv) community<br>involvement is important for creating<br>tobacco free norms. | Younger age groups should<br>be specifically targeted in<br>tobacco control<br>programmes.<br>The results from FGDs aided<br>in finalising the intervention<br>model for Project ACTIVITY<br>and guided its intervention<br>development.<br>A major limitation of the<br>survey was its reliance on a<br>self- reported method of<br>data collection. Intentional<br>deception, poor memory, or<br>misunderstanding the<br>question(s) can all<br>contribute to an<br>underestimation or<br>overestimation of the true<br>prevalence of tobacco use. | No distinction<br>between girls and<br>boys and older<br>and younger<br>adolescents.<br>Very much<br>oriented around<br>'individual<br>behaviour'. |



| Author(s)/<br>Publication  | Country/ Key<br>words   | Methods/Objectives   | Findings   | Explanation/ Policy<br>suggestions  | Notes  |
|--|---|--|--|---|--|
| Beguy, Donatien;<br>Ndugwa, Robert and<br>Kabiru, Caroline W.<br>(2013) 'Entry into<br>Motherhood Among<br>Adolescent Girls in<br>Two Informal<br>Settlements in<br>Nairobi, Kenya',<br>Journal of Biosocial<br>Science, 45:6, 721-<br>42. | Kenya<br>Nairobi slums<br>Health<br>Sexual behaviour<br>15-19 year old<br>females | In this paper, data collected from 897<br>female adolescents aged 15–19 years<br>in 2 slums in Nairobi are analysed to<br>investigate patterns and determinants<br>of early motherhood in two informal<br>settlements in Nairobi, Kenya, using<br>Kaplan–Meier estimates and Cox<br>regression models. | The contribution of adolescent<br>childbearing to total fertility rates in<br>many sub-Saharan African countries is<br>higher than in other parts of the world.<br>Around 15% of these adolescents have<br>had a child. The findings show that<br>marriage, being out of school and<br>negative role models in peer, family<br>and school contexts are associated<br>with early childbearing among females<br>aged 15–17 years.<br>For adolescents aged 18–19 years,<br>school attendance considerably delays<br>entry into motherhood while marriage<br>hastens its timing. Furthermore, older<br>adolescents with high levels of social<br>control (parental monitoring or<br>perceived peer orientation to<br>disapproval of antisocial behaviours)<br>and individual controls (high religiosity<br>and positive orientation to schooling)<br>are likely to delay childbearing. | Programmes aiming to<br>reduce risky sexual<br>behaviours that could lead<br>to childbearing among<br>adolescents should be<br>introduced early, and before<br>the onset of sexual activity.<br>The findings underscore the<br>need to identify and address<br>risk factors and reinforce<br>protective ones in order to<br>improve sexual and<br>reproductive health (SRH)<br>outcomes of adolescent girls<br>in Nairobi slum settlements. | The sample<br>population is out<br>of the RER age<br>range (15-19) but<br>interesting<br>findings and<br>evidence to<br>support focusing<br>on 10-14 year<br>olds. |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes   |
|---|--|---|--|--|---|
| Catino, Jennifer<br>(2012) The Health of<br>Vulnerable<br>Adolescent Girls: A<br>Strategic Investment<br>for Double Return<br>(New York:<br>Population Council).<br>http://www.popco<br>uncil.org/uploads/<br>pdfs/2012PGY_G<br>irlsFirst_Health.pdf<br>(accessed 1<br>November 2016) | Overview<br>Health<br>Issues, risks and<br>needs<br>Health promotion<br>Adolescent girls | Overview of different education<br>programmes and innovative<br>strategies for improving girls'<br>health.<br>One example mentioned<br>repeatedly is the Population<br>Council's 'Abriendo<br>Oportunidades' (AO/Opening-up<br>Opportunities) programme<br>designed to reach and empower<br>indigenous girls aged 8–18 in<br>rural Guatemala. | Provides some statistics about<br>health issues faced by girls in the<br>transition to puberty (e.g. FGM,<br>paid work, withdrawal from<br>school, pregnancy, violence).<br>However the report is more<br>focused on adolescent girls'<br>wants and needs – and<br>recommendations for<br>programmes with some short<br>examples given (but no<br>evaluations).<br>Also lists tools and material that<br>can be used by practitioners for<br>health education. | An ongoing need exists for bringing<br>essential health information and<br>services to vulnerable girl subgroups<br>where they can be found: early, when<br>they are still in school; in their<br>communities; in their workplaces; and<br>through health institutions and<br>facilities where these girls are more<br>likely to congregate (markets,<br>neighbourhood shops/ kiosks,<br>churches, local nongovernmental<br>organisations, and community-based<br>organisations). Alternative approaches<br>and strategies will also be required to<br>reach these girls appropriately and to<br>improve their health and safety,<br>including outreach and community-<br>based distribution of health<br>commodities; mobile health services;<br>and social marketing and use of<br>emerging technologies, such as mobile<br>phones.<br>ICTs may help deliver timely crucial<br>information to girls and help them<br>connect with each other and with<br>networks and services that can<br>enhance their health, safety, and<br>wellbeing. | Good overview.<br>No specific focus<br>on 10-14 year<br>olds, or on urban<br>areas and slums. |



| Author(s)/<br>Publication   | Country/ Key<br>words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes   |
|---|---|---|---|--|---|
| Cortez, Rafael;<br>Saadat, Seemeen;<br>Marinda, Edmore<br>and Odutolu,<br>Oluwole (2016)<br>Adolescent Fertility<br>and Sexual Health in<br>Nigeria:<br>Determinants and<br>Implications,<br>Discussion paper<br>103667 (Washington<br>DC: World Bank)<br>http://documents.<br>worldbank.org/cur<br>ated/en/5076414<br>68190770251/Adoles<br>cent-fertility- and-<br>sexual- health-in-<br>Nigeria (accessed 16<br>November 2016) | Nigeria<br>Peri-urban area<br>Karu near capital<br>Abuja<br>Health<br>Sexual behaviour<br>10-19 year olds | This study examines the<br>determinants of adolescent<br>sexual behaviour and fertility in<br>Nigeria, with particular focus on<br>knowledge, attitudes and<br>behaviours of adolescents aged<br>10- 19 years old in Karu Local<br>Government Authority (LGA), a<br>peri-urban area near the capital<br>city of Abuja.<br>Using the last three waves of<br>Demographic and Health Surveys<br>(2003, 2008, 2013),<br>FGDs, stakeholder interviews,<br>and a specialised survey were<br>conducted with 643 girls and<br>boys aged 10-19 years old in Karu<br>LGA. | The national median age at<br>sexual debut for adolescent girls<br>and boys is between 15 and 16<br>years of age. This resonates in<br>Karu LGA with a median age of<br>14.8 years for girls and 15.3 years<br>for boys.<br>For girls, sexual debut is often<br>associated with marriage or<br>cohabitation, which in turn, is a<br>strong predictor of adolescent<br>fertility. Poverty is another strong<br>predictor, with the odds of<br>becoming pregnant being twice<br>as high for adolescents in the<br>lower wealth quintiles compared<br>with their counterparts in the<br>richest quintile in the country.<br>While adolescents' knowledge of<br>contraception has increased from<br>under 10% to over 30%, use of<br>health services among<br>adolescents for SRH (and<br>contraception) is limited due to<br>factors such as fear of stigma,<br>embarrassment, and poor access<br>to services. | <ul> <li>Challenges for improving adolescent SRH outcomes relate to:</li> <li>i) the paucity of data, especially on 10-14 year olds;</li> <li>ii) availability and access to youth-friendly services and the Family Life and HIV Education (FLHE);</li> <li>iii) reaching out-of-school adolescents with SRH information; and</li> <li>iv) ambiguities and gaps in Federal law and customs on age at marriage, and generating support for the legal age at marriage of at least 18 years old.</li> <li>Addressing these barriers at the State and sub-regional levels is likely to be critical in improving adolescent wellbeing.</li> </ul> | Not peer<br>reviewed.<br>Slightly older<br>ages.<br>No analysis of 10-<br>14 year olds. |



| Author(s)/<br>Publication   | Country/ Key<br>words   | Methods/Objectives  | Findings  | Explanation/ Policy<br>suggestions   | Notes  |
|---|---|---|---|--|--|
| Dash, Bijayalakshmi<br>(2012) 'Knowledge of<br>Adolescent Girls<br>Regarding<br>Reproductive Health<br>Care', Nursing<br>Journal of India,<br>103:4, 157-9.                           | India Slum<br>Reproductive<br>health knowledge                | A study was conducted among 84<br>adolescent girls residing in the<br>urban slum, Niladribihar, in<br>Khurda district of Odisha.  | Sex and sex education continue to be taboo.<br>The analysis showed that the deficient<br>reproductive healthcare available to them<br>could result in health problems. Young<br>mothers, especially those under 16, have a<br>heightened likelihood of serious health<br>risks. The risk of death in childbirth is five<br>times higher among 10-14 year-olds than<br>among 15-19 year-olds and, in turn, 10<br>times higher among 15-19 year-olds as<br>among 20-24 year-olds. | Improve adolescent girls<br>knowledge of, and access<br>to, reproductive healthcare.<br>Nursing professionals in<br>hospital settings can<br>contribute significantly in<br>this area.                 | Could only<br>download page 1.                                     |
| Indupalli, A. S. (2009)<br>'Health Status of<br>Adolescent Girls in an<br>Urban Community of<br>Gulbarga District,<br>Karnataka', Indian<br>Journal of Public<br>Health, 53:4, 232-4. | India<br>Rajapur<br>Health Anaemia<br>13-19 year old<br>girls | A community-based cross-<br>sectional study was carried out<br>among 250 adolescent girls aged<br>13 -19 years in an urban<br>community of Gulbarga from<br>April 2004 to March 2005. | Objective was to assess health problems<br>and suggest measures for improvement of<br>health status of adolescent girls.<br>It was observed that 94% had anaemia,<br>27.6% suffered from chronic energy<br>deficiency while 46% had other health<br>problems and 37.2% had menstrual<br>problems.   | Anaemia appears to be a<br>grave public health<br>problem, which could be<br>addressed through<br>distribution and intake of<br>iron-folic acid tablets either<br>in schools or at household<br>level. | Study site<br>described as an<br>urban community<br>not as a slum. |



| Author(s)/<br>Publication | Country/ Key<br>words | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes   |
|---------------------------|-----------------------|---|--|--|---|
|                           |                       | Methods/Objectives<br>Compares non-slum areas<br>and slums to identify the<br>factors associated with<br>mental health problems. A<br>sample of 187 boys and 137<br>girls from non-slum<br>settlements, and 157 boys<br>and 121 girls from slums<br>between 11 and 18 years of<br>age, were interviewed with<br>a questionnaire consisting<br>of a Bangla translation of<br>the World Health<br>Organisation Quality of Life<br>Assessment Instrument<br>(WHOQOL-BREF), a<br>Self-Reporting<br>Questionnaire (SRQ), and<br>Youth Self- Report (YSR)<br>alongside other questions.<br>The height and weight of<br>the respondents were also<br>measured. | Findings<br>All significant differences in demographic<br>characteristics, anthropometric measures,<br>and WHOQOL-BREF were found to reflect<br>worse conditions in slum than in non-<br>slum areas.<br>Contrarily, all differences in SRQ and YSR<br>were worse in non-slum areas for both<br>sexes, except that the 'conduct problems'<br>score for YSR was worse for slum boys.<br>Mental states were mainly associated<br>with school enrolment and working<br>status. Worse physical environment and<br>QOL were found in slums, along with<br>gender and area- specific mental health<br>difficulties. Slum adolescents had lower<br>school enrolment rates, lower literacy<br>rates, lower family incomes, lighter<br>physical weights, lower body-mass-index,<br>and higher rates of child labour. Height of<br>female subjects was also significantly less<br>in slums and implied long- term<br>malnutrition in female slum sample<br>group. QOL in the environmental domain | The higher the socioeconomic status the<br>worse the mental status. Thus, non-slum<br>adolescents may be able to express<br>anxiety when they face stress, whereas<br>slum adolescents may not be able to<br>learn or practice this highly cognitive<br>procedure but rather vent their<br>frustrations by 'acting out' through<br>various forms of disaffected behaviour<br>as they get older.<br>Recommendations: increase the school<br>attendance of children. Some<br>adolescents are important<br>breadwinners in slums, hence short-<br>time, mobile teaching teams could be<br>deployed in slums in the early morning<br>or late evening may help to make it<br>possible for working adolescents to<br>receive education, and acquire<br>strategies for risk avoidance and self-<br>defence. A high percentage of the male<br>slum adolescents displayed conduct<br>problems, specific risky behaviours such | Notes<br>11-18 year<br>olds.<br>Not very<br>gender<br>specific. |
|                           |                       |   | for both sexes, and the social<br>relationships domain for males were<br>worse in slums.   | as drug use or sexually risky behaviour<br>should be studied with regard to mental<br>health for interventions.  |   |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives   | Findings   | Explanation/ Policy suggestions   | Notes  |
|---|--|--|--|---|--|
| Kabiru, Caroline W.;<br>Beguya, Donatien;<br>Undie, Chi-Chi; Zulu,<br>Eliya Msiyaphazi and<br>Ezeh, Alex C. (2010)<br>'Transition into First<br>Sex Among<br>Adolescents in Slum<br>and Non- slum<br>Communities in<br>Nairobi, Kenya',<br>Journal of Youth<br>Studies, 13:4, 453-71. | Kenya<br>Nairobi slums<br>Korogocho<br>Viwandani<br>2 non-slum<br>settlements<br>Health<br>Sexual behaviour<br>12-15 year olds | Study based on two waves<br>of the Education Research<br>Programme (ERP), a<br>longitudinal population-<br>based study in two slum<br>(Korogocho and Viwandani)<br>and two non-slum<br>settlements (Harambee and<br>Jericho), in Nairobi, Kenya.<br>The ERP has been following<br>children aged 5–19 years in<br>these four communities<br>since 2005. | Transition to first sex is influenced by age,<br>slum residence, perceived parental<br>monitoring, and peer behaviour. For<br>females aged 12–15 years, only perceived<br>parental monitoring and delinquent<br>behaviour had a significant effect on the<br>chances of becoming sexually active.<br>Among girls in this age group, for each<br>additional unit increase of parental<br>monitoring and delinquent behaviour, the<br>chances of transitioning to first sex<br>increased by 10% and 40% respectively.<br>For 12–15–year-old boys, only residence<br>was significantly associated with transition<br>to first sex.<br>Slum residents were 10 times more likely<br>to become sexually active than their<br>counterparts living in non-slum areas.<br>Older age and slum residence were<br>significantly associated with greater odds<br>of making the transition to first sex. | It is important to consider the<br>social and environmental contexts<br>when examining pathways to first<br>sexual intercourse among<br>adolescents.<br>There is a need to focus on young<br>adolescents, particularly those<br>growing up in resource-poor<br>settings, or those who are out of<br>school, since these young people<br>may be more likely to make the<br>transition to first sex and hence, be<br>more vulnerable to negative health<br>outcomes stemming from<br>precocious sexual activity.<br>The paper also highlights the need<br>to strengthen mothers' and<br>fathers' capacity to adapt their<br>parenting strategies to the needs<br>of their changing/evolving<br>adolescents. | Slum/non slum<br>comparison.<br>Emphasis on<br>behaviour and<br>parenting<br>strategies. |



| Author(s)/<br>Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions   | Notes  |
|--|--|---|--|---|--|
| Kabiru, Caroline W.;<br>Beguy, Donatien;<br>Ndugwa, Robert;<br>Zulu, Eliya<br>Msiyaphazi and<br>Jessor, Richard<br>(2012) "Making It":<br>Understanding<br>Adolescent<br>Resilience in Two<br>Informal Settlements<br>(Slums) in Nairobi,<br>Kenya', <i>Child and</i><br><i>Youth Services</i> , 33:1,<br>12-32. | Kenya<br>Nairobi<br>Slums<br>Korogocho<br>Viwandami<br>Health<br>Sexual behaviour<br>12-19 year olds | Study of 1,722 never-<br>married adolescents<br>Separate analysis of<br>younger (12–14 years) and<br>older (15–19) adolescents<br>Resilience defined as<br>positive academic and<br>behavioural outcomes (i.e.<br>academic achievement, civic<br>participation and avoidance<br>of risk behaviours) | Adolescents perceiving greater parental<br>monitoring and greater peer disapproval<br>of risk behaviour are more resilient than<br>those with low social controls.<br>The fact that the findings are notably<br>stronger for the older cohort than for the<br>younger cohort is of interest. A possible<br>reason for the observed age- cohort<br>difference in amounts of variation<br>explained by the multivariate analysis is,<br>as noted earlier, the greater prevalence of<br>risk behaviour among older adolescents.<br>By the same token, the multivariate<br>account of variation in resilience was 17%<br>in the older cohort and 11% in the<br>younger cohort, with both accounts being<br>significant.<br>Among the older adolescents, females<br>scored higher on the resilience index.<br>Increased length of stay in the slum was<br>associated with lower resilience. | Study findings also underscore the<br>need for policies and programmes<br>protection that offer young people<br>living in slums access to education<br>and recreational services as well as<br>opportunities for civic<br>engagement.<br>There is an apparent need to<br>involve parents as informal social<br>control agents in programmes that<br>address risk behaviour of their<br>adolescent children. | No gender<br>analysis.<br>No 12-14 year old<br>analysis. |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives  | Findings  | Explanation/ Policy suggestions   | Notes  |
|---|--|---|---|---|--|
| Kimani-Murage,<br>Elizabeth W.;<br>Holding, Penny A.;<br>Fotso, Jean-<br>Christophe; Ezeh,<br>Alex C.; Madise,<br>Nyovani J.; Kahurani,<br>Elizabeth N. and Zulu,<br>Eliya Msiyaphazi<br>(2011) 'Food Security<br>and Nutritional<br>Outcomes Among<br>Urban Poor Orphans<br>in Nairobi, Kenya',<br>Journal of Urban<br>Health, 88:2, 282-97. | Kenya<br>Nairobi<br>Slum<br>Korogocho<br>Viwandani<br>Health<br>Orphans<br>Nutrition<br>6-14 year olds | The study examines the<br>relationship between<br>orphan- hood status,<br>nutritional status and food<br>security among children<br>living in the rapidly-growing<br>slum settlements of Nairobi,<br>Kenya.<br>The study was conducted<br>between January and June<br>2007 with 1,235 children<br>aged 6–14 years, living in<br>Korogocho and Viwandani.<br>The mean age of<br>participants was 11 years. | The results show that orphans were more<br>vulnerable to food insecurity than non-<br>orphans and that paternal orphans were<br>the most vulnerable orphan group.<br>However, these effects were not<br>significant for nutritional status, which<br>measures long-term food deficiencies. The<br>results also show that the most vulnerable<br>children are boys, those living in<br>households with the lowest<br>socioeconomic status, with many<br>dependents, and those headed by women<br>adults with low human capital (low<br>education). | This study provides useful insights<br>to inform policies and practice that<br>seek to identify target groups and<br>intervention programmes to<br>improve the welfare of orphans<br>and vulnerable children living in<br>urban poor communities.<br>Orphans are a diverse group and<br>have different vulnerabilities. | Not a longitudinal<br>study.<br>Some gender<br>analysis. |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes   |
|---|--|---|--|--|---|
| Kunnuji, Michael<br>(2014) 'Basic<br>Deprivation and<br>Involvement in Risky<br>Sexual Behaviour<br>Among Out-of-School<br>Young People in a<br>Lagos Slum', Culture,<br>Health and Sexuality,<br>16:7, 727-40. | Nigeria<br>Lagos<br>Slum<br>Iwaya<br>Health<br>Trans-actional sex<br>10-19 year old<br>girls | Data from a survey of 480<br>out-of-school girls aged 10<br>to 19 years, residing in<br>lwaya.<br>Study participants were<br>selected through a census of<br>all girls within the age<br>bracket of 10 to 19 years<br>who were out of school at<br>the time of the study.<br>The mean and median ages<br>of the participants were 16<br>and 17 years (29% were 10-<br>14).<br>The major reason for not<br>attending school was lack of<br>financial capacity to do so.<br>Onset of penetrative sex<br>average age was 15 years. | Found that food deprivation of out-of-<br>school girls (aged 10-19 years) is related<br>to their having penetrative sex.<br>Housing and clothing deprivation is not<br>significantly associated with involvement<br>with multiple sexual partners. Food<br>deprivation is associated with being<br>sexually active and involvement in<br>multiple sexual partnerships. Girls who<br>suffer food deprivation are more likely to<br>be involved in penetrative sex earlier<br>and/or to be involved in multiple sexual<br>partnerships than those who do not suffer<br>food deprivation. Since sexual partners<br>are typically older than the girls, it is<br>concluded that one incentive for girls'<br>sexual involvement with men is the<br>provision of food. The idea that<br>deprivation can lead to the evolution of<br>adaptive 'deviant' behaviour (Lea and<br>Young, 1984) is supported by young girls'<br>partnerships with older men (cross-<br>generational sex) who meet their food<br>needs in a situation of deficiency, which is<br>synonymous with slum living. | Girls are socialised into the<br>awareness that having multiple<br>sexual partners can be an effective<br>survival strategy.<br>To address this problem, state-run<br>poverty alleviation programmes<br>should give attention to young girls<br>experiencing food deprivation.<br>Also, intervention programmes in<br>the area of young people's<br>reproductive wellbeing should be<br>mindful of the specificities facing<br>out- of-school young people in<br>slums, many of whom are<br>confronted with the challenge of<br>survival. Such programmes should<br>be designed to address issues of<br>basic deprivation through<br>empowerment, skills acquisition,<br>entrepreneurial training and job<br>creation. | The author did<br>not ask about<br>reasons for<br>having sex.<br>No separate<br>analysis between<br>10-14 and older<br>girls. |



| Author(s)/<br>Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes   |
|--|--|---|--|--|---|
| Mabala, Richard<br>(2006) 'From HIV<br>Prevention to HIV<br>Protection:<br>Addressing the<br>Vulnerability of Girls<br>and Young Women<br>in Urban Areas',<br><i>Environment and</i><br><i>Urbanization</i> , 18:2,<br>407–32. | Sub-Saharan<br>Africa<br>Urban areas<br>Health<br>HIV<br>Overview<br>10-14 year old<br>girls | There is a need to revisit<br>prevention methodologies<br>with regard to HIV/AIDS,<br>especially in relation to<br>urban areas. Unlike with<br>other epidemics where the<br>physical and social<br>environments are<br>recognised to play a key<br>role in transmission,<br>HIV/AIDS has become the<br>terrain of moralists, who<br>insist that individual<br>behaviour drives the<br>epidemic and who pour<br>millions of dollars into<br>individual behaviour change<br>programmes. This is done<br>despite the reality that<br>HIV/AIDS flourishes in<br>situations of poverty, and is<br>further compounded by<br>inequity and lack of social<br>cohesion, affecting those in<br>such environments most<br>acutely. | It is estimated that 25% of sex workers in<br>Cape Town are children, half of whom are<br>aged 10–14.<br>Yet at the age of 12, except for those<br>infected through parent to child<br>transmission (and sexual abuse), almost<br>no adolescent girls are HIV+. Six years<br>later, in high-prevalence countries, 10–<br>20% are infected.<br>The paper also looks at how the physical<br>environment (including the effects on the<br>immune system of malnutrition,<br>helminths and bilharzia) and social<br>environment affect the vulnerability of<br>adolescent girls and young women, who<br>have often migrated to town, live and<br>work in squatter areas, are isolated, and<br>are victims of sexual exploitation and<br>abuse. | The very high number of orphans<br>that existed before HIV/AIDS, and<br>that has increased further as a<br>result of the epidemic, compounds<br>the situation.<br>This paper builds on the above to<br>highlight the inadequacy of current<br>behaviour change interventions,<br>quite apart from the fact that the<br>most vulnerable are not even<br>reached by interventions.<br>It argues for deliberate and<br>systematic attention to be paid to<br>girls and young women, to ensure<br>that they are identified, included<br>and allowed to participate in<br>developing a protective<br>environment and safe spaces in<br>the community, in schools and in<br>their livelihoods that will enable<br>them to better protect themselves<br>from HIV infection.<br>This requires addressing the<br>underlying factors (including the<br>impact of globalisation) driving the<br>continued spread of the HIV/AIDS<br>epidemic. | Overview of<br>women and<br>children.<br>Not own<br>research.<br>No gender<br>analysis. |



| Author(s)/<br>Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes  |
|--|--|---|---|--|--|
| Madise, Nyovani;<br>Zulu, Eliya<br>Msiyaphazi and<br>Ciera, James (2007)<br>'Is Poverty a Driver<br>for Risky Sexual<br>Behaviour? Evidence<br>From National<br>Surveys of<br>Adolescents in Four<br>African Countries',<br>African Journal of<br>Reproductive Health,<br>11:3, 83-98. | Burkina Faso<br>Ghana<br>Malawi<br>Uganda<br>Health<br>HIV<br>Sexual behaviour<br>12-19 year old | Under the auspices of a five-<br>year study entitled<br>'Understanding HIV Risks<br>among Youth: Protecting the<br>Next Generation',<br>nationally- representative<br>surveys of adolescents were<br>conducted in 2004 in four<br>African countries: Burkina<br>Faso, Ghana, Malawi, and<br>Uganda.<br>Approximately 19,500 male<br>and female adolescents<br>aged 12-<br>19 years were interviewed<br>in the four countries to<br>gather information on their<br>sexual experiences together<br>with a range of information<br>on their socio-economic<br>status, schooling,<br>childbearing, contraception,<br>HIV knowledge, and other<br>information. | Findings show some evidence of an<br>association between wealth status and<br>age at first sexual intercourse among<br>female adolescents. The observed<br>higher likelihood of initiating first sex<br>among poorer females is consistent with<br>the assumption of disadvantaged<br>women having earlier sexual debut in<br>order to gain access to cash and gifts.<br>Poverty can also contribute to early<br>sexual debut through premature<br>exposure and socialisation into sexual<br>activity, as has been observed in<br>children living in slum areas where<br>accommodation is very cramped and<br>where it is very common for children to<br>sleep in the same room as their parents.<br>Around 9% of girls mentioned an<br>expectation of gifts or money as their<br>reason for having sex and another 19%<br>of girls reported that their first sexual<br>intercourse was forced or that their<br>partner had insisted. For females, the<br>ability to negotiate for use of condoms<br>may be harder if they have received gifts<br>or money. | From this study, which used data<br>from more than 19,000 adolescents<br>in four African countries, poverty<br>appears to influence early sexual<br>debut, especially among females,<br>and the poor are less likely to be<br>using condoms. Therefore, poverty –<br>and slum<br>residence-, in its influence on sexual<br>behaviour and access to services, can<br>affect HIV transmission. Ethnicity is<br>an important variable indicating that<br>social and cultural factors also<br>influence young people's sexual<br>behaviour.<br>HIV prevention programmes must<br>identify ways of making the poor less<br>vulnerable to risky sexual behaviour<br>and devise strategies for improving<br>condom usage among the poorest.<br>Such programmes need to take<br>account of strong social and cultural<br>contexts that influence young<br>people's sexual behaviour. | No specific<br>analysis of 12-14<br>year olds. |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives   | Findings  | Explanation/ Policy suggestions  | Notes  |
|---|--|--|---|--|--|
| Marston, Milly;<br>Beguy, Donatien;<br>Kabiru, Caroline W.<br>and Cleland, John<br>(2013) 'Predictors of<br>Sexual Debut Among<br>Young Adolescents in<br>Nairobi's Informal<br>Settlements',<br>International<br>Perspectives on<br>Sexual and<br>Reproductive Health,<br>39:1, 22–31. | Kenya<br>Nairobi slums<br>Korogocho<br>Viwandani<br>Health<br>Sexual activity<br>12-24 year olds | Data was drawn from Wave<br>1 (2007–2008) and Wave 2<br>(2009) of the 'Transition to<br>Adulthood' study, which<br>collected information about<br>key markers of the<br>transition to adulthood and<br>social, demographic and<br>psychosocial characteristics<br>of male and female youth<br>living in two informal<br>settlements in Nairobi,<br>Kenya. Logistic regression<br>analyses were used to<br>examine variables<br>associated with experience<br>of sexual debut in Wave 2<br>among youth who were<br>aged 12–16 and sexually<br>inexperienced during Wave<br>1. | Among the 1754 youth in the sample, 92<br>experienced sexual debut between<br>survey waves.<br>For both males and females, sexual<br>debut was positively associated with<br>having permanently dropped out of<br>school, having never attended school,<br>and having experienced severe family<br>dysfunction.<br>Lack of parental supervision was a<br>predictor of sexual debut among males<br>only, whereas having low aspiration for<br>schooling and employment was a<br>predictor among females only.<br>Surprisingly, young women, as well as<br>men, who did not have high self-esteem,<br>were less likely than those who<br>perceived themselves to be attractive<br>and socially confident, to engage in first<br>sex between waves.<br>School appears to protect both males<br>and females against early sexual debut. | Important predictors in driving<br>sexual behaviour in this age group<br>are family dysfunction, parental<br>supervision, civic participation and<br>self-esteem. Further studies are<br>warranted to elucidate how these<br>factors can be addressed in<br>prevention programmes targeting<br>young adolescents.<br>Programmes that increase parental<br>involvement might reduce risk<br>behaviour.<br>Programmes which encourage<br>women's aspirations are potentially<br>likely to reduce early sexual debut. | Study did not<br>control for<br>potential<br>confounding<br>variables that<br>might influence<br>early sexual<br>debut.<br>Reliance on self-<br>reported<br>information on<br>sexual debut<br>(subject to bias). |



| Author(s)/<br>Publication   | Country/ Key<br>words                          | Methods/Objectives   | Findings   | Explanation/ Policy suggestions  | Notes   |
|---|--|--|--|--|---|
| Mathur, Manu Raj;<br>Tsakos, Georgios;<br>Parmar, Priyanka;<br>Millett, Christopher J.<br>and Watt, Richard G.<br>(2016)<br>'Socioeconomic<br>Inequalities and<br>Determinants of Oral<br>Hygiene Status<br>among Urban Indian<br>Adolescents',<br>Community Dentistry<br>and Oral<br>Epidemiology, 44: 3,<br>248–54. | India<br>Health<br>Oral hygiene<br>12-15 years | A cross-sectional study<br>among 1386 adolescents<br>aged 12– 15 years from<br>three different socio-<br>economic groups according<br>to area of residence. Level<br>of oral hygiene was<br>examined clinically using the<br>Simplified Oral Hygiene<br>Index (OHI-S), and an<br>interviewer- administered<br>questionnaire. | Poor oral hygiene was observed in<br>50.2% of the adolescents.<br>There was a socioeconomic gradient in<br>poor oral hygiene, with higher<br>prevalence observed at each level of<br>deprivation.<br>These differences remained statistically<br>significant after adjusting for various<br>demographic variables, standard of<br>living, social capital, social support and<br>health- affecting behaviours for urban<br>slum-dwelling adolescents and middle-<br>class adolescents respectively. | Area of residence emerged as a far<br>stronger socioeconomic predictor for<br>poor oral hygiene, than material,<br>psycho-social and behavioural<br>factors. | No access to full<br>article.<br>No gender<br>analysis. |



| Author(s)/<br>Publication  | Country/ Key<br>words   | Methods/Objectives  | Findings   | Explanation/ Policy suggestions   | Notes  |
|--|---|---|--|---|--|
| Muindia, Kanyiva;<br>Mudegeb, Netsayi;<br>Beguya, Donatien<br>and Mberua,<br>Blessing (2014)<br>'Migration and<br>Sexual Behaviour<br>Among Youth in<br>Nairobi's Slum<br>Areas', <i>African</i><br><i>Population Studies</i> ,<br>28:3, 1297-309. | Kenya<br>Nairobi<br>Slums<br>Korogocho<br>Viwandani<br>Sexual behaviour<br>Migration<br>12-22 year olds | The study merged three datasets:<br>the Urbanisation, Poverty and<br>Health Dynamics programme<br>(UPHD) transitions to adulthood<br>study 2007 dataset, the UPHD<br>migration component dataset<br>2006-2007 and the routine<br>household poverty dataset 2007-<br>2008.<br>3200 individuals with records in<br>the three datasets were included<br>in the analytical sample.<br>Cox proportional hazards model<br>was used for timing of first sex<br>among migrants and logistic<br>regression for determinants of<br>'risky' sexual behaviour (that is<br>derived on the basis of seven<br>issues including carrying of<br>weapons to school, getting into<br>fights and carrying drugs.) | As many as 81% of females in the<br>data sets had engaged in sexual<br>intercourse before the age of 15<br>compared with 64.9% of males.<br>Further, 85.3% of females had more<br>than one sexual partner compared<br>with 64.1% among males.<br>Those with a secondary school<br>education or higher were 49% less<br>likely to be involved in sexual<br>relationships early compared with<br>those with primary education.<br>Migration has been found to affect<br>the number of sexual partners, but<br>not the age of sexual debut.<br>Among adolescents in Nairobi's<br>slums, migration is not associated<br>with a higher likelihood of engaging<br>in 'risky' sexual behaviour. However,<br>youth exhibiting 'problem<br>behaviour' are more likely to have<br>their first sexual experience soon<br>after migration. | The fact that youth identified with<br>'problem behaviour' are more<br>likely to have in sex soon after<br>having migrated to the city from<br>rural areas highlights the benefits<br>of (natal/sending) families having<br>monitoring mechanisms in place in<br>recipient destinations to watch<br>over migrant youth since<br>monitoring appears to reduce the<br>likelihood of sexual debut soon<br>after migration.<br>Parental presence has been shown<br>to have positive effects on youth's<br>sexual behaviour. | Little gender<br>analysis.<br>No data on<br>religiosity. |



| Author(s)/<br>Publication  | Country/ Key<br>words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions   | Notes  |
|--|---|---|---|---|--|
| Ndugwa, Robert P.;<br>Kabiru, Caroline W.;<br>Cleland, John; Beguy,<br>Donatien; Egondi,<br>Thaddeus; Zulu, Eliya<br>Msiyaphazi and<br>Jessor, Richard<br>(2011) 'Adolescent<br>Problem Behavior in<br>Nairobi's Informal<br>Settlements:<br>Applying Problem<br>Behavior Theory in<br>Sub-Saharan Africa',<br>Journal of Urban<br>Health, 88:2, S298-<br>317. | Kenya<br>Nairobi slums<br>Korogocho<br>Viwandani<br>Health<br>Sexual behaviour<br>12-19 years old | Two datasets linked with the<br>Nairobi Urban Health and<br>Demographic Surveillance System<br>(NUHDSS) were merged:<br>Urbanisation, Poverty and Health<br>Dynamics programme (UPHD)<br>transitions to adulthood (TTA)<br>2007 dataset and the Education<br>Research Programme (ERP)<br>component dataset 2008<br>(N=1722).<br>The study explores the<br>appropriateness of a particular<br>theoretical framework – 'Problem<br>Behaviour Theory' to account for<br>variation in problem behaviour<br>among adolescents in informal<br>settlements around a large,<br>rapidly urbanising city in sub-<br>Saharan Africa. | Adolescent involvement in 'problem<br>behaviours' such as delinquency,<br>tobacco use, alcohol abuse, other<br>illicit drug use, early sexual<br>intercourse, aggression, or risky<br>driving, can compromise health,<br>development, and successful<br>transitions to adulthood.<br>Females were significantly less likely<br>to be involved in multiple problem<br>behaviours. However, being male,<br>and living alone or with neither<br>biological parent, were both<br>associated with an increase in<br>problem behaviour. | Observed differences in adolescent<br>problem behaviours due to<br>differences in parental living<br>arrangements highlight the<br>importance of having parental<br>monitoring and support, and<br>limiting the effects of parental<br>deprivation in these urban<br>communities where other family-<br>related social networks may not be<br>available to young adolescents.<br>Problem behaviours can, of course,<br>be influenced by many social–<br>structural factors that the current<br>study was unable to measure such<br>as limited opportunity, corruption,<br>poor schooling and teacher<br>absenteeism, community<br>disorganisation, and other social<br>and environmental factors. | Possible bias in<br>responses:<br>socially- and<br>culturally-<br>desirable<br>responding. |



| Author(s)/<br>Publication   | Country/ Key<br>words   | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes  |
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| Pilger, Daniel;<br>Heukelbach, Jorg;<br>Khakban, Adak;<br>Oliveira, Fabiola<br>Araujo; Fengler,<br>Gernot and<br>Feldmeier, Hermann<br>(2010) 'Household-<br>wide Ivermectin<br>Treatment for Head<br>Lice in an<br>Impoverished<br>community:<br>Randomised<br>Observer-blinded<br>Controlled Trial',<br><i>Bulletin of the World</i><br><i>Health Organisation</i> ,<br>88:2, 90-6. | Brazil<br>Favela (slum)<br>Fortaleza<br>Health<br>Head lice<br>5-15 year olds | The sample consisted of 132<br>children without head lice<br>who lived in a slum in north-<br>eastern Brazil.<br>Randomisation of the<br>households of the study<br>participants into an<br>intervention and a control<br>group and prospectively<br>calculated the incidence of<br>infestation with head lice<br>among the children in each<br>group. In the intervention<br>group, all of the children's<br>family members who lived in<br>the household were treated<br>with Ivermectin; in the<br>control group, no family<br>member was treated. | Children in the intervention group<br>remained free from infestation with<br>head lice significantly longer than<br>children in the control group. The<br>median infestation-free period in the<br>intervention group was 24 days<br>(interquartile range, IQR: 11– 45), as<br>compared with 14 days (IQR: 11–25) in<br>the control group (P = 0.01). Household-<br>wide treatment with Ivermectin proved<br>significantly more effective among boys<br>than among girls (P = 0.005). After<br>treatment, the estimated number of<br>annual episodes of head lice infestation<br>was reduced from 19 to 14 in girls and<br>from 15 to 5 in boys.<br>Female sex and extreme poverty were<br>independent risk factors associated with<br>a shortened disease-free period. Across<br>countries and cultures, girls are more<br>susceptible to head lice infestation,<br>primarily due to gender related<br>differences in social behaviour. In this<br>study girls benefited less than boys from<br>household-wide treatment. | In an impoverished community,<br>girls and the poorest of the poor<br>are the most vulnerable to head<br>lice infestation. To decrease the<br>number of head lice episodes per<br>unit of time, control measures<br>should include the treatment of all<br>household members. Mass<br>treatment with Ivermectin may<br>reduce the incidence of head lice<br>infestation and associated<br>morbidity in resource-poor<br>communities. | It is unclear why<br>girls benefit less<br>from treatment. |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives  | Findings  | Explanation/ Policy suggestions   | Notes   |
|---|--|---|---|---|---|
| Rani, Alka; Sharma,<br>Manoj Kumar and<br>Singh, Amarjeet<br>(2016) 'Practices and<br>Perceptions of<br>Adolescent Girls<br>Regarding the Impact<br>of Dysmenorrhea on<br>Their Routine Life: A<br>Comparative Study in<br>the Urban, Rural, and<br>Slum Areas of<br>Chandigarh',<br>International Journal<br>of Adolescent<br>Medicine and Health,<br>28:1, 3-9. | India<br>Slum<br>Chandigarh<br>Health<br>Menstruation<br>pain<br>11-18 year old<br>girls | Study aims: to estimate the<br>prevalence and compare the<br>impact of Dysmenorrhea on<br>routine life among adolescent<br>girls; to compare the<br>perceptions and practices<br>associated with<br>Dysmenorrhea.<br>A cross-sectional study was<br>conducted in urban, rural<br>and slum areas of Chandigarh,<br>India. As many as 300 girls in<br>the 11-18 year age group who<br>had experienced menarche,<br>were included in the study. A<br>questionnaire was used. | Prevalence of Dysmenorrhea was<br>61.33%. Sickness or absenteeism due to<br>Dysmenorrhea was reported by 24.45%<br>of girls.<br>Most common symptoms experienced<br>during menstruation were stomach<br>aches (reported by 139 girls) backache<br>(107) and general body pain (80). Only<br>11.63% of the girls ever visited physician<br>due to pain during menstruation and 71<br>girls said they skipped meals.<br>Due to a lack of knowledge of pain<br>management practices many girls'<br>school attendance decreased during<br>menstruation. | Formal as well as informal channels<br>of communication, such as mothers<br>and peers, need to be targeted for<br>the delivery of such information,<br>particularly linking instructions on<br>menstrual hygiene to an expanded<br>programme of health education in<br>schools. | No access to full<br>article.<br>No analysis<br>focusing on 10-14<br>year olds. |



| Author(s)/<br>Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes            |
|--|--|---|---|--|------------------|
| Santhya, K.G. and<br>Jejeebhoy, Shireen J.<br>(2015) 'Sexual and<br>Reproductive Health<br>and Rights of<br>Adolescent Girls:<br>Evidence from Low-<br>and Middle-income<br>Countries', Global<br>Public Health, 10:2,<br>189-221. | LMICs<br>Overview<br>Health<br>Sexual and<br>reproductive<br>health<br>15-19 year old<br>girls | This paper reviews the<br>evidence on sexual and<br>reproductive health (SRH) and<br>rights of adolescent girls<br>LMICs in light of the policy<br>and programme<br>commitments made at the<br>International Conference on<br>Population and Development<br>(ICPD).<br>The report analyses progress<br>since 1994, and maps<br>challenges in, and<br>opportunities for, protecting<br>young female adolescents'<br>health and human rights. | Findings indicate that many<br>countries have yet to make<br>significant progress in delaying<br>marriage and childbearing, reducing<br>unintended births, and narrowing<br>gender disparities which put girls at<br>risk of poor SRH outcomes.<br>Expanding health awareness or<br>enabling access to SRH services<br>advised.<br>While governments have reaffirmed<br>many commitments, policy<br>development and programme<br>implementation fall far short of<br>realising these commitments. | Future success requires: increased<br>political will and engagement of young<br>people in the formulation and<br>implementation of policies and<br>programmes; increased investments to<br>deliver at scale comprehensive sex<br>education and health services that are<br>approachable and non- judgemental;<br>safe spaces for programmes -<br>especially those working with<br>vulnerable girls; engaging families and<br>communities.<br>Stronger policy-making and<br>programming also require expanding<br>the evidence on adolescent health and<br>rights in LMICs for both younger and<br>older male and female adolescents. | Older age range. |



| A. Nejjari, C. and<br>Bekkali, R. (2015)6 regionsparental acceptability of<br>human papilloma virus (HPV)<br>vaccination for their<br>daughters in Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine was<br>acceptability of the HPV vaccine was<br>acceptability of the HPV vaccine was<br>and fathers of girls aged 12–<br>15 years at 12 middle schools<br>from six regions of Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine was<br>and fathers of girls aged 12–<br>15 years at 12 middle schools<br>from six regions of Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine was<br>and fathers of girls aged 12–<br>15 years at 12 middle schools<br>from six regions of Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine was<br>and fathers of girls aged 12–<br>15 years at 12 middle schools<br>from six regions of Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine was<br>and fathers of girls aged 12–<br>15 years at 12 middle schools<br>from six regions of Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine was<br>and fathers of girls aged 12–<br>15 years at 12 middle schools<br>from six regions of Morocco.warts and HPV infection,<br>acceptability of the HPV vaccine were living inacceptability of the HPV vaccine was<br>care against<br>ad fathers of girls aged 12–<br>predictors of parent's acceptance of<br>the HPV vaccine were living inacceptability of the HPV vaccine was<br>care against<br>ad fathers of girls aged 12–<br>predictors of parent's acceptance of<br>the HPV vaccine were living inacceptability of the HPV vaccine were<br>acceptance of<br>the HPV vaccine were living inacceptability of the HPV vaccine were<br>acceptance of<br>the HPV vaccine were living inacceptability of the HPV vaccine were<br>acceptability of the HPV vaccine were<br>acc | Author(s)/<br>Publication   | Country/ Key<br>words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions   | Notes   |
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| Health Journal, 21:8,       12-15 year old girls       12-15 year old living in urban areas (for fathers).         Fathers living in urban areas were more likely to accept the HPV vaccination than those living in suburban or rural areas.       suburban or rural areas.  | Selmouni, F.; Zidouh,<br>A. Nejjari, C. and<br>Bekkali, R. (2015)<br>'Acceptability of the<br>Human Papilloma<br>virus Vaccine Among<br>Moroccan Parents: A<br>Population- based<br>Cross- sectional<br>Study', <i>Eastern</i><br><i>Mediterranean</i><br><i>Health Journal</i> , 21:8, | Morocco<br>6 regions<br>Urban<br>Sub-urban<br>Rural<br>Health<br>Sexual health<br>HPV vaccination<br>12-15 year old | This study aimed to explore<br>parental acceptability of<br>human papilloma virus (HPV)<br>vaccination for their<br>daughters in Morocco.<br>A cross-sectional survey was<br>carried out among mothers<br>and fathers of girls aged 12–<br>15 years at 12 middle schools | Despite weak knowledge of genital<br>warts and HPV infection,<br>acceptability of the HPV vaccine was<br>77% among mothers and 69%<br>among fathers. Only 9% of mothers<br>and 7% of fathers were against<br>administration of the HPV vaccine to<br>their daughters.<br>Predictors of parent's acceptance of<br>the HPV vaccine were living in<br>precarious housing/slums and low<br>household income (for mothers) and<br>living in urban areas (for fathers).<br>Fathers living in urban areas were<br>more likely to accept the HPV<br>vaccination than those living in | Data about the public's awareness and<br>acceptability of the HPV vaccine are<br>lacking in the Eastern Mediterranean<br>Region.<br>These results will be useful for<br>preparing the introduction of the HPV<br>vaccine in health ministry | No mention of<br>slums.<br>No analysis on<br>the basis of |



| Author(s)/<br>Publication   | Country/ Key<br>words  | Methods/Objectives   | Findings  | Explanation/ Policy suggestions  | Notes  |
|---|--|--|---|--|--|
| Sharanya,<br>Thanapathy (2014)<br>'Reproductive Health<br>Status and Life Skills<br>of Adolescent Girls<br>Dwelling in Slums in<br>Chennai, India', <i>The</i><br><i>National Medical</i><br><i>Journal of India</i> ,<br>27:6, 305-10. | India<br>Chennai<br>Slums<br>Health<br>Reproductive<br>health<br>13-19 year old<br>girls | A cross-sectional study was<br>conducted among 130 slum-<br>dwelling adolescent girls,<br>aged 13- 19, using a<br>multistage sampling method<br>from five slums in Chennai,<br>south India.<br>Girls' reproductive and<br>menstrual morbidity and<br>personal and environmental<br>menstrual hygiene were<br>assessed to determine their<br>reproductive health- seeking<br>behaviour and life skills. | Ninety-five (73%) girls reported<br>menstrual morbidity and 66 (51%)<br>had symptoms suggestive of<br>reproductive/ urinary tract infection.<br>Of the girls surveyed, 55 (42%) were<br>married. Nearly 25% of the married<br>girls had a history of abortion and<br>18% had self- treated with<br>medications for the same.<br>Contraceptive use among ever-<br>married girls was 23%. Even though<br>75% of respondents knew about<br>HIV/ AIDS, their knowledge of<br>modes of transmission and<br>prevention were low (39% and 19%,<br>respectively). Almost 39% of<br>respondents reported shame or<br>insecurity as the key barrier for not<br>seeking reproductive healthcare.<br>Around 52% had low life skill levels.<br>Menstrual morbidity was high<br>among those with low life skills,<br>symptoms suggestive of<br>reproductive/ urinary tract infection<br>were high among those who were<br>married before 14 years of age. | Adolescent slum-dwelling girls are<br>vulnerable to poor reproductive<br>health due to lack of awareness about<br>reproductive health and limited life<br>skills.<br>Community-level life skill education,<br>sex education and behaviour change<br>communication for slum- dwelling<br>adolescents could be part of a more<br>effective adolescent reproductive and<br>sexual health programme. | No age- specific<br>analysis.<br>Access to abstract<br>only. |



| Author(s)/<br>Publication  | Country/ Key<br>words   | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions  | Notes  |
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| Somrongthong,<br>Ratana (2013)<br>'Depression Among<br>Adolescents: A Study<br>in a Bangkok Slum<br>Community',<br><i>Scandinavian Journal</i><br><i>of Caring Sciences</i> ,<br>27:2, 327-34. | Thailand<br>Bangkok<br>Slum<br>Klong Toey<br>Health<br>Mental health<br>Depression<br>12-22 year olds | Study aimed to assess the level of<br>depression and to describe the<br>relationship between depression<br>and quality of life (QoL) for<br>adolescents living in one of the<br>largest slum communities in<br>Bangkok.<br>Data from 871 adolescents in a<br>Bangkok slum community were<br>randomly collected by a survey<br>that utilised a socio-demographic<br>questionnaire, the Centre for<br>Epidemiologic Studies Depression<br>(CES-D) scale for measuring<br>depression, and the Thai version<br>of the World Health Organization<br>Quality of Life Brief (WHOQoL-<br>BREF)<br>assessment to measure quality of<br>life (i.e. perception of position in<br>life in the context of the culture<br>and value systems in which they<br>live and in relation to their goals,<br>expectations and concerns). | One-third of all respondents exhibited<br>depressive symptoms (34.9%): 26% of<br>adolescents indicated that they had a<br>'poor' quality of life.<br>Multiple regression analysis showed an<br>association between depression and<br>three factors: quality of life ( $p < 0.001$ ),<br>position in the family ( $p = 0.04$ ) and the<br>adolescent's place of origin ( $p = 0.02$ ).<br>Females were more likely than males to<br>have depressive symptoms (40.4%<br>27.6% respectively).For all stages of<br>adolescence combined, there were<br>strong statistically significant differences<br>in the distribution by gender and the<br>level of depression ( $p < 0.001$ ). Quality<br>of life and depression were found to be<br>significantly associated for both (and<br>each) genders ( $p < 0.001$ ). There was an<br>inverse correlation between the<br>presence of depressive symptoms and<br>the scores for quality of life; for<br>instance, the lower the presence of<br>depressive symptoms, the better the<br>score for quality of life. | Quality of life was found to be<br>the factor with the greatest<br>influence on the level of<br>depression.<br>Interventions for adolescent<br>depression may be more<br>effective if gender, age group<br>and family participation in the<br>adolescent's development are<br>considered in the planning.<br>Approaches should be multi-<br>disciplinary and broached<br>through a 'community<br>partnership' approach that<br>includes the participation of<br>parents of adolescents.<br>This is particularly relevant to<br>the Klong Toey slum, which is<br>characterised by limited<br>cooperation between<br>organisations resulting in<br>fragmentation and redundancy<br>of services. | No discussion of<br>gender<br>inequalities nor<br>how gender<br>socialisation may<br>encourage/<br>hinder<br>discussions about<br>mental health. |



| Author(s)/<br>Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings   | Explanation/ Policy<br>suggestions   | Notes                               |
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| Srivastava, Anurag;<br>Mahmood, Syed E.;<br>Srivastava, Payal M.;<br>Shrotriya, Ved P. and<br>Kumar, Bhushan<br>(2012) 'Nutritional<br>Status of School-age<br>Children - A Scenario<br>of Urban Slums in<br>India', Archives of<br>Public Health, 70:1,<br>8. | India<br>Uttar Pradesh<br>Bareilly Slums<br>Health<br>Nutritional status<br>5-15 year olds | A cross-sectional study,<br>which explored nutritional<br>status in school-age slum-<br>dwelling children and<br>analysed factors associated<br>with malnutrition using a<br>pre- designed and pre-<br>tested questionnaire,<br>anthropometric<br>measurements and clinical<br>examinations from<br>December 2010 to April<br>2011 in urban slums of<br>Bareilly, Uttar-Pradesh,<br>India.<br>All children aged 5-15 years<br>from these slums were<br>examined.<br>A total of 512 children (297<br>boys and 215 girls) were<br>interviewed and examined. | Most of the school-age slum- dwelling children in<br>the study had poor nutritional status. No<br>significant association was found between gender<br>and nutritional status of children.<br>The mean height and weight of boys and girls in<br>the study group was lower than CDC 2000 (Centres<br>for Disease Control and Prevention) standards in all<br>age groups.<br>Regarding nutritional status, prevalence of stunting<br>and underweight was highest in the 11-13 year age<br>group whereas prevalence of wasting was highest<br>in the 5-7 year age group. Except refractive errors,<br>all illnesses are more common among girls, but this<br>gender difference is statistically significant only for<br>anaemia and rickets. The risk of malnutrition was<br>significantly higher among children living in joint<br>families, children whose mother's education was<br>low and children with working mothers. Girls were<br>more underweight than boys and this was<br>attributed to gender bias and parental preferences<br>for male children. | Interventions such as<br>skills-based nutrition<br>education, fortification of<br>food items, effective<br>infection control, training<br>of public healthcare<br>workers and delivery of<br>integrated programmes<br>are recommended.<br>The results highlighted a<br>higher prevalence of<br>malnutrition among<br>younger children<br>suggesting younger age<br>groups should be targeted<br>for nutritional surveillance<br>and associated<br>interventions. | No results for 10-<br>14 age group. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives  | Findings   | Explanation/ Policy<br>suggestions   | Notes  |
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| Swahn, Monica H.;<br>Braunstein, Sarah and<br>Rogers, Kasirye U. (2014)<br>'Demographic and<br>Psychosocial<br>Characteristics of Mobile<br>Phone Ownership and<br>Usage Among Youth Living<br>in the Slums of Kampala,<br>Uganda', The Western<br>Journal of Emergency<br>Medicine, 15:5, 600-3. | Uganda<br>Kampala<br>Slums<br>Street children<br>Health Behaviour<br>14-24 years old | In sub-Saharan Africa, there appears to<br>be a dramatic increase in mobile phone<br>ownership. The purpose of this study is<br>to determine the prevalence and<br>correlates of mobile phone owner- ship<br>and use among difficult-to-reach youth.<br>Conducted in May and June of 2011 to<br>quantify and describe high-risk<br>behaviours and exposure in a<br>'convenience sample' of urban youth<br>(N=457) living on the streets or in slums,<br>14-24 years of age, who were<br>participating in a Uganda Youth<br>Development Link drop-in centre for<br>disadvantaged street youth. Chi-square<br>analyses were computed to determine<br>associations between mobile phone<br>ownership and usage and demographic<br>and psychosocial correlates. | Overall, 46.9% of youth<br>reported owning a mobile<br>phone and ownership did not<br>vary by sex, but was more<br>common among youth older<br>than 18 years of age. Mobile<br>phone ownership was also<br>more common among those<br>who reported 'taking care of<br>themselves' at night, current<br>drug use and those who<br>traded sex for money, food or<br>other items. | The findings indicate that<br>research using mobile<br>phones may be both<br>feasible and desirable with<br>hard-to-reach populations<br>living in slums as well as<br>those who use drugs or<br>are engaged in<br>commercial sex.<br>Moreover, mobile phones<br>may also be suitable for<br>injury-specific research. | Age range is 14<br>and over.<br>No gender<br>analysis. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions  | Notes                       |
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| Wadgave, Hanmanta V.;<br>Jatti, Gajanan M. and<br>Ahankari, Shashikant<br>(2014) 'Menstrual<br>Problems in Adolescent<br>Girls of Slum Areas', Indian<br>Journal of Public Health<br>Research and<br>Development, 5:1, 69-71. | India<br>Solapur<br>Urban slums<br>Health<br>Menstrual problems<br>Young girls | In this community-based cross-<br>sectional study, 400 adolescent<br>girls were interviewed from ten<br>urban slums within the Solapur<br>Municipal Corporation area, India.<br>Menstrual problems are highly<br>prevalent in adolescent girls.<br>Study focused on menstrual<br>problems in adolescent girls and<br>their variation with the age. | The average age of the participant<br>was 16 years. 302 (75.5%) of the<br>girls in the study had either one or<br>more menstrual problem. The most<br>common menstrual problem was<br>dysmenorrhea (45%), followed by<br>oligo menorrhea (15.25%),<br>menorrhagia (13.75%) and poly<br>menorrhea (8.25%).<br>Prevalence of dysmenorrhea and<br>oligo menorrhea was greater in the<br>higher age group while<br>menorrhagia and poly menorrhea<br>decreased with older age.<br>Menstrual problems in general<br>became significantly less as the age<br>of the adolescents advanced. | The significant number of<br>adolescent girls reporting<br>different types of<br>menstrual problems<br>indicates a need to<br>formulate appropriate<br>counselling and<br>management<br>plans/polices to address<br>these issues. | Access to abstract<br>only. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy suggestions  | Notes   |
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| Watson-Jones, Deborah;<br>Mugo, Nelly; Lees,<br>Shelley; Mathai, Muthoni;<br>Vusha, Sophie; Ndirangu<br>Gathari and Ross, David A.<br>(2015) 'Access and<br>Attitudes to HPV<br>Vaccination Amongst<br>Hard-To- Reach<br>Populations in Kenya',<br><i>PLOS ONE</i> , 10:6.<br><u>http://journals.plos.o</u><br>rg/plosone/article?id=10.1<br><u>371/journal.pone.0123701</u><br>(accessed 15 November<br>2016) | Kenya<br>Rural<br>Kajiado County<br>Urban Nairobi Slum<br>Korogocho<br>Health<br>Sexual health<br>HPV vaccines | Human papillomavirus<br>vaccination (HPV)<br>programmes to prevent the<br>incidence of cervical cancer<br>need to reach vulnerable<br>girls.<br>A situation assessment was<br>conducted to assess<br>community services in<br>Maasai nomadic pastoralist<br>communities in Kajiado<br>County and in urban<br>Korogocho informal<br>settlement, Nairobi,<br>followed by focus group<br>discussions (FGDs) (n=14)<br>with community and<br>religious leaders, teachers,<br>parents, girls aged 11–13<br>and boys aged 13–17, and<br>interviews (n=28) with<br>health workers, parents,<br>youth, and community and<br>religious leaders. | Absenteeism rates for<br>female pupils ranged<br>between 1 and 25% daily.<br>Reasons for female<br>absenteeism and school<br>drop- out cited in FGDs and<br>interviews included girls<br>being expected to<br>contribute to household<br>income and to provide food<br>for themselves and their<br>younger siblings. In<br>Korogocho slum, other<br>reasons included parental<br>pressure for girls to sell<br>alcohol and drugs, violence<br>at home, or because girls<br>were begging or engaging in<br>sex work. In the pastoralist<br>Kajiado County, pregnancy<br>and early marriage were<br>reported as key reasons for<br>leaving school as it was<br>considered culturally<br>unacceptable for girls to<br>restart school following<br>these life events. | Given the high level of support for a<br>vaccine against cervical cancer and the<br>experience of reaching pastoralist and<br>slum- dwellers for other immunisations,<br>implementing an HPV vaccine<br>programme should be feasible in such<br>hard-to-reach communities. It may<br>require additional delivery strategies in<br>addition to the standard school-based<br>delivery, with the vaccine offered at<br>multiple venues, potentially through a<br>campaign approach. The vaccine should<br>be offered to girls as young as possible<br>(9–10 years).<br>Potential barriers to successful<br>implementation of the vaccination<br>programme: illiteracy, lack of access to<br>information; low parental support,<br>religious beliefs, negative peer<br>influences, lack of incentives, fear of<br>being asked private questions, being<br>pregnant, menstruating at the time of<br>vaccination, balancing household<br>chores, ignorance, Engagement in<br>sexual activity, being sick at the time of<br>vaccination, migration. | No specific<br>analysis of<br>responses by<br>gender. |



#### Research Evidence: WASH

| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions   | Notes             |
|---|--|---|---|---|-------------------|
| Abrahams, Naeemah;<br>Mathews, Shanaaz and<br>Ramela, Petunia (2006)<br>'Intersections of<br>"Sanitation, Sexual<br>Coercion and Girls' Safety<br>in schools"', Tropical<br>Medicine and<br>International Health, 11:5,<br>751–6. | South Africa<br>Townships WASH<br>Toilets in schools<br>Girls over 16 years<br>old | Study explored the<br>intersections of sanitation,<br>sexual coercion and girls'<br>safety in schools in South<br>Africa through focus<br>groups (n= 81 across three<br>focus groups).<br>Three public high schools<br>participated: two schools<br>in an urban area and the<br>third in a semi-rural area.<br>Students came from the<br>surrounding townships.<br>The study was conducted<br>between October 2002<br>and February 2003 | Toilets had inadequate or no<br>sanitation and lacked the capacity<br>to serve the menstrual needs of<br>females.<br>Both their use and avoidance<br>were risky for female students<br>and discouraged hygienic<br>practices.<br>Experience of sexual violence<br>from male students and teachers<br>was a major issue, but unrelated<br>to school toilets. Male teachers<br>used various strategies and<br>opportunities to gain sexual<br>access to the girls and previous<br>experience of victimization<br>prevented the girls from<br>reporting these acts.<br>However, girls also reported that<br>toilets were unsafe during class<br>time because of boys and gangs<br>who hid in them. | The results highlight the need to<br>reduce the incidence of harassment.<br>Solutions: Girls to assist in the<br>maintenance of toilet hygiene as well<br>as to promote respect and dignity<br>among students and teachers.<br>At one school, students wanted a<br>balustrade separating girls from boys<br>at the tuck shop queue to address<br>the sexual harassment.<br>School management can also be<br>supported in initiating disciplinary<br>procedures against sexual<br>harassment from boys and male<br>teachers. | Out of age range. |



| Author(s)/ Publication  | Country/ Key<br>words  | Methods/Objectives   | Findings   | Explanation/ Policy suggestions   | Notes  |
|---|--|--|--|---|--|
| Brookes, Heather and<br>Higson-Smith, Craig (2004)<br>'Responses to Gender-<br>based Violence Against Girls<br>in Schools', in Andrew<br>Dawes and Craig Higson-<br>Smith (eds) <i>Sexual Abuse of</i><br><i>Young Children in Southern</i><br><i>Africa</i> , (Pretoria: Human<br>Sciences Research Council),<br>110–29. | South Africa<br>Urban Townships<br>Rural areas<br>WASH<br>School Toilets<br>Violence<br>Girls school<br>attendance | This work merged data from two<br>qualitative studies:<br>Qualitative study one: urban<br>townships in Gauteng, a rural<br>settlement in KwaZulu- Natal, Cape<br>Flats and a white urban township<br>Qualitative study two: 12 primary<br>schools in Kwa Zulu-Natal and<br>Gauteng provinces | Gender violence varied across<br>schools and could be<br>explained by schools'<br>understanding of, and<br>attitudes towards, gender<br>violence.<br>Both studies identified toilets<br>as important sites where<br>cases of sexual violence were<br>reported to have taken place. | Teacher monitoring of in-<br>school toilet blocks resulted in<br>a reduction of reported<br>instances of gendered violence. | Focuses more on<br>violence than<br>WASH.<br>No 10-14 age<br>group analysis. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives  | Findings   | Explanation/ Policy<br>suggestions   | Notes   |
|--|--|---|--|--|---|
| Gonsalves, Gregg S.;<br>Kaplan, Edward H. and<br>Paltiel, A. David (2015)<br>'Reducing Sexual Violence<br>by Increasing the Supply of<br>Toilets in Khayelitsha,<br>South Africa: A<br>Mathematical Model',<br>PLoS ONE, 10:4, e0122244.<br>http://journals.plos.o<br>rg/plosone/article?id=10.1<br>371/journal.pone.0122244<br>(accessed 15 November<br>2016) | South Africa<br>Khayelitsha<br>Urban township<br>WASH<br>Toilets | The study developed a<br>mathematical model<br>linking risk of sexual<br>assault to the number of<br>sanitation facilities and<br>the time women must<br>spend walking to a toilet.<br>Defined composite<br>societal cost function,<br>comprising both the<br>burden of sexual assault<br>and the costs of installing<br>and maintaining public<br>chemical toilets.<br>By expressing the total<br>social costs as a function<br>of the number of available<br>toilets, the authors were<br>able to identify an optimal<br>(i.e. cost-minimising)<br>social investment in toilet<br>facilities. | Major risk factors for sexual assault<br>include inadequate indoor sanitation<br>and the need to travel to outdoor<br>toilet facilities. The authors predicted<br>how increasing the number of toilets<br>in an urban township (Khayelitsha,<br>South Africa) could reduce both the<br>economic costs and the incidence and<br>social burden of sexual assault.<br>There are an estimated 5600 toilets in<br>Khayelitsha and concurrent 635 sexual<br>assaults resulting in US\$40 million of<br>combined social costs each year.<br>Increasing the number of toilets to<br>11300 would minimise total costs (to<br>\$35 million) and reduce the number of<br>sexual assaults to 446. Higher toilet<br>installation and maintenance costs<br>would be more than offset by lower<br>sexual assault costs. Probabilistic<br>sensitivity analysis showed that the<br>optimal number of toilets in the<br>township in over 80% of the 5000<br>iterations of the model. | Improving access to sanitation<br>facilities in urban settlements<br>will simultaneously reduce the<br>incidence of sexual assaults and<br>overall costs to society.<br>Since analysis ignores the many<br>additional health benefits of<br>improving sanitation in<br>resource- constrained urban<br>areas (e.g., potential reductions<br>in waterborne infectious<br>diseases), the optimal number<br>of toilets identified here should<br>be interpreted as conservative. | Not specifically<br>focused on 10-14<br>year old girls. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy<br>suggestions   | Notes                     |
|---|---|---|--|--|---------------------------|
| Lusambili, Adelaide (2011)<br>"It is our Dirty Little<br>Secret": An Ethnographic<br>Study of the Flying Toilets<br>in Kibera Slums, Nairobi',<br>STEPS Working Paper 44,<br>(Brighton: STEPS Centre)<br><u>http://steps-</u><br><u>centre.org/wp-</u><br><u>content/uploads/Flyi</u><br><u>ng_Toilets1.pdf</u> (accessed<br>1 November 2016) | Kenya<br>Nairobi<br>Slum<br>Kiberia<br>WASH<br>Toilets  | Community-based<br>organisation toilets were<br>funded by UNICEF and<br>other non-governmental<br>organisations.<br>These toilets were clean<br>and had separate facilities<br>for children, women, and<br>men. But these facilities<br>were few and far between<br>and they remained locked<br>during the day and were<br>inaccessible at night. | Toilets are few and expensive with no<br>free land for expansion. As poverty<br>imposes competing needs, poor<br>Kiberians choose to buy water rather<br>than paying for toilets as they have the<br>option of using 'flying toilets,' wherein<br>residents relieve themselves in a<br>polythene bag and throw it into the<br>street or in front of a neighbouring<br>house who does the same until the<br>bag reaches a drainage canal already<br>full of garbage. Some people throw<br>the bags onto their own tin roofs, later<br>collecting the rainwater that runs off. | Pre-teen children feared falling<br>inside pit latrines because most<br>of the toilets were not designed<br>for their use. Children falling<br>into pit latrines is common, and<br>many respondents complained<br>about the dangerous situation.<br>'Flying toilets' are dirty and<br>unhygienic, yet for the majority<br>of slum-dwellers, serve as a<br>practical 'solution' to the<br>challenges of human waste<br>disposal under conditions of<br>inadequate infrastructure. | No age group<br>analysis. |
| Mitchell, Claudia (2006)<br>'Geographies of Danger:<br>School Toilets in sub-<br>Saharan Africa', in Olga<br>Gershenson and Barbara<br>Penner (eds) Ladies and<br>Gents (Philadelphia:<br>Temple University Press),<br>62–74.   | South African<br>township<br>Butare, Rwanda<br>Mbabane, Swaziland<br>WASH<br>Toilets School girls | Schoolgirls in townships in<br>South Africa, just outside<br>of Butare, Rwanda and in<br>Mbabane, Swaziland, were<br>asked to identify safe and<br>unsafe spaces in their<br>school environments.   | Girls in all three contexts identified<br>toilets as sites of anxiety and fear, and<br>locations where boys and men might<br>bully them, or harass and sexually<br>assault them.<br>Girls' lower social status is represented<br>by their access to and issues with toilet<br>facilities.  | 'Toilet audits' were suggested<br>as one way to better<br>understand whether in-school<br>sanitation facilities were<br>potential sites of violence for<br>girls.  | Ages unclear.             |



| Author(s)/ Publication   | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes   |
|--|---|---|--|--|---|
| Nallari, Anupama (2015)<br>"All We<br>Want Are Toilets Inside<br>Our Homes!": The Critical<br>Role of Sanitation in the<br>Lives of Urban Poor<br>Adolescent Girls in<br>Bengaluru, India',<br>Environment and<br>Urbanization, 27:1, 73-88. | India<br>Bengaluru<br>Slum<br>WASH<br>Toilets Girls   | Qualitative study on how a<br>lack of access to adequate<br>sanitation facilities affects<br>the lives of adolescent girls<br>in urban poor India. Study<br>draws specifically on the<br>experiences of four girls,<br>each living in one of four<br>settlements in Bengaluru,<br>India, as well as<br>conversations with a larger<br>group of girls. | Findings revealed that where<br>sanitation facilities are sorely<br>lacking, adolescent girls face<br>many deprivations (education,<br>free time, privacy and<br>independent mobility) and risks<br>(sexual harassment and assault,<br>health risks, etc.), and that this<br>inadequacy can be a structural<br>pathway for cyclical gender-<br>based disempowerment and<br>injustice.  | Girls enter their adolescent years<br>with a number of restrictions that<br>limit their capacity to fend for<br>themselves. Especially in poor<br>settlements, the lack of attention<br>to sanitation services can further<br>compromise their lives by depriving<br>them of education, self-confidence<br>and a healthy life, in effect<br>reinforcing and perpetuating their<br>gendered exclusion.  | Ages unclear.<br>Very small<br>sample.            |
| Netsayi, Noris Mudege<br>and Zulu, Eliya Msiyaphazi<br>(2011) 'Discourses of<br>Illegality and Exclusion:<br>When WateraAccess<br>Matters', Global Public<br>Health, 6:3, 221-33.  | Kenya<br>Nairobi<br>Korogocho<br>Viwandani<br>Slum WASH<br>Water access<br>All ages including 12-<br>14 year olds | This paper examines the<br>politics and underlying<br>discourses of water<br>provisioning and how<br>residents of Korogocho and<br>Viwandani slum settlements<br>cope with challenges<br>relating to water access.<br>Qualitative data drawn from<br>36 focus group discussions<br>(FGDs) with slum residents.  | Water problems have less to do<br>with provisioning and more to do<br>with unequal distribution and<br>marginalisation of slum areas in<br>urban development plans.<br>Poor water management, lack of<br>equity-based policies and<br>programmes, and other slum-<br>specific features such as land-<br>tenure systems and insecurity<br>exacerbate water-supply<br>problems in slums. | Water supply in slumcommunities<br>can only improve with the direct<br>and active involvement of<br>governments in infrastructural<br>development and oversight of the<br>water-supply actors.<br>Innovative public-private<br>partnerships in water provision and<br>the harnessing of existing<br>community efforts to improve the<br>water supply would go a long way<br>towards improving the water<br>supply for rapidly growing urban<br>poor populations in Africa. | FGDs included<br>some 12 year old<br>respondents. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes   |
|--|--|---|---|--|---|
| Sommer, Marni;<br>Ferron, Suzanne; Cavill,<br>Sue and House, Sarah<br>(2015) 'Violence,<br>Gender and WASH:<br>Spurring Action on a<br>Complex, Under-<br>documented and<br>Sensitive Topic',<br>Environment and<br>Urbanization, 27:1,<br>105–16. | Overview of > 30<br>countries<br>Urban and peri-urban<br>Slums<br>Rural areas<br>WASH<br>Water<br>Sanitation<br>Access | Systematic search of 275<br>grey and peer- reviewed<br>literature including<br>reports, case studies,<br>and articles concerning<br>WASH and violence.<br>Meetings with 100<br>professionals also<br>contributed to the<br>toolkit by sharing their<br>experiences and<br>practices and reviewing<br>the toolkit. | Findings collated from a<br>wide range of anecdotal<br>and case study evidence,<br>including those identified<br>in this article from over 30<br>countries, as well as other<br>studies which have<br>attempted to quantify the<br>scale of the problem of<br>enhanced vulnerability to<br>violence experienced by<br>particular constituencies<br>when accessing water and<br>sanitation services. | Recommendations on how to reduce<br>vulnerabilities to violence in relation to WASH:<br>engaging girls and women in sanitation facility<br>design in schools and other locations (e.g.<br>refugee camps) in order to assure that they feel<br>safe using the end product; ensure that gender-<br>specific latrines and bathing facilities are located<br>at a distance agreed with users; adding strong<br>doors and locks; improving lighting in latrines;<br>where possible building family latrines or latrines<br>shared among a few families to reduce the<br>vulnerability to violence in using communal<br>latrines.<br>The physical or verbal fighting that occurs at<br>water collection points needs attention,<br>particularly on behalf of the children fetching<br>water for their families, as well as the issues of<br>domestic violence that women encounter if they<br>do not adequately meet the household water<br>needs as expected by their husbands. | No mention of<br>specific age<br>groups.<br>Case studies<br>provided. |



| Author(s)/ Publication   | Country/ Key words                           | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes  |
|--|--|---|--|--|--|
| Thompson, Jennifer A.;<br>Folifac, Fidelis and<br>Gaskin, Susan J. (2011)<br>'Fetching Water in the<br>Unholy Hours of the<br>Night: The Impacts of a<br>Water Crisis on Girls'<br>Sexual Health in Semi-<br>Urban Cameroon',<br><i>Girlhood Studies</i> , 4:2,<br>111–29. | Cameroon<br>Buea town<br>Semi- urban<br>WASH | A school competition<br>engaged youth and key<br>water sector<br>stakeholders in a<br>dialogue about the<br>water crisis in Buea<br>town. | Girls and women in some contexts must<br>travel long distances in search of water<br>sources, while in other contexts they<br>may wait until evening to seek out a<br>field or private place in order to relieve<br>themselves under the cover of darkness.<br>Girls described fearing having to fetch<br>water at night, reporting how the lack of<br>water forces them to travel farther away<br>and later into the evening to meet their<br>families' daily water requirements. This<br>in turn places them at increased risk of<br>sexual harassment, abuse and rape.<br>Girls described how vulnerability to<br>violence while accessing water creates<br>feelings of fear, anxiety and stress. | The vulnerability to violence<br>experienced by girls and women in<br>particular when working to meet<br>their and their households' daily<br>needs for water and sanitation, is a<br>significant and under- addressed<br>aspect of the global water and<br>sanitation challenge.<br>There needs to be better<br>documentation of the assault and<br>attack risks to girls and women<br>when they collect water. | Semi-urban.<br>Not age- specific.<br>Not slum-<br>specific.<br>No access to full<br>article. |



### Research Evidence: Violence

| Author(s)/ Publication   | Country/ Key words  | Methods/Objectives  | Findings  | Explanation<br>/ Policy | Notes                               |
|--|---|---|---|-------------------------|-------------------------------------|
| Austrian, Karen;<br>Muthengi, Eunice;<br>Riley, Taylor; Mumah,<br>Joyce; Kabiru, Caroline<br>and Abuya, Benta A.<br>(2015) Adolescent Girls<br>Initiative-Kenya<br>Baseline Report<br>(Nairobi: Population<br>Council)<br>http://www.popcoun<br>cil.org/uploads/pdfs/<br>2015PGY AGI-<br>K_BaselineReport.pdf<br>(accessed 1 November<br>2016) | Kenya<br>Rural Wajir<br>Urban<br>Kibera<br>Slum<br>Violence<br>Education<br>Sex<br>11-14 year old girls<br>The Adolescent Girls<br>Initiative- Kenya<br>(AGI-K)<br>Baseline study | <ul> <li>Baseline study for a two year<br/>programme with 11-14 year old<br/>girls.</li> <li>Kibera N= 2394 girls Wajir N= 2150<br/>girls</li> <li>Computer-Assisted Personal<br/>Interviewing (CAPI) using tablet<br/>computers.</li> <li>By building girls' assets through a<br/>combination of education, social,<br/>health, and economic interventions,<br/>there is potential to change their life<br/>course. The data generated from<br/>AGI-K baseline will help the<br/>programme understand the kinds of<br/>interventions that are best<br/>positioned to this effect.</li> </ul> | Education: One in four girls in Wajir and less than<br>1% of girls in Kibera have never attended school.<br>Around one-quarter of the girls in Wajir were in<br>the expected class relative to their age, compared<br>with 71% of girls in Kibera. In Kibera, older girls<br>were more likely to be behind in their schooling,<br>indicating that progression through grades might<br>also be poor. Sex: 2% of girls in both samples<br>were sexually active. Finance: Over 40% of girls in<br>Kibera had access to cash which they spent on<br>their daily needs; fewer than 30% had any savings.<br>In Wajir, less than 1% of girls reported having<br>savings. Violence: equal proportions of young girls<br>in both Kibera and Wajir agreed that 'a husband is<br>justified in beating a wife'. A higher proportion of<br>girls in Wajir agreed with reasons such as 'going<br>out without telling him', 'refusing to have sexual<br>intercourse' and 'burning food'. | N/A                     | Baseline study for<br>intervention. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives   | Findings  | Explanation/ Policy suggestions  | Notes                            |
|---|---|--|---|--|----------------------------------|
| Bruce, Judith (2011)<br>Violence Against<br>Adolescent Girls: A<br>Fundamental<br>Challenge to<br>Meaningful Equality<br>(New York: Population<br>Council)<br>(http://www.popcoun<br>cil.org/uploads/pdfs/<br>2012PGY_GirlsFirst_Vio<br>lence.pdf (accessed 1<br>November 2016) | Sub-Saharan Africa<br>Asia<br>Research overview<br>Violence<br>Adolescent girls | Mapping of research<br>evidence and<br>programmes which aim<br>to reduce violence<br>against adolescent girls. | Mapped girls experience of<br>violence according to country<br>and how violence impedes girls'<br>access to services.<br>Publication highlighted data<br>from regions with a high<br>proportion of sexual assaults<br>among girls, as well as sub-<br>national hotspots for child<br>marriage and large differences<br>between partner ages<br>(indicative of intergenerational<br>sexual relationships). | Recommendations:<br>Devote more resources to building<br>'protective assets' of girls identified as most<br>risk by, for example, building the<br>professional skills of established authority<br>figures or working with potential<br>perpetrator populations; use girls'<br>knowledge to design prevention, mitigation,<br>reporting procedures, and treatment<br>programmes; create regularly available<br>platforms and spaces for girls, particularly<br>those at the highest risk of exploitation;<br>anchor programmes with girls as the core<br>client: Reach out to others selectively and<br>based on girls' assessments; protect girls as<br>they seek justice. | Rich source of data/ statistics. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy suggestions   | Notes                                      |
|---|--|--|---|---|--|
| Kenworthy, Nora J.;<br>Diers, Judith; Swan,<br>Nick and Devnarain,<br>Bashi (2015) 'The<br>Shrinking World of<br>Girls at Puberty:<br>Violence and Gender-<br>divergent Access to | South Africa<br>Urban township<br>Rural community<br>Violence<br>Public spaces<br>Adolescent boys and<br>girls | This study explores the<br>relationship between<br>perceived violence and<br>adolescent access to the<br>public sphere according to<br>sex, school grade and<br>urban-rural residence.<br>Participatory mapping was<br>undertaken with single-<br>sex groups of grade 5 and<br>grade 8–9 children in<br>KwaZulu- Natal. The study<br>was conducted in one<br>urban township and one<br>rural community.<br>Students in one primary<br>and one secondary school<br>in each area participated,<br>resulting in four groups<br>per community: grade 5<br>girls, grade 5 boys, grade<br>8–9 girls and grade 8–9<br>boys. | Relative to grade 5 students, wide<br>gender divergence in access to the<br>public sphere was found at grade 8–9.<br>Girls' interaction with public spaces<br>were seen to 'shrink' with puberty,<br>while that of boys' expanded. At grade<br>5, female- defined community areas<br>were equal or larger in size than those<br>of males. Community area mapped by<br>urban grade 8–9 girls, however, was<br>only one- third that of male<br>classmates and two-fifths that of<br>grade 5 girls. Conversely, community<br>area mapped by grade 8–9 boys was<br>twice that of grade 5 boys. Similar<br>differences emerged in the rural site.<br>No female group rated a community<br>space as more than 'somewhat safe'.<br>Although curtailed spatial access is<br>intended to protect girls, grade 8–9<br>girls reported most places in their<br>small navigable areas as very unsafe.<br>Expanded geographies of grade 8–9<br>boys contained a mix of safe and<br>unsafe places. | Reducing girls' access to the public<br>sphere does not increase their<br>perceived safety, but may instead<br>limit their access to opportunities<br>for human development. The<br>findings emphasise the need for<br>better violence prevention<br>programming for young<br>adolescents.<br>South Africa is one of the few<br>countries in sub-Saharan Africa<br>where violence exerts a higher toll<br>on adolescents than do transport<br>accidents. According to South<br>Africa's National Injury Mortality<br>Surveillance System, the leading<br>cause of death among 10–19-year-<br>olds in 2008 (the most recent year<br>available) was violence (36%),<br>followed by transport accidents<br>(30%), non- transport accidents<br>(15%) and suicide (13%), with the<br>remaining causes undetermined<br>(6%) | Innovative<br>methods.<br>Gender analysis. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions  | Notes  |
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| Khan, Fatima (2015)<br>'Combating Sexual<br>Violence Using<br>Community- based<br>Intervention Tools in<br>Informal Settlements',<br><i>Agenda</i> , 29:3, 128-33. | Kenya<br>Nairobi<br>Slums<br>Sexual violence tool<br>kit<br>Adolescent girls | This article explores<br>how a toolkit can be<br>used as an<br>intervention-based<br>strategy by listening to<br>girls when developing<br>innovative solutions to<br>the challenges they<br>face in adverse<br>settings. | Girls' safety and security is often<br>compromised in homes and neighbourhoods<br>which experience high rates of poverty and<br>limited economic and social opportunities.<br>In informal settlements, girls' health and<br>wellbeing is threatened due to risks of<br>domestic abuse and/or sexual violence.<br>The toolkit promotes the use of arts-based<br>methodologies (particularly drawings, photo<br>voice, and mapping) as effective and valuable<br>research approaches which provide routinely<br>ignored and silenced girls with a platform for<br>articulating their concerns. | The toolkit highlights several<br>methods for engaging different<br>grassroots stakeholders in<br>developing girl-led<br>recommendations for<br>policymakers, organisations,<br>and government officials in<br>order to combat sexual<br>violence in slums.<br>Formal, informal and special<br>education programmes may<br>help to educate adolescent<br>girls on reproductive health<br>issues. | No specific 10-14<br>age analysis.<br>Arts-based<br>methods. |



| Author(s)/ Publication  | Country/ Key<br>words   | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes  |
|---|---|---|--|--|--|
| Author(s)/ Publication<br>Travers, Kathryn; Ranganath,<br>Maya and Alana Livesey<br>(2013) Adolescent Girls' Views<br>on Safety in Cities - Findings<br>from the Because I am a Girl:<br>Urban Programme Study in<br>Cairo, Delhi, Hanoi, Kampala<br>and Lima (Woking: Plan<br>International)<br><u>http://violence-</u><br>wash.lboro.ac.uk/vg<br>w/Supporting-<br>documents/VGW-4- Good-<br>practice- Safety-Audits/TS4-<br>C-2-A-Plan-BIAAG-WICI-<br>Habitat- Adolescent-girls-<br>views-on-safety-in- cities-<br>2013.pdf (accessed 1<br>November 2016) | words<br>Cairo<br>Delhi<br>Hanoi<br>Kampala<br>Lima<br>Violence<br>Safety<br>11-23 year<br>olds | A five-country<br>qualitative study with<br>girls and women from<br>11-23 years of age,<br>which is part of the<br>'Because I am a Girl<br>Urban Programme'.<br>Methodology:<br>interviews, social<br>cartography and girls'<br>'safety walks' – a walk<br>performed by the girl<br>participants in their city<br>as a means of<br>identifying factors that<br>made them feel safe<br>and unsafe. | <ul> <li>In Delhi, only 3% of girls reported always feeling 'safe' when using public transport. Girls identified issues in the built environment including street lighting, lack of proper public toilets, and garbage on the roads as affecting their feelings of safety. The issue of clean and accessible public toilets was especially important to them.</li> <li>In Kampala, adolescent girls expressed a general sense of exclusion from public space; 80% reported feeling 'very unsafe' or 'unsafe' in public spaces, such as markets, roads and recreational centres due to high incidents of rape and theft.</li> <li>Lima was also perceived as a dangerous city where the respondents felt insecure to walk on the streets, and were greatly concerned with the high level of crime.</li> </ul> | Suggestions<br>Girls across the five cities<br>shared similar ideas on their<br>ideal city: access to emergency<br>services such as hospitals;<br>access to basic services: public<br>toilets, clean water; spaces for<br>play and leisure; road<br>infrastructure including traffic<br>lights and pavements;<br>markets and shopping areas;<br>schools; transit routes and bus<br>stations in their communities;<br>cleanliness and waste baskets<br>at every corner of the street;<br>organised housing (unlike the<br>slums in which they live);<br>religious institutions. | No specific age-<br>range.<br>Innovative<br>methods. |



### Research Evidence: Education

| Author(s)/ Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes             |
|---|--|---|---|--|-------------------|
| Abuya, Benta A. (2010)<br>Understanding Obstacles to<br>Educational Attainment:<br>Perspectives of Poor, Urban<br>Girls From Nairobi, Kenya<br>(Pennsylvania: The<br>Pennsylvania State University<br>Graduate School, College of<br>Education)<br>file:///C:/Users/Martina/Dow<br>nloads/Abuya_BentaDissertati<br>on Final.pdf (accessed 1<br>November 2016) | Kenya<br>Nairobi<br>Slum<br>Education<br>Adolescent<br>girls | Interviews conducted<br>with twenty school<br>girls, fourteen teachers<br>and ten girls who had<br>dropped out of school. | This study established that the social<br>construction of girls affected their<br>educational attainment, and also<br>affected the perceptions of others in<br>the community about girls, and how<br>girls viewed themselves. This added<br>to the risk of not performing well in<br>school.<br>Negative views of girls permeated<br>into families and influenced the<br>ways in which parents treated their<br>daughters.<br>The social construction and<br>associated negative attitudes<br>provided a fertile ground for sexual<br>harassment both in and out of<br>school.<br>For girls at school, the school<br>cushioned girls from negative events<br>in the households. | Girls reported feeling afraid (of sexual<br>harassment) as they walked to and from<br>school every day. The study identified<br>the consequences of sexual harassment<br>on girls, including to be risk of<br>contracting disease(s), reduced interest<br>in learning, and psychological effects.<br>From the perspective of school<br>dropouts, the study showed the<br>importance of financial resources and<br>counselling resources for continued<br>attendance of school. School lunch<br>programmes enabled girls to continue<br>coming to school. Other practical<br>suggestions for facilitating girls' school<br>attendance included working to tackle<br>sexual harassment in schools, a walking<br>school bus (whereby girls travel in<br>groups), implementation of sexual<br>offences act to cover sexual offences in<br>school, and provision of sanitary towels<br>for girls. | No specific ages. |



| Author(s)/ Publication  | Country/ Key<br>words                    | Methods/Objectives  | Findings  | Explanation/ Policy suggestions   | Notes                    |
|---|--|---|---|---|--------------------------|
| Mugisha, Frederick (2006)<br>'School Enrolment Among<br>Urban Non-slum, Slum and<br>Rural Children in Kenya: Is the<br>Urban Advantage Eroding?',<br><i>International Journal of</i><br><i>Educational Development</i> ,<br>26:5, 471-82. | Kenya<br>Nairobi<br>Slums<br>Adolescents | Data drawn from the<br>Kenyan Demographic<br>and Health Survey<br>(KDHS) for 1993, 1998<br>and 2003.<br>A comparison of<br>school enrolment in<br>Nairobi slums is done<br>using the KDHS-type<br>Nairobi Cross-<br>Sectional Slum Survey<br>for 2000.<br>Data from focus group<br>discussions collected in<br>the slums of Nairobi<br>provide the context for<br>discussion. | School enrolment is higher in<br>urban non-slum than in urban<br>slum areas, and is higher in<br>slums than in rural areas at<br>younger ages. However, this is<br>only true up to age 9 for<br>females and 11 for males, after<br>which school enrolment for<br>slum children declines at a<br>more pronounced than among<br>their rural counterparts.<br>The corresponding ages at<br>which school enrolment among<br>rural children begins to visibly<br>decline are 13 years for males<br>and 14 years for females. | Children living in slums face particular<br>challenges in terms of staying enrolled in<br>school, especially as they grow older, relative<br>to their rural counterparts. The paper<br>provides context-specific illustrations using<br>qualitative data to explore this issue.<br>Those concerned with provision and<br>expansion of education in urban slum areas<br>should be mindful of how these factors<br>(school quality, access to secondary school in<br>transition from primary school, living<br>conditions, vulnerability to coercion into risky<br>behaviours and child labour) serve to<br>undermine slum-dwelling children's<br>schooling efforts.<br>Further understanding and research into this<br>topic is necessary. | Urban-rural<br>analysis. |



| Author(s)/ Publication   | Country/ Key<br>words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes   |
|--|---|---|---|--|---|
| Nayak, Pallavi; Singh, Paya;<br>Tripathi Neeraj; Mishra, Akash<br>and Mishra, R.N. (2016)<br>'Determinants of School<br>Enrolment of Children in<br>Slums of Varanasi', <i>Indian</i><br><i>Journal of Community Health</i> ,<br>28:1, 71-7. | India<br>Varanasi<br>Slums<br>Education<br>School<br>enrolment<br>Mothers of<br>children aged<br>5-15 years | The data was collected<br>in 2011-12 from 15<br>randomly selected slums<br>(out of 227) in which a<br>total of 893 families<br>were contacted, and<br>mothers with children<br>aged 5-15 years<br>interviewed.<br>In addition to child<br>history on age, sex and<br>school enrolment, the<br>family background<br>characteristics were<br>recorded e.g. religion,<br>caste, and family size as<br>well as age, education<br>and occupation of both<br>mother and father. | A total of 31% of children aged 5-15 years were not<br>enrolled in school at the time of the survey. Nearly<br>half (45%) of children aged 5-7 irrespective of sex<br>had not been enrolled, while among those aged 8-<br>15 years, significantly more female (24%) than male<br>children (17%) had not been enrolled indicating a<br>higher proportion of educationally deprived girls.<br>Non-enrolment in schools of children aged 5-7 years<br>was affected by religion, education of father and<br>age and education of mother; while for children<br>aged 8-15 years caste/religion, family size and<br>education of both father and mother mattered.<br>Compared to Hindus, non- school enrolment was<br>much higher among Muslims in both child age<br>groups (44% in Hindus and 62% in Muslims for the<br>children of age group 5-7 years and 19% Hindus and<br>42% Muslims for the children of age group 8-15<br>years). Low school enrolment was observed in<br>families of relatively larger size and also correlated<br>with low literacy levels of parents. | Interventions are<br>needed to encourage<br>attitudinal changes<br>around schooling of<br>both male and female<br>children in slum<br>communities. | More research<br>needed to<br>explore the effect<br>of caste. |



| Author(s)/ Publication  | Country/ Key<br>words            | Methods/Objectives   | Findings   | Explanation/ Policy<br>suggestions   | Notes  |
|---|----------------------------------|--|--|--|--|
| Njie, Haddy; Manion, Caroline<br>and Badjie, Musukuta (2015)<br>'Girls' Familial Responsibilities<br>and Schooling in The Gambia',<br><i>International Education</i><br><i>Studies</i> , 8:10, 48-62. | The Gambia<br>Education<br>Girls | Study focuses on the<br>relationship between girls'<br>education and heavy<br>domestic workloads.<br>This is explored in relation not<br>only to academic performance<br>but also to the value that girls<br>assign to schooling at the<br>post- primary level, using a<br>qualitative, inductive<br>phenomenological- approach,<br>combined with a descriptive<br>survey. | Familial responsibilities can work against<br>the goal of gender equality in and through<br>formal education. Although access to girls'<br>schooling has improved in Gambia, there is<br>still a profound tension between the values<br>parents assign to female education and the<br>gender socialisation of girl children in<br>preparation for their socially expected<br>future roles as mothers and caretakers of<br>their families. Girls are allowed to attend<br>formal schooling, but they are expected to<br>'remain feminine' both within and outside<br>formal schooling spaces. Gender inequity in<br>this regard is especially acute at the<br>secondary school level. | Arguably, societal<br>pressure for girls to<br>subscribe to 'feminine'<br>norms has a negative<br>effect on their academic<br>performance and lasting<br>consequences on the<br>ways they construe their<br>opinions and values about<br>their gender roles, social<br>status and future<br>employment capabilities. | Not slum-<br>specific.<br>Age group is<br>unclear. |



| Author(s)/ Publication  | Country/ Key<br>words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions   | Notes                           |
|---|---|--|--|---|---------------------------------|
| Sen, Atreyee, (2011)<br>'Surviving Violence,<br>Contesting Victimhood:<br>Communal Politics and the<br>Creation of Child-Men in an<br>Urban Indian Slum, South<br>Asia', Journal of South Asian<br>Studies, 34:2, 276-97. | India<br>Hyderabad<br>Sultanpur<br>Slum Violence<br>9-14 year old<br>boys | This ethnographic study<br>explores the emergence<br>of violent child identity<br>politics in the urban<br>slum of Sultanpur in<br>Hyderabad, India, a<br>Muslim-dominated<br>ghetto in the northern<br>quarters of Hyderabad,<br>which has been marked<br>by decades of hostilities<br>between Hindus and<br>Muslims. | Muslim male children are frequenty humiliated<br>by ordinary passers-by and sometimes attacked<br>by rioting mobs.<br>To counter their victimhood and organise their<br>own retribution, sections of local boys in<br>Sultanpur, between 9 and 14 years of age,<br>coordinated themselves into child squads.<br>They patrolled the slum borders and common<br>public places, establishing disciplinary control<br>over fragile aspects of ghetto life. The male child<br>squads not only prevented members of other<br>communities from entering the slum, but also<br>monitored the movements of other residents,<br>often physically assaulting local women who<br>were caught having affairs with Hindu men. The<br>power, presence and practices of these child<br>squads upturned traditional structures of male<br>and female authority, contested conventional<br>notions of male childhood and sustained nascent<br>masculinities. | Children of Sultanpur<br>performed masculinities<br>not just to survive a fragile<br>male childhood, but also<br>to retain some enjoyable<br>aspects of it such as<br>playing football, flying<br>kites, or meeting friends<br>without the constant fear<br>of defeat or death. | Focus on 9-14<br>year old boys. |



| Author(s)/ Publication   | Country/ Key<br>words  | Methods/Objectives   | Findings   | Explanation/ Policy suggestions   | Notes                                  |
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| Unwin, Tim; Tan, Mel and<br>Pauso, Kat (2007) 'The<br>Potential of e- Learning to<br>Address the Needs of Out-of-<br>School Youth in the<br>Philippines', <i>Children's</i><br><i>Geographies</i> , 5:4, 443-62. | Philippines<br>Urban areas<br>Education<br>ICTs<br>Out-of- school<br>adolescents | Focus group discussions<br>(FGDs) designed to explore<br>the learning and skills-based<br>needs of out-of-school<br>youth in the Philippines,<br>with a particular focus on<br>their reasons for leaving<br>school, their current<br>activities and employment,<br>how they acquire skills and<br>knowledge, what they want<br>to learn about, their use of<br>Information and<br>Communication<br>Technologies (ICTs), and<br>their future employment<br>plans.<br>The context for the FGDs<br>was the development of a<br>programme of e- learning<br>through ICT Centres to be<br>delivered in support of the<br>country's 5 million out-of-<br>school youth. | The dominant explanation<br>for leaving school was<br>because of cost. Although<br>no fees are payable,<br>respondents said that they<br>still had to pay the cost of<br>travelling to school, for<br>books and materials, and<br>for special projects in<br>which they might get<br>involved.<br>Other reasons given for<br>leaving formal education<br>included illness, parental<br>unemployment,<br>pregnancy, parental<br>disagreements, and the<br>need to earn an income.<br>Several of the young males<br>mentioned that they were<br>'simply lazy', and others<br>said that they had become<br>involved in crime or<br>substance abuse. | <ul> <li>Recommendations:</li> <li>provide more resources for schools</li> <li>identify learning resources that will be of benefit to out-of-school youth as well as children living and working on the streets</li> <li>create relevant learning content that will enable those not in school to gain the expertise necessary for them to participate more fully in the societies in which they live</li> <li>adopt a cautious approach to the use of new ICTs in supporting the education of out- of-school youth</li> <li>involve users in the programme design such that it is not overly top-down and externally driven.</li> <li>Greater attention should be awarded to the gendered differences noted, with girls choosing to leave school, or being told to do so by their parents, for the benefit of their siblings, compared to boys who spoke of drifting away from school (suggesting a greater degree of personal choice and autonomous decision making.</li> </ul> | No specific age or<br>gender analysis. |



| Author(s)/ Publication  | Country/ Key<br>words   | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions  | Notes  |
|---|---|--|---|---|--|
| Bagchi, Subrata Sankar (2006)<br>'Child Labour in Kolkata',<br><i>Asian Anthropology</i> , 5:1, 131-<br>44. | India<br>Kolkata<br>Slums<br>Work<br>Child labour<br>5-14 year olds | Anthropological<br>research which aims to<br>increase<br>understanding of child<br>labour and its cultural<br>and familial<br>dimensions.<br>The sample comprised<br>boys (n=471) and girls<br>(n=426) who were<br>child labourers from<br>three areas in Kolkata. | Child labourers are engaged in hazardous and<br>strenuous informal employment that has<br>become less gainful over time. Among the<br>children interviewed and observed in this<br>research, just over half were 10–14 years old<br>and the rest were between 5–9 years old.<br>More than three- quarters of children in the<br>younger group and more than 90% of those<br>in the 10–14 year old group were child<br>labourers.<br>Nearly 80% of child labourers were either<br>non-literate or could sign their names only.<br>Less than one-tenth of those who were<br>literate were girls, and for both girls and<br>boys, the vast majority learned their letters in<br>non- formal school settings or outside of<br>schools entirely. Similarly, while more than<br>half the boys had spent between one and<br>three years in school, nearly all the girls had<br>not had any schooling at all. | The main reason children gave<br>for their families not sending<br>them to school was their<br>immediate family's need for<br>their financial contribution.<br>They also frequently mentioned<br>their families being unable to<br>afford the school fees, their<br>own need to make money for<br>survival, and less frequently,<br>the need to help in the family<br>business.<br>The study recognises that<br>marginalised child labour is<br>part of the informal economy<br>and continues to be driven by<br>globalisation. | No specific focus<br>on 10-<br>14 year olds. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives   | Findings   | Explanation/ Policy<br>suggestions  | Notes  |
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| Del Franco, Nicoletta<br>(2016) <i>Time to Look at</i><br><i>Girls: Adolescent Girls'</i><br><i>Migration in</i><br><i>Bangladesh</i> (Geneva:<br>Swiss Network for<br>international studies)<br><u>http://www.snis.c</u><br><u>h/system/files/research</u><br><u>report bangladesh 2</u><br><u>016.pd</u> f (accessed 1<br>November 2016) | Bangladesh<br>Dhaka<br>Bauniabandh<br>Bhola<br>Slums<br>Migration<br>Rural-urban<br>11-23 years old<br>females | This study was based<br>on questionnaires<br>and the life stories of<br>60 respondents, and<br>explored the<br>motivations<br>underpinning<br>adolescent girls'<br>rural-urban<br>migration. | In areas where migration for garment work<br>affects a great number of households, it is<br>becoming more socially acceptable for girls to<br>migrate independently. Migrant working girls<br>are regarded as an important resource for natal<br>households. Daughters' migration for work<br>means they are less likely to be married-off in<br>their early teens. Young women with failed<br>marriages may also migrate because<br>divorce/separation brings shame upon the girl<br>and her family and diminishes the chances of a<br>second marriage in the same area.<br>Some girls moved to Dhaka to escape difficult<br>family situations, such as conflictive relations<br>with step-parents, mistreatment or feeling<br>uncared for. Very few claimed expressly that<br>they wanted to gain more freedom, do<br>something for themselves and/or avoid to be<br>married early. Girls did not perceive their<br>choice to migrate as forced but felt responsible<br>for their families and wanted to contribute to<br>their livelihoods. | N/A<br>Around two-thirds of the<br>migrants underlined that<br>migration and work had a<br>positive impact on their sense<br>of self-hood and self-esteem,<br>that their mobility has<br>increased, and that they have<br>more decision- making power<br>in their daily life. Those who<br>migrated at an early age and<br>who earn a higher income said<br>they feel particularly entitled to<br>have a greater say in personal<br>and family decision-making. For<br>the majority of Bengali (female)<br>adolescent migrants, living in<br>Dhaka provides more<br>opportunities for them to<br>develop a network of female<br>and male friends than living in a<br>village. | No specific focus<br>on 10-14 year<br>olds.<br>Qualitative study<br>of migrants. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes  |
|---|--|---|--|--|--|
| Erulkar, Annabel;<br>Mekbib, Tekle- Ab;<br>Simie, Negussie and<br>Tsehai Gulema (2006)<br>'Migration and<br>Vulnerability among<br>Adolescents in Slum<br>Areas of Addis Ababa,<br>Ethiopia', <i>Journal of</i><br><i>Youth Studies</i> , 9:3,<br>361-74. | Ethiopia<br>Addis Ababa<br>Slums<br>Migration<br>Work<br>10-19 year old<br>adolescents | This study uses data from a<br>population- based survey of<br>over 1076 adolescents aged<br>10–19 in slum areas of<br>Addis Ababa, with the aim<br>of exploring patterns of<br>migration and their role in<br>transitions to adulthood.<br>The study focusses on<br>adolescents' living<br>arrangements, education,<br>work, time use, social<br>networks, marriage and<br>HIV. | A total of 23% of boys and 45% of girls had<br>migrated to the city, mostly from rural areas, and<br>mainly for educational reasons or work; these<br>differences were statistically significant.<br>This disparity may owe to different drivers of<br>migration between young girls and boys, with<br>nearly one- quarter of female migrants having<br>moved to escape early marriage in their rural<br>homes (23%). Most of the girls (60%) migrated<br>during early adolescence (10–14 years), when<br>girls are most likely to have their marriages<br>arranged.<br>None of the girls who migrated to escape<br>marriage did so with their parents, but rather<br>with other relatives or on their own. Migrants in<br>this study were more vulnerable than natives in<br>terms of lacking parental presence, schooling,<br>and social connectedness.<br>As many as 87% of working female migrants<br>were in low-status occupations such as domestic<br>work. Compared with working natives, migrants<br>earned considerably less, with differences being<br>particularly striking for girls. | Young adolescent<br>migrants, most of<br>whom are girls, are<br>'falling through the<br>cracks' of policy and<br>programmes and in<br>need of increased<br>attention.<br>Lines can blur between<br>children engaged<br>'voluntarily' in<br>domestic work and<br>those who have been<br>trafficked. | No 10-14 age<br>specific or<br>gendered<br>analysis. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/ Policy<br>suggestions  | Notes  |
|--|--|---|---|---|--|
| Erulkar Annabel and<br>Mekbib, Tekle-Ab<br>(2007) 'Invisible and<br>Vulnerable: Adolescent<br>Domestic Workers in<br>Addis Ababa, Ethiopia',<br><i>Vulnerable Children</i><br><i>and Youth Studies</i> , 2:3,<br>246-56. | Ethiopia<br>Addis Ababa<br>Slums<br>Migration<br>Work<br>Domestic workers<br>10-19 year olds | A population-based study of<br>adolescents in two low-<br>income, slum areas of Addis<br>Ababa, Merkato area and<br>Kazanchis, which are among<br>the city's poorest and most<br>densely-populated areas.<br>Descriptive analysis was<br>conducted to compare<br>female domestic workers<br>with other adolescent girls<br>and boys in terms of<br>background, working<br>patterns, self-esteem and<br>social connections, and<br>exposure to HIV and<br>adolescent programmes. | Around 15% of the female adolescent<br>population were domestic workers, most of<br>whom had migrated from rural areas.<br>Domestic workers were less likely to be<br>educated or to live with parents compared<br>with other categories of adolescents. They<br>worked extremely long hours for low pay,<br>earning a mean income of US\$6 per month.<br>Domestic workers appeared to have lower<br>self-esteem and fewer friends than other<br>adolescents, as well as lower levels of HIV<br>knowledge and minimal participation in<br>existing adolescent programmes.<br>Adolescent domestic workers are highly<br>vulnerable yet largely invisible, despite<br>their relatively large numbers. | The exploitation of young<br>migrant domestic workers<br>is related to their social<br>isolation and inability to<br>find other sources of<br>employment. | No 10-14 age<br>specific or<br>gendered<br>analysis. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions  | Notes  |
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| Mehrotra, Santosh and<br>Biggeri, Mario (2010)<br>'Children in Home<br>Worker Households in<br>Pakistan and<br>Indonesia',<br><i>International Journal of</i><br><i>Manpower</i> , 31:2, 208–<br>23. | Pakistan<br>Indonesia<br>Work<br>Home workers<br>Gender issues<br>7-15 year olds | The data are drawn from<br>two ad hoc surveys and<br>country studies carried out<br>in Pakistan and Indonesia in<br>2000/2001. The paper<br>examines the incidence of<br>and reasons for child work<br>in home-worker<br>households, including work<br>conditions, gender<br>differences and implications<br>for child schooling.<br>A bivariate probit is applied<br>to analyse the determinants<br>of child activity status. | Children from home worker households<br>have a higher probability of working. There<br>is notable evidence indicating a<br>'feminisation' of home work among<br>children, particularly in Pakistan.<br>Over half of 7-12 year old girls surveyed<br>were working while only a third of the boys<br>were. Of the 13-15 year olds, 95% of girls<br>were working compared to half of the boys.<br>In Indonesia children of home worker<br>households were at school and a lower<br>proportion of girls aged 7-15 year olds,<br>were 'only working' in Indonesia compared<br>to Pakistan.<br>The mother's education, income and assets<br>in the household were important<br>determinants of the child's activity status.<br>Collective action played a role in the<br>increase of children in education as well as<br>working. The number of hours that children<br>work in Pakistan suggests that their ability<br>to effectively undertake school-related<br>activities is likely to be impacted. | Although child labour is<br>common in home-based<br>manufacturing activities in<br>the informal sector in most<br>Asian developing countries<br>research on child labour<br>remains scarce.<br>Major policy implications<br>for home workers include<br>schooling and health and<br>safety issues and promotion<br>(such as training and help<br>with marketing and access<br>to loans). | No distinction<br>made between<br>rural and urban<br>settings.<br>No age specific<br>analysis. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions   | Notes                     |
|---|---|---|--|---|---------------------------|
| Montgomery, Heather<br>(2014) 'Child<br>Prostitution as Filial<br>Duty? The Morality of<br>Child-rearing in a Slum<br>Community in<br>Thailand', <i>Journal of</i><br><i>Moral Education</i> , 43:2,<br>169-82. | Thailand<br>Outskirts of tourist<br>resort<br>Slum<br>Child sex workers<br>6-17 year olds | Ethnographic fieldwork<br>carried out between<br>1994 and 1995.<br>Interviews with children,<br>gathering life stories and<br>participant observation<br>with a view to critically<br>reflect on the<br>universality of child<br>rearing goals by<br>conducting research on<br>child-rearing practices<br>which appear to actively<br>harm children by<br>threatening their<br>survival and their<br>wellbeing. | In contrast to international principles of child<br>rights and protection, in some circumstances<br>parents appear to pursue child-rearing practices<br>that actively harm children, threaten their survival<br>and inhibit their ability to grow up to be effective<br>adult members of their communities.<br>This article discusses these issues in the case of<br>one group of child prostitutes in Thailand and their<br>families at a particular point in time. Although the<br>work they did was physically dangerous and<br>difficult, both parents and children claimed that<br>their families were loving and functional and that<br>selling sex was a way to keep the family together.<br>Selling sex was more casual for boys than for girls.<br>Boys usually did other work such as construction<br>or pimp work too. Girls tended to be more<br>invested in staying and living in the slum and<br>supporting their mothers who rarely worked. | Morality was<br>constructed in terms of<br>child-parent reciprocity<br>rather than sexual<br>transgression.<br>This article<br>acknowledges children's<br>pride in themselves as<br>'good children' who have<br>moral courage and<br>resilience rather than as<br>passive victims of abuse. | Ethnographic<br>research. |



| Author(s)/ Publication   | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions   | Notes                                      |
|--|---|---|--|---|--|
| Payne, Ruth (2012)<br>'Agents of Support:<br>Intra- generational<br>Relationships and the<br>Role of Agency in the<br>Support Networks of<br>Child-headed<br>Households in Zambia',<br><i>Children's Geographies</i> ,<br>10:3, 293-306. | Zambia<br>Urban and rural<br>areas<br>Slums<br>Households<br>Children- headed-<br>households<br>Children under 18 | Article based on small-<br>scale ethnographic<br>research with 11 child-<br>headed households<br>(CHHs) in rural and<br>urban Zambia between<br>2004 and 2008 in four<br>urban and rural areas.<br>It explores the role of<br>children and young<br>people's agency in the<br>context of their<br>intergenerational<br>relationships. | Findings include how CHH members<br>construct networks of support both within<br>and outside these households, paying<br>particular attention to the inconsistency of<br>sibling relationships and the role of non-kin<br>relations in peer support as an example of<br>'extending the family'.<br>Examples are given of transformations in<br>sibling relationships, and gendered patterns<br>of household spending.<br>Children and young people are involved in<br>actively constructing their life-worlds and<br>maintaining networks of support and<br>exchange in which they are not solely<br>recipients. | The paper argues for greater<br>acknowledgement of children<br>and young people's agency in<br>the context of constructing<br>and maintaining networks of<br>support to ensure policy and<br>practice is responsive to the<br>fact that CHH members are<br>agents of support rather than<br>simply recipients of support<br>or 'beneficiaries'. | Small sample.<br>Ethnographic<br>research. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy suggestions   | Notes   |
|---|--|--|---|---|---|
| Bartlett, Sheridan<br>(2008) Climate Change<br>and Urban Children:<br>Impacts and<br>Implications for<br>Adaptation in Low- and<br>Middle-income<br>Countries, <i>Environment</i><br><i>and Urbanization</i> ,<br>20:2, 501-19. | Overview<br>Climate change<br>impacts<br>Urban<br>Slums<br>Poverty<br>Children | This paper explores the<br>potential impacts of climate<br>change and extreme<br>weather events on<br>children's health, learning<br>and psychosocial wellbeing,<br>and considers the<br>implications for family<br>coping strategies for<br>children.<br>In many urban areas, the<br>risks children face are<br>bound to be intensify by<br>climate change. Most of the<br>people and enterprises at<br>most serious risk from<br>extreme weather events<br>and rising sea levels are<br>located in urban slums in<br>low- income countries,<br>which are often in the most<br>hazardous areas – flood<br>plains or other areas at risk<br>of floods, places at risk from<br>landslides, sites close to<br>industrial wastes. | Heat: greatest vulnerability to heat<br>stress for young children; high<br>vulnerability to respiratory diseases<br>and vector borne diseases; highest<br>vulnerability to malnutrition<br>Heavy rains/cyclones: higher risk of<br>death and injury than for adults; more<br>vulnerable to waterborne diseases and<br>to malaria; risk of acute malnutrition;<br>reduced options for play and social<br>interaction; likelihood of being<br>removed from school /put to work, as<br>income is lost; higher risk of neglect,<br>abuse and maltreatment associated<br>with household stress and/or<br>displacement; long-term risks for<br>development and prospects<br>Floods: highest rates of death for<br>children; highest health risks from<br>salinisation of water supplies; long-<br>term developmental implications.<br>Drought: young children at highest<br>health risk from inadequate water<br>supplies, malnutrition, and<br>exploitation. | <ul> <li>Many urban settlements are<br/>unserved by the kind of<br/>infrastructure which can be<br/>strengthened and adapted to<br/>withstand more extreme climatic<br/>conditions and extreme weather<br/>events – Recommendations for<br/>an adaptation agenda that<br/>focuses on the realities for<br/>children. Preparatory measures<br/>are considered, as well as<br/>responses to extreme events and<br/>to changes in weather patterns.</li> <li>Ensuring children's optimal<br/>health and nutrition</li> <li>Strengthening families' and<br/>households' capacity to cope</li> <li>Maintaining, restoring and<br/>enhancing the potential for<br/>children's daily routines and<br/>activities</li> <li>Respecting children's<br/>capacities; allowing them the<br/>chance for active involvement</li> </ul> | No analysis of 10-<br>14 year olds.<br>No gender<br>analysis. |



## Research Evidence: Slum Regeneration

| Author(s)/ Publication   | Country/ Key words                                       | Methods/Objectives   | Findings  | Explanation/ Policy suggestions   | Notes   |
|--|--|--|---|---|---|
| Chatterjee, Sudeshna<br>(2014) Analysing the<br>Impact of JnNURM-<br>funded Slum<br>Redevelopment<br>Projects on Children<br>Across India (New<br>Delhi: Action for<br>Children's<br>Environments)<br>http://www.acetrust.n<br>et/pdf/B_SUP-<br>Synthesis- Report.pdf<br>(accessed 1 November<br>2016) | India<br>New Delhi<br>Slums<br>Redevelopment<br>Children | Bernard van Leer<br>Foundation supported<br>Action for Children's<br>Environments (ACE) to<br>develop multiple case<br>studies analysing the impact<br>of slum redevelopment<br>projects funded by Basic<br>Services to the Urban Poor<br>(BSUP) under the Jawaharlal<br>Nehru National Urban<br>Renewal Mission (JnNURM)<br>on the lives of children<br>living in slums across India.<br>The case studies included<br>eight slum redevelopment<br>projects located in six cities<br>in five states. | <ul> <li>Lack of structures for children's participation in local area development: Despite active and committed groups and organisations involved with community development and community mobilisation, children and young people tend to have no formal networks for engaging in activities for social and environmental change</li> <li>Lack of integrative planning makes the city risky for slum children. For example, children might seek out play and recreation opportunities in parks, playgrounds and vacant land outside the slum, sometimes travelling 2 km away from their homes on foot, crossing streets with heavy traffic and taking unnecessary risks.</li> </ul> | <ul> <li>Recommendations:</li> <li>Mobilise existing youth clubs<br/>for mapping and identification<br/>of social and environmental<br/>problems that put children and<br/>young people at risk.</li> <li>Introduce Children's groups to<br/>include children above 8 years<br/>and up to 14 years to be<br/>involved in local area<br/>monitoring, maintenance and<br/>planning and design.</li> <li>An integrated planning<br/>approach could have provided<br/>safer access to the places<br/>which commonly attract<br/>children from resource-<br/>deprived slums, such as parks,<br/>playgrounds and markets in the<br/>local areas.</li> </ul> | No specific age<br>group or gender<br>analysis. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives   | Findings   | Explanation/ Policy<br>suggestions   | Notes   |
|---|---|--|--|--|---|
| Chatterjee, Sudeshna<br>(2015) 'Making<br>Children Matter in<br>Slum Transformations:<br>Lessons from India's<br>National Urban<br>Renewal Mission',<br><i>Journal of Urban<br/>Design</i> , 20:4, 479-506. | India slums<br>Re- development<br>Citizen participation<br>Children | This paper looks at two<br>successful slum<br>redevelopment projects<br>under India's flagship<br>urban renewal mission,<br>which mandate citizen<br>participation and inclusive<br>planning to create<br>planned equitable cities.<br>In the context of two<br>redevelopment projects in<br>Karimadom<br>redevelopment in<br>Thiruvananthapuram city<br>in Kerala and Gandhi<br>Nagar redevelopment in<br>Pune City in Maharashtra.<br>Article examines how<br>children's concerns are<br>addressed and children's<br>wellbeing is affected in<br>the projects. | The country pays little or no attention to<br>children and youth in urban development and<br>planning of cities including slum<br>redevelopment. This directly violates the rights<br>of many children to an adequate standard of<br>living.<br>The two case studies represent different design<br>and planning approaches to in-situ<br>redevelopment: (1) replacing the slum with<br>flats; and (2) selective infill houses.<br>In both projects the spaces available to<br>children were inadequate and often exposed<br>children to environmental and social hazards.<br>The most awarded project, Karimadom, has<br>failed children and families because it<br>compromised on other elements including<br>infrastructure networks. In Gandhi Nagar,<br>improvements in networked infrastructure did<br>not include community facilities or public<br>places in keeping with trends in infill housing in<br>Indian slums where only the structure of<br>homes, rather than community services, is<br>accorded attention. | Despite spatial<br>constraints, a more child-<br>centred environmental<br>design approach is<br>needed in future slum<br>redevelopment in India to<br>configure layouts that<br>offer choice, allow change,<br>and are comprehensive,<br>culturally- appropriate,<br>climatically- responsive<br>and well-integrated into<br>the local area. This<br>should involve creating<br>new and/or enhanced<br>community play areas for<br>children by improving the<br>quality of common spaces<br>and existing community<br>facilities, and<br>strengthening links<br>between the community<br>and the city. | No specific age<br>group or gender<br>analysis. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes   |
|---|--|---|---|--|---|
| Makau, Jack (2011)<br>"Like we don't have<br>enough on our hands<br>already!": The Story of<br>the Kenyan Slum<br>Youth Federation',<br><i>Environment &amp;<br/>Urbanization</i> , 23:1,<br>203–6. | Kenya<br>Nairobi<br>Kambi Moto<br>Slum<br>Slum-dweller<br>federation<br>Sustainability | This article describes<br>a case study from the<br>youth federation that<br>is aligned to Kenya's<br>Slum-Dwellers<br>Federation. | Slum-dweller federations, like many other<br>social movements, cater for the youth in their<br>constituencies. This is critical to their<br>relevance as agents of change and<br>contributes to the sustainability of<br>movements.<br>However, youth formations are not merely<br>scaled-down versions of the movements:<br>often they grapple with a set of dynamics<br>unique to their needs and interests at a<br>crucial transitional period in life, and<br>promote youth-relevant activities.<br>Mothers in the slum became the youth<br>federation biggest supporters. Mentoring<br>was the first and strongest element of the<br>movement's journey to institutionalisation.<br>The federation formed a football team,<br>acrobatic and dance troupes, a study group,<br>and a waste collection business. income<br>generation and mentoring'. | The members felt strongly about<br>doing something for youth by<br>youth: 'We do not have to<br>change this to be federated. We<br>share issues in common that we<br>can federate around – education,<br>recreation'.<br>As members come of age they<br>leave and new initiatives tend to<br>have to start from fresh,<br>although the prior mentoring of<br>children by the federations<br>initiators have helped to<br>maintain impetus. It is only<br>sustainable because the children<br>who had been mentored are<br>making up the movement. This<br>demonstrates the importance of<br>mentoring to sustainability and<br>legacy. | One case study.<br>No age- specific<br>or gender<br>analysis. |



| Author(s)/ Publication                   | Country/ Key words | Methods/Objectives             | Findings   | Explanation/ Policy suggestions                                 | Notes       |
|--|--------------------|--------------------------------|--|---|-------------|
| Tutu, Raymond Asare                      | Ghana              | To accomplish the goal of      | Stressors (e.g. poor accommodation,                                      | Suggestions requiring   | No age-     |
| (2014) 'Dilemmatic                       | Accra              | understanding the dynamics     | fires and poor sanitation), which are                                    | individual/group agency (non-                                   | specific or |
| Experiences of Young                     |                    | of internal migration among    | directly linked to 'pirate urbanisation'                                 | sovereign power) include  | gender      |
| Migrants in Accra,                       | Old Fadama         | young people from the north    | and landlordism constituted 49% of                                       | learning a trade and amicable                                   | analysis.   |
| Ghana: The Merciless                     | Slum               | of Ghana to Old Fadama, an     | total responses regarding the stressors                                  | settlement of disputes, while                                   |             |
| Hands of Pirate                          |                    | Accra slum in the south of the | which migrants encounter. Stressors                                      | suggestions requiring   |             |
| Urbanisation and                         | Housing            | country.                       | which are indirectly related to same                                     | governmental assistance include                                 |             |
| landlordism', Journal                    | Migration          | Article explores the housing   | phenomena such as malaria/<br>mosquitoes constituted 22 % of             | protection from social  |             |
| of Housing and the<br>Built Environment, | Pirate landlords   | and environmental stressors    | stressors faced. Poor accommodation                                      | institutions, education, and slum upgrading. Perhaps non-       |             |
| 29:4, 637-56.                            |                    | encountered by young           | (shelter) constituted 16 % of all  | governmental organisations                                      |             |
| 25.4, 057-50.                            | 10-23 year olds    | migrants and their proposed    | responses about the stressors young                                      | could be called upon to improve                                 |             |
|  |                    | strategies to deal with these  | slum dwellers face.  | the lives of those in the slum.                                 |             |
|  |                    | stressors.                     |  |   |             |
|  |                    | It also shows how              | Squatters, with holdings which allow                                     | The organisations could help                                    |             |
|  |                    | government policies are        | them to rent out rooms (petty  | settle disputes and help ensure                                 |             |
|  |                    | dealing (or not) with these    | landlordism), receive high returns on investment at the expense of young | the rights of young lessees to<br>reduce the impacts of         |             |
|  |                    | stressors. The study used a    | lessees. For example, in the case of                                     | landlordism.  |             |
|  |                    | mixed-methods approach,        | young migrants living in a single room                                   |   |             |
|  |                    | 104 semi- structured           | with many others, the decision to add a                                  | Additionally, sovereign power                                   |             |
|  |                    | interviews and 5 focus group   | roommate or not is determined  | vested in governmental  |             |
|  |                    | discussions with young         | primarily by the landlord. Driven by                                     | institutions, although suggested                                |             |
|  |                    | migrants (aged 10–29) in Old   | profit motives, landlords often refuse to                                | as a tool with the potential to                                 |             |
|  |                    | Fadama. Three quarters of      | respond to urgent requests for roof                                      | effect social change in Old                                     |             |
|  |                    | participants were women;       | repairs or carpentry work on their                                       | Fadama through the engagement                                   |             |
|  |                    | Mean age 20.3                  | substandard structures. Migrants may                                     | of life quality elements, which<br>include formal education and |             |
|  |                    |                                | suffer additionally from mosquitoes or                                   | proactive assistance, is lagging                                |             |
|  |                    |                                | leaky roofs.   | behind.   |             |
|  |                    |                                |  | benniu.   |             |



# **Appendix 3: Programme Evaluations and Programmes Overviews**

## Programme Evaluations

| Author(s)/ Publication   | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy<br>suggestions   | Notes  |
|--|---|---|--|--|--|
| Baird, Sarah; Garfein,<br>Richard; Mcintosh,<br>Craig and Özler, Berk<br>(2012) 'Effect of a Cash<br>Transfer Programme<br>for Schooling on<br>Prevalence of HIV and<br>Herpes Simplex Rype 2<br>in Malawi: A Cluster<br>Randomised Trial', <i>The</i><br><i>Lancet</i> , 379:9823,<br>1320-9. | Malawi<br>Zomba<br>Rural<br>Cash transfers<br>Never-married<br>females aged 13-22 | Assessment of the efficacy of<br>a cash transfer programme to<br>reduce the risk of sexually-<br>transmitted infections (STIs)<br>among girls.<br>A sample of a total of 88<br>enumeration areas assigned<br>to receive the the<br>intervention and 88 as<br>controls were investigated<br>Participants received random<br>numbers by area to receive<br>conditional or unconditional<br>cash payments (intervention<br>group) or nothing (control<br>group). | For the 1289 individuals enrolled in school<br>at baseline with complete interview and<br>biomarker data, weighted HIV prevalence<br>at 18 month<br>follow-up was 1% (seven of 490<br>participants) in the combined intervention<br>group versus 3% (17 of 799 participants) in<br>control group (who did not get the cash<br>transfer). In the intervention group, no<br>difference between conditional versus<br>unconditional intervention groups for<br>weighted HIV prevalence or weighted<br>HSV-2 prevalence. For individuals who had<br>already dropped out of school at baseline,<br>there was no significant difference<br>between intervention and control groups<br>for weighted HIV prevalence or weighted<br>HSV-2 prevalence.<br>Effects are supported by changes in self-<br>reported sexual behaviour; no effects on<br>age of sexual debut or unprotected sex. | Cash transfer programmes<br>can reduce HIV and HSV-2<br>infections in adolescent<br>schoolgirls in low income<br>Settings.<br>Schooling could be<br>considered to be a 'social<br>vaccine' to prevent the<br>spread of HIV.<br>Structural interventions that<br>do not directly target sexual<br>behaviour change can be<br>important components of<br>HIV prevention strategies.<br>The cash transfer<br>programme decreased the<br>prevalence of HIV and HSV-<br>2 infection after 18 months<br>in girls aged 13–22 years<br>who were enrolled in school<br>at baseline. | Rural<br>programme.<br>Out of age<br>range.<br>Absence of<br>baseline data<br>for HIV and<br>HSV-2 makes<br>comparison of<br>incidences<br>between trial<br>groups<br>impossible.<br>Programme<br>impacts on the<br>18 month<br>prevalence of<br>these infections<br>are subject to<br>scrutiny. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives   | Findings   | Explanation/ Policy<br>suggestions   | Notes   |
|---|---|--|--|--|---|
| Bansal, P.G.; Toteja,<br>G.S.; Bhatia, N.;<br>Vikram, N.K. and<br>Siddhu, A. (2016)<br>'Impact of Weekly Iron<br>Folic Acid<br>Supplementation With<br>and Without Vitamin<br>B12 on Anaemic<br>Adolescent Girls: A<br>Randomised Clinical<br>Trial', <i>European</i><br><i>Journal of Clinical</i><br><i>Nutrition,</i> 70:6, 730-7. | India<br>Health programme<br>Folic Acid<br>supplements<br>Girls | <ul> <li>Funded by: M/s Cyano Pharma<br/>Private Limited, Indore.</li> <li>Randomised double- blind clinical<br/>trial to assess and compare the<br/>impact of weekly iron folic acid<br/>(IFA) supplementation with or<br/>without vitamin B12 on reduction<br/>in the prevalence of anaemia and<br/>on blood/serum levels of<br/>haemoglobin, serum ferritin, folic<br/>acid and vitamin B12.</li> <li>Methods: A total of 446 mild<br/>(100-119 g/l) and moderate (70-<br/>99 g/l) anaemic volunteer<br/>adolescent girls were identified<br/>and randomised into two groups.</li> <li>Weekly supervised<br/>supplementation given for 26<br/>weeks.</li> </ul> | In India, approximately 70% of all<br>adolescent girls are anaemic<br>(haemoglobin <120 g/l).<br>There was a reduction in the prevalence<br>of anaemia by 35.9% in Group A and<br>39.7% in Group B (P > 0.05).<br>A total of 63.3% participants had<br>deficient vitamin B12 levels (<203 pg/ml)<br>at baseline, which reduced to 40.4%<br>after intervention with Cyanocobalamin,<br>whereas no change was observed in<br>Vitamin B12 status in the other group.<br>Significant reduction (P = 0.01) in the<br>prevalence of serum ferritin deficiency<br>(<15 ng/ml) was observed in the group<br>supplemented with vitamin B12 (from<br>36.5 to 6.4%) as compared with the<br>other group supplemented with only IFA<br>(from 39.1 to 15.2%). | Study shows that IFA<br>supplementation with or<br>without vitamin B12 is an<br>effective measure to<br>prevent anaemia. Although<br>addition of vitamin B12 had<br>similar impacts on<br>improving haemoglobin<br>status as IFA alone, it<br>resulted in better ferritin<br>status.<br>More multi-centre studies<br>with a longer duration of<br>supplementation or higher<br>dose of vitamin B12 may be<br>undertaken to assess the<br>possible impact of vitamin<br>B12 on improving<br>haemoglobin levels in the<br>population.<br>** ferritin is used as a<br>diagnostic test for iron<br>deficiency anaemia. | No specific age<br>group (10-14)<br>analysed. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy suggestions   | Notes   |
|--|--|--|---|---|---|
| Erulkar, Annabel;<br>Mekbib, Tekle- Ab;<br>Simie, Negussie and<br>Gulema, Tsehai (2006)<br>'Differential Use of<br>Adolescent<br>Reproductive Health<br>Programmes in Addis<br>Ababa, Ethiopia',<br>Journal of Adolescent<br>Health, 38:3, 253-60. | Ethiopia<br>Addis Ababa<br>Slums<br>Health programmes<br>Males and females | Funded by: UNICEF Ethiopia and<br>DfID<br>Population-based surveys among<br>over 1000 adolescents aged 10-<br>19 in slum areas of Addis Ababa,<br>Ethiopia.<br>An inventory of youth<br>programmes including youth<br>centres and peer education<br>programmes was compiled in the<br>study area.<br>Separate focus group discussions<br>(FGDs) were conducted with<br>adult males and females (6FGDs)<br>(aged 22–60 years) and youth<br>(16FGDs) (boys and girls, aged<br>10–19 years). Each<br>group included 8–10 participants.<br>A total of 46 adults and 148 youth<br>participated. | This study examines the coverage and<br>utilisation of existing adolescent<br>programmes in Addis Ababa, Ethiopia.<br>Note: Household listing data from the<br>2000 Ethiopia DHS reveals that 36% of<br>Addis Ababa girls aged 10 to 19 years<br>live with neither parent, compared with<br>only 16% of boys the same age. Results<br>of FGDs:<br>Eight peer education programmes and<br>six youth centres were operating in the<br>study area.<br>20% of boys and only 7% of girls had<br>visited a youth centre in the last year;<br>27% of boys and 15% of girls had had<br>contact with a peer educator.<br>Older adolescents, especially boys, were<br>more likely to utilise programmes.<br>Girls who work long hours and who are<br>isolated are less likely to access and<br>benefit from programmes. | Recommendations: Greater<br>targeting of different<br>characteristic of the<br>adolescent population is<br>needed in the design and<br>content of adolescent<br>reproductive health<br>programmes.<br>Programmers should pay<br>attention to the specific<br>circumstances of young<br>people in local settings,<br>particularly vulnerable, hard-<br>to-reach sub-groups of<br>adolescents, including girls. | 10-19 used but<br>no dedicated<br>analysis of 10-<br>14 year olds<br>Although most<br>programmes<br>did include the<br>age band 10 to<br>19, some did<br>not target<br>adolescents<br>below age 15. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions  | Notes   |
|---|---|---|--|--|---|
| Author(s)/ Publication<br>Erulkar, Annabel and<br>Muthengi, Eunice<br>(2009) 'Evaluation of<br>Berhane Hewan: A<br>Program to Delay Child<br>Marriage in Rural<br>Ethiopia', International<br>Perspectives on Sexual<br>and Reproductive<br>Health, 35:1, 6-14. | Country/ Key words<br>Ethiopia<br>Amhara<br>Rural area<br>Berhane Hewan<br>10-19 year old girls | Methods/Objectives<br>Funded by: the Ethiopia<br>Ministry of Youth and<br>Sport and the Amhara<br>Regional Bureau of Youth<br>and Sport.<br>Study of the 2004-2006<br>programme seeking to<br>delay child marriage (50%<br>of girls in the Amhara<br>area are married before<br>their 15th birthday)<br>through group mentoring,<br>providing support to<br>enable girls to remain in<br>school, non-formal<br>education, livelihood<br>training, and community | <ul> <li>Findings</li> <li>At baseline, rates of marriages for girls aged 10-14 were similar in the two villages; at endline the number of girls aged 10-14 included in the study who were married in the previous two years in the intervention village was zero whereas in the control village the figure was 5%. 10-14 year olds in intervention communities were three times more likely to be in school compared with control group.</li> <li>15-19 year old girls were more likely to be married by endline survey (families may hold off marrying their girls up to the age where they could still qualify for programme benefits). (Ethiopian law now prohibits marriage under age 18).</li> </ul> | Explanation/ Policy suggestions<br>Girls reported particular<br>satisfaction with the mentor- led<br>clubs. They felt that participation<br>in these groups improved their<br>school attendance, helped delay<br>their marriages and taught them<br>about contraception.<br>Study highlights the need for<br>further research specifically<br>examining the balance of power<br>and health effects of marriages in<br>later adolescence. It is unclear if<br>measures of wellbeing are still low<br>for girls married in later<br>adolescence compared with adult<br>marriages.<br>Delaying marriage age by just a | Notes<br>Baseline and<br>endline<br>surveys.<br>No follow-up to<br>confirm<br>whether delay<br>in marriage is<br>correlated with<br>changing social<br>norms. |
|   |   | awareness interventions.<br>Programme gave a goat to<br>each girl who remained<br>unmarried after the 2 year<br>project (worth USD 20).   | Girls in the programme were also more<br>knowledgeable on HIV, STIs, and family<br>planning, and were three times more<br>likely to have used any family planning.   | few years has significant impacts<br>on a girl's life prospects and the<br>demographic burden, in general.<br>Community is an integral part of<br>the intervention.  |   |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions   | Notes   |
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| Krishnan, Pramila and<br>Krutikova, Sofya (2013)<br>'Non-cognitive Skill<br>Formation in Poor<br>Neighbourhoods of<br>Urban India', Labour<br>Economics, 24:c, 68-85. | India<br>Mumbai<br>Slums<br>Akanksha<br>programme<br>Adolescents | Akanksha is a local NGO that has<br>been active in Mumbai for 18<br>years. Programme aim: to raise<br>the non- cognitive skills of<br>deprived children over the long-<br>term (self- esteem; life<br>evaluation) through a ten level<br>programme taught in daily, three-<br>hour long after-school sessions.<br>Levels 1-7: emphasise having a<br>good time and building up non-<br>cognitive skills.<br>Levels 8-10: prepare adolescents<br>for employment and build their<br>life skills.<br>Lessons incorporate activities<br>with sports, art and drama<br>components. There is also a<br>mentoring scheme and additional<br>regular workshops around<br>traumatic events<br>Intervention group: n=58<br>Control group: n=46 | <ul> <li>Those enrolled in Akanksha have demonstrably greater non-cognitive skills.</li> <li>Substantial impacts on both self-esteem and self-efficacy (of around one standard deviation).</li> <li>Less evidence of impact on life evaluation and aspirations.</li> <li>Both self-esteem and self-efficacy are positively related to success in school-leaving examinations and initial labour market outcomes.</li> <li>Sample consists of children who were enrolled in the mid-1990s, and came from 4 different Mumbai slum areas.</li> <li>Around 15–20 children 6-7 years old per community were admitted in this first cohort and taught in a centre usually located at a local school hall.</li> <li>Parents had to make sure their children were enrolled in primary school.</li> </ul> | It's difficult to measure skill<br>accumulation over short term.<br>Evidence from the psychology<br>literature suggests strongly that<br>these skills are unstable in early<br>childhood and adolescence and are<br>most stable (and hence<br>measurable) between early<br>adulthood and middle age.<br>Programme has grown rapidly.<br>Akanksha is currently working with<br>over 3500 children in 58 centres<br>and 6 schools in Mumbai and<br>nearby city of Pune. Current<br>attrition rates are 4% per year —<br>the bulk of dropout occurs within<br>the first two years of enrolment,<br>mainly because of moves by the<br>family or school timetable changes. | No specific<br>gender analysis<br>Average age 19<br>in study. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes   |
|---|--|---|---|--|---|
| Mekbib, Tekle-Ab and<br>Molla, Mitike (2010)<br>'Community Based<br>Reproductive Health<br>(RH) Intervention<br>Resulted in Increasing<br>Age at Marriage: The<br>Case of Berhane<br>Hewan Project, in East<br>Gojam Zone, Amhara<br>Region, Ethiopia',<br><i>Ethiopian Journal of</i><br><i>Reproductive Health</i> ,<br>4:1, 16-25. | <i>Ethopia</i><br>Amhara<br>Rural areas<br>Berhane Hewan<br>10-19 year old girls | A programme of the Ethiopia<br>Ministry of Youth and Sport and the<br>Amhara Regional Bureau of Youth<br>and Sport.<br>Study of the 2004- 2006 programme<br>seeking to delay child marriage (50%<br>of girls in the Amhara area are<br>married before their 15 <sup>th</sup> birthday)<br>through group mentoring, providing<br>support to enable girls to remain in<br>school, non-formal education,<br>livelihood training, and community<br>awareness interventions.<br>9 in-depth interviews plus 150 survey<br>respondents among fathers, mothers<br>and husbands of girls who were<br>participants of the Berhane Hewan<br>project. | <ul> <li>Community conversation, social mobilisation and school material support could be used as major intervention components to replicate the Berhane Hewan programme.</li> <li>Providing school supplies were influential in keeping girls in school (88% of fathers, 92% of mothers and 60% of husbands). Delaying marriage reasons: - Community Conversations mentioned most often by respondents (76% fathers, 66% mothers and 84% husbands).</li> <li>Group mobilisation of girls was mentioned by 68% of fathers, 66% of mothers and 78% of husbands.</li> </ul> | Economic incentives were<br>important early on, but lost<br>import once dialogues began<br>to shift.<br>School material support is<br>required to increase<br>opportunities for girls<br>education.<br>Family planning knowledge:<br>Community conversation,<br>Group meetings by mentors,<br>House-to-house visits by<br>mentors were mentioned<br>first, second and third,<br>respectively as intervention<br>components that brought<br>about improvements. | The programme<br>elements and<br>sequencing<br>which are<br>critical to<br>success remains<br>unclear.<br>No access to full<br>article. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions  | Notes  |
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| Mitra, Sugata and<br>Dangwal, Ritu (2010)<br>'Limits to Self-<br>Organising Systems of<br>Learning— the<br>Kalikuppam<br>Experiment', <i>British</i><br><i>Journal of Educational</i><br><i>Technology</i> , 41:5, 672–<br>88. | India<br>Rural areas<br>Kalikuppam<br>programme<br>Education<br>ICT<br>10-14 year olds | Testing self-organised learning of 10–14<br>year old Tamil-speaking children in a<br>remote Indian village.<br>They learn about basic molecular biology,<br>initially on their own with a Hole-in- the-<br>Wall public computer facility, and later with<br>the help of a mediator without knowledge<br>of this subject (n=34 children).<br>Comparison with similarly- aged children at<br>a nearby average-below average<br>performing state government school who<br>were not fluent in English but were taught<br>this subject and another group of children<br>at a high- performing private school in New<br>Delhi who were fluent in English and had<br>been taught this subject by qualified<br>teachers. | Village children who only had<br>access to computers and Internet-<br>based resources in the Hole-in-the-<br>Wall learning stations achieved<br>test scores comparable with those<br>at the local state school and, with<br>the support of the mediator, equal<br>to their peers in the privileged<br>private urban school.<br>Further experiments were<br>conducted with unsupervised<br>groups of 8– 12 year-olds in<br>several English schools using the<br>Internet to study for GCSE<br>questions they normally would be<br>examined on at the age of 16. | There are<br>opportunities for self-<br>organised and<br>mediated learning by<br>children in settings<br>where they would<br>otherwise be denied<br>opportunities for<br>good, or indeed any,<br>schooling.<br>This approach can be<br>enhanced by the use<br>of local or online<br>mediators. | Rural study.<br>A 14 year old<br>girls became<br>the mentor.<br>No specific age<br>group or<br>gender<br>analysis. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives  | Findings   | Explanation/ Policy<br>suggestions  | Notes   |
|--|--|---|--|---|---|
| Peña, R.; Quintanilla,<br>M.; Navarro, K.;<br>Martínez, J.; Castillo,<br>V.; Pérez, W. and<br>Källestål, C. (2008)<br>'Evaluating a Peer<br>Intervention Strategy<br>for the Promotion of<br>Sexual Health- Related<br>Knowledge and Skills in<br>10- to 14-Year-Old<br>Girls. Findings from the<br>"Entre Amigas" Project<br>in Nicaragua',<br><i>American Journal of</i><br><i>Health Promotion</i> ,<br>22:4, 275-81. | Nicaragua<br>'Entre Amigas'<br>project<br>Health<br>Gender<br>10-14 year old girls | <ul> <li>Subjects A total of 599 girls were surveyed, 60% non-intervened and 40% intervened.</li> <li>Intervention consisted of <ol> <li>meetings in which girls talked and worked with other girls,</li> <li>mothers taking an active role in the peer groups, and/or</li> <li>girls were watching the soap opera "Sexto Sentido".</li> </ol> </li> <li>The study measured changes in sexual knowledge and gender vision.</li> </ul> | Girls participating in the peer groups were<br>twice as likely to have satisfactory sexual<br>health- related self-esteem as those who did<br>not participate.<br>11% of the girls achieved satisfactory self-<br>esteem as a result of the (peer groups ×<br>mothers) interaction and<br>15% due to the (peer groups × mothers ×<br>"Sexto Sentido") interaction.<br>Girls participating in the peer groups were<br>three times as likely to have satisfactory<br>gender visions; if exposed to all three<br>components, they were almost four times as<br>likely to develop 'satisfactory' gender visions. | Peer methodology,<br>participation of a<br>female family member,<br>and an educational<br>soap opera seem<br>beneficial in promoting<br>sexual health-related<br>knowledge and gender<br>vision in young girls. | No access to full<br>article.<br>Unclear about<br>mothers' role<br>and rural-urban<br>region. |



| Author(s)/ Publication  | Country/ Key words  | Methods/Objectives  | Findings   | Explanation/ Policy suggestions   | Notes  |
|---|---|---|--|---|--|
| Rotheram- Borus,<br>Mary Jane; Lightfoot,<br>Marguerita; Kasirye,<br>Rogers and Desmond,<br>Katherine (2012)<br>'Vocational Training<br>with HIV prevention<br>for Ugandan Youth',<br><i>AIDS and Behavior</i> ,<br>16:5, 1133-7. | Uganda<br>Kampala<br>Slums<br>HIV prevention<br>programme<br>Street Smart<br>programme<br>13-23 year olds<br>Homeless youth | Evidence-based intervention<br>adapted for high risk youth in slums<br>in Kampala Uganda.<br>'Street Smart' programme is aimed<br>predominantly at homeless youth<br>and tries to reduce sex, alcohol, and<br>drug-use transmission- related acts.<br>Pilot study, young people in Street<br>Smart programme were randomised<br>to receive vocational training<br>immediately (Immediate) or four<br>months later (Delayed).<br>2005-2006, 100 youth were<br>recruited from two different youth<br>centres in the slums of Kampala,<br>Uganda. Each participant's initial<br>assessment and the 4- and 24-month<br>follow-up assessments were<br>conducted by the same interviewer.<br>Retention was 85% at 4 months and<br>74% at 24 months. | Employment increased dramatically: Only<br>48% had ever been employed at<br>recruitment, 86% were employed from<br>months 21 to 24 post recruitment. Over<br>two years, decreases were recorded in<br>the number of sexual partners, mental<br>health symptoms, delinquent acts, and<br>drug use; condom use increased.<br>Vocational training consisted of<br>apprenticeships with local artisans for<br>training in hairdressing, catering, tailoring,<br>mechanics, electronics, carpentry, cell<br>phone repair, and welding. Youth<br>attended classes regularly for 4–8 hours,<br>5 days a week; no more than five youth<br>were assigned to each artisan. Artisans<br>received 5-day training and topics<br>included: how to talk to youth, conflict<br>resolution, HIV prevention, how to have<br>conversations with youth about HIV and<br>how to cope with unprofessional<br>behaviour (e.g., tardiness, hygiene<br>problems). | Providing employment<br>in low income<br>countries, in<br>conjunction with HIV<br>prevention, may<br>provide sustained<br>support to young<br>people to prevent HIV<br>acquisition. | No specific age-<br>analysis or<br>focus on<br>gender. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy suggestions   | Notes   |
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| Sahni, Urvashi (2012)<br>From Learning<br>Outcomes to Life<br>Outcomes: What Can<br>You Do and Who Can<br>You Be? A Case Study<br>in Girls' Education in<br>India, Working Paper 4,<br>(Washington DC:<br>Center for Universal<br>Education at the<br>Brookings Institution). | India<br>1 school Gomtinagar<br>in Lucknow, India<br>Education<br>PRERNA school<br>Afternoon school for<br>girls | Prerna (which means 'inspiration') is<br>an all-girl formal school run by a<br>private NGO (Study Hall Educational<br>Foundation). This model school was<br>built around a critical feminist<br>pedagogy. Prerna was founded in<br>2003 and covers all grades from pre-<br>school to grade 12. It has reached<br>5000 girls.<br>The school meets in the afternoon to<br>accommodate the needs of girls<br>whose economic circumstances<br>require that they work (of lowest<br>castes and poorest slums).<br>Community and parental<br>engagement are important parts;<br>parents have to sign to protect their<br>girls from child marriage. Pedagogy<br>is engaging, interactive and activity-<br>based. Curriculum is enriched with a<br>strong emphasis on English fluency,<br>sports, martial arts, music, art and<br>drama encouraging girls to develop a<br>strong voice. The relevance of the<br>curriculum is enhanced with explicit<br>empowerment and gender studies. | <ul> <li>Good retention, graduation, academic performance.</li> <li>Each child is given a snack every day, which helps boost attendance, and regular health check-ups are conducted free of charge for students.</li> <li>Teachers are engaging and interactive, and use activity- based learning approaches.</li> <li>incorporation of critical dialogues throughout its lessons, creating a space where girls can think about issues of gender equality and talk through and understand the oppression they face every day.</li> <li>gender equality is built into its curriculum and taught like other subjects with the goal of developing girls' ability to challenge and resist discrimination.</li> <li>Computer and vocational training are also provided to equip girls with skills that enable them to participate in incomegenerating activities other than domestic work.</li> <li>The results have been good in retention, graduation, academic performance, and job transitions.</li> </ul> | Prerna students<br>outperform<br>national and state<br>averages on<br>indicators of<br>attendance,<br>completion, and<br>language and<br>mathematics<br>achievement.<br>A total of 90% of<br>Prerna's six cohorts<br>of students have<br>completed grade<br>10, compared with<br>the national<br>average of 39%.<br>And of those who<br>complete grade 10,<br>88% go on to<br>tertiary education.<br>Its empowerment<br>curriculum is now<br>being used by 106<br>public schools in<br>India. | Document no<br>longer digitally<br>available. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/ Policy suggestions  | Notes  |
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| Sinclair, Jake; Sinclair,<br>Lee; Evans, Otienoc;<br>Mulinge, Munyae;<br>Kapphahn, Cynthia and<br>Golden, Neville H.<br>(2013) 'A Self-defence<br>Program Reduces the<br>Incidence of Sexual<br>Assault in Kenyan<br>Adolescent Girls',<br><i>Journal of Adolescent</i><br><i>Health</i> , 53:3, 374-80. | Kenya<br>Nairobi<br>Korogocho<br>Kariobangi North<br>Slum<br>Self- defence<br>programme<br>14-21 years old girls | To analyse impacts of 6-week<br>self-defence programme for<br>high school girls in Nairobi<br>slum.<br>Population-based survey of<br>522 high school girls in the<br>urban slum Korogocho<br>(intervention group) and<br>Kariobangi North (control<br>group) in Nairobi, Kenya<br>A total of 522 girls (mean age,<br>16.7 ± 1.5 years; range, 14–21<br>years) completed same<br>surveys at baseline, and 489<br>at 10- month follow-up.<br>A standardised 6-week self-<br>defence programme is<br>effective in reducing the<br>incidence of sexual assault in<br>slum-dwelling high school<br>girls in Nairobi. | At baseline, 24.5% reported sexual<br>assault in the prior year, with the<br>majority (90%) reporting assault by<br>someone known to them (boyfriend,<br>52%; relative, 17%; neighbour, 15%;<br>teacher or pastor, 6%).<br>In the self-defence intervention<br>group, the incidence decreased from<br>24.6% at baseline to 9.2% at follow-<br>up ( $p < .001$ ),<br>In control group, the incidence<br>remained unchanged (24.2% at<br>baseline and 23.1% at follow- up; $p =$<br>.10).<br>A total of 215 girls in the<br>intervention group (56.4%) reported<br>having used the self- defence skills<br>to successfully fight off an attacker<br>and avoid the assault in the year<br>after the training. Of these, 108<br>(50%) used verbal skills alone, 71<br>(33%) started with verbal skills and<br>then added physical skills, and 36<br>(17%) used physical skills alone. | Cost benefit analysis: The basic<br>self-defence programme evaluated<br>in this study was taught in < 12<br>hours, followed by several<br>additional booster sessions.<br>Training was provided at a cost<br>equivalent of \$1.75 USD per<br>student, a fraction of the estimated<br>\$86 currently spent on immediate<br>medical aftercare services for each<br>sexual assault victim treated in<br>Africa (excluding mental health<br>treatment, unwanted mental<br>health treatment or treatment of<br>unwanted pregnancy, sexually<br>transmitted infections, or<br>HIV/AIDS).<br>With adequate resources, this<br>standardised, manual- based<br>intervention could be replicated at<br>multiple sites. | Age group is<br>14-21.<br>Not a cluster<br>randomise d<br>trial.<br>No linking of<br>individual<br>respondent<br>based line and<br>follow up data. |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives  | Findings  | Explanation/<br>Policy   | Notes               |
|---|--|---|---|--|---------------------|
| Ssewamala, Fred M.;<br>Ismayilova, Leyla;<br>Mckay, Mary; Sperber,<br>Elizabeth; Bannon,<br>William and Alicea,<br>Stacey (2010) 'Gender<br>and the Effects of an<br>Economic<br>E mpowerment<br>Program on Attitudes<br>Toward Sexual Risk-<br>Taking Among AIDS-<br>Orphaned Adolescent<br>Youth in Uganda',<br>Journal of Adolescent<br>Health, 46:4, 372-8. | Uganda<br>Rural areas<br>Sexual health among<br>orphans<br>SUUBI intervention<br>Mean age 13.7 | <ul> <li>Adolescents (average age 13.7 years) who had lost one or both parents to AIDS from 15 schools randomly assigned to either experimental (n=135) or control condition (n=142).</li> <li>Participants assigned to the control condition received the usual care for orphaned children, consisting of counselling and educational related supplies.</li> <li>All participants received health education.</li> <li>Participants assigned to the SUUBI-programme received the usual care plus: 1. 12 1-2 hour workshops over a 10- month period focused on assets-building and financial planning incl. saving, education and small business development; 2. monthly mentorship programme for adolescents with peer mentors on planning and life options; 3. a matched child savings account.</li> </ul> | Adolescents in the experimental condition, in<br>addition to usual care, also received support<br>and incentives to save money toward<br>secondary education.<br>Finding suggests that<br>SUUBI intervention may have increased boys'<br>protective attitudes towards sexual risk- taking<br>behaviours but probably did not benefit girls in<br>an equivalent way.<br>Girls in the control group actually became<br>more accepting of risky sexual behaviours at<br>the 10- month follow-up, yet girls in SUUBI<br>intervention group maintained their original<br>degree of protective attitudes. The<br>intervention appears to have benefited girls in<br>SUUBI intervention, but probably in a different<br>way and to a lesser extent than for the males.<br>Although adolescent boys and girls within the<br>experimental condition saved comparable<br>amounts, the intervention appears to have<br>benefited girls, in regards to the attitudes<br>towards sexual risk-taking behaviour, in a<br>different way and to a lesser extent than boys. | Future research<br>should<br>investigate the<br>possibility that<br>adolescent girls<br>might be able to<br>develop equally<br>large<br>improvements in<br>protective<br>attitudes towards<br>sexual risk- taking<br>through<br>additional<br>components that<br>address gendered<br>social norms. | Rural<br>programme. |



| Author(s)/ Publication   | Country/ Key words   | Methods/Objectives  | Findings   | Explanation/<br>Policy   | Notes  |
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| Tucker Halpern,<br>Carolyn; Mitchell, Ellen<br>M.H.; Farhat, Tilda and<br>Bardsley, Phil (2008)<br>'Effectiveness of Web-<br>based Education on<br>Kenyan and Brazilian<br>Adolescents'<br>Knowledge About<br>HIV/AIDS, Abortion<br>Law, and Emergency<br>Contraception:<br>Findings From<br>TeenWeb', <i>Social</i><br><i>Science and Medicine</i> ,<br>67:4, 628–37. | Nairobi and Rio de<br>Janeiro<br>Teen<br>Web project<br>Health<br>14-16 years old<br>School pupils | Reports results from an evaluation of<br>the TeenWeb project, a multi-year,<br>web- based health education<br>intervention implemented in two<br>urban settings: Nairobi, Kenya (N =<br>1178 school students) and Rio de<br>Janeiro, Brazil (N = 714 school<br>students).<br>A quasi-experimental, school-based<br>pre- test/post-test design was<br>implemented at each study site to<br>determine if easy access to web-<br>based reproductive health<br>information, combined with<br>'priming' about reproductive health<br>topics, would result in improved<br>knowledge and attitudes about<br>topics such as condom use, access to<br>HIV testing, emergency<br>contraception and abortion laws. | Students in web-access schools completed one<br>web-based module approximately every 6–8<br>weeks, and in return, had access to the<br>Internet for at least 30 min. Students were<br>encouraged to access project-supplied web-<br>based health information, but they could<br>choose anything.<br>Most measures showed statistically significant<br>differences between students in 'web' and<br>'comparison' conditions at post- test, but only<br>around half of the differences were in the<br>hypothesised direction.<br>Results of an embedded experiment employing<br>more directed feedback tripled the likelihood<br>of correctly reporting the duration of<br>emergency contraception effectiveness.<br>Review of URL logs suggests that the modest<br>results were due to inadequate exposure to<br>educational materials. | Little evidence is<br>available about<br>the utility of web-<br>based health<br>education for<br>students in low<br>resource settings.<br>Future<br>intervention<br>should focus on<br>teen's purposeful<br>searching for<br>health<br>information when<br>they are in<br>personal<br>circumstances of<br>unmet health<br>needs. | 14-16 age<br>group.<br>No mention of<br>slum or gender-<br>specific<br>analysis. |



## Mental Health Programmes

| Author(s)/ Publication  | Country/ Key<br>words  | Methods/Objectives  | Findings   | Explanation/<br>Policy | Notes   |
|---|--|---|--|------------------------|---|
| Ager, Alastair; Akesson, Bree;<br>Stark, Lindsay; Flouri, Eirini;<br>Okot, Braxton; McCollister,<br>Faith and Boothby, Neil (2011)<br>'The Impact of the School-based<br>Psychosocial Structured<br>Activities (PSSA) Program on<br>Conflict- affected Children in<br>Northern Uganda', Journal of<br>Child Psychology and Psychiatry,<br>52:11, 1124-33.                 | Uganda<br>School-based<br>Psychosocial<br>Structured<br>Activities (PSSA)<br>Mental Health                     | Displaced children aged 7–12 years in<br>primary schools.<br>Approach is designed to enhance<br>resilience, coping skills, self-esteem and<br>future planning through structured<br>activities around play therapy, art, drama<br>in 15 × 60 min sessions delivered over<br>course of five weeks.<br>N = 403 primary school students (mean<br>age 10.23 years) from 12 schools (8<br>interventions) in Uganda 12 month follow | Significant improvement in<br>participants' wellbeing, as measured<br>by parents and children (but not<br>teachers). Evidence from parent and<br>teacher suggest girls make greater<br>progress than boys.   | N/A                    | No specific<br>mention of<br>slums or urban<br>areas. |
| Mueller, Joanne; Alie, Collin;<br>Jonas, Beatrice; Brown,<br>Elizabeth and Sherr, Lorraine<br>(2011) 'A Quasi- experimental<br>Evaluation of a Community-<br>based Art Therapy Intervention<br>Exploring the Psychosocial<br>Health of Children Affected by<br>HIV in South Africa', <i>Tropical</i><br><i>Medicine and International</i><br><i>Health</i> , 16:1, 57–66. | South Africa<br>Children affected<br>by HIV and AIDS<br>aged 8–18 in<br>deprived<br>community<br>Mental health | Community- based psychosocial<br>intervention consisting of art education<br>activities designed to build a sense of self-<br>worth, empowerment and emotional self-<br>control Programme implemented in<br>school by trained youth workers.<br>N = 297 youth aged 8–18 years from one<br>school  | Sessions were led by team of trained<br>and supervised 'youth ambassadors'.<br>Being violent towards others and<br>witnessing violence in the home<br>were key predictors of weak feelings<br>of self-efficacy.<br>Significant programme effects on<br>self-efficacy scores.<br>No programme effect on scores for<br>depression, emotional and<br>behavioural wellbeing, or self-<br>esteem. | N/A                    | No specific<br>mention of<br>slums or urban<br>areas  |



| Author(s)/ Publication  | Country/ Key words   | Methods/Objectives   | Findings  | Explanation/ Policy<br>suggestions | Notes   |
|---|--|--|---|------------------------------------|---|
| Kumakech, Edward; Cantor-<br>Graae, Elizabeth; Maling,<br>Samuel and Bajunirwe, Francis<br>(2009) 'Peer-group Support<br>Intervention Improves the<br>Psychosocial Wellbeing of AIDS<br>Orphans: Cluster Randomized<br>Trial', Social Science and<br>Medicine, 68:6, 1038–43. | Children aged<br>10–15 years reported<br>to have lost one or<br>both parents due to<br>AIDS<br>Mental health | Peer-support intervention aims to<br>encourage participants to reflect,<br>challenge and face difficult<br>experiences and to develop coping<br>skills Twice-weekly peer support<br>exercises held in classroom for 10<br>weeks.<br>Teachers trained to deliver<br>intervention.<br>Cluster-randomised control trial | <ul> <li>Significant reduction in:</li> <li>anxiety scores</li> <li>depression scores</li> <li>anger scores</li> <li>Peer-group support exercises were originally intended for adults but were adapted for children.</li> </ul> | N/A                                | No specific<br>mention of<br>slums or urban<br>areas. |



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|--|--|--|--|--|--|
| Smith, Edward A., Palen, Lori-<br>Ann; Caldwell, Linda L.; Flisher,<br>Alan J.; Graham, John W.;<br>Mathews, Catherine; Wegner,<br>Lisa and Vergnani, Tania (2008)<br>'Substance Use and Sexual Risk<br>Prevention in Cape Town,<br>South Africa: An Evaluation of<br>the HealthWise Program',<br><i>Prevention Science</i> , 9:4, 311–<br>21. | South Africa<br>Cape Town<br>Township<br>Secondary school<br>students grades<br>8–9 (mean age<br>14 years)<br>HealthWise<br>Programme<br>Mental health | School-based leisure, life skills and sexuality<br>education intervention in which<br>12 lessons provided in grade 8 followed by<br>6 booster sessions in grade 9. Programme<br>delivered by class teachers. Schools with<br>greatest investments in teacher training<br>and implementation reported more<br>positive outcomes in student motivation.<br>N = 2193 adolescents (mean age 14 years)<br>Life Orientation curriculum taught in<br>control schools. | <ul> <li>Significant increase in:</li> <li>intrinsic motivation</li> <li>perception of condom<br/>availability in<br/>intervention group.</li> <li>Control group had 'steeper<br/>increase' in recent and<br/>heavy use of alcohol and<br/>cigarettes than<br/>programme participants<br/>indicating positive<br/>programme effects on<br/>alcohol and cigarette use.</li> </ul> | N/A  | No specific<br>gender<br>analysis  |
| Ball Cooper, Laurie and<br>Fletcher, Erin K. (2013)<br><i>Reducing Societal</i><br><i>Discrimination Against</i><br><i>Adolescent Girls Using Social</i><br><i>Norms to Promote Behaviour</i><br><i>Change,</i> (London: Girl Hub).<br><u>http://www.girleffect.org/medi</u><br><u>a?id=3046</u> (accessed 16<br>November 2016)                | LMIC<br>Programme<br>overview<br>Social norms<br>Behaviour<br>Adolescents 10-<br>19 years old  | Review of programmes that aim at reducing<br>societal discrimination against adolescent<br>girls in LMICs.<br>Overviews of programmes targeted at<br>social norms, including marketing<br>campaigns; multi-faceted community<br>interventions and legal reforms evaluated<br>with respect to social norms (e.g.<br>compulsory schooling, inheritance law).   | Some programmes had<br>unintended consequences<br>(e.g. when boys in the<br>'Soul Buddyz', an<br>'edutainment'<br>intervention run by the<br>Soul City NGO in South<br>Africa), are narrated as<br>subjects and girls as the<br>object of their desire in<br>the plot line of a<br>programme.  | <ul> <li>Paucity of evidence as to the effectiveness of social norms interventions in reducing discrimination</li> <li>Many programme evaluations have methodological shortcomings</li> <li>More quasi-experimental study designs should be used</li> <li>Importance of targeting the correct audience effectively to bring about behaviour change.</li> </ul> | Doesn't<br>specifically<br>discuss the<br>impacts of<br>programmes<br>in urban<br>slums. |



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|---|--|--|---|---|---|
| Barry, Margaret; Clarke, Aleisha<br>M.; Jenkins, Rachel and Patel,<br>Vikram (2013) 'A<br>Systematic Review of the<br>Effectiveness of Mental Health<br>Promotion Interventions for<br>Young People in Low and<br>Middle Income Countries', BMC<br>Public Health, 13:835.                                   | LMIC<br>Mental health<br>Meta study                                      | A 2013 review of mental health<br>promotion interventions for<br>young people aged 6 to 18 in<br>LMICs found moderate to high<br>evidence of impact for both<br>school-based and<br>community-based interventions<br>in terms of emotional and<br>behavioural outcomes.  | Of the 22 reviewed<br>interventions, programmes<br>included focus on life skills,<br>recreation and resilience<br>training, cognitive<br>behavioural strategies,<br>family skills building, and<br>psychosocial interventions<br>for children affected by<br>armed conflict.  | The review findings highlight the<br>potential of multicomponent<br>programmes, which partner delivery of<br>school-based social and emotional skill<br>training with parents and the local<br>community. In some cases, gender-<br>differentiated effects were observed,<br>signifying the need for further gender-<br>specific research.  | Meta study<br>List of 22<br>interventions<br>reviewed (5 of<br>them reviewed in<br>this RER as it<br>speaks to slums<br>and 10-14 year<br>olds) |
| Blanc, Ann K., Melnikas,<br>Andrea; Chau, Michelle and<br>Stoner, Marie (2013) <i>A Review</i><br>of the Evidence on Multi-<br>sectoralInterve ntions to Reduce<br>Violence Against Adolescent<br>Girls, (London: Girl Hub).<br>http://www.girl<br>effect.org/medi a?id=3013<br>(accessed 16 November 2016) | LMIC<br>Programme<br>overview<br>Violence<br>prevention<br>and reduction | Review of multi-sectoral<br>programmes aimed at reducing<br>violence<br>Based on internet search.<br>Search strategy yielded 45<br>studies. Included were<br>14 studies that have been<br>completed or are still ongoing.<br>Programmes reviewed include<br>Biruh Tesfa (Ethopia), Better<br>Life Options (India), Ishraq<br>(rural Upper Egypt), and<br>Stepping Stones (for 15-26 year<br>old men, various countries). | Findings:<br>Lack of methodologically-<br>rigorous evaluations of<br>tested multi-sectoral<br>intervention strategies.<br>However, there are ongoing<br>evaluations that will<br>increase the evidence base.<br>Increasing level of economic<br>empowerment of<br>adolescent girls may be<br>effective in reducing<br>violence when accompanied<br>by programmes which also<br>build self-efficacy and other<br>skills. | Longitudinal evaluations could be<br>especially useful for assessing the<br>impact of interventions on adolescent<br>girls. Building 'protective' social,<br>economic and health assets during<br>childhood and early adolescence are<br>likely to yield longer-term benefits.<br>'Legacy' effects can arguably only be<br>observed after a period that is longer<br>than initial evaluations undertaken on<br>project completion, for example, later<br>marriage, less violence in later<br>adolescent and adult life, greater<br>female labour force participation and<br>so on.<br>• It can be difficult to obtain<br>approval for research that involves<br>collecting data on young girls<br>under the age of consent. | Many<br>programmes<br>address rural<br>areas  |



| Author(s)/ Publication   | Country/ Key<br>words   | Methods/Objectives   | Findings   | Explanation/ Policy suggestions  | Notes   |
|--|---|--|--|--|---|
| Bruce, Judith and<br>Hallman, Kelly (2008)<br>'Reaching the Girls Left<br>Behind', <i>Gender and</i><br><i>Development</i> , 16:2,<br>227-45.  | Overview of<br>some Population<br>Council- funded<br>youth and HIV-<br>prevention<br>programmes | Example of Population<br>Council programmes such<br>as Biruh Tesfa ('Bright<br>Future', Ethiopia), and<br>others that are incorporated<br>in main text if the target<br>group included 10-14 year-<br>olds.                  | Overview of youth programmes,<br>with relevant reports published<br>2006-2016, included in the text.   | The policy analyses and programme<br>experiences presented in this article<br>emphasise the crucial importance of<br>addressing girls' social, economic, and<br>health vulnerabilities, and building-up<br>their protective assets. Without such<br>measures, a substantial proportion of<br>vulnerable girls will be 'left behind', and<br>as a result will carry a rising and<br>disproportionate share of HIV infection in<br>decades to come.  | An informative<br>overview of<br>Population<br>Council<br>programmes for<br>adolescents.  |
| Catino, Jennifer (2012)<br>The Health of<br>Vulnerable Adolescent<br>Girls: A Strategic<br>Investment for Double<br>Return (New York:<br>Population Council).<br>http://www.pop<br>council.org/upl<br>oads/pdfs/201<br>2PGY_GirlsFir<br>st_Health.pdf<br>(accessed 2 November<br>2016) | LMIC<br>Overview<br>Programmes<br>Health<br>Education<br>programmes<br>Adolescent girls         | Particular mention is made<br>of The Population Council's<br>'Abriendo Oportunidades'<br>(AO/Opening-up<br>Opportunities) programme<br>designed to reach and<br>empower indigenous girls<br>aged 8–18 in rural<br>Guatemala. | Provides some statistics about<br>health issues that girls face in the<br>transition to puberty (e.g. FGM,<br>paid work, withdrawal from school,<br>pregnancy, violence). But report is<br>more about wants and needs, and<br>recommendations for future<br>programmes with brief examples.<br>No evaluations, but itemisation of<br>tools and materials which can be<br>used by practitioners for health<br>education.<br>It is also suggested that ICTs may<br>help deliver timely information to<br>girls and help them connect with<br>one other and with networks and<br>services which can enhance their<br>health, safety, and wellbeing. | Recommendations:<br>Bring essential health information and<br>services to vulnerable girl subgroups early,<br>wherever they can be found (e.g. in<br>schools, community centres and<br>neighbourhood shops and store,<br>workplaces, markets, churches, NGOs).<br>Alternative approaches and strategies to<br>reach these girls appropriately and to<br>improve their health and safety, include<br>outreach and community-based<br>distribution of health commodities,<br>mobile health services, and social<br>marketing and use of emerging<br>technologies, such as cell phones. | Useful overview<br>of programmes<br>but no<br>evaluation.<br>Focus is not<br>exclusively on<br>10-<br>14 year-olds in<br>urban areas. |



| Author(s)/ Publication Word  | ntry/ Key<br>ds Methods/Objectives   | Findings   | Explanation/ Policy suggestions  | Notes  |
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| Hallman, Kelly; Stoner, LMIC<br>Marie; Chau, Michelle<br>and Melnikas, A.J.<br>(2013) A Review of Healt<br>Control- comparison progr | <ul> <li>The thematic breakdown of the 49 featured studies is as follows:</li> <li>18 have a primary focus on HIV/AIDS.</li> <li>18 have a primary focus on sexual and reproductive health.</li> </ul> | <ul> <li>Continued:</li> <li>Costing information was<br/>found for 20%</li> <li>61% were multi-level,<br/>engaging actors in addition to<br/>the targeted girl herself</li> <li>One-quarter of studies<br/>incorporated school retention<br/>or school re- entry</li> <li>27% incorporated cash or in-<br/>kind incentives or offered<br/>credit</li> <li>31% included training in<br/>financial education or saving</li> <li>20% offered vocational<br/>training</li> <li>29% incorporated training in<br/>health, economic, social or<br/>legal rights</li> <li>-45% had programme content<br/>designed for an age range of<br/>six years or less and/or a<br/>school grade range of three<br/>or fewer years</li> <li>One-half offered girls a safe<br/>space in the community in<br/>which to meet.</li> </ul> | <ul> <li>The interventions with greatest<br/>demonstrable impact on health<br/>status, health behaviours or health<br/>mediators for girls had the following<br/>common characteristics.</li> <li>The majority were: <ul> <li>single-sex, girl-only and not<br/>mixed interventions;</li> <li>included girls younger than 14<br/>years of age;</li> <li>were offered to rural<br/>populations;</li> <li>had a follow-up period of more<br/>than 12 months;</li> <li>used a multi-level intervention<br/>approach;</li> <li>provided a safe space in the<br/>community for girls to regularly<br/>meet in groups;</li> <li>offered financial education or<br/>savings training;</li> <li>had a rights training element;</li> <li>employed age- or grade- specific<br/>targeting and content;</li> <li>conducted follow-ups in the<br/>longer-term.</li> </ul> </li> </ul> | Half the studies<br>includes girls<br>younger than<br>14 years of age. |



| Author(s)/ Publication  | Country/ Key<br>words            | Methods/Objectives   | Findings   | Explanation/ Policy<br>suggestions   | Notes  |
|---|----------------------------------|--|--|--|--|
| Quisumbing, Agnes R.<br>and Kovarik, Chiara<br>(2013) Investments in<br>Adolescent Girls'<br>Physical and Financial<br>Assets: Issues and<br>Review of Evidence,<br>(London: Girl Hub).<br>http://www.girl<br>effect.org/medi<br>a?id=3042 (accessed<br>16.11.2016) | LMIC<br>10-19 year-<br>old girls | <ul> <li>The paper provides a brief overview of the importance of economic assets to girls.</li> <li>Review of 38 programmes/ interventions/policy reforms, out of which 30 evaluations could be identified (1) those directed at girl's households/families; (2) those directed at girls themselves; and (3) those attempting to change rules, procedures, and laws underlying the ability of girls to acquire, accumulate, and retain control of assets The paper focuses, in particular, on multi- sectoral/ integrated investments, with the goal of highlighting existing and promising research and programming in this area, as well as identifying critical gaps and future opportunities.</li> <li>Examined programmes include: <ul> <li>cash transfers</li> <li>child savings accounts</li> <li>combining a safe social space with livelihood and life-skills training and community participation.</li> <li>-family law and inheritance law.</li> </ul> </li> </ul> | For adolescent girls in LMICs,<br>the ability to own and control<br>assets can contribute to<br>improved livelihoods and a<br>pathway out of poverty.<br>Different types of assets, from<br>natural resource capital to<br>political capital, could be a<br>means through which girls can<br>invest in their own present and<br>future wellbeing as they move<br>through adolescence and into<br>adulthood.<br>The majority of the<br>programmes reviewed, and for<br>which evaluations have been<br>conducted, are targeted at<br>adolescent girls themselves,<br>with other family members<br>engaged to a lesser extent. Few<br>programmes have focused on<br>changing rules and laws<br>governing property rights. | Having focused upon on the<br>need to strengthen poor<br>adolescent girls' ability to<br>invest in and accumulate<br>physical and financial<br>assets, the paper concludes<br>by summarising the extent<br>of the evidence thus far,<br>highlighting priorities for<br>researchers and<br>policymakers, and providing<br>recommendations on the<br>way forward by creating a<br>supportive environment at<br>the community and national<br>level and by creating a<br>mind-set that supports<br>learning and innovation by<br>practitioners. | The<br>programmes<br>that are listed<br>either don't fall<br>within the 10-<br>14 age range or<br>are not<br>specifically<br>focussed on<br>slums. |



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|--|---|--|---|--|--|
| Wamoyi, Joyce;<br>Mshana, Gerry; Mongi,<br>Aika; Neke, Nyasule;<br>Kapiga, Saidi and<br>Changalucha, John<br>(2014) 'A Review of<br>Interventions<br>Addressing Structural<br>Drivers of Adolescents'<br>Sexual and<br>Reproductive Health<br>Vulnerability in Sub-<br>Saharan Africa:<br>Implications for Sexual<br>Health Programming',<br><i>Reproductive Health</i> ,<br>11:88 | Sub-Saharan<br>Africa<br>Sexual and<br>Reproductive<br>Health<br>14-24 year<br>olds | A narrative summary of interventions in sub-<br>Saharan Africa (SSA) addressing the structural<br>drivers of adolescents' SRH risk, exploring<br>pathways of change, and highlighting areas for<br>further work<br>Methods: 33 abstracts and summary reports<br>were retrieved and perused for eligibility in the<br>review.<br>Review was limited to interventions conducted in<br>SSA which attempted to tackle gender norms or<br>inequities in livelihoods and poverty, and were<br>aimed at vulnerable young people (aged 14-24<br>years).<br>15 documents met inclusion criteria and were<br>read in full. Papers and reports were manually-<br>reviewed and 15 interventions that met the<br>criteria for inclusion were summarised in a table<br>format. | Most of the interventions<br>addressed multiple structural<br>factors, such as social norms,<br>gender inequality, and poverty.<br>Some interventions focused on<br>reducing economic drivers<br>which tend to increase sexual<br>risk behaviours.<br>Others focused on changing<br>social norms and thus sexual<br>risk behaviours through<br>communication and education.<br>Social norms addressed<br>included gender inequality,<br>gender violence, and child<br>socialisation. The interventions<br>included components on<br>comprehensive sexuality and<br>behaviour change, and<br>communication and parenting,<br>using different design and<br>evaluation methods. | There are encouraging<br>efforts towards addressing<br>structural drivers among<br>adolescents in SSA.<br>There is a need for<br>interventions to have a<br>clear focus, with a clear idea<br>of how to influence change,<br>and have a rigorous<br>evaluation strategy<br>assessing how the<br>intervention reduces<br>vulnerability to HIV.<br>Important lessons included<br>the need for a flexible<br>intervention design when<br>addressing adolescents, the<br>need for coordinated effort<br>among different<br>stakeholders. | Interesting case<br>studies.<br>Focus on 14-24<br>year olds. |



Gender and Adolescence: Global Evidence (GAGE) is a nine-year longitudinal research programme building knowledge on goodpractice programmes and policies that support adolescent girls in the Global South to reach their full potential.

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