Pets and Dependency

Jessica du Toit wonders if our relationship with our pets can be morally defended

Many of us share our lives and homes with dogs, cats, birds, and fish, among other animals, all of whom we have traditionally referred to as ‘pets’. It is unsurprising, then, that the question of how humans ought to treat these animals is the subject of a growing number of philosophical discussion. What is surprising, however, is that the question of whether it is permissible for humans to have pets has received less philosophical attention. Here, I want to consider one objection to the practice of having pets—what I shall call the ‘dependency objection’. (I’m going to assume that those who have pets can be relied upon to take good care of their pets.)

One terminological issue ought to be addressed first. Calling an animal a ‘pet’ has come to suggest ownership of the relevant animal, and this idea of ownership may well foster inappropriate attitudes to toward the animal called ‘pet’. For example, it may foster the attitude that ‘property’ is an appropriate category in which to place the animal called ‘pet’: in the same way that to place a human being in the category of property is to impugn the moral status or intrinsic value of that human being, to place a ‘pet’ in this category is to impugn the moral status or intrinsic value of that animal.

Thus, even if these beings suffer no physical harm as a result of their being categorized as property, their being categorized in this way might nonetheless be said to wrong them. For this reason, some authors prefer the term ‘companion animal’ to ‘pet’. I shall follow...
these authors and henceforth refer to those animals traditionally called pets as companion animals.

While I agree with those who argue that we ought not to categorize companion animals as property and that we ought to bring an end to the practice of owning companion animals, the question I am interested in is whether we ought also to aim at ending the practice of keeping companion animals. In other words, is it morally permissible to bring companion animals into existence merely to keep them, even if we do not own them?

According to Gary Francione, if the legal status of companion animals were changed so that they no longer fell into the category of property, humans would have a moral obligation to continue to care for those companion animals who already exist. Further, we would also be obliged to ensure that no more of these animals were brought into existence. This is because he thinks that there is something inherently wrong with keeping companion animals and not merely with owning them.

In Francione’s view, the inherent wrongfulness has to do with the fact that companion animals are domesticated. Domesticated animals are much more docile and trusting than the wild animals from whom they descended. While this renders them better suited to living with, or in close proximity to, humans, it also renders them almost entirely dependent on humans for the satisfaction of their fundamental needs and desires. To be so dependent on another is to be in a position of extreme vulnerability. And to find oneself in this position is to run a very high risk of leading a short and miserable life. For this reason, the argument goes, it is morally indefensible to place or allow another creature to be placed in such a position and thus we ought not breed companion animals or even allow them to reproduce with one another.

Although it is true that companion animals are at the mercy of their human keepers, the caring and reliable keepers with whom I am concerned are precisely the kind of keepers who can be relied upon to satisfy their companion animals’ needs and desires (to the greatest extent possible). Thus, if the dependency objection is to make any sense in these cases, it must be because, irrespective of whether the relevant animals’ needs and desires are met, it is morally unconscionable that companion animals are so dependent on their respective keepers.

The practice of having pets is so well established in our society that it would be surprising if we did not have some difficulty appreciating why merely keeping companion animals might be morally problematic. In light of this, some might suggest that we imagine a programme of breeding severely cognitively impaired humans who could be kept around
the home as companions. Such humans would, like companion animals, be permanently
dependent on their keepers for almost everything.

The vast majority of people would, I’m sure, have moral qualms about this. But is the
worry here that there is something inherently morally troubling about a being’s perpetual
dependency on another for almost everything, or is it something else? For example, we
might think this is problematic because it is morally wrong to deliberately breed severely
impaired humans.

Perhaps, then, we should instead imagine a hypothetical situation in which someone
breeds genetically altered chimpanzees who are ill suited to living in the wild, but well
suited to living with, or in close proximity to, humans. These domesticated chimpanzees
would have mental capacities equivalent to those of wild chimpanzees, and thus would
not be cognitively impaired. They would, however, be much less aggressive and more
docile than their wild relatives. Since they would be unable to live independently of
humans, the domesticated chimpanzees would be perpetually dependant on humans for
the satisfaction of their fundamental needs and desires. Is there something morally
problematic about creating a breed of such chimpanzees?

Intuitions about this case will likely clash. While some might see nothing wrong with
choosing to breed a new kind creature who will be perpetually dependent on another,
provided that this other satisfies its needs and desires, others might have the intuition
that it is morally problematic to do so even if the creature will be well cared for.

What can be said in the face of these conflicting intuitions? Some might argue that since
proponents of the dependency objection wish to change people’s practices, they must
bear the burden of proof. As they don’t seem to have provided a compelling argument for
their position, it might be thought that we are entitled to dismiss the dependency
objection. However, it is just not clear that proponents of the objection do in fact bear the
burden of proof. This clash of intuitions suggests that we simply cannot evaluate the
dependency objection. So although it would be preferable to resolve this matter, it is
entirely possible that there is no resolution available (at least at present). If that is the
case, we should not artificially impose or stipulate one. Thus, it is unclear whether we
ought to aim at ending the practice of keeping companion animals.

Since there are currently far too many companion animals who are brought into
existence but never homed, and since this situation is unlikely to change in the near
future, our most pressing moral obligations seem to me to be clear: until such time as the
demand for companion animals exceeds the number of these animals already in
existence, we ought to continue to care for those companion animals who already exist, but to desist from breeding these animals and from allowing them to reproduce with one another.

Jessica du Toit has just completed a fellowship in the Department of Bioethics, National Institutes of Health, USA. This blog post is based on her paper 'Is Having Pets Morally Permissible?', published in the Journal of Applied Philosophy.

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