# The max-flow min-cut property and $\pm 1$-resistant sets 

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#### Abstract

A subset of the unit hypercube $\{0,1\}^{n}$ is cube-ideal if its convex hull is described by hypercube and generalized set covering inequalities. In this paper, we provide a structure theorem for cube-ideal sets $S \subseteq$ $\{0,1\}^{n}$ such that, for any point $x \in\{0,1\}^{n}, S-\{x\}$ and $S \cup\{x\}$ are cube-ideal. As a consequence of the structure theorem, we see that cuboids of such sets have the max-flow min-cut property.


## 1 Introduction

Take an integer $n \geq 1$. A cuboid is a family $\mathcal{C}$ of subsets of $[2 n]:=\{1, \ldots, 2 n\}$ such that

$$
|C \cap\{1,2\}|=|C \cap\{3,4\}|=\cdots=|C \cap\{2 n-1,2 n\}|=1 \quad \forall C \in \mathcal{C} .
$$

$\mathcal{C}$ has a compact representation: There exists a unique $S \subseteq\{0,1\}^{n}$ such that

$$
\left\{\chi_{C}: C \in \mathcal{C}\right\}=\left\{\left(z_{1}, 1-z_{1}, z_{2}, 1-z_{2}, \ldots, z_{n}, 1-z_{n}\right): z \in S\right\} .
$$

We will write $\mathcal{C}=\operatorname{cuboid}(S)$. Introduced in [5] and studied in [3], cuboids form an important class of clutters, to the extent that the major conjectures on clutters, namely the Replication Conjecture [6] and the $\tau=2$ Conjecture [8] and the $f$-Flowing Conjecture [13], can be phrased equivalently in terms of cuboids. In fact, for the second and third conjectures, the equivalence goes beyond just a simple rephrasing and gets to the heart of the conjectures; we refer the interested reader to [3].

Consider the following primal-dual pair of linear programs for $w \in \mathbb{Z}_{+}^{2 n}$ :

$$
\begin{array}{lllll} 
& \min & w^{\top} x & & \max \\
\text { (P) } & \mathbf{1}^{\top} y \\
\text { s.t. } & x(C) \geq 1 & C \in \mathcal{C} \\
& x \geq \mathbf{0}
\end{array} \quad \text { (D) } \quad \text { s.t. } \quad \sum_{y \geq 0}\left(y_{C}: i \in C \in \mathcal{C}\right) \leq w_{i} \quad i \in[2 n]
$$

$\mathcal{C}$ is ideal if $(P)$ has an integral optimal solution for all $w \in \mathbb{Z}_{+}^{2 n}[9]$, while $\mathcal{C}$ has the max-flow min-cut property if $(D)$ has an integral optimal solution for all $w \in \mathbb{Z}_{+}^{2 n}$ [7]. A classic result of Edmonds and Giles [10] and Hoffman [11] tells us that the max-flow min-cut property implies idealness. The converse however does not hold. In fact, understanding when the converse does hold is what the Replication and $\tau=2$ Conjectures address. This is also what we address.

Looking at the known examples of cuboids that are ideal and do not have the max-flow min-cut property, we have noticed something curious:

Conjecture 1.1. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$ such that cuboid $(S)$ is ideal and does not have the max-flow min-cut property. Then there exists a point $x \in S$ such that cuboid $(S-\{x\})$ is nonideal.

For instance, consider the two sets

$$
\begin{aligned}
& A:=\{000,101,110,011\} \subseteq\{0,1\}^{3} \\
& B:=\{1010,0110,0001,1101,0011,1011,0111,1111\} \subseteq\{0,1\}^{4} .
\end{aligned}
$$

These two examples are taken from a library of 745 strictly non-polar sets provided in [3]; they are sets number 1 and 9 , respectively. Both of these sets have an ideal cuboid that does not have the max-flow min-cut property. In the first example, cuboid $(A-\{x\})$ is nonideal for any point $x \in A$. In the second example, $\operatorname{cuboid}(B-\{x\})$ is nonideal for any point $x \in\{1010,0110,0001,1101\}$, while cuboid $(B-\{x\})$ is ideal for any point $x \in$ $\{0011,1011,0111,1111\}$.

In this paper, we prove the following weakening of Conjecture 1.1:
Theorem 1.2. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$ such that cuboid $(S)$ is ideal and does not have the max-flow min-cut property. Then there exists a point $x \in S$ such that cuboid $(S-\{x\})$ is nonideal, or there exists a point $x \in\{0,1\}^{n}-S$ such that cuboid $(S \cup\{x\})$ is nonideal.

Our proof relies on a structure theorem, an intriguing fact in its own right. We need to set some notation and make some definitions first.

Take an integer $n \geq 1$. A sub-hypercube of $\{0,1\}^{n}$ is a subset of the form

$$
\left\{x \in\{0,1\}^{n}: x_{i}=0 \quad i \in I, x_{j}=1 \quad j \in J\right\} \quad I, J \subseteq[n], I \cap J=\emptyset
$$

its rank is $n-|I|-|J|$. Given $a, b \in\{0,1\}^{n}$, the distance between $a$ and $b$, denoted $\operatorname{dist}(a, b)$, is the number of coordinates $a$ and $b$ differ on. Denote by $G_{n}$ the skeleton graph of $[0,1]^{n}$, whose vertices are the points in $\{0,1\}^{n}$, where $a, b \in\{0,1\}^{n}$ are adjacent if $\operatorname{dist}(a, b)=1$. For a subset $X \subseteq\{0,1\}^{n}$, denote by $G_{n}[X]$ the subgraph of $G_{n}$ induced on vertices $X$, and we say that $X$ is connected if $G_{n}[X]$ is connected.

Take a set $S \subseteq\{0,1\}^{n}$. We refer to $n$ as the dimension of $S$, to the points in $S$ as feasible, and to the points in $\bar{S}:=\{0,1\}^{n}-S$ as infeasible. The connected components of $G_{n}[S]$ are feasible components, while the components of $G_{n}[\bar{S}]$ are infeasible components. Given $x, y \in\{0,1\}^{n}$, denote by $x \triangle y$ the coordinate-wise sum of $x, y$ modulo 2 , and define $S \triangle y:=\{x \triangle y: x \in S\}$. Take $i \in[n]$. Denote by $e_{i}$ the $i^{\text {th }}$ unit vector. To twist coordinate $i$ is to replace $S$ by $S \triangle e_{i}$. A set $S^{\prime} \subseteq\{0,1\}^{n}$ is isomorphic to $S$, displayed as $S^{\prime} \cong S$, if $S^{\prime}$ is obtained from $S$ after relabeling and twisting some coordinates.

Given integers $n_{1}, n_{2} \geq 0$ and $S_{1} \subseteq\{0,1\}^{n_{1}}, S_{2} \subseteq\{0,1\}^{n_{2}}$, the product of $S_{1}$ and $S_{2}$ is

$$
S_{1} \times S_{2}:=\left\{(x, y): x \in S_{1}, y \in S_{2}\right\} \subseteq\{0,1\}^{n_{1}+n_{2}}
$$



Figure 1: An illustration of $C_{8}$. Round points are feasible while square points are infeasible.

Denote by $\mathbf{0}, \mathbf{1}$ the all-zeros and all-ones vectors of appropriate dimensions, respectively; the dimension of the vectors will be clear from the context.

We are now ready to state our structure theorem:
Theorem 1.3. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$ such that cuboid $(S)$ is ideal, cuboid $(S-\{x\})$ is ideal for each $x \in S$, and cuboid $(S \cup\{x\})$ is ideal for each $x \in \bar{S}$. Then one of the following statements holds:
(i) $S \cong A_{k} \times\{0,1\}^{n-k}$ for some $k \in\{2, \ldots, n\}$, where $A_{k}=\{\mathbf{0}, \mathbf{1}\} \subseteq\{0,1\}^{k}$,
(ii) $S \cong B_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$, where $B_{k}=\left\{\mathbf{0}, e_{1}, \mathbf{1}\right\} \subseteq\{0,1\}^{k}$,
(iii) $S \cong C_{8} \times\{0,1\}^{n-4}$, where $C_{8}=\{0000,1000,0100,1010,0101,0111,1111,1011\} \subseteq\{0,1\}^{4}$,
(iv) $S \cong D_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$, where $D_{k}=\left\{\mathbf{0}, e_{2}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\} \subseteq\{0,1\}^{k}$,
(v) $S$ is a sub-hypercube, or
(vi) every infeasible component of $S$ is a sub-hypercube, and every feasible point has at most two infeasible neighbors.

Next we explain the main idea behind the proofs of our two theorems.

### 1.1 The notion of $\pm 1$-resistance

Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. We say that $S$ is cube-ideal if cuboid $(S)$ is ideal. We have the following nice characterization of cube-ideal sets: ${ }^{1}$

Theorem 1.4 ([3]). Take an integer $n \geq 1$. Then a subset of $\{0,1\}^{n}$ is cube-ideal if, and only if, its convex hull is described by inequalities of the form

$$
\begin{array}{rl}
x_{i} \geq 0 \text { and } x_{i} \leq 1 & i \in[n]:=\{1, \ldots, n\} \\
\sum_{i \in I} x_{i}+\sum_{j \in J}\left(1-x_{j}\right) \geq 1 & I, J \subseteq[n], I \cap J=\emptyset .
\end{array}
$$

[^0]

The second type of constraints above are called generalized set covering inequalities [7]. Jon Lee refers to generalized set covering inequalities as cropping inequalities, and he has shown that if every infeasible component is a sub-hypercube, then $S$ is cube-ideal [12]. ${ }^{2}$ Notice that generalized set covering inequalities are precisely the inequalities that cut off sub-hypercubes of $\{0,1\}^{n}$, providing yet another reason why cube-idealness is such a natural geometric concept. To prove Theorem 1.2 and Theorem 1.3, however, we need to replace cube-idealness by a weaker yet more tangible property. Let us elaborate.

Take $i \in[n]$. The set obtained from $S \cap\left\{x: x_{i}=0\right\}$ after dropping coordinate $i$ is called the 0 -restriction of $S$ over coordinate $i$, and the set obtained from $S \cap\left\{x: x_{i}=1\right\}$ after dropping coordinate $i$ is called the 1 -restriction of $S$ over coordinate $i$. A restriction of $S$ is a set obtained after a series of 0 - and 1-restrictions. The projection of $S$ over coordinate $i$ is the set obtained from $S$ after dropping coordinate $i$. A minor of $S$ is what is obtained after a series of restrictions and projections. A minor is proper if at least one operation is applied.

Remark 1.5 ([3]). If a set is cube-ideal, then so is every isomorphic minor of it.
Hereinafter, the prefix "isomorphic" will be omitted from "isomorphic restriction" and "isomorphic minor".
Let $P_{3}:=\{110,101,011\} \subseteq\{0,1\}^{3}$ and $S_{3}:=\{110,101,011,111\} \subseteq\{0,1\}^{3}$. These two sets are not cube-ideal because

$$
\begin{aligned}
& \operatorname{conv}\left(P_{3}\right)=\left\{x \in[0,1]^{3}:\left(1-x_{1}\right)+\left(1-x_{2}\right)+\left(1-x_{3}\right)=1\right\} \\
& \operatorname{conv}\left(S_{3}\right)=\left\{x \in[0,1]^{3}:\left(1-x_{1}\right)+\left(1-x_{2}\right)+\left(1-x_{3}\right) \leq 1\right\}
\end{aligned}
$$

In fact, up to isomorphism, $P_{3}$ and $S_{3}$ are the only non-cube-ideal sets of dimension at most 3 . As an immediate consequence of Remark 1.5, a cube-ideal set has none of $P_{3}, S_{3}$ as a minor. We will replace cube-idealness by the weaker yet more tangible property of having no $P_{3}, S_{3}$ minor. (This idea only works for tackling Theorem 1.2 and Theorem 1.3, and will not suffice for tackling Conjecture 1.1, because of $B$.)

We say that $S$ is $\pm 1$-resistant if, for every subset $X \subseteq\{0,1\}^{n}$ of cardinality at most one, $S-X$ and $S \cup X$ have no $P_{3}, S_{3}$ minor. Notice that the set in Theorem 1.3 is $\pm 1$-resistant. This observation is key as we will prove stronger analogues of Theorem 1.2 and Theorem 1.3 for $\pm 1$-resistant sets. In $\S 2$ we prove that $\pm 1$-resistance is a minor-closed property and provide an excluded minor characterization for it. In $\S 3$ we state and outline the proof of an exact structure theorem for $\pm 1$-resistance, which will imply Theorem 1.3. The proof of the structure theorem spans $\S 4-\S 7$. By using the structure theorem, we will prove in $\S 8$ that the cuboid of a $\pm 1$-resistant set has the max-flow min-cut property, thereby implying Theorem 1.2.

[^1]Our proofs heavily rely on another notion. $S$ is 1-resistant if, for every subset $X \subseteq\{0,1\}^{n}$ of cardinality at most one, $S \cup X$ has no $P_{3}, S_{3}$ minor. Notice that a $\pm 1$-resistant set is 1-resistant. The notion of 1-resistance was studied in [4] by us together with another author, though the prefix 1-was omitted there. It is worth pointing out that 1-resistance was come across much later than and as a result of $\pm 1$-resistance, for the latter is a more natural notion to define; we only arrived at it after studying $\pm 1$-resistance. Nevertheless, the following lemma for 1-resistant sets will be used frequently throughout the paper:

Lemma 1.6 ([4]). Take an integer $n \geq 1$ and a 1-resistant set $S \subseteq\{0,1\}^{n}$. If $S \cap\left\{x: x_{n}=0\right\}=\emptyset$, then $S$ is a sub-hypercube.

The paper is notationally heavy. To help the reader we have summarized what the symbols refer to in the last two pages of the manuscript.

### 1.2 Related notions and work

In [4] we showed that 1-resistance is a rich and multifaceted notion. We proved the Replication Conjecture and the $\tau=2$ Conjecture for 1-resistant sets, but our attempts fell short of providing a structure theorem for these sets. We showed that there are infinitely many 1-resistant sets with an ideal minimally non-packing cuboid, and argued that in order to fully characterize the ideal minimally non-packing cuboids this class leads to, a structure theorem is likely needed. This paper achieves just that for the subclass of $\pm 1$-resistant sets. There is another subclass for which this is achieved. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. For an integer $k \geq 2$, $S$ is $k$-resistant if, for every subset $X \subseteq\{0,1\}^{n}$ of cardinality at most $k, S \cup X$ has no $P_{3}, S_{3}$ minor. In [2] we described the structure of $k$-resistant sets for $k \geq 2$, and showed as a result that there are exactly three 2-resistant sets with an ideal minimally non-packing cuboid.

For an integer $k \geq 2$, we may say that $S$ is $\pm k$-resistant if, for every subset $X \subseteq\{0,1\}^{n}$ of cardinality at most $k$, the symmetric difference $S \triangle X$ has no $P_{3}, S_{3}$ minor. Our structure theorem for $\pm 1$-resistant sets, or the one for 2 -resistant sets, can be used to recover the structure of $\pm k$-resistant sets; we leave that to the interested reader.

The notion of resistance came into being as we were looking for a counterexample among cuboids to the $\tau=2$ Conjecture. We wrote a computer program to do this work for us, but to no avail. The theory of resistance explains why our attempts failed; see [1], Chapter 6 for more detail.

## 2 An excluded minor characterization for $\pm 1$-resistant sets

Let us start with the following easy remark:
Remark 2.1 ([4]). If a set is 1-resistant, then so is every minor of it.
Take a set $F \subseteq\{0,1\}^{3}$ such that $\{101,011\} \subseteq F \subseteq\{101,011,110,111\}$. We refer to $F$, and any set isomorphic to it, as fragile. Notice that $F \cup\{110\}$ is either $P_{3}$ or $S_{3}$, so $F$ is not 1-resistant. We have the


Figure 2: An illustration of a fragile set.

$F_{3}$
following excluded minor characterization of 1-resistance:
Theorem 2.2 ([4]). Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. Then the following statements are equivalent:
(i) $S$ is 1-resistant,
(ii) S has no fragile restriction and no $\left\{\mathbf{0}, \mathbf{1}-e_{1}\right\} \subseteq\{0,1\}^{k}, k \geq 4$ restriction,
(iii) $S$ has no fragile minor.

Let us now turn to $\pm 1$-resistant sets. We have the following easy remark:
Remark 2.3. If a set is $\pm 1$-resistant, then so is every restriction of it.
The class of $\pm 1$-resistant sets turns out to be closed under projections as well, but the reason is not as straightforward. Let

$$
\begin{aligned}
R_{1,1} & :=\{000,110,101,011\} \subseteq\{0,1\}^{3} \\
F_{1} & :=\{000,100,010,111\} \subseteq\{0,1\}^{3} \\
F_{2} & :=\{000,100,010,001,111\} \subseteq\{0,1\}^{3} \\
F_{k} & :=\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}, \mathbf{1}-e_{1}-e_{2}\right\} \subseteq\{0,1\}^{k} \quad k \geq 3
\end{aligned}
$$

Notice that for each $k \geq 4, F_{k}$ has an $F_{3}$ projection obtained after projecting away coordinates $4, \ldots, k$.
Remark 2.4. The sets $\left\{R_{1,1}\right\} \cup\left\{F_{k}: k \geq 1\right\}$ are not $\pm 1$-resistant.
Proof. Notice that $R_{1,1}-\{000\}=P_{3}, F_{1}-\{000\} \cong P_{3}, F_{2}-\{111\} \cong S_{3}$, and that for each $k \geq 3, F_{k}-\left\{e_{1}+\right.$ $\left.e_{2}\right\}$ has an $S_{3}$ projection obtained after projecting away coordinates $4, \ldots, k$. As a result, $\left\{R_{1,1}\right\} \cup\left\{F_{k}: k \geq 1\right\}$ are not $\pm 1$-resistant.

We are now ready to prove the following:
Theorem 2.5. Take an integer $n \geq 1$ and a 1-resistant set $S \subseteq\{0,1\}^{n}$. Then the following statements are equivalent:
(i) $S$ is $\pm 1$-resistant,
(ii) $S$ has none of $\left\{R_{1,1}\right\} \cup\left\{F_{k}: 1 \leq k \leq n\right\}$ as a restriction,
(iii) $S$ has none of $\left\{R_{1,1}, F_{1}, F_{2}, F_{3}\right\}$ as a minor.

Proof. By Remark 2.1, every minor of $S$ is 1-resistant. We will use this throughout the proof.
(i) $\Rightarrow$ (ii) follows from Remark 2.3 and Remark 2.4.
(ii) $\Rightarrow$ (iii): We will need the following three claims:

Claim 1. Let $R \subseteq\{0,1\}^{4}$ be 1 -resistant. Let $N \subseteq\{0,1\}^{3}$ be the projection of $R$ over coordinate 4 . Then the following statements hold:
(1) if $N=R_{1,1}$, then $R$ has an $R_{1,1}$ restriction,
(2) if $N=F_{1}$, then $R$ has an $F_{1}$ restriction,
(3) if $N=F_{2}$, then $R$ has one of $F_{1}, F_{2}$ as a restriction.

Proof of Claim. For $i \in\{0,1\}$, let $R_{i} \subseteq\{0,1\}^{3}$ be the $i$-restriction of $R$ over coordinate 4. Notice that $R_{0} \cup R_{1}=N$. (1) In this case, $R_{0}, R_{1} \subseteq R_{1,1}=\{000,110,101,011\}$. As $R_{0}, R_{1} \neq P_{3}$, it follows that $\left|R_{0}\right|,\left|R_{1}\right| \neq 3$. In fact, since $R_{0}, R_{1}$ are 1-resistant, we must have that $\left|R_{0}\right| \in\{0,1,4\}$ and $\left|R_{1}\right| \in\{0,1,4\}$. Since $\left|R_{0}\right|+\left|R_{1}\right| \geq 4$, it follows that one of $R_{0}, R_{1}$ is $R_{1,1}$, so $R$ has an $R_{1,1}$ restriction. (2) We may assume, after possibly twisting coordinate 4 , that $000 \in R_{0}$. Since the 0 -restriction of $R$ over coordinate 1 is 1 -resistant, it follows that $010 \in R_{0}$. Similarly, as the 0 -restriction of $R$ over coordinate 2 is 1 -resistant, $100 \in R_{0}$. Because $R_{0}$ is 1-resistant, we have that $R_{0}=F_{1}$, so $R$ has an $F_{1}$ restriction. (3) We may assume, after possibly twisting coordinate 4 , that $000 \in R_{0}$. Since $R$ has no $P_{3}, S_{3}$ restriction, at least two of $100,010,001$ must belong to $R_{0}$. Without loss of generality, $100,010 \in R_{0}$. As $R_{0}$ is 1-resistant, $111 \in R_{0}$, so $R_{0}$ is either $F_{1}$ or $F_{2}$, implying in turn that $R$ has one of $F_{1}, F_{2}$ as a restriction.

Claim 2. Let $R \subseteq\{0,1\}^{4}$ be 1-resistant and have no $F_{1}, F_{3}$ restriction. If the projection of $R$ over coordinate 4 is $F_{3}$, then $R \cong F_{4}$.

Proof of Claim. For $i \in\{0,1\}$, let $R_{i} \subseteq\{0,1\}^{3}$ be the $i$-restriction of $R$ over coordinate 4. Notice that $R_{0} \cup R_{1}=F_{3}$. Assume in the first case that $110 \in R_{0} \cap R_{1}$. Since $100 \in R_{0} \cup R_{1}$ and the 1-restriction of $R$ over coordinate 1 is 1-resistant, it follows that $100 \in R_{0} \cap R_{1}$. Similarly, $010 \in R_{0} \cap R_{1}$. After possibly twisting coordinate 4 of $R$, we may assume that $001 \in R_{0}$. This implies that $R_{0}$ is isomorphic to either $F_{1}$ or $F_{3}$, which is not the case as $R$ has no $F_{1}, F_{3}$ restriction. Assume in the remaining case that $110 \notin R_{0} \cap R_{1}$. After possibly twisting coordinate 4 of $R$, we may assume that $110 \in R_{0}$ and $110 \notin R_{1}$. As $100 \in R_{0} \cup R_{1}$ and the 1-restriction of $R$ over coordinate 1 is 1 -resistant, it follows that $100 \in R_{0}$ and $100 \notin R_{1}$. Similarly, $010 \in R_{0}$ and $010 \notin R_{1}$. Since $R_{0} \not \neq F_{1}, F_{3}$, it follows that $001 \notin R_{0}$ and so $001 \in R_{1}$. As $R_{0}$ is 1 -resistant, $000 \in R_{0}$. Since $R$ has no $F_{3}$ restriction, it follows that $000 \notin R_{1}$, implying in turn that $R \cong F_{4}$, as required. $\diamond$

Claim 3. Take an integer $k \geq 4$ and a 1 -resistant set $R \subseteq\{0,1\}^{k+1}$ that has no $F_{3}, F_{k}$ restriction. If the projection of $R$ over coordinate $k+1$ is $F_{k}$, then $R \cong F_{k+1}$.

Proof of Claim. For $i \in\{0,1\}$, let $R_{i} \subseteq\{0,1\}^{k}$ be the $i$-restriction of $R$ over coordinate $k+1$. Then $R_{0} \cup$ $R_{1}=F_{k}$. For $i \in\{0,1\}$, since $R_{i}$ is 1-resistant, it follows that $\left|R_{i} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right| \neq 3$, and if $\left|R_{i} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|=2$ then the two points in $R_{i} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}$ are adjacent. Since the restriction of $R$ obtained after 0 -restricting coordinates $3, \ldots, k$ is not isomorphic to $F_{3}$, one of the following holds:

- $\left|R_{0} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|=\left|R_{1} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|=2$ : in this case, the 0-restriction of $R$ over coordinates $[k+1]-\{1,2,3, k+1\}$ is not 1 -resistant,
- $\left|R_{0} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|=\left|R_{1} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|=4$ : in this case, one of $R_{0}, R_{1}$ is $F_{k}$,
- one of $\left|R_{0} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|,\left|R_{1} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|$ is 2 and the other one is 4 : in this case, the 0 -restriction of $R$ over coordinates $[k+1]-\{1,2,3, k+1\}$ is not 1-resistant,
- one of $\left|R_{0} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|,\left|R_{1} \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}\right|$ is 0 and the other one is 4 .

Thus, the last case is the only possibility. In this case, since $R$ has no $F_{k}$ restriction, it follows that $R \cong F_{k+1}$, as required.

Assume that $S$ has an $N \in\left\{R_{1,1}, F_{1}, F_{2}, F_{3}\right\}$ minor, obtained after applying $\ell$ single projections and $n-3-\ell$ single restrictions, for some $\ell \in\{0, \ldots, n-3\}$. We need to show that $S$ has one of $R_{1,1},\left\{F_{k}: 1 \leq k \leq n\right\}$ as a restriction. A repeated application of Claim 1 implies that if $N \in\left\{R_{1,1}, F_{1}, F_{2}\right\}$, then $S$ has one of $\left\{R_{1,1}, F_{1}, F_{2}\right\}$ as a restriction. We may therefore assume that $N=F_{3}$, and that $S$ has no $\left\{R_{1,1}, F_{1}, F_{2}\right\}$ restriction. If $\ell=0$, then $S$ has an $F_{3}$ restriction, so we are done. We may therefore assume that $\ell \geq 1$ and $S$ has no $F_{3}$ restriction. If $\ell=1$, then by Claim 2, $S$ has an $F_{4}$ restriction and we are done. We may therefore assume that $\ell \geq 2$ and $S$ has no $F_{3}, F_{4}$ restriction. By repeatedly applying Claim 3, we see that $S$ has one of $F_{5}, \ldots, F_{n}$ as a restriction, as required.
(iii) $\Rightarrow$ (i): Assume that $S$ is not $\pm 1$-resistant. Since $S$ is 1-resistant, there exists an $x \in S$ such that $S-\{x\}$ has an $N$ minor for some $N \in\left\{P_{3}, S_{3}\right\}$. Thus, for some point $y \in\{0,1\}^{3}, S$ has an $N \cup\{y\}$ minor. Since $S$ is 1-resistant, $N \cup\{y\}$ is 1-resistant, so $N \cup\{y\}$ must be isomorphic to one of $R_{1,1}, F_{1}, F_{2}, F_{3}$. Thus, $S$ has one of $\left\{R_{1,1}, F_{1}, F_{2}, F_{3}\right\}$ as a minor.

As a consequence,
Corollary 2.6. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. Then the following statements are equivalent:
(i) $S$ is $\pm 1$-resistant,
(ii) $S$ has none of the following sets as a restriction:

$$
\{F: F \text { is fragile }\} \cup\left\{\left\{\mathbf{0}, \mathbf{1}-e_{1}\right\} \subseteq\{0,1\}^{k}: k \geq 4\right\} \cup\left\{R_{1,1}\right\} \cup\left\{F_{k}: 1 \leq k \leq n\right\}
$$


(iii) $S$ has none of the following sets as a minor: $\{F: F$ is fragile $\} \cup\left\{R_{1,1}, F_{1}, F_{2}, F_{3}\right\}$.

In particular, $\pm 1$-resistance is a minor-closed property.
Proof. This is an immediate consequence of Theorem 2.2 and Theorem 2.5.

## 3 A structure theorem for $\pm$ 1-resistant sets

In this section, we state and outline the proof of an exact structure theorem for $\pm 1$-resistant sets. We will need the following three ingredients:

Theorem 3.1. Take an integer $n \geq 2$ and a 1 -resistant set $S \subseteq\{0,1\}^{n}$ without an $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. If $S$ is not connected, then either

- $S \cong A_{k} \times\{0,1\}^{n-k}$ for some $k \in\{2, \ldots, n\}$,
- $S \cong B_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$, or
- $S$ has a $D_{3}$ minor.

Theorem 3.2. Take an integer $n \geq 3$ and a 1 -resistant set $S \subseteq\{0,1\}^{n}$ without an $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. If $S$ has a $D_{3}$ minor, then either

- $S \cong C_{8} \times\{0,1\}^{n-4}$, or
- $S \cong D_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$.

Theorem 3.3. Take an integer $n \geq 1$ and a 1 -resistant set $S \subseteq\{0,1\}^{n}$ without an $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. If $S$ is connected and has no $D_{3}$ minor, then either

- S is a sub-hypercube, or
- every infeasible component of $S$ is a sub-hypercube, and every feasible point has at most two infeasible neighbors.

Assuming the correctness of these three results, let us state and prove an exact structure theorem for $\pm 1-$ resistant sets:

Theorem 3.4. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. Then $S$ is $\pm 1$-resistant if, and only if, one of the following statements holds:
(i) $S \cong A_{k} \times\{0,1\}^{n-k}$ for some $k \in\{2, \ldots, n\}$, where $A_{k}=\{\mathbf{0}, \mathbf{1}\} \subseteq\{0,1\}^{k}$,
(ii) $S \cong B_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$, where $B_{k}=\left\{\mathbf{0}, e_{1}, \mathbf{1}\right\} \subseteq\{0,1\}^{k}$,
(iii) $S \cong C_{8} \times\{0,1\}^{n-4}$, where $C_{8}=\{0000,1000,0100,1010,0101,0111,1111,1011\}$,
(iv) $S \cong D_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$, where $D_{k}=\left\{\mathbf{0}, e_{2}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\} \subseteq\{0,1\}^{k}$,
(v) $S$ is a sub-hypercube, or
(vi) every infeasible component of $S$ is a sub-hypercube, and every feasible point has at most two infeasible neighbors.

Proof of Theorem 3.4, assuming Theorem 3.1, Theorem 3.2 and Theorem 3.3. $(\Rightarrow)$ Clearly, $S$ is 1-resistant, so by Theorem 2.5 (iii), $S$ has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. If $S$ is not connected and has no $D_{3}$ minor, then (i) or (ii) holds by Theorem 3.1. If $S$ has a $D_{3}$ minor, then (iii) or (iv) holds by Theorem 3.2. Otherwise, $S$ is connected and has no $D_{3}$ minor, so (v) or (vi) holds by Theorem 3.3, as required. $(\Leftarrow)$ We will need the following claim:

Claim. If $S$ is $\pm 1$-resistant, then so is $S \times\{0,1\}$.
Proof of Claim. By Corollary 2.6 (ii), the excluded restrictions defining $\pm 1$-resistance are

$$
\{F: F \text { is fragile }\} \cup\left\{\left\{\mathbf{0}, \mathbf{1}-e_{1}\right\} \subseteq\{0,1\}^{k}: k \geq 4\right\} \cup\left\{R_{1,1}\right\} \cup\left\{F_{k}: 1 \leq k \leq n\right\} .
$$

In particular, every excluded restriction of $\pm 1$-resistance is not isomorphic to $F \times\{0,1\}$ for any set $F$. This proves the claim.

It can be readily checked that the sets $\left\{A_{k}: k \geq 2\right\},\left\{B_{k}, D_{k}: k \geq 3\right\}$ and $C_{8}$ are $\pm 1$-resistant. Thus, after repeatedly applying the claim above, we see that the four classes (i)-(iv) are $\pm 1$-resistant. It can also be readily checked that (v) gives a $\pm 1$-resistant class. It remains to show that the restriction-closed class (vi) gives is $\pm 1$-resistant. To this end, pick a set $S$ satisfying (vi). Suppose for a contradiction that $S$ is not $\pm 1$-resistant. By Corollary 2.6 (ii), $S$ has one of the following restrictions:

$$
\{F: F \text { is fragile }\} \cup\left\{\left\{\mathbf{0}, \mathbf{1}-e_{1}\right\} \subseteq\{0,1\}^{k}: k \geq 4\right\} \cup\left\{R_{1,1}\right\} \cup\left\{F_{k}: 1 \leq k \leq n\right\}
$$

Out of these sets, $R_{1,1}$ is the only set whose infeasible components are sub-hypercubes. Thus $S$ must have an $R_{1,1}$ restriction. However, $R_{1,1}$ has a feasible point with three infeasible neighbors, implying in turn that $S$ has a feasible point with three infeasible neighbors, a contradiction.

To complete the proof of Theorem 3.4, it remains to prove Theorem 3.1, Theorem 3.2 and Theorem 3.3; they are proved in $\S 5, \S 6$ and $\S 7.1$, respectively. Notice that Theorem 1.3 is an immediate consequence of Theorem 3.4.

## 4 Bridges

In this section we provide an ingredient needed for the proof of Theorem 3.1.
Take an integer $n \geq 2$. For a point $x \in\{0,1\}^{n}$ and distinct coordinates $i, j \in[n]$ such that $x_{i}=x_{j}=0$, we refer to $\left\{x, x+e_{i}, x+e_{j}, x+e_{i}+e_{j}\right\}$ as a square that initiates from $x$ and is active in directions $e_{i}, e_{j}$. Two squares are parallel if they are active in the same pair of directions. Two parallel squares are neighbors if the points they initiate from are neighbors.

Take a set $S \subseteq\{0,1\}^{n}$. A bridge is a square that contains feasible points from different feasible components. Notice that a bridge contains exactly two feasible points, which are non-adjacent and belong to different feasible components. In this section, we will prove the following statement:

Take an integer $n \geq 3$ and let $S \subseteq\{0,1\}^{n}$ be a set that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. Then every pair of bridges are parallel.

We will need three lemmas to prove this statement.
Lemma 4.1. Take an integer $n \geq 3$ and a set $S \subseteq\{0,1\}^{n}$, where direction $e_{n}$ is not active in any bridge. If $S^{\prime}$ is obtained from $S$ after projecting away coordinate $n$, then the feasible components of $S$ project onto different feasible components of $S^{\prime}$.

Proof. For a point $x \in\{0,1\}^{n}$, denote by $x^{\prime} \in\{0,1\}^{n-1}$ the point obtained from $x$ after dropping the $n^{\text {th }}$ coordinate. To prove the lemma, we may assume that $S$ is not connected. It suffices to show that if $K$ is a feasible component of $S$ and $x \in S-K$, then $\operatorname{dist}\left(x^{\prime}, y^{\prime}\right) \geq 2$ for all $y \in K$. Well, since $x$ does not belong to the component $K$, $\operatorname{dist}(x, y) \geq 2$ for all $y \in K$, implying in turn that

$$
\operatorname{dist}\left(x^{\prime}, y^{\prime}\right) \geq \operatorname{dist}(x, y)-1 \geq 1 \quad \forall y \in K
$$

In particular, $x^{\prime} \notin\left\{y^{\prime}: y \in K\right\}$. Suppose for a contradiction that $\operatorname{dist}\left(x^{\prime}, y^{\prime}\right)=1$ for some $y \in K$. As the inequalities above are held at equality, there must be a coordinate $i \in[n-1]$ such that $y=x \triangle e_{i} \triangle e_{n}$. But then $\left\{x, x \triangle e_{i}, x \triangle e_{n}, x \triangle e_{i} \triangle e_{n}\right\}$ would be a bridge that is active in direction $e_{n}$, contrary to our assumption. Hence, $\operatorname{dist}\left(x^{\prime}, y^{\prime}\right) \geq 2$ for all $y \in K$, as required.

Lemma 4.2. Take an integer $n \geq 3$ and a set $S \subseteq\{0,1\}^{n}$ that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}$ restriction. Take a point $x \in\{0,1\}^{n}$ and distinct coordinates $i, j, k \in[n]$. Then the following statements hold:
(i) If $x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{k} \in \bar{S}$, then $\left|\left\{x \triangle e_{i} \triangle e_{j}, x \triangle e_{j} \triangle e_{k}, x \triangle e_{k} \triangle e_{i}\right\} \cap S\right| \leq 1$.
(ii) If $x \in S$ and $\left\{x, x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{i} \triangle e_{j}\right\}$ is a bridge, then $\left\{x \triangle e_{i} \triangle e_{k}, x \triangle e_{j} \triangle e_{k}\right\} \cap S=\emptyset$.
(iii) If $x \in S$ and $\left\{x, x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{i} \triangle e_{j}\right\}$ is a bridge, then $\left|\left\{x \triangle e_{k}, x \triangle e_{i} \triangle e_{j} \triangle e_{k}\right\} \cap S\right| \geq 1$.

Proof. After a possible twisting and relabeling, if necessary, we may assume that $x=\mathbf{0}$ and $i=1, j=2, k=3$. Let $S^{\prime} \subseteq\{0,1\}^{3}$ be the restriction of $S$ obtained after 0 -restricting coordinates $4, \ldots, n$.
(i): Suppose that $e_{1}, e_{2}, e_{3} \in \bar{S}$. Assume for a contradiction that two of $e_{1}+e_{2}, e_{2}+e_{3}, e_{3}+e_{1}$, say $e_{1}+e_{2}$ and $e_{2}+e_{3}$, belong to $S$. If $e_{1}+e_{3} \in S$, then $S^{\prime}$ is isomorphic to one of $P_{3}, S_{3}, R_{1,1}, F_{2}$, which cannot occur as $S$ is 1-resistant and has no $R_{1,1}, F_{2}$ restriction. Otherwise, $e_{1}+e_{3} \in \bar{S}$. Since $S^{\prime} \neq P_{3}$ and $S$ is 1-resistant, it follows that $\mathbf{0}, e_{1}+e_{2}+e_{3} \in S$, implying in turn that $S^{\prime} \cong F_{1}$, a contradiction as $S$ has no $F_{1}$ restriction.
(ii): Suppose that $\mathbf{0} \in S$ and $\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}$ is a bridge. Then $e_{1}+e_{2} \in S$ and $e_{1}, e_{2} \in \bar{S}$. We need to prove that $\left\{e_{1}+e_{3}, e_{2}+e_{3}\right\} \cap S=\emptyset$. Suppose otherwise. After possibly relabeling coordinates 1,2 , we may assume that $e_{1}+e_{3} \in S$. Thus, since $\mathbf{0}, e_{1}+e_{2}$ are in different feasible components, we must have that $\left|\left\{e_{3}, e_{1}+e_{2}+e_{3}\right\} \cap S\right| \leq 1$. After possibly twisting coordinates 1,2 , we may assume that $e_{3} \in \bar{S}$. Since $e_{1}, e_{2}, e_{3} \in \bar{S}$, we get from (i) that $\left|\left\{e_{1}+e_{2}, e_{2}+e_{3}, e_{3}+e_{1}\right\} \cap S\right| \leq 1$, a contradiction. Thus, $\left\{e_{1}+e_{3}, e_{2}+e_{3}\right\} \cap S=\emptyset$, so (ii) holds.
(iii) Suppose that $\mathbf{0} \in S$ and $\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}$ is a bridge. Then $S \cap\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}=\left\{\mathbf{0}, e_{1}+e_{2}\right\}$, and $\left\{e_{1}+e_{3}, e_{2}+e_{3}\right\} \cap S=\emptyset$ by (ii). Since $S$ is 1-resistant, it follows immediately that $\left\{e_{3}, e_{1}+e_{2}+e_{3}\right\} \cap S \neq \emptyset$, so (iii) holds.

Lemma 4.3. Take a set $S \subseteq\{0,1\}^{5}$ that is 1-resistant, has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor, and in every minor, including $S$ itself, every pair of bridges are parallel. If $\mathbf{0} \in S$ and $\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}$ is a bridge without neighboring bridges, then after possibly twisting coordinates 1 and 2 , we have that $S=\left\{\mathbf{0}, e_{3}, e_{1}+e_{2}, e_{1}+\right.$ $\left.e_{2}+e_{4}, e_{1}+e_{2}+e_{5}, e_{1}+e_{2}+e_{4}+e_{5}\right\}:$


Proof. Let $B:=\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}$. As $B$ is a bridge and $\mathbf{0} \in S, e_{1}+e_{2} \in S$ and $e_{1}, e_{2} \in \bar{S}$. It follows from Lemma 4.2 (ii) that $e_{1}+e_{3}, e_{2}+e_{3} \in \bar{S}$. By Lemma 4.2 (iii) and the fact that $B$ has no neighboring bridge, we get that exactly one of $e_{3}, e_{1}+e_{2}+e_{3}$ belongs to $S$. After twisting coordinates 1 and 2 , if necessary, we may assume that $e_{3} \in S$ and $e_{1}+e_{2}+e_{3} \in \bar{S}$. Moreover, by Lemma 4.2 (ii), we have that $\left\{e_{1}+e_{4}, e_{2}+e_{4}\right\} \subseteq \bar{S}$. Let $S^{\prime}$ be the 0 -restriction of $S$ over coordinate 5 , which looks as follows:


Claim 1. $e_{4} \in \bar{S}$ and $e_{1}+e_{2}+e_{4} \in S$.
Proof of Claim. Suppose otherwise. Since $B$ has no neighboring bridge in $S$, it follows from Lemma 4.2 (iii) that $e_{4} \in S$ and $e_{1}+e_{2}+e_{4} \in \bar{S}$. If $e_{2}+e_{3}+e_{4} \in S$, then the 0 -restriction of $S^{\prime}$ over coordinate 1 is either $F_{1}$ or $F_{3}$, which is not the case. Thus, $e_{2}+e_{3}+e_{4} \in \bar{S}$. Since the 0 -restriction of $S^{\prime}$ over coordinate 1 is 1-resistant,
it follows that $e_{3}+e_{4} \in S$. As the 0 -restriction of $S^{\prime}$ over coordinate 2 is not $F_{3}$, we have $e_{1}+e_{3}+e_{4} \in \bar{S}$. Since the 1-restriction of $S^{\prime}$ over coordinate 1 is 1-resistant, it follows that $e_{1}+e_{2}+e_{3}+e_{4} \in \bar{S}$, so $S^{\prime}$ looks as follows:


Observe however now that $F_{3}$ is obtained from $S^{\prime}$ after projecting away coordinate 1 , a contradiction.
Claim 2. $\left\{e_{1}+e_{3}+e_{4}, e_{2}+e_{3}+e_{4}\right\} \subseteq \bar{S}$.
Proof of Claim. Suppose otherwise. After interchanging the roles of 1,2 , if necessary, we may assume that $e_{1}+e_{3}+e_{4} \in S$. If $e_{3}+e_{4} \in \bar{S}$, then $\left\{\mathbf{0}, e_{3}\right\}$ is a feasible component of $S^{\prime}$, so the square initiating from $e_{3}$ and active in directions $e_{1}, e_{4}$ is a bridge of $S^{\prime}$ that is not parallel to $B$, which is contrary to our assumption. Thus, $e_{3}+e_{4} \in S$. Since $\mathbf{0}, e_{1}+e_{2}$ belong to different feasible components of $S$, it follows that $e_{1}+e_{2}+e_{3}+e_{4} \in \bar{S}$, so $S^{\prime}$ looks as follows:


Observe however that $S^{\prime}$ has two non-parallel bridges, namely $B$ and the square that initiates from $e_{1}+e_{4}$ and is active in directions $e_{2}, e_{3}$, a contradiction.

Claim 3. $\left\{e_{3}+e_{4}, e_{1}+e_{2}+e_{3}+e_{4}\right\} \subseteq \bar{S}$.
Proof of Claim. Since the 0 -restriction of $S^{\prime}$ over coordinate 1 is 1 -resistant, it follows that $e_{3}+e_{4} \in \bar{S}$. Since the 1 -restriction of $S^{\prime}$ over coordinate 1 is also 1 -resistant, we see that $e_{1}+e_{2}+e_{3}+e_{4} \in \bar{S}$, as required. $\diamond$

We just determined the status of all the points in $\left\{x: x_{5}=0\right\}$. A similar argument applied to $\left\{x: x_{4}=0\right\}$ gives us the left figure below:


Consider the set obtained from $S$ after 1-restricting over coordinate 1 and 0 -restricting over coordinate 3 ; since this set is 1 -resistant and not isomorphic to $F_{1}, F_{3}$, we get that $e_{1}+e_{4}+e_{5} \in \bar{S}$ and $e_{1}+e_{2}+e_{4}+e_{5} \in S$. As the 1 -restriction of $S$ over coordinates 1,2 is not $F_{3}$, we get that $\mathbf{1} \in \bar{S}$. Now consider the set obtained from $S$ after 1 -restricting coordinate 2 and 0 -restricting over coordinate 3 ; since this set is not $F_{3}$, we get that
$e_{2}+e_{4}+e_{5} \in \bar{S}$. Note that $\left\{e_{1}+e_{2}, e_{1}+e_{2}+e_{4}, e_{1}+e_{2}+e_{5}, e_{1}+e_{2}+e_{4}+e_{5}\right\}$ forms a feasible component of $S$. Hence, as $S$ does not have non-parallel bridges, it follows that $e_{2}+e_{3}+e_{4}+e_{5}, e_{1}+e_{3}+e_{4}+e_{5} \in \bar{S}$, and also that $e_{3}+e_{4}+e_{5} \in \bar{S}$. (See the right figure above.) Once again, as $S$ does not have non-parallel bridges, it follows that $e_{4}+e_{5} \in \bar{S}$, thereby finishing the proof.

We are now ready to prove the main result of this section:
Proposition 4.4. Take an integer $n \geq 3$ and let $S \subseteq\{0,1\}^{n}$ be a set that is 1-resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. Then every pair of bridges are parallel.

Proof. Suppose for a contradiction that $S$ has a pair of non-parallel bridges. (In particular, $S$ is not connected.) We may assume that in every proper minor of $S$, every pair of bridges, if any, are parallel.

Claim 1. Every direction is active in some bridge.
Proof of Claim. Suppose for a contradiction that direction $e_{n}$ is not active in any bridge. For a point $x \in$ $\{0,1\}^{n}$, denote by $x^{\prime} \subseteq\{0,1\}^{n-1}$ the point obtained from $x$ after dropping the $n^{\text {th }}$ coordinate. Notice first that by Lemma 4.1, the feasible components of $S$ project onto different feasible components of $S^{\prime}$, the subset of $\{0,1\}^{n-1}$ obtained from $S$ after projecting away coordinate $n$. We will derive a contradiction to the minimality of $S$ by showing that $S^{\prime}$ has non-parallel bridges.

We will show that if $B$ is a bridge of $S$, then $B^{\prime}:=\left\{x^{\prime}: x \in B\right\}$ is still a bridge of $S^{\prime}$ that is active in the same directions as before. Since $e_{n}$ is not active in any bridge of $S$, we may assume that $n \geq 3$ and $B=\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}$ where $\mathbf{0}, e_{1}+e_{2}$ belong to different feasible components of $S$, and $e_{1}, e_{2} \in \bar{S}$. It follows from Lemma 4.2 (ii) that $\mathbf{0}, e_{1}+e_{2} \in S^{\prime}$ and $e_{1}, e_{2} \in \overline{S^{\prime}}$. Moreover, since the feasible components of $S$ project onto different feasible components of $S^{\prime}$, we see that $\mathbf{0}, e_{1}+e_{2}$ belong to different feasible components of $S^{\prime}$. Thus, $B^{\prime}$ is still a bridge of $S^{\prime}$ that is active in the same directions as before.

As a corollary, $S^{\prime}$ still has non-parallel bridges, thereby contradicting the minimality of $S$.
Claim 2. The following statements hold:
(i) if $B, B^{\prime}$ are non-parallel bridges that are not active in direction $e_{i}$, then $\left\{x: x_{i}=0\right\}$ contains one of the bridges and $\left\{x: x_{i}=1\right\}$ contains the other one,
(ii) if $B, B^{\prime}, B^{\prime \prime}$ are pairwise non-parallel bridges, then every direction is active in one of the bridges, and
(iii) $n \in\{4,5,6\}$.

Proof of Claim. (i) For if not, then one of the restrictions of $S$ over coordinate $i$ contains $B$ and $B^{\prime}$, thereby contradicting the minimality of $S$. (ii) Suppose for a contradiction that $e_{i}$ is not active in any of $B, B^{\prime}, B^{\prime \prime}$. Then one of the hyperplanes $\left\{x: x_{i}=0\right\},\left\{x: x_{i}=1\right\}$ contains at least two of $B, B^{\prime}, B^{\prime \prime}$, thereby contradicting (i). (iii) Let $B, B^{\prime}$ be non-parallel bridges. It follows from Lemma 4.2 (ii) that $n \geq 4$. If every direction is active in one of $B, B^{\prime}$, we get that $n=4$. Otherwise, there is a direction $e_{i}$ inactive in both $B, B^{\prime}$. By Claim 1 , there is a
bridge $B^{\prime \prime}$ active in $e_{i}$. Clearly, $B, B^{\prime}, B^{\prime \prime}$ are pairwise non-parallel bridges. It now follows from (ii) that $n \leq 6$, as required.

Claim 3. $n \neq 4$.
Proof of Claim. Suppose for a contradiction that $n=4$. Let $B, B^{\prime}$ be non-parallel bridges of $S$. We may assume that $B=\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}\right\}, \mathbf{0}, e_{1}+e_{2} \in S$ and $e_{1}, e_{2} \in \bar{S}$. By Lemma 4.2 (ii), $e_{1}+e_{3}, e_{2}+e_{3}, e_{1}+e_{4}, e_{2}+e_{4} \in$ $\bar{S}$ :


Assume in the first case that $B^{\prime}$ shares an active direction with $B$. After possibly relabeling coordinates 1,2 , we may assume that $B^{\prime}$ is active in directions $e_{1}, e_{3}$. It follows from Claim 2 (i) that $B^{\prime}$ is contained in $\{x$ : $\left.x_{4}=1\right\}$. After possibly twisting coordinates 1,2 , we may assume that $B^{\prime}=\left\{e_{4}, e_{1}+e_{4}, e_{3}+e_{4}, e_{1}+e_{3}+e_{4}\right\}$. Since $e_{1}+e_{4} \in \bar{S}$, it follows that $e_{4}, e_{1}+e_{3}+e_{4} \in S$ and $e_{3}+e_{4} \in \bar{S}$. Applying Lemma 4.2 (ii), we get that $e_{3}, e_{2}+e_{3}+e_{4}, e_{1}+e_{2}+e_{4} \in \bar{S}$. Since the two restrictions of $S$ over coordinate 4 are 1-resistant, it follows that $e_{1}+e_{2}+e_{3}, \mathbf{1} \in S$ :


Observe, however, that 1-restricting $S$ over coordinate 3 yields a set that is not 1-resistant, a contradiction.
Assume in the remaining case that $B^{\prime}$ is active in directions $e_{3}, e_{4}$. Observe that $B^{\prime}$ is not contained in $\left\{x: x_{1}+x_{2}=1\right\}$. After possibly twisting coordinates 1,2 , we may assume that $B^{\prime}$ initiates from $\mathbf{0}$. This means that $e_{3}, e_{4} \in \bar{S}$ and $e_{3}+e_{4} \in S$. Applying Lemma 4.2 (iii), we get that $e_{1}+e_{2}+e_{4} \in S$ and $e_{1}+e_{3}+e_{4}, e_{2}+e_{3}+e_{4} \in S:$


The 1-restriction of $S$ over coordinate 4 , however, is isomorphic to either $F_{1}$ or $F_{3}$, a contradiction.
Thus, we have that $n \in\{5,6\}$. It follows from Claim 1 that there are $\left\lceil\frac{n}{2}\right\rceil=3$ pairwise non-parallel bridges $B_{1}, B_{2}, B_{3}$. We get from Claim 2 (ii) that, after a possible relabeling, $B_{1}$ is active in $e_{1}, e_{2}, B_{2}$ is active in $e_{3}, e_{4}$, and

- if $n=5$, then $B_{3}$ is active in $e_{3}, e_{5}$,
- if $n=6$, then $B_{3}$ is active in $e_{5}, e_{6}$.

We can further say that,

Claim 4. If $B$ is a bridge different from $B_{1}, B_{2}, B_{3}$, then $n=5$.
Proof of Claim. Suppose for a contradiction that $n=6$. It follows from Claim 2 (ii) that $B$ is parallel to one of $B_{1}, B_{2}, B_{3}$. Consider the bridge $B_{2}$. Since $B_{2}, B_{3}$ are inactive in $e_{1}, e_{2}$, it follows from Claim 2 (i) that the hyperplanes $\left\{x: x_{1}=0\right\},\left\{x: x_{2}=0\right\}$ split $B_{2}, B_{3}$. Moreover, since $B_{2}, B_{1}$ are inactive in $e_{5}$, the hyperplane $\left\{x: x_{5}=0\right\}$ splits $B_{2}, B_{1}$. Hence, the square of $B_{2}$ - and of any bridge parallel to it - is uniquely determined once $B_{1}$ and $B_{3}$ are given, implying that $B$ is not parallel to $B_{2}$. By the symmetry between $B_{1}, B_{2}, B_{3}$, we get that $B$ is not parallel to $B_{1}, B_{3}$ either, a contradiction.

Claim 5. $n \neq 5$.

Proof of Claim. Suppose for a contradiction that $n=5$. After twisting coordinates $3,4,5$, if necessary, we may assume that $B_{1}$ initiates from $\mathbf{0}$. By Claim 2 (i), and after possibly twisting coordinates 1,2 , we may assume that $B_{2}$ initiates from $e_{5}$. Another application of Claim 2 (i) tells us that $B_{3}$ initiates from $e_{1}+e_{2}+e_{4}$ :


Assume in the first case that $\mathbf{0}, e_{1}+e_{2} \in \bar{S}$ and $e_{1}, e_{2} \in S$. Then a repeated application of Lemma 4.2 (ii) tells us that $e_{3}, e_{1}+e_{2}+e_{3}, e_{5}, e_{1}+e_{2}+e_{5}, e_{4}, e_{1}+e_{2}+e_{4} \in \bar{S}$. As a result, in the bridge $B_{2}$, we have that $e_{3}+e_{5}, e_{4}+e_{5} \in S:$


Observe now that the restriction of $S$ obtained after 0 -restricting coordinates 1 and 2 is not 1-resistant, a contradiction.

Assume in the remaining case that $\mathbf{0}, e_{1}+e_{2} \in S$ and $e_{1}, e_{2} \in \bar{S}$. A repeated application of Lemma 4.2 (ii) to $B_{1}$, followed by an application of it to $B_{2}, B_{3}$ gives us the left figure below:


Applying Lemma 4.2 (ii) to $B_{2}, B_{3}$ gives us the right figure above, thereby yielding a contradiction as 0 restricting coordinates 4,5 of $S$ yields a set that is not 1-resistant. This finishes the proof of the claim.

Thus $n=6$. After twisting coordinates $3,4,5,6$, if necessary, we may assume that $B_{1}$ initiates from $\mathbf{0}$. Applying Claim 2 (i), we see that after possibly twisting coordinates 1 , 2 , we may assume that $B_{2}$ initiates from $e_{5}+e_{6}$. Using Claim 2 (i), we see that $B_{3}$ must initiate from $e_{1}+e_{2}+e_{3}+e_{4}$. (See Figure 3.)


Figure 3: The locations of the bridges $B_{1}, B_{2}, B_{3}$ in $\{0,1\}^{6}$

Recall from Claim 4 that $B_{1}, B_{2}, B_{3}$ are the only bridges of $S$. Let $S^{\prime} \subseteq\{0,1\}^{5}$ be the restriction of $S$ obtained after 0-restricting coordinate 6. By assumption, every minor of $S^{\prime}$ has only parallel bridges. As a bridge in $S^{\prime}$ is not necessarily a bridge in $S$, we see that $S^{\prime}$ may have bridges other than $B_{1}$ (that will necessarily be parallel to it).

Claim 6. $B_{1}$ does not have a neighboring bridge in $S^{\prime}$.
Proof of Claim. Suppose for a contradiction that $B_{1}$ has a neighboring bridge $B$ in $S^{\prime}$. Since $B$ is not a bridge of $S$ by Claim 4, it follows that the points in $B \cap S^{\prime}$ are in the same feasible component of $S$. After applying Lemma 4.2 (ii) to $B_{1}$, we see that the points in $B_{1} \cap S^{\prime}$ also lie in this feasible component of $S$, a contradiction. $\diamond$

We may now apply Lemma 4.3 to the bridge $B_{1}$ of $S^{\prime}$. Depending on which points of $B_{1}$ are in $S^{\prime}$, and how coordinates 1,2 are twisted, we get that $S^{\prime}$ takes on one of the four possibilities shown below.


Consider the 3 -dimensional restriction $F$ of $S$ containing $B_{2}$ and $B_{2} \triangle e_{6}$. If $S^{\prime}$ takes one of the top-left, bottomleft or bottom-right possibilities, then $F$ is not 1-resistant, which is not possible. Otherwise, $S^{\prime}$ takes the top-right possibility, in which case $F \cong F_{1}$, a contradiction. This finally finishes the proof of Proposition 4.4.

## 5 Proof of Theorem 3.1

Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n} . S$ is polar if either there are antipodal feasible points, or the feasible points agree on a coordinate:

$$
\{x, \mathbf{1}-x\} \subseteq S \quad \text { for some } x \in\{0,1\}^{n} \quad \text { or } \quad S \subseteq\left\{x: x_{i}=a\right\} \quad \text { for some } i \in[n] \text { and } a \in\{0,1\}
$$

This notion was introduced and studied in [3] and will be needed in this section.
We say that $S$ is separable if there exist a partition of $S$ into nonempty parts $S_{1}, S_{2}$ and distinct coordinates $i, j \in[n]$ such that either $S_{1} \subseteq\left\{x: x_{i}=0, x_{j}=1\right\}$ and $S_{2} \subseteq\left\{x: x_{i}=1, x_{j}=0\right\}$, or $S_{1} \subseteq\left\{x: x_{i}=x_{j}=\right.$ $0\}$ and $S_{2} \subseteq\left\{x: x_{i}=x_{j}=1\right\}$. Notice that if $S$ is separable, then it is not connected.

Remark 5.1. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. If a projection of $S$ is separable, then so is $S$.
Proposition 5.2. Take an integer $n \geq 2$ and a 1 -resistant set $S \subseteq\{0,1\}^{n}$. Suppose there is a partition of $S$ into nonempty parts $S_{1}, S_{2}$ such that $S_{1} \subseteq\left\{x: x_{n-1}=x_{n}=0\right\}$ and $S_{2} \subseteq\left\{x: x_{n-1}=x_{n}=1\right\}$. Then $S_{1}$ and $S_{2}$ are sub-hypercubes. In particular, $S$ is polar.

Proof. The sub-hypercube $\left\{x: x_{n-1}=0, x_{n}=1\right\}$ is infeasible. As $S$ is 1-resistant, Lemma 1.6 implies that in each of the parallel sub-hypercubes $\left\{x: x_{n-1}=x_{n}=0\right\}$ and $\left\{x: x_{n-1}=x_{n}=1\right\}$, the feasible points form a sub-hypercube. That is, the two sets $S_{1}=S \cap\left\{x: x_{n-1}=x_{n}=0\right\}$ and $S_{2}=S \cap\left\{x: x_{n-1}=x_{n}=1\right\}$ are sub-hypercubes. We leave it as an easy exercise for the reader to check that $S$ is polar.

We are now ready to prove Theorem 3.1:

Proof of Theorem 3.1. Take an integer $n \geq 2$ and a set $S \subseteq\{0,1\}^{n}$ that is 1-resistant, has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor and is not connected. We will describe $S$ exactly unless it has a $D_{3}$ minor. Let us start with the following claim:

Claim 1. $S$ is separable.

Proof of Claim. Let $k \geq 2$ be the number of feasible components of $S$. Let $S^{\prime} \subseteq\{0,1\}^{m}$ be a projection of $S$ of smallest dimension with exactly $k$ feasible components. It then follows from Lemma 4.1 that every direction of $\{0,1\}^{m}$ is active in a bridge of $S^{\prime}$. However, as $S^{\prime}$ is 1-resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor, Proposition 4.4 implies that every pair of bridges of $S^{\prime}$ are parallel. As a result, $m=k=2$ and $S^{\prime}$ is either $\{00,11\}$ or $\{10,01\}$. In particular, $S^{\prime}$ is separable, so $S$ is separable by Remark 5.1.

Thus, there is a partition of $S$ into nonempty parts $S_{1}, S_{2}$ such that, after a possible twisting and relabeling, $S_{1} \subseteq\left\{x: x_{n-1}=x_{n}=0\right\}$ and $S_{2} \subseteq\left\{x: x_{n-1}=x_{n}=1\right\}$. As $S$ is 1-resistant, Proposition 5.2 implies that $S_{1}$ and $S_{2}$ are sub-hypercubes, and that $S$ is polar. In particular, since $S$ is not a sub-hypercube, Lemma 1.6 implies that the points in $S$ do not agree on a coordinate; notice that this property is preserved in every projection of dimension at least one.

Claim 2. Either $S$ has a $D_{3}$ minor, or one of $S_{1}, S_{2}$ is contained in the antipode of the other.
Proof of Claim. Suppose neither of $S_{1}, S_{2}$ is contained in the antipode of the other. As the points in the polar set $S$ do not agree on a coordinate, there exists a point $x \in S_{1}$ such that $1-x \in S_{2}$. As neither of $S_{1}, S_{2}$ is contained in the antipode of the other, there exist distinct coordinates $i, j \in[n-2]$ such that $x \triangle e_{i} \in S_{1}, x \triangle e_{j} \notin$ $S_{1}, \mathbf{1} \triangle x \triangle e_{i} \notin S_{2}$ and $\mathbf{1} \triangle x \triangle e_{j} \in S_{2}$. Let $S^{\prime}$ be the minor of $S$ obtained after projecting away coordinates $[n]-\{i, j, n-1, n\}$. It can be readily checked that $S^{\prime} \cong\{0000,1000,1011,1111\}$ (note that $S_{1}, S_{2}$ are subhypercubes). Clearly, $S^{\prime}$ has a $D_{3}$ projection, thereby proving the claim.

If $S$ has a $D_{3}$ minor, then we are done. Otherwise, one of $S_{1}, S_{2}$ is contained in the antipode of the other. After possibly relabeling $S_{1}, S_{2}$, we may assume that $S_{2}$ is contained in the antipode of $S_{1}$.

Claim 3. $2\left|S_{2}\right| \geq\left|S_{1}\right| \geq\left|S_{2}\right|$.
Proof of Claim. Clearly, $\left|S_{1}\right| \geq\left|S_{2}\right|$. Suppose for a contradiction that $\left|S_{1}\right| \geq 4\left|S_{2}\right|$. Since $S_{2}$ is contained in the antipode of $S_{1}$, it can be readily checked that $S$ has an $F_{3}$ minor, a contradiction.

As a result, either $\left|S_{1}\right|=\left|S_{2}\right|$ or $\left|S_{1}\right|=2\left|S_{2}\right|$. It can now be readily checked that either $S \cong A_{k} \times\{0,1\}^{n-k}$ for some $k \in\{2, \ldots, n\}$, or $S \cong B_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$, thereby finishing the proof of Theorem 3.1.


## $6 \quad D_{3}$ minors and proof of Theorem 3.2

We will need four lemmas, the first of which is from another paper:
Lemma 6.1 ([4]). Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$, where for all $x \in\{0,1\}^{n}$ and distinct $i, j \in[n]$, the following statement holds:

$$
\text { if } x, x \triangle e_{i}, x \triangle e_{j} \in S \text { then } x \triangle e_{i} \triangle e_{j} \in S
$$

Then every feasible component of $S$ is a sub-hypercube.
Let $D_{3}^{\star}:=\{010,011,111,101\} \subseteq\{0,1\}^{3}$. Observe that $D_{3}^{\star}$ is a twisting of $D_{3}=\{000,100,010,101\}$, and $C_{8}=\left(D_{3} \times\{0\}\right) \cup\left(D_{3}^{\star} \times\{1\}\right)$. In the following lemma, we will use the following implication of Lemma 4.2 (i):


Lemma 6.2. Let $S \subseteq\{0,1\}^{n}$ be a set that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor, where the 0 restriction of $S$ over coordinates $4, \ldots, n$ is either $D_{3}$ or $D_{3}^{\star}$. Then,
(i) every restriction of $S$ over coordinates $4, \ldots, n$ is either $D_{3}$ or $D_{3}^{\star}$, and
(ii) either $S \cong D_{3} \times\{0,1\}^{n-3}$ or $S \cong C_{8} \times\{0,1\}^{n-4}$.

Proof. (i) By a recursive argument, it suffices to show that each 3-dimensional restriction of $S$ neighboring a $D_{3}, D_{3}^{\star}$ restriction is also a $D_{3}$ or a $D_{3}^{\star}$. Thus, we may assume that $n=4$. After twisting coordinates $1,2,3$, if necessary, we may assume that the 0 -restriction of $S$ over coordinate 4 is $D_{3}$. So $S \cap\left\{x: x_{4}=0\right\}=$ $\{0000,1000,0100,1010\}:$


Assume in the first case that $\{0111,1111\} \cap \bar{S} \neq \emptyset$. After applying Lemma 4.2 (i) twice, we see that $\{0111,1111,0011,1101\} \subseteq \bar{S}:$


Since the two restrictions over coordinate 1 are 1-resistant, $|\{0101,0001\} \cap S| \neq 1$ and $|\{1001,1011\} \cap S| \neq 1$. In fact, as $S$ has no $F_{3}$ minor, $\{0101,0001\} \subseteq S$ if and only if $\{1001,1011\} \subseteq S$. Moreover, as the 0 restriction of $S$ over coordinate 3 is 1 -resistant, it follows that $\{0101,0001,1001,1011\} \cap S \neq \emptyset$. As a result, $\{0101,0001,1001,1011\} \subseteq S$, implying in turn that 1-restricting $S$ over coordinate 4 yields $D_{3}$.

Assume in the remaining case that $\{0111,1111\} \cap \bar{S}=\emptyset$. As the 1-restriction of $S$ over coordinate 3 (resp. coordinate 2) is not isomorphic to either of $F_{1}, F_{3}$, we get that $0011 \in \bar{S}$ (resp. $1101 \in \bar{S}$ ).


Since $S$ has no $F_{1}, F_{3}, S_{3}$ restrictions, it follows that $0001,1001 \in \bar{S}$. Since the 0 -restriction of $S$ over coordinate 2 (resp. coordinate 3 ) is 1-resistant, $1011 \in S$ (resp. $0101 \in S$ ), implying in turn that 1-restricting $S$ over coordinate 4 yields $D_{3}^{\star}$.
(ii) It follows from (i) that $S=\bigcup_{y \in\{0,1\}^{n-3}}\left(F \times\{y\}: F \in\left\{D_{3}, D_{3}^{\star}\right\}\right)$. Let $R \subseteq\{0,1\}^{n-3}$ be the set of points $y$ such that $S \cap\left\{x: x_{i}=y_{i-3} \quad 4 \leq i \leq n\right\}=D_{3} \times\{y\}$.

Claim 1. Every feasible component of $R$ is a sub-hypercube. Similarly, every infeasible component of $R$ is a sub-hypercube.

Proof of Claim. By Lemma 6.1, it suffices to prove that for each $y \in R$ and distinct coordinates $i, j \in[n-3]$, if $y, y \triangle e_{i}, y \triangle e_{j} \in R$ then $y \triangle e_{i} \triangle e_{j} \in R$. Suppose otherwise. After a possible twisting and relabeling, we may assume that $y=\mathbf{0}, i=1, j=2$. Let $S^{\prime}$ be the 0 -restriction of $S$ over coordinates $6, \ldots, n$ :


Observe that the 0-restriction of $S^{\prime}$ over coordinates 1,2 is fragile and therefore not 1-resistant, a contradiction.

Claim 2. $R$ is connected. Similarly, $\bar{R}$ is connected.
Proof of Claim. Suppose for a contradiction that $R \subseteq\{0,1\}^{n-3}$ is not connected. By Claim 1, every feasible component of $R$ is a sub-hypercube, each of which must have rank at most $(n-3)-2=n-5$. Thus, there exist $y \in\{0,1\}^{n-3}$ and distinct coordinates $i, j \in[n-3]$ such that $y \in R$ and $y \triangle e_{i}, y \triangle e_{j} \in \bar{R}$. Since every infeasible component of $R$ is also a sub-hypercube by Claim 1 , it follows that $y \triangle e_{i} \triangle e_{j} \in R$. After a possible twisting and relabeling, we may assume that $y=\mathbf{0}, i=1, j=2$. Let $S^{\prime}$ be the 0 -restriction of $S$ over coordinates $6, \ldots, n$ :


Observe however that the 0 -restriction of $S^{\prime}$ over coordinates 1,2 is fragile and therefore not 1-resistant, a contradiction.

As a result, both $R, \bar{R}$ are sub-hypercubes, implying in turn that $R \cong \emptyset,\{0,1\}^{n-4} \times\{0\},\{0,1\}^{n-3}$. If $R \cong \emptyset,\{0,1\}^{n-3}$ then $S \cong D_{3} \times\{0,1\}^{n-3}$, and if $R \cong\{0,1\}^{n-4} \times\{0\}$ then $S \cong C_{8} \times\{0,1\}^{n-4}$, thereby finishing the proof.

For each $k \geq 4$, recall that $D_{k}=\left\{\mathbf{0}, e_{2}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\} \subseteq\{0,1\}^{k}$, and let $D_{k}^{\star}:=D_{k} \triangle e_{k}$.
Lemma 6.3. Take integers $n \geq 3$ and $k \in\{3, \ldots, n\}$. Let $S \subseteq\{0,1\}^{n+1}$ be a set that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. Then the following statements hold:
(i) if the projection of $S$ over coordinate $n+1$ is $D_{n}$, then $S$ is either $D_{n+1}, D_{n+1}^{\star}$ or $D_{n} \times\{0,1\}$,
(ii) if the projection of $S$ over coordinate $k+1$ is $D_{k} \times\{0,1\}^{n-k}$, then $S$ is either $D_{k+1} \times\{0,1\}^{n-k}, D_{k+1}^{\star} \times$ $\{0,1\}^{n-k}$ or $D_{k} \times\{0,1\}^{n-k+1}$.

Proof. In this proof, we use $\mathbf{1}$ to refer to the $(n+1)$-dimensional vector of all-ones, and use $\mathbf{1}^{\prime}$ to refer to the $n$-dimensional vector of all-ones. (i) Assume that the projection of $S$ over coordinate $n+1$ is $D_{n}$. Let

$$
\begin{aligned}
& S_{0}:=S \cap\left\{x: x_{i}=0, i \neq 2,3, n+1\right\} \subseteq\{0,1\}^{n+1} \\
& S_{1}:=S \cap\left\{x: x_{i}=1, i \neq 2,3, n+1\right\} \subseteq\{0,1\}^{n+1}
\end{aligned}
$$

Then

- $S=S_{0} \cup S_{1}$,
- $S_{0} \subseteq\left\{\mathbf{0}, e_{2}, e_{n+1}, e_{2}+e_{n+1}\right\}$, and the projection of $S_{0}$ over coordinate $n+1$ is $\left\{\mathbf{0}, e_{2}\right\}$, and
- $S_{1} \subseteq\left\{\mathbf{1}-e_{2}-e_{n+1}, \mathbf{1}-e_{2}-e_{3}-e_{n+1}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\}$, and the projection of $S_{1}$ over coordinate $n+1$ is $\left\{\mathbf{1}^{\prime}-e_{2}, \mathbf{1}^{\prime}-e_{2}-e_{3}\right\}$.

After twisting coordinate $n+1$, if necessary, we may assume that $\mathbf{0} \in S_{0}$. Then, since $S_{0}$ and $S_{1}$ are 1-resistant, we get that

$$
\begin{aligned}
S_{0}= & \left\{\mathbf{0}, e_{2}\right\} \quad \text { or } \quad\left\{\mathbf{0}, e_{2}, e_{n+1}, e_{2}+e_{n+1}\right\}, \quad \text { and } \\
S_{1}= & \left\{\mathbf{1}-e_{2}-e_{n+1}, \mathbf{1}-e_{2}-e_{3}-e_{n+1}\right\} \quad \text { or } \quad\left\{\mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\} \quad \text { or } \\
& \left\{\mathbf{1}-e_{2}-e_{n+1}, \mathbf{1}-e_{2}-e_{3}-e_{n+1}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\} .
\end{aligned}
$$

Claim 1. If $S_{0}=\left\{\mathbf{0}, e_{2}\right\}$, then $S=D_{n+1}$.
Proof of Claim. Suppose that $S_{0}=\left\{\mathbf{0}, e_{2}\right\}$.
Assume in the first case that $n=3$. If $S_{1}=\left\{\mathbf{1}-e_{2}-e_{4}, \mathbf{1}-e_{2}-e_{3}-e_{4}\right\}$, then the 0-restriction of $S=S_{0} \cup S_{1}$ over coordinate 3 is not 1-resistant, which is not the case. If $S_{1}=\left\{\mathbf{1}-e_{2}-e_{4}, \mathbf{1}-e_{2}-e_{3}-e_{4}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\}$, then the 0 -restriction of $S=S_{0} \cup S_{1}$ over coordinate 2 is isomorphic to $F_{3}$, which is again not the case. Therefore, $S_{1}=\left\{\mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\}$, implying in turn that $S=S_{0} \cup S_{1}=D_{4}$, as claimed.

Assume in the remaining case that $n \geq 4$. If $S_{1}=\left\{\mathbf{1}-e_{2}-e_{n+1}, \mathbf{1}-e_{2}-e_{3}-e_{n+1}\right\}$, then the points in $S=S_{0} \cup S_{1}$ all agree on coordinate $n+1$, so by Lemma 1.6, $S$ is a sub-hypercube, which is not the case. If $S_{1}=\left\{\mathbf{1}-e_{2}-e_{n+1}, \mathbf{1}-e_{2}-e_{3}-e_{n+1}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\}$, then the projection of $S=S_{0} \cup S_{1}$ over coordinates $[n+1]-\{2,3, n+1\}$ is isomorphic to $F_{3}$, which cannot be the case. Therefore, $S_{1}=\left\{\mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\}$, implying in turn that $S=S_{0} \cup S_{1}=D_{n+1}$, as claimed.

Claim 2. If $S_{0}=\left\{\mathbf{0}, e_{2}, e_{n+1}, e_{2}+e_{n+1}\right\}$, then $S=D_{n} \times\{0,1\}$.
Proof of Claim. Suppose that $S_{0}=\left\{\mathbf{0}, e_{2}, e_{n+1}, e_{2}+e_{n+1}\right\}$. As the projection of $S=S_{0} \cup S_{1}$ over coordinates $[n+1]-\{2,3, n+1\}$ is not isomorphic to $F_{3}$, it follows that $S_{1}=\left\{\mathbf{1}-e_{2}-e_{n+1}, \mathbf{1}-e_{2}-e_{3}-e_{n+1}, \mathbf{1}-\right.$ $\left.e_{2}, \mathbf{1}-e_{2}-e_{3}\right\}$, implying in turn that $S=D_{n} \times\{0,1\}$, as required.

Thus, after twisting coordinate $n+1$, if necessary, $S$ is either $D_{n+1}$ or $D_{n} \times\{0,1\}$, so (i) holds.
(ii) Assume that the projection of $S$ over coordinate $k+1$ is $D_{k} \times\{0,1\}^{n-k}$. For each point $y \in\{0,1\}^{n-k}$, let $S_{y}:=S \cap\left\{x: x_{i+k+1}=y_{i}, i \in[n-k]\right\} \subseteq\{0,1\}^{n+1}$. Notice that $S=\bigcup_{y \in\{0,1\}^{n-k}} S_{y}$. For each $y \in\{0,1\}^{n-k}$, pick an appropriate $S_{y}^{\prime} \subseteq\{0,1\}^{k+1}$ such that $S_{y}=S_{y}^{\prime} \times\{y\}$. Notice that the projection of each $S_{y}^{\prime}$ over coordinate $k+1$ is $D_{k}$. We therefore get from (i) that each $S_{y}^{\prime}$ is either $D_{k+1}, D_{k+1}^{\star}$ or $D_{k} \times\{0,1\}$.

Claim 3. All of $\left(S_{y}^{\prime}: y \in\{0,1\}^{n-k}\right)$ are equal to one another.
Proof of Claim. Suppose otherwise. Then there exists $y_{1}, y_{2} \in\{0,1\}^{n-k}$ such that $\operatorname{dist}\left(y_{1}, y_{2}\right)=1$ and $S_{y_{1}}^{\prime} \neq$ $S_{y_{2}}^{\prime}$. In particular, $S$ has either $S^{\prime}:=\left(D_{k+1} \times\{0\}\right) \cup\left(D_{k} \times\{01,11\}\right)$ or $S^{\prime \prime}:=\left(D_{k+1} \times\{0\}\right) \cup\left(D_{k+1}^{\star} \times\{1\}\right)$ as a restriction. However, the restriction of $S^{\prime}$ (resp. $S^{\prime \prime}$ ) obtained after 0-restricting coordinates $[n+1]-\{3, k+$ $1, k+2\}$ is not 1-resistant, so $S$ cannot have either of $S^{\prime}, S^{\prime \prime}$ as a restriction, a contradiction.

As a consequence, $S=D_{k+1} \times\{0,1\}^{n-k}, D_{k+1}^{\star} \times\{0,1\}^{n-k}$ or $D_{k} \times\{0,1\}^{n-k+1}$, so (ii) holds.
Lemma 6.4. Take an integer $n \geq 5$ and a set $S \subseteq\{0,1\}^{n}$ that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. If the projection of $S$ over coordinate $n$ is $C_{8} \times\{0,1\}^{n-5}$, then $S=C_{8} \times\{0,1\}^{n-4}$.

Proof. It suffices to prove this for $n=5$. Assume that the projection of $S$ over coordinate 5 is $C_{8}=\left(D_{3} \times\right.$ $\{0\}) \cup\left(D_{3}^{\star} \times\{1\}\right)$. For $i, j \in\{0,1\}$, let $S_{i j} \subseteq\{0,1\}^{3}$ be the restriction of $S$ obtained after $i$-restricting coordinate 4 and $j$-restricting coordinate 5 . After twisting coordinate 5 , if necessary, we may assume that $\mathbf{0} \in S$.

Claim. $S$ has a $D_{3}$ restriction.

Proof of Claim. Suppose for a contradiction that $S$ does not have a $D_{3}$ restriction. In particular, $S_{00}, S_{01} \neq D_{3}$ and $S_{10}, S_{11} \neq D_{3}^{\star}$. Thus by Lemma 6.3 (i),

$$
\begin{array}{lll}
\left(S_{00} \times\{0\}\right) \cup\left(S_{01} \times\{1\}\right)=D_{4} & \text { or } & D_{4}^{\star} \\
\left(S_{10} \times\{0\}\right) \cup\left(S_{11} \times\{1\}\right)=D_{4}^{\prime} & \text { or } & D_{4}^{\prime} \triangle e_{4}
\end{array}
$$

where $D_{4}^{\prime}=\{0100,0110,1011,1111\} \subseteq\{0,1\}^{4}$. Since $\mathbf{0} \in S$, we must have that $\left(S_{00} \times\{0\}\right) \cup\left(S_{01} \times\{1\}\right)=$ $D_{4}$. Thus, $S_{00}=\{000,010\}$ and $S_{01}=\{100,101\}$. Since the restriction of $S$ obtained after 0-restricting coordinates 1 and 5 is not isomorphic to $D_{3}$, it follows that $\left(S_{10} \times\{0\}\right) \cup\left(S_{11} \times\{1\}\right)=D_{4}^{\prime} \triangle e_{4}$. So, $S_{10}=\{101,111\}$ and $S_{11}=\{010,011\}:$


Observe however that the 1-restriction of $S$ over coordinates 2,3 is not 1-resistant, a contradiction.
Thus, $S \cong D_{3} \times\{0,1\}^{2}$ or $C_{8} \times\{0,1\}$ by Lemma 6.2 (ii). It can be readily checked that $S$ must be in fact equal to $C_{8} \times\{0,1\}$, as required.

We are now ready to prove Theorem 3.2:
Proof of Theorem 3.2. Take an integer $n \geq 3$ and a 1-resistant set $S \subseteq\{0,1\}^{n}$ without an $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. Assume that $S$ has a $D_{3}$ minor. We will describe $S$ exactly. Among all projections of $S$ with a $D_{3}$ restriction, pick one $S^{\prime} \subseteq\{0,1\}^{\ell}$ of largest dimension $\ell \in\{3, \ldots, n\}$. We may assume, after a possible relabeling, that $S^{\prime}$ is obtained from $S$ after projecting away coordinates $[n]-[\ell]$. It follows from Lemma 6.2 (ii) that, after a possible twisting and relabeling, $S^{\prime}=C_{8} \times\{0,1\}^{\ell-4}$ or $S^{\prime}=D_{3} \times\{0,1\}^{\ell-3}$.

Claim. If $S^{\prime}=C_{8} \times\{0,1\}^{\ell-4}$, then $\ell=n$.
Proof of Claim. This follows immediately from Lemma 6.4 and the maximal choice of $S^{\prime}$.
Thus, if $S^{\prime}=C_{8} \times\{0,1\}^{\ell-4}$, then $S \cong C_{8} \times\{0,1\}^{n-4}$. Otherwise, $S^{\prime}=D_{3} \times\{0,1\}^{\ell-3}$. In this case, a repeated application of Lemma 6.3 (ii) implies that $S \cong D_{k} \times\{0,1\}^{n-k}$ for some $k \in\{\ell, \ldots, n\}$ (note that $D_{k}, D_{k}^{\star}$ are isomorphic), thereby finishing the proof of Theorem 3.2.


## 7 Infeasible sub-hypercubes and Theorem 3.3

Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. In this section, we will prove the following statement:
Assume that $S$ is 1-resistant, has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor and no $D_{3}$ minor. Take a point $x$ and distinct coordinates $i, j \in[n]$ such that $x$ is infeasible while $x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{i} \triangle e_{j}$ are feasible.

Then the infeasible component containing $x$ is a sub-hypercube.
Proving this statement requires three technical lemmas. Given $i \in\{0,1\}$, denote by $S_{i} \subseteq\{0,1\}^{n-1}$ the $i$ restriction of $S$ over coordinate $n$. Let

$$
\begin{aligned}
& H_{1}:=\{100,010,101,011\} \subseteq\{0,1\}^{3} \\
& H_{2}:=\{100,010,101,011,110\} \subseteq\{0,1\}^{3} \\
& H_{2}^{\star}:=\{100,010,101,011,111\} \subseteq\{0,1\}^{3} \\
& H_{3}:=\{100,010,101,011,110,111\} \subseteq\{0,1\}^{3}
\end{aligned}
$$

Lemma 7.1. Let $S \subseteq\{0,1\}^{4}$ be a set that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}, D_{3}$ minor. If $S_{0} \in$ $\left\{H_{1}, H_{2}, H_{2}^{\star}, H_{3}\right\}$, then $\left|\{000,001\} \cap S_{1}\right| \neq 1$.

Proof. Suppose, for a contradiction, that $H_{1} \subseteq S_{0} \subseteq H_{3}$ and $\left|\{000,001\} \cap S_{1}\right|=1$. After twisting coordinate 3 , if necessary, we may assume that $000 \in S_{1}$ and $001 \in \overline{S_{1}}$. So $S$ may be displayed as below:


Since the 0 -restriction of $S$ over coordinate 1 is not isomorphic to either $F_{1}$ or $F_{3}$, we get that $011 \in \overline{S_{1}}$, and since this restriction is not isomorphic to $D_{3}$, we get that $010 \in \overline{S_{1}}$. By the symmetry between coordinates 1,2 , we get that $\{100,101\} \subseteq \overline{S_{1}}$. But then the 0 -restriction of $S$ over coordinate 3 is isomorphic to either $P_{3}, R_{1,1}, F_{1}$ or $F_{2}$, a contradiction.

Lemma 7.2. Let $S \subseteq\{0,1\}^{4}$ be a set that is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}, D_{3}$ minor, where $S_{0} \in$ $\left\{H_{2}, H_{2}^{\star}, H_{3}\right\}$ and $\{000,001\} \cap S_{1}=\emptyset$. Then the following statements hold:
(i) $S_{1} \in\left\{H_{1}, H_{2}, H_{2}^{\star}, H_{3}\right\}$, and
(ii) if $S_{1}=H_{1}$, then $S_{0}=H_{3}$.

Proof. (i) After twisting coordinate 3, if necessary, we may assume that $S_{0} \in\left\{H_{2}, H_{3}\right\}$. We may therefore display $S$ as:


Since the 0 -restriction of $S$ over coordinate 1 is 1 -resistant, it follows that $\left|\{010,011\} \cap S_{1}\right| \neq 1$, and since the 0 -restriction of $S$ over coordinate 2 is 1-resistant, it follows that $\left|\{100,101\} \cap S_{1}\right| \neq 1$. Thus, as the 0 -restriction of $S$ over coordinate 3 is 1 -resistant, either $\{010,011\} \subseteq S_{1}$ or $\{100,101\} \subseteq S_{1}$. After relabeling coordinates 1,2 , if necessary, $\{010,011\} \subseteq S_{1}$. Since the 0 -restriction of $S$ over coordinate 3 is not isomorphic to $D_{3}$ or $F_{3}$, it follows that $\{100,101\} \subseteq S_{1}$ also:


Hence, $S_{1} \in\left\{H_{1}, H_{2}, H_{2}^{\star}, H_{3}\right\}$. (ii) If $S_{1}=H_{1}$, then as the 1-restriction of $S$ over coordinate 1 is not isomorphic to $F_{3}$, it follows that $111 \in S_{0}$, so $S_{0}=H_{3}$, as required.

Given that $n \geq 2$ and $i, j \in\{0,1\}$, denote by $S_{i j} \subseteq\{0,1\}^{n-2}$ the restriction of $S$ obtained after $i$-restricting coordinate $n-1$ and $j$-restricting coordinate $n$.

Lemma 7.3. Let $S \subseteq\{0,1\}^{5}$ be a set that is 1-resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}, D_{3}$ minor, where $S_{00}=$ $H_{3}, S_{10}=H_{1}$ and $\{000,001\} \cap S_{11}=\emptyset$. Then the following statements hold:
(i) $S_{01}, S_{11} \in\left\{H_{1}, H_{2}, H_{2}^{\star}, H_{3}\right\}$, and
(ii) if $S_{11}=H_{1}$ then $S_{01}=H_{3}$, and therefore $S_{1}=S_{0}$.

Proof. (i) For $i, j \in\{0,1\}$, denote by $R_{i j} \subseteq\{0,1\}^{5}$ the restriction of $S$ obtained after $i$-restricting coordinate 3 and $j$-restricting coordinate 5 .


Notice that $R_{00}=R_{10}=H_{2}$ and $001 \notin R_{01} \cup R_{11}$. It therefore follows from Lemma 7.1 that $000 \notin R_{01} \cup R_{11}$. We get from Lemma 7.2 (i)-(ii) that $R_{01}, R_{11} \in\left\{H_{2}, H_{2}^{\star}, H_{3}\right\}$ :


As a result, $S_{00}, S_{11} \in\left\{H_{1}, H_{2}, H_{2}^{\star}, H_{3}\right\}$. (ii) If $S_{11}=H_{1}$, then $R_{01}$ and $R_{11}$ must be equal to $H_{2}$, implying in turn that $S_{01}=H_{3}$, as required.

We are now ready to prove the first main result of this section:
Proposition 7.4. Take an integer $n \geq 1$ and a 1 -resistant set $S \subseteq\{0,1\}^{n}$ that has no $R_{1,1}, F_{1}, F_{2}, F_{3}$ and no $D_{3}$ minor. Take a point $x$ and distinct coordinates $i, j \in[n]$ such that $x$ is infeasible while $x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{i} \triangle e_{j}$ are feasible. Then the infeasible component containing $x$ is a sub-hypercube.

Proof. We prove this by induction on $n \geq 2$. The base case $n=2$ holds trivially. For the induction step, assume that $n \geq 3$. Let $K$ be the infeasible component of $S$ containing $x$. If every neighbor of $x$ belongs to $S$, then $K=\{x\}$ and we are done. Otherwise, we may assume that $x \in\left\{\mathbf{0}, e_{3}\right\} \subseteq K$ and $i=1, j=2$. For each $y \in\{0,1\}^{n-3}$, let $S_{y}:=S \cap\left\{x: x_{3+i}=y_{i}, i \in[n-3]\right\}$ and choose an appropriate $R_{y} \subseteq\{0,1\}^{3}$ such that $S_{y}=R_{y} \times\{y\}$.

Claim 1. $R_{\mathbf{0}} \in\left\{H_{2}, H_{2}^{\star}, H_{3}\right\}$.
Proof of Claim. We know by assumption $\{000,001\} \subseteq \overline{R_{\mathbf{0}}}$. Assume in the first case $x=\mathbf{0}$. Then $\{100,010$, $110\} \subseteq R_{\mathbf{0}}$. Since $R_{\mathbf{0}}$ is 1-resistant, $R_{\mathbf{0}} \cap\{101,011\} \neq \emptyset$. In fact, $\{101,011\} \subseteq R_{\mathbf{0}}$ because $R_{\mathbf{0}} \neq D_{3}, F_{3}$. Subsequently, $R_{\mathbf{0}} \in\left\{H_{2}, H_{3}\right\}$. Assume in the remaining case $x=e_{3}$. Then $\{101,011,111\} \subseteq R_{\mathbf{0}}$. Similar to the first case, since $R_{\mathbf{0}}$ is 1-resistant, $R_{\mathbf{0}} \cap\{100,010\} \neq \emptyset$. In fact, $\{100,010\} \subseteq R_{\mathbf{0}}$ because $R_{\mathbf{0}} \neq D_{3}, F_{3}$. Subsequently, $R_{0} \in\left\{H_{2}^{\star}, H_{3}\right\}$, as required.

If $n=3$, then $K=\left\{\mathbf{0}, e_{3}\right\}$ by Claim 1, and the induction step is complete.
We may therefore assume that $n \geq 4$. Let $S^{\prime}$ be the projection of $S$ over coordinate 3 . Then $S^{\prime}$ is 1 -resistant and has no $R_{1,1}, F_{1}, F_{2}, F_{3}, D_{3}$ minor. Hence, since $\mathbf{0} \in \overline{S^{\prime}}$ and $\left\{e_{1}, e_{2}, e_{1}+e_{2}\right\} \subseteq S^{\prime}$, the induction hypothesis implies that the infeasible component of $S^{\prime}$ containing $\mathbf{0}$ - call it $K^{\prime}$ - is a sub-hypercube. For the next claim, call a point $y \in\{0,1\}^{n-3}$ involved if $R_{y} \in\left\{H_{2}, H_{2}^{\star}, H_{3}\right\}$ and $00 y \in K^{\prime}$. Notice that $\mathbf{0} \in\{0,1\}^{n-3}$ is involved.

Claim 2. $K$ consists precisely of the points in $\{0,1\}^{n}$ projecting onto $K^{\prime}$.
Proof of Claim. ( $\supseteq$ ) The set of points in $\{0,1\}^{n}$ projecting onto a point in $K^{\prime}$ clearly belong to $K$ and form a sub-hypercube. $(\subseteq)$ Suppose, for a contradiction, the reverse inclusion does not hold. Then there must exist points $z, z+e_{3} \in\{0,1\}^{n}$ satisfying $\left|\left\{z, z+e_{3}\right\} \cap S\right|=1$ which project onto a point $z^{\prime} \in\{0,1\}^{n-1}$ such that $z^{\prime}$ belongs to $S^{\prime}$ and is adjacent to a point in $K^{\prime}$. Notice that $\left|\left\{z, z+e_{3}\right\} \cap K\right|=1$.

Pick a point $t^{\prime} \in\{0,1\}^{n-1}$ such that
i. $t^{\prime} \in K^{\prime}$,
ii. there exists an involved $y^{\star} \in\{0,1\}^{n-3}$ such that $t^{\prime}=00 y$, and
iii. $\operatorname{dist}\left(t^{\prime}, z^{\prime}\right)$ is minimized subject to i -ii, in this order of priority.

After a relabeling of the coordinates, if necessary, we may assume that $t^{\prime}=\mathbf{0} \in\{0,1\}^{n-1}$. Since $z^{\prime} \notin K^{\prime}$, we get that $\operatorname{dist}\left(\mathbf{0}, z^{\prime}\right) \geq 1$. It follows from Lemma 7.1 that $\operatorname{dist}\left(\mathbf{0}, z^{\prime}\right) \geq 2$.

Since $K^{\prime}$ is a sub-hypercube, there exist an integer $d \geq 2$ and distinct coordinates $j_{1}, j_{2}, \ldots, j_{d} \in[n]-\{3\}$ such that $z^{\prime}=\sum_{i=1}^{d} e_{j_{i}}$ and

$$
\sum_{i=1}^{k} e_{j_{i}} \in K^{\prime} \quad k=1, \ldots, d-1
$$

In words, there exists an infeasible path in $\overline{S^{\prime}}$ starting from $\mathbf{0}$, ending at $z^{\prime}$, and of (the shortest possible) length $\operatorname{dist}\left(\mathbf{0}, z^{\prime}\right)=d$. In what follows, we essentially take a walk on this path starting from $\mathbf{0}$, repeatedly apply Lemma 7.1, Lemma 7.2 and Lemma 7.3, prove that each $R_{y}$ encountered on the path (i.e. $00 y$ is a vertex on the path) is one of $H_{1}, H_{2}, H_{2}^{\star}, H_{3}$, thereby reaching a contradiction because this cannot be the case for the last vertex $z^{\prime}$.

Notice that

$$
\sum_{i=1}^{k} e_{j_{i}} \in K \quad \text { and } \quad e_{3}+\sum_{i=1}^{k} e_{j_{i}} \in K \quad k=1, \ldots, d-1
$$

Thus, since $R_{\mathbf{0}} \in\left\{H_{2}, H_{2}^{\star}, H_{3}\right\}$, we have $j_{1} \in[n]-\{1,2,3\}$. After relabeling the coordinates, if necessary, we may assume that $j_{1}=4$. Since $R_{0} \in\left\{H_{2}, H_{3}\right\}$ and $\{000,001\} \cap R_{e_{1}}=\emptyset$, it follows from Lemma 7.2 (i) that $R_{e_{1}} \in\left\{H_{1}, H_{2}, H_{2}^{\star}, H_{3}\right\}$. Our minimal choice of $t^{\prime}=\mathbf{0}$ implies that $R_{e_{1}}=H_{1}$ (otherwise, $e_{4}$ would satisfy i-ii and $\operatorname{dist}\left(e_{4}, z^{\prime}\right)<\operatorname{dist}\left(t^{\prime}, z^{\prime}\right)$, thereby contradicting the minimality of $t^{\prime}=\mathbf{0}$ ).

We now get from Lemma 7.2 (ii) that $R_{\mathbf{0}}=H_{3}$, and from Lemma 7.1 that $d \geq 3$. Since $j_{2} \in[n]-\{1,2,3,4\}$, we may assume that $j_{2}=5$. So $e_{4}+e_{5} \in K^{\prime}$. As $\mathbf{0}, e_{4}, e_{4}+e_{5} \in K^{\prime}$ and $K^{\prime}$ is a sub-hypercube, it follows that $e_{5} \in K^{\prime}$. Since $\{000,001\} \cap R_{e_{1}+e_{2}}=\emptyset$, we get from Lemma 7.3 that either

- $R_{e_{1}+e_{2}} \in\left\{H_{2}, H_{2}^{\star}, H_{3}\right\}$, or
- $R_{e_{2}}=H_{3}$ and $R_{e_{1}+e_{2}}=H_{1}$.

The first case is not possible as it contradicts the minimal choice of $t^{\prime}=\mathbf{0}$, for $t^{\prime}=e_{4}+e_{5}$ would be a better choice. However, the second case is not possible either as it also contradicts the minimal choice of $t^{\prime}=\mathbf{0}$, for $t^{\prime}=e_{5}$ would be a better choice. In both cases, we reached the desired contradiction, thereby finishing the proof of Claim 2.

Claim 2 completes the induction step as the set of points in $\{0,1\}^{n}$ projecting onto a point in $K^{\prime}$ also forms a sub-hypercube (whose rank is larger than $K^{\prime}$ by one). This finishes the proof of Proposition 7.4.

### 7.1 Proof of Theorem 3.3

Take an integer $n \geq 1$ and a 1 -resistant set $S \subseteq\{0,1\}^{n}$ without an $R_{1,1}, F_{1}, F_{2}, F_{3}$ minor. Assume that $S$ is connected and has no $D_{3}$ minor.

Assume in the first case that there is an infeasible component $K$ that is not a sub-hypercube. We will prove that $S$ is a sub-hypercube.

Claim 3. Take a point $x$ and distinct coordinates $i, j \in[n]$ such that $x \in K$ and $x \triangle e_{i} \in S$. If $x \triangle e_{i} \triangle e_{j} \in S$, then $x \triangle e_{j} \in K$.

Proof of Claim. For if not, $x \triangle e_{j} \in S$, so by Proposition 7.4, the infeasible component of $S$ containing $x$, which is $K$, is a sub-hypercube, a contradiction.

This claim has the following subtle implication:
Claim 4. The points in $S$ agree on a coordinate.
Proof of Claim. Take a point $y \in K$ and a direction $i \in[n]$ such that $y \triangle e_{i} \in S$. We may assume that $y=\mathbf{0}$ and $i=1$. As $S$ is connected, it follows from Claim 1 that $S \subseteq\left\{x: x_{1}=1\right\}$, as required.

As $S$ is 1-resistant, it follows from Lemma 1.6 that $S$ is a sub-hypercube, as required.
Assume in the remaining case that every infeasible component of $S$ is a sub-hypercube. We claim that every feasible point has at most two infeasible neighbors, thereby finishing the proof of Theorem 3.3. Suppose otherwise. Then there is a feasible point $x$ with three infeasible neighbors $x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{k}$, for distinct $i, j, k \in[n]$. Since every infeasible component is a sub-hypercube, it follows that $x \Delta e_{i} \triangle e_{j}, x \triangle e_{j} \Delta e_{k}, x \triangle e_{k} \triangle e_{i}$ are feasible. But then the 3 -dimensional restriction of $S$ containing $x \triangle e_{i}, x \triangle e_{j}, x \triangle e_{k}$ is isomorphic to either $R_{1,1}$ or $F_{2}$, a contradiction.

## 8 The cuboid of a $\pm 1$-resistant set has the max-flow min-cut property.

Let us start with the following fascinating result:
Theorem 8.1 ([4]). A 1-resistant set is cube-ideal.
That is, the cuboid of a 1 -resistant set is ideal. When does the cuboid have the max-flow min-cut property? This has been answered partially. To elaborate, take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. Recall from $\S 5$ that $S$ is polar if either there are antipodal feasible points, or the feasible points agree on a coordinate. $S$ is strictly polar if every restriction of it, including $S$ itself, is polar [3]. The following highly nontrivial result was proved in [4]:

Theorem 8.2 ([4]). Let $S$ be a 1-resistant set. Then cuboid(S) has the max-flow min-cut property if, and only if, $S$ is strictly polar.

Hence, to prove the title statement of this section, it suffices to prove that a $\pm 1$-resistant is strictly polar. We need the following immediate remark:

Remark 8.3. Take an integer $n \geq 1$ and a set $S \subseteq\{0,1\}^{n}$. If $S$ is strictly polar, then so is $S \times\{0,1\}$.
Lemma 8.4. Take an integer $n \geq 1$ and a nonempty set $S \subseteq\{0,1\}^{n}$ without an $R_{1,1}$ restriction, where every infeasible component is a sub-hypercube. Then

- $|S| \geq 2^{n-1}$, and
- if $|S|=2^{n-1}$, then $S$ is either a sub-hypercube of rank $n-1$ or the union of antipodal sub-hypercubes of rank $n-2$.


## In particular, $S$ is strictly polar.

Proof. We prove this by induction on $n \geq 1$. The base cases $n \in\{1,2\}$ are clear as $S \neq \emptyset$. For the induction step, assume that $n \geq 3$. For $i \in\{0,1\}$, let $S_{i} \subseteq\{0,1\}^{n-1}$ be the $i$-restriction of $S$ over coordinate $n$. If one of $S_{0}, S_{1}$ is empty, then the other one must be $\{0,1\}^{n-1}$, so $S$ is a sub-hypercube of rank $n-1$ and the induction step is complete. We may therefore assume that $S_{0}, S_{1}$ are nonempty. Since every infeasible component of both $S_{0}, S_{1}$ is a sub-hypercube, we may apply the induction hypothesis. Thus, $\left|S_{0}\right| \geq 2^{n-2}$ and $\left|S_{1}\right| \geq 2^{n-2}$, implying in turn that $|S|=\left|S_{0}\right|+\left|S_{1}\right| \geq 2^{n-1}$. Assume next that $|S|=2^{n-1}$. Then $\left|S_{0}\right|=\left|S_{1}\right|=2^{n-2}$, so by the induction hypothesis, each $S_{i}$ is either a sub-hypercube of rank $n-2$ or the union of antipodal subhypercubes of rank $n-3$. If one of $S_{0}, S_{1}$ is a sub-hypercube, then as every infeasible component of $S$ is a sub-hypercube, $S$ is either a sub-hypercube of rank $n-1$ or the union of antipodal sub-hypercubes of rank $n-2$. Otherwise, each one of $S_{0}, S_{1}$ is the union of two antipodal sub-hypercubes of rank $n-3$. As $S$ has no $R_{1,1}$ restriction, it must be that $S_{0}=S_{1}$, implying in turn that $S$ is the union of antipodal sub-hypercubes of rank $n-2$, thereby completing the induction step.

We are now able to prove Theorem 8.5 , stating that every $\pm 1$-resistant set is strictly polar:
Theorem 8.5. $A \pm 1$-resistant set is strictly polar.
Proof. Take an integer $n \geq 1$ and a $\pm 1$-resistant set $S \subseteq\{0,1\}^{n}$. Then by Theorem 3.4, either
(i) $S \cong A_{k} \times\{0,1\}^{n-k}$ for some $k \in\{2, \ldots, n\}$,
(ii) $S \cong B_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$,
(iii) $S \cong C_{8} \times\{0,1\}^{n-4}$,
(iv) $S \cong D_{k} \times\{0,1\}^{n-k}$ for some $k \in\{3, \ldots, n\}$,
(v) $S$ is a sub-hypercube, or
(vi) every infeasible component of $S$ is a sub-hypercube, and every feasible point has at most two infeasible neighbors.

Observe that $\left\{A_{k}: k \geq 2\right\},\left\{B_{k}, D_{k}: k \geq 3\right\}$ and $C_{8}$ are strictly polar sets. As a result, in cases (i)-(iv), the set $S$ is strictly polar by Remark 8.3. A sub-hypercube is strictly polar, so in case (v), $S$ is strictly polar. For the last case (vi), as $S$ is $\pm 1$-resistant it has no $R_{1,1}$ restriction by Remark 2.3, so Lemma 8.4 implies that $S$ is strictly polar, as required.

As a consequence,
Corollary 8.6. The cuboid of $a \pm 1$-resistant set has the max-flow min-cut property.

Proof. This follows from Theorem 8.2 and Theorem 8.5.
Theorem 1.2 follows immediately.

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## Special operations

$$
\begin{aligned}
S \triangle y & =\{x \triangle y: x \in S\} \\
S_{1} \times S_{2} & =\left\{(x, y): x \in S_{1}, y \in S_{2}\right\}
\end{aligned}
$$

## Special sets

$$
\begin{aligned}
R_{1,1} & =\{000,101,110,011\} \\
P_{3} & =\{110,101,011\} \\
S_{3} & =\{110,101,011,111\} \\
C_{8} & =\{0000,1000,0100,1010,0101,0111,1111,1011\} \\
F_{1} & =\{000,100,010,111\} \\
F_{2} & =\{000,100,010,001,111\} \\
F_{3} & =\{000,100,010,001,110\} \\
D_{3} & =\{000,100,010,101\} \\
D_{3}^{\star} & =\{010,011,111,101\} \\
D_{4}^{\prime} & =\{0100,0110,1011,1111\} \\
H_{1} & =\{100,010,101,011\} \\
H_{2} & =\{100,010,101,011,110\} \\
H_{2}^{\star} & =\{100,010,101,011,111\} \\
H_{3} & =\{100,010,101,011,110,111\} \\
A_{k} & =\{\mathbf{0}, \mathbf{1}\} \subseteq\{0,1\}^{k} \quad k \geq 2 \\
B_{k} & =\left\{\mathbf{0}, e_{1}, \mathbf{1}\right\} \subseteq\{0,1\}^{k} \quad k \geq 3 \\
D_{k} & =\left\{\mathbf{0}, e_{2}, \mathbf{1}-e_{2}, \mathbf{1}-e_{2}-e_{3}\right\} \subseteq\{0,1\}^{k} \quad k \geq 4 \\
D_{k}^{\star} & =D_{k} \triangle e_{k} \quad k \geq 4 \\
F_{k} & =\left\{\mathbf{0}, e_{1}, e_{2}, e_{1}+e_{2}, \mathbf{1}-e_{1}-e_{2}\right\} \subseteq\{0,1\}^{k} \quad k \geq 4
\end{aligned}
$$

Figures of special sets


A fragile set



$F_{2}$

$F_{3}$



[^0]:    ${ }^{1}$ Just like idealness, it would be very useful to reformulate in terms of $S$ what it means for cuboid $(S)$ to have the max-flow min-cut property. Unfortunately, we are not yet aware of such a characterization.

[^1]:    ${ }^{2}$ In fact, he proves that if every infeasible component is a sub-hypercube, then the canonical convex hull description of $S$ is totally dual integral [12]. This does not mean that cuboid $(S)$ has the max-flow min-cut property, but that the blocker does.

