

# PHILANTHROPY FOR GLOBAL MENTAL HEALTH

## THE ROLE OF PHILANTHROPY IN LOW AND MIDDLE INCOME COUNTRIES

### GLOBAL MENTAL HEALTH



**+1billion**

People living with mental disorders (including substance use disorders, self-harm and dementia) worldwide



**3 out of 4**

People with mental disorders living in low- and middle-income countries (LMICs)



**1.6%**

Government health budget allocated to mental health in LMICs and 0.4% of development assistance for health

## What is the role of philanthropy in global mental health?

### Philanthropic development assistance for mental health (DAMH)

financial and in-kind contributions for health disbursed by philanthropic donors (e.g. foundations, corporations, individuals) to low and middle income countries

### METHODS



Novel analyses of a dataset on development assistance for health

**156**

Low- and middle-income countries included in the analyses

**2000-2015**

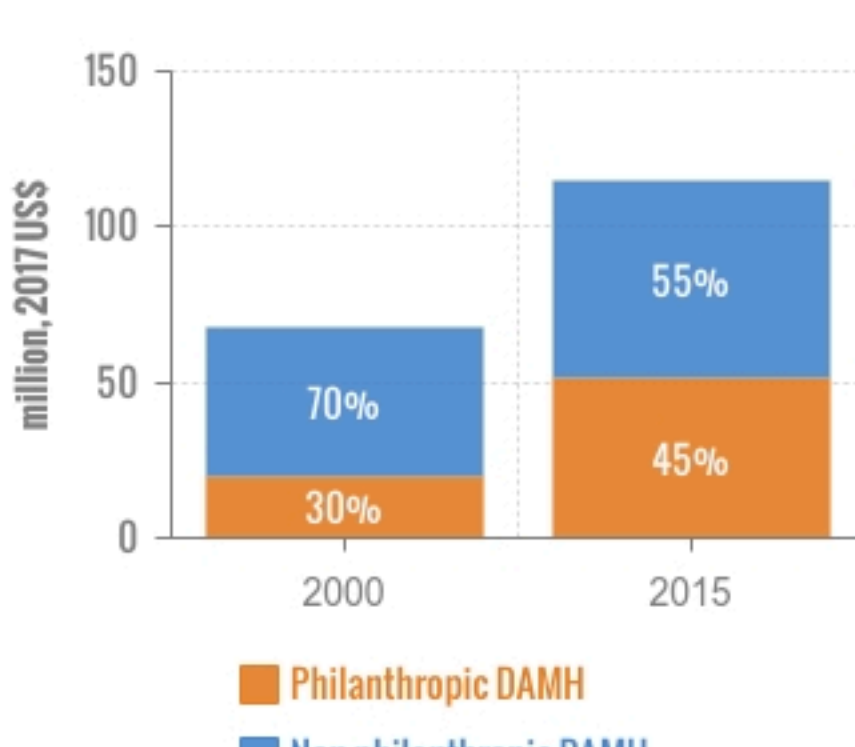
Time period

### RESULTS

#### Total philanthropic DAMH 2000-2015



Philanthropic contributions to DAMH increased in both absolute and relative terms between 2000 and 2015



#### Organisations channeling philanthropic DAMH 2000-2015



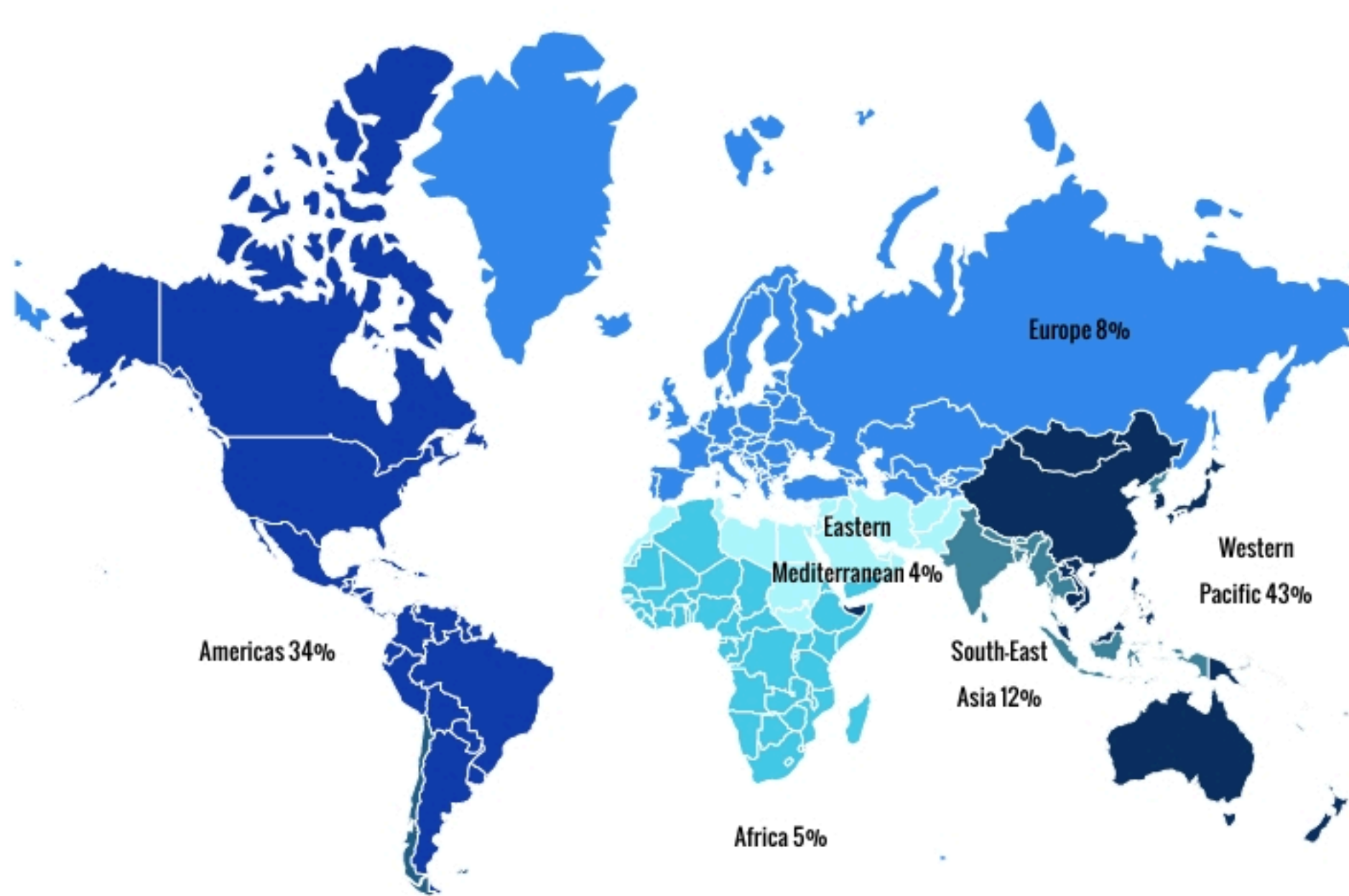
■ Non-governmental Organisations  
■ Foundations  
■ Multilateral Governmental Organisations

#### Philanthropic development assistance for health across health conditions 2000-2015



■ Mental Health  
■ Other Health Conditions

#### Philanthropic contributions to DAMH by region 2000-2015



### RECOMMENDATIONS

#### Philanthropy is a crucial actor in global mental health

whose impact could be amplified by:



**Initiation or increase of contributions to mental disorders**

to reflect their growing relative importance



**Sustainable approach to disbursements**

to assure local ownership and impact beyond funded activities



**More equitable allocation**

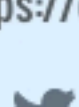


**Better data collection**

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