

# SUSTAINABLE DEVELOPMENT & GLOBAL MENTAL HEALTH

## WHO ARE THE EXTERNAL ACTORS IN LOW AND MIDDLE INCOME COUNTRIES

### GLOBAL MENTAL HEALTH



+1billion

People living with mental disorders (including substance use disorders, self-harm and dementia) worldwide



3 out of 4

People with mental disorders living in low- and middle-income countries (LMICs)



1.6%

Government health budget allocated to mental health in LMICs and 0.4% of development assistance for health

## Where are opportunities for unlocking additional resources?

### TYPOLOGY OF EXTERNAL ACTORS



DFIs, development financial institutions; GOs, governmental organisations; SMEs, small and medium enterprises.

### SYSTEMATIC MAPPING OF EVIDENCE ON EXTERNAL ACTORS



5+

Medical and social sciences databases searched (EconLit, Embase, Global Health, MEDLINE, PsycINFO) & supplementary searches (snowballing and tracking citations)



2300

Records identified, published in peer-reviewed journals in English, French, Italian, Portuguese or Spanish between 1 January 2000 and 31 July 2018



79

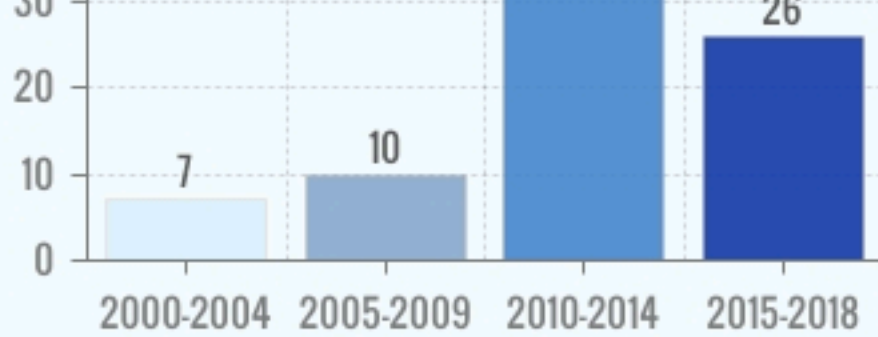
Records included, reporting information on external organisations or individuals providing financial or in-kind contributions to mental disorders in LMICs

### RESULTS

#### Study Types



#### Year of Publication



#### WHO Region



Africa	17
Americas	11
Eastern Mediterranean	5
Europe	5
South-East Asia	10
Western Pacific	6
Multiregional	5
Global	20

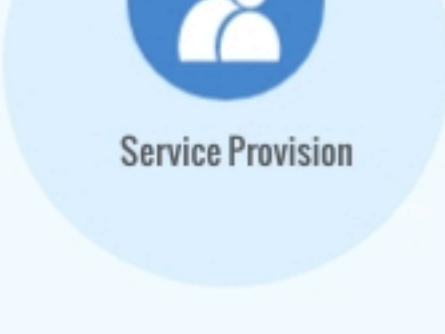
#### Evidence

	Public Sector	Private Sector	Third Sector	Multisector Partnerships
High	Bilateral GOs Multilateral GOs	Foundations	Non-Governmental Organisations	
Low		Corporations and SMEs		Global Health Initiatives
None	Bilateral DFIs Multilateral DFIs	Individuals	Professional Associations Research Centres	Innovation Funds

#### Activities



Capacity Building



Service Provision



Research

### RECOMMENDATIONS

## POLICY RECOMMENDATIONS



Global coordination mechanism involving all actors in global mental health



Collaboration across actors



Local ownership and sustainability at the centre of funding decisions



Better data collection



Ethical considerations integrated in decision-making and monitoring processes

## RESEARCH RECOMMENDATIONS



#### Qualitative studies

- mapping external actors for mental disorders in different settings
- ethical considerations



#### Quantitative studies

- tracking external resource flows from all external actors
- evaluating external resource allocation (effectiveness, efficiency, equity)

Iemmi V. Sustainable development for global mental health: a typology and systematic evidence mapping of external actors in low- and middle-income countries. *BMJ Global Health* 2019;4:e001826. Freely available at <https://dx.doi.org/10.1136/bmjgh-2019-001826>

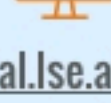
The new typology of external actors for global health is available as a separate research and policy tool freely available for download at <http://eprints.lse.ac.uk/102572/>



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