

Importance of snow and glacier meltwater for agriculture on the Indo-Gangetic Plain

H. Biemans^{1,3}, C. Siderius^{1,8}, A.F. Lutz², S. Nepal³, B. Ahmad⁴, T. Hassan⁵, W. von Bloh⁶, R.R. Wijngaard^{2,7}, P. Wester³, A.B. Shrestha³, W.W. Immerzeel⁷

1. Wageningen University and Research, PO Box 47, 6700 AA Wageningen, the Netherlands
2. FutureWater, Costerweg 1V 6702 AA Wageningen, the Netherlands
3. International Centre for Integrated Mountain Development, G.P.O. Box 3226, Kathmandu, Nepal
4. Pakistan Agricultural Research Council, Plot No. 20, G-5/1, Islamabad, Pakistan
5. Bangladesh Centre for Advanced Studies House # 10, Road # 16A, Gulshan-1, Dhaka-1212, Bangladesh
6. Potsdam Institute for Climate Impact Research, P.O. Box 60 12 03, 14412 Potsdam, Germany
7. Utrecht University, PO Box 80125, 3508 TC Utrecht, the Netherlands
8. London School of Economics, Houghton Street, WC2A2AE, London

Abstract

Densely populated floodplains downstream of Asia's mountain ranges depend heavily on mountain water resources, in particular for irrigation. An intensive and complex multi-cropping irrigated agricultural system has developed here to optimise the use of these mountain water resources in conjunction with monsoonal rainfall. Snow and glacier melt thereby modulate the seasonal pattern of river flows and, together with groundwater, provide water when rainfall is scarce. Climate change is expected to weaken this modulating effect, with potentially strong effects on food production in one of the world's bread baskets. Here we quantify for the first time the space-, time- and crop-specific dependence of agriculture in the Indo-Gangetic Plains on mountain water resources, using a coupled state-of-the-art high-resolution cryosphere-hydrology-crop model. We show that dependence varies strongly in space and time and is largest in the Indus basin, where in the pre-monsoon season up to 60% of the total irrigation withdrawals originate from mountain snow and glacier melt, and it contributes an additional 11% to total crop production. Although the dependence in the floodplains of the Ganges is comparatively lower, meltwater is still essential during the dry season, in particular for a crop like sugarcane. The dependency on meltwater in the Brahmaputra is negligible. Altogether, 129 million farmers in the Indus and Ganges substantially depend on snow and glacier melt for their livelihoods. Snow and glacier melt provides enough water to grow food crops to sustain a balanced diet for 38 million people. These findings provide important information for agricultural and climate change adaptation policies in a climate change hotspot where shifts in water availability and demand are projected as a result of climate change and socio-economic growth.

Main

Providing food for more than 9 billion people with limited water resources in a changing climate will be one of the defining challenges of the 21st century ¹. With population growth, water scarcity is no longer confined to dry regions; even in the floodplains of some of the largest rivers in the world, the Indus, Ganges and Brahmaputra (IGB), water is scarce on a per capita basis and during critical low-flow periods ². Here, population has rapidly expanded, co-evolving with improvements in agricultural productivity and water supply, by means of reservoirs ³ and canals and the energy-driven expansion of groundwater use ^{4,5}. It has equipped the plains of the IGB region with the world's largest connected irrigated agricultural area, an intensive rice-wheat multiple-cropping system, making it a breadbasket on which almost a billion people rely ⁶.

It is also one of the global climate change hot spots, where a stronger than global average climate signal intersects with large numbers of vulnerable and poor people ^{7,8}, and where prevalence of hunger and malnutrition is still amongst the highest in the world ^{9,10}.

Food production in the IGB is intricately linked to the timely supply of water resources. A constant supply of water for downstream irrigation results from the unique interplay between seasonal snowmelt in spring and autumn, glacier melt peaking in the Asian summer months, and rainfall concentrated in the monsoon season, with slowly recharging groundwater resources supplementing shortfalls in supply throughout the year ¹¹. Not only does the specific timing of meltwater resources modulate the seasonal pattern of monsoon rainfall and river flows, it also buffers inter-annual differences, with glacier melt increasing when monsoon rainfall and snow cover are low ^{12,13}, making the mountains Asia's 'Water Towers' ¹⁴.

With climate change, the modulating effect that snow- and glacier melt provide might strengthen at first, due to increased melt, before eventually weakening ¹⁵⁻¹⁷. Up to two-thirds of the present-day ice mass stored in Hindu-Kush-Himalayan glaciers is projected to be lost by the end of the century under current greenhouse gases emission scenarios ¹⁸. Even if the ambitious Paris Agreement of a 1.5°C limit to global warming becomes reality, the ice volume will still be reduced by one-third ¹⁸. To add to increased stress, dwindling groundwater levels, mainly in the northwest of the IGB ^{19,20}, will limit its continued use and the buffer role it currently provides ²¹.

Strong socio-economic development characterized by massive urbanization processes, demographic growth, and fast technological and industrial development will further increase water demand, and likely lead to a further increase in the water gap during the 21st century ²². These changes are considered a serious threat to crop productivity and food production ²³, with potentially detrimental effects on food security ²⁴. To anticipate change, and adapt management accordingly, a thorough understanding of the dependency of agricultural production on different sources of water supply is essential.

While recent research has advanced understanding of cryosphere hydrological processes and the timing of source-specific water supply contributions in the mountains ^{15,25,26}, the linkage with time- and space-specific demand has yet to be clarified. Existing large-scale models lack a proper representation of essential demand characteristics like multiple-cropping and conjunctive use ²⁷, and the distribution of water through canals, inhibiting their capacity to translate upstream changes into downstream impacts ²⁸.

Here we introduce a coupled state-of-the-art high-resolution cryosphere-hydrology-crop model and we assess the spatial and intra-annual variation in glacier- and snow-meltwater contribution to streamflow for the entire IGB. Subsequently, we quantify for the first time the dependence of downstream agricultural production on snow and glacier melt from the mountains and the number of people that depend on these water towers, for their livelihood and for food. We take into account time-specific representation of crop development and crop water use. This experimental design also illustrates a worst case climate scenario, where a strong decrease in ice and snow reserves leads to a predominantly monsoon driven runoff pattern. These insights are important to properly anticipate and timely adapt agriculture to the expected changes in water availability and other climate change impacts.

Contribution of mountain water resources to downstream irrigation

Snow and glacier melt contributions to river discharge vary from headwaters to oceans, and from west to east along the Himalayan arc (figure 1). Of the three major South Asian rivers, at the location where the rivers leave the mountains and enter the plains, the contribution of snow- and glacier-melt is largest in the upper Indus as more elaborately discussed in ¹⁵. Here we show that close to the outlet into the Arabian Sea, Indus discharge still consists of 60 to 70% of water originating from mountain snow and glacier melt due to the low contribution of rainfall to runoff in the arid climate of the plains (figure 1)(see figure S1 for climate). In the Ganges and Brahmaputra Basins, larger contributions of monsoon rainfall to runoff make that the relative importance of glacier and snow melt in streamflow declines rapidly when propagating downstream, to less than 10 and 20 % of mean annual discharge respectively. Snow and glacier melt runoff, however, have a strong seasonality and vary over the year (figure 1B-D). Although the volumetric contribution of meltwater to streamflow peaks in the middle of the summer (July-August, figure 1B-D), its relative contribution to streamflow is largest in May and June, when temperatures are already high, but there is still little rainfall-induced runoff (see figure 1E-G and S1).

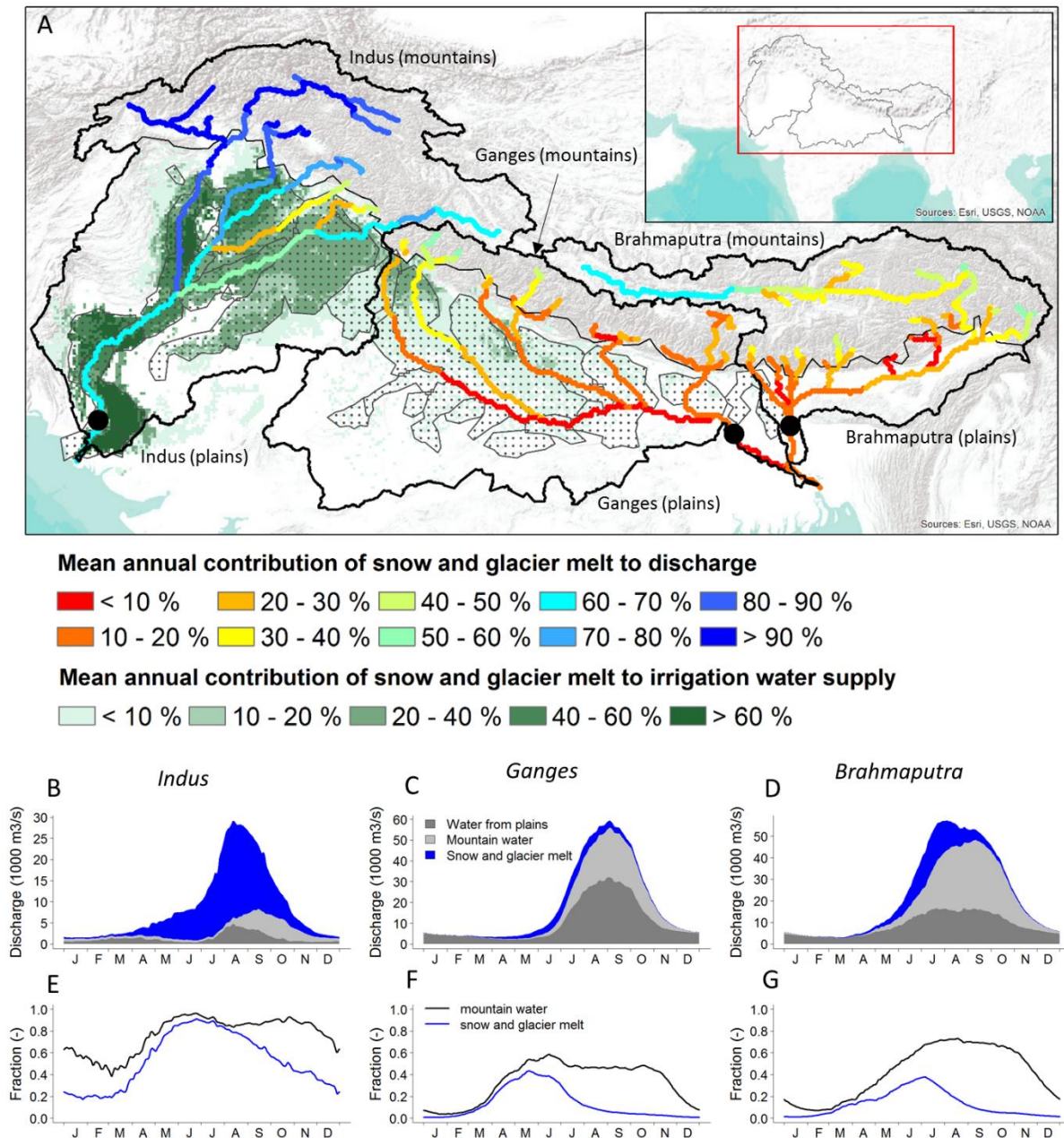


Figure 1. Contribution of snow- and glacier-melt to downstream discharge and irrigation supply (1981-2010) A) spatially explicit, mean annual contributions of snow and glacier melt to discharge and irrigation water supply. Dotted polygons represent the command areas of the large scale irrigation canal systems through which water from the main river is diverted and distributed. Big black dots show locations for which annual cycle of discharge is shown in figures below (Source of map refers to background only) B-G) daily mean contribution of total mountain water (both rainfall-runoff and snow-and-glacier melt that is originating from the mountain areas) and snow-and-glacier melt only to total downstream discharge close to river outlets, absolute (B-D) and relative(E-G).

Large volumes of water leaving the mountains will however never reach the sea. Based on our explicit simulation of water supply to individual irrigation command areas in the IGB, the green

shades in figure 1 show that meltwater contributions to irrigation water supply are significant over large command areas fed by the canal systems, but with very high spatial variability. In the Indus Basin, meltwater forms a major contribution to all canal-fed irrigated areas. In the Ganges Basin, meltwater contributes substantially to irrigation water supply in the intensely cropped north western part of the basin. Elsewhere in the Ganges basin, most of the irrigation water supply originates from runoff generated by precipitation in the plains itself. In the Brahmaputra Basin, meltwater plays a minor role in downstream agriculture as large irrigation systems are absent here and high precipitation amounts suffice to sustain predominantly rainfed agriculture.

Rice and cotton are major users of water

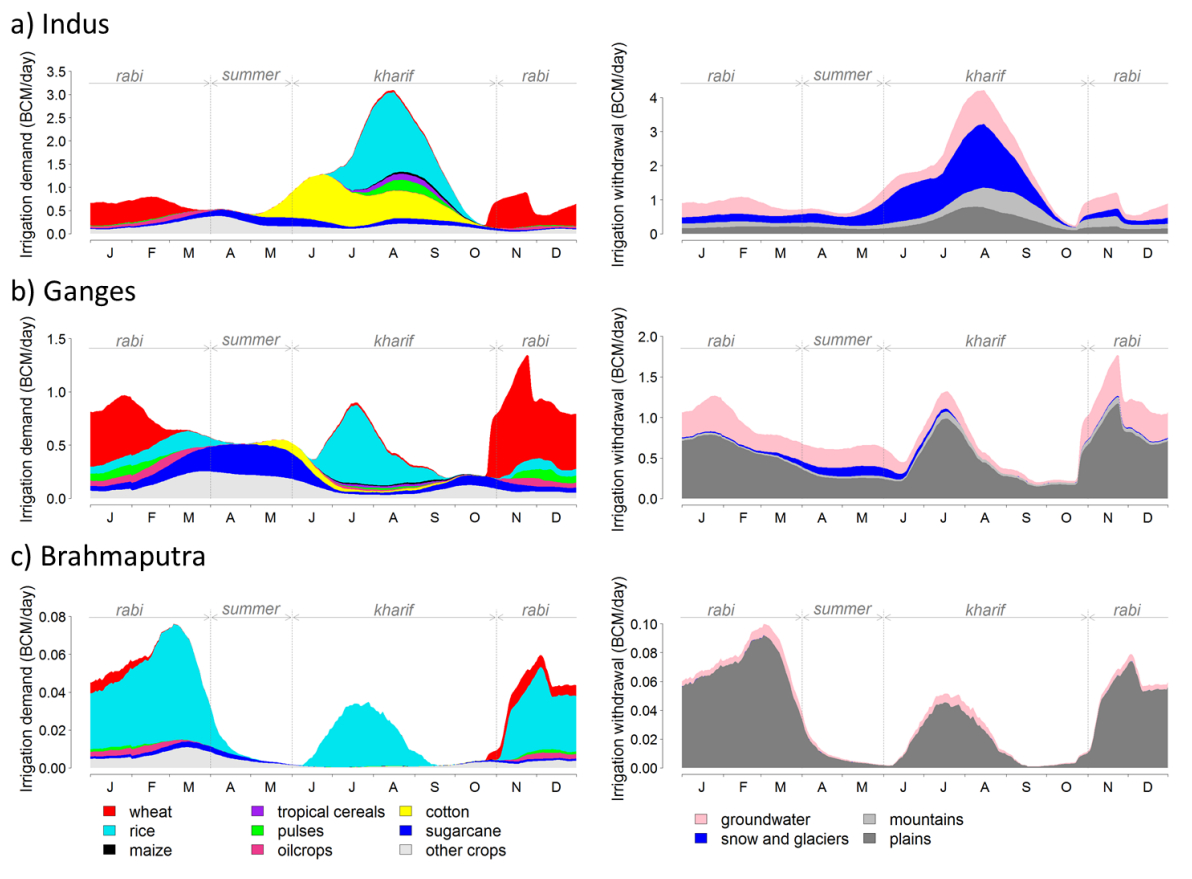


Figure 2. Mean annual cycle of irrigation water applied per crop (left) versus annual cycle of irrigation withdrawal per origin of source (right) in Indus (a), Ganges (b) and Brahmaputra (c) in billion cubic meters (BCM) per day. Numbers in the right figures (withdrawals) are slightly higher than the left figures (applied water) due to losses during conveyance of the water from source to field. The water sources 'mountains' and 'plains' refer to withdrawals from surface water that is originating from the mountain areas –but excluding the melt component– and the downstream areas respectively.

Water scarcity in these monsoon-dominated regions of South Asia, where about 70% of precipitation falls between June and September, is largely caused by a mismatch in time and space between water demand and supply. Spatial variation in irrigation water demand depends on the type of crop and how much of the demand can be met by local precipitation, whereas onset and duration of growing seasons of crops determine the temporal variation in demand (Figure S2).

Water applications (i.e. the withdrawals minus losses during conveyance) to rice, cotton and wheat, the largest consumers of water in the Indus (figure S2), each have their own timing (figure 2). Cotton is typically sown in the summer months of April and May²⁹, whereas rice is generally transplanted a few weeks later during the first monsoon rains in June or July (in what is locally called the *kharif* season). Wheat grows mainly during winter (the *rabi* season) in all basins. In the Ganges, most water is applied to wheat during the *rabi* season, followed by rice grown mainly during the *kharif* season and sugarcane which grows year round. In the Brahmaputra, the applied irrigation water mainly goes to rice (figure S2), typically grown two to three times a year³⁰ (figure 2, left panels).

The three basins also differ with respect to the sources used to withdraw this irrigation water throughout the year. In the Indus Basin, the meltwater contribution to withdrawal varies between 20% in the Rabi season to above 60% just before monsoon in June, whereas the absolute meltwater withdrawals peak in August (figure 2, right panels). The annual average contribution of meltwater to the estimated 516 billion cubic meters (BCM) of total irrigation water withdrawn is 37% in the plains of the Indus. In the Ganges plains, meltwater is only used between March and June, with a maximum of around 20% during the month of May, but it has only a 4% contribution to the total estimated mean annual irrigation water withdrawal of 294 BCM. The Brahmaputra plains, with an estimated annual irrigation withdrawal of only 14 BCM does not show a significant use of meltwater during the entire year.

Although irrigation in the mountains is essential for local food security, the size of water withdrawals and food production is minor compared to downstream numbers. We estimate annual average irrigation withdrawals of 10 BCM (2% of the total basin withdrawal), 1.6 BCM (0.5%) and 0.4 BCM (3%) in the Indus, Ganges and Brahmaputra mountains respectively.

Meltwater buffers pre-monsoon drought

A closer look into the crop specific link between water use per crop and sources of withdrawal reveals a temporal variation in meltwater use for different crops (figure 3). For cotton and rice in the Indus Basin, the first half of the growing season is when the relative meltwater contribution is highest. The crucial modulating effect of meltwater becomes especially apparent during summer in the Indus, when snow and glaciers provide water to crops before

the monsoon rains arrive. In the Ganges Basin, sugarcane, grown predominantly in the north-western areas of the Basin relies substantially on meltwater. Although small in size, this region is a very important food producing region with the highest yields of India ³¹.

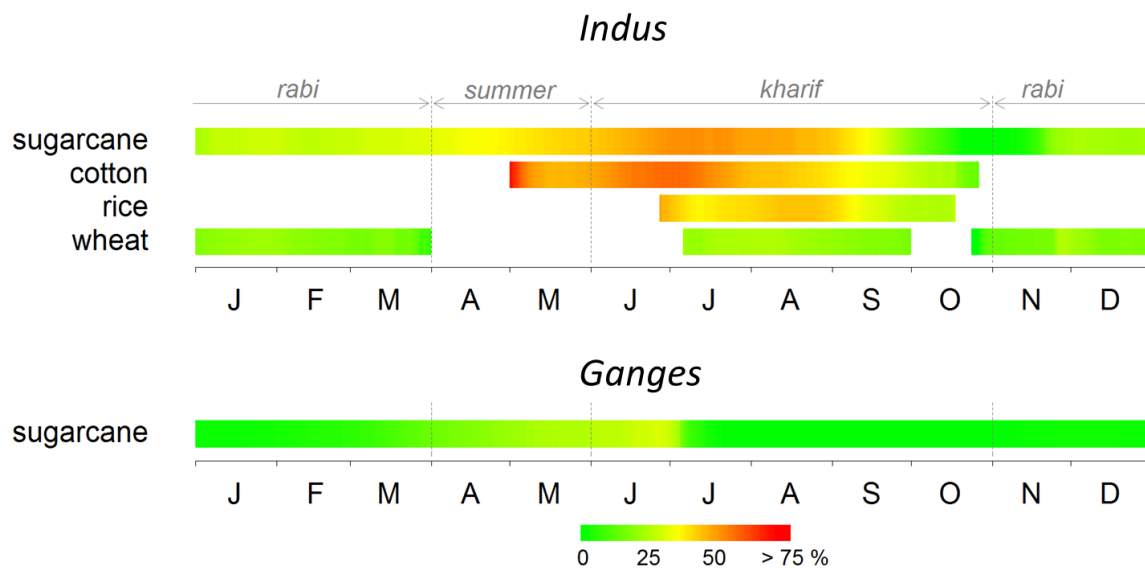


Figure 3. Crop calendars of irrigated crops with mean annual relative contribution of meltwater in time. Only crops with a significant area and large meltwater contribution at basin level are shown.

Crop specific dependence on meltwater

Using a hydrological model with the ability to simulate daily crop growth and carbon assimilation for the twelve major global crop classes, allows not only to estimate the contribution of meltwater to irrigation, but also the effect of this meltwater contribution on crop yields. This effect is more than just a simple linear relationship based on the average annual meltwater contribution to total irrigation; the extent to which crop yields rely on the availability of snow and glacier meltwater, also depends on the crop stages in which the meltwater is used.

To estimate the meltwater contribution to crop yields and total agricultural production, we performed a series of model runs in which we isolate the different sources of water supply and compare resulting yields (see supplement).

In the most southern irrigated areas of the Indus, close to the outlet, irrigated cotton and rice production is almost entirely sustained by meltwater, due to the very dry climate and almost full dependency on water originating from the mountains. Wheat yields rely less on meltwater, but largely on groundwater withdrawals, because it grows predominantly during winter when melt water availability is limited. Sugarcane is grown throughout the year and therefore uses more meltwater in the Ganges than the other crops (figure 4).

In terms of total crop production, 9% of the ~46 megatons (MT) of wheat that is harvested each year in the Indus Basin can be attributed to glacier and snowmelt. Similarly, 15% of the annual 19 MT rice production, 28% of the 4 MT cotton and 17% of the 53 MT of sugarcane produced in the Indus can be attributed to this meltwater. In the Ganges Basin, 3% of cotton production and 7% of sugarcane production can be attributed to meltwater (table S2). The crop production from meltwater in the Brahmaputra is negligible. Note that these numbers reflect basin averages, but the relevance of meltwater for production is much higher at specific locations (figure 4).

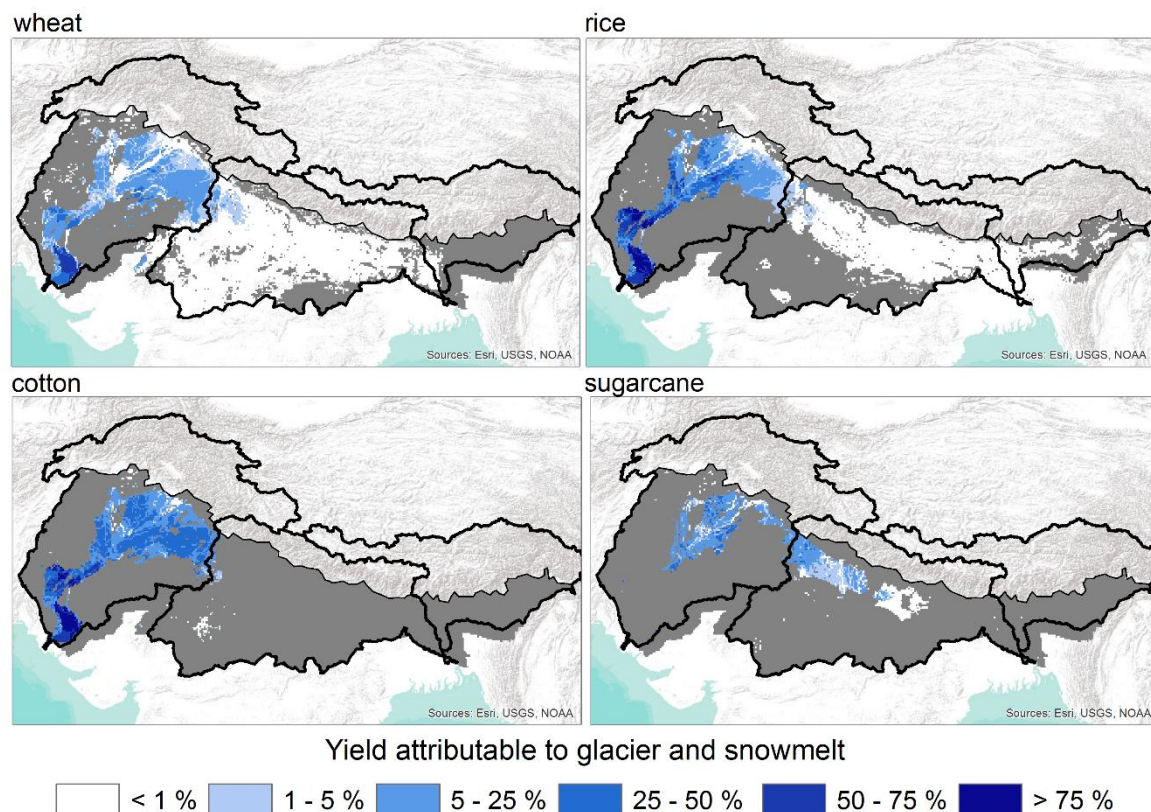


Figure 4. Percentage of production attributable to upstream glacier and snowmelt for major crops. Areas with no or very small areas cultivated with respective crop are masked grey. (Source of map refers to background only)

People's dependence on meltwater

The total (urban and rural) population living in the Indus, Ganges and Brahmaputra is around 900 million. In order to interpret the human dimension of this meltwater dependent production, we translate it to the amount of people that depend on meltwater, either for their food, or for their livelihood. Assuming that a balanced diet, of which 80% consists of vegetal products, requires 2400 kcal per day from food crops (as in ³² and ³³), the additional amount of food produced with meltwater in the plains is equivalent to the total caloric intake of 36

million people (table S2). When only focussing on the production of staple crops, the average rice consumption of 52 million people and wheat consumption of 64 million people³⁴ can be attributed to meltwater. A third indicator, the total downstream rural population that substantially depend on upstream meltwater for their livelihood (defined as the rural population³⁵ living in areas where meltwater contribution to irrigation water supply is more than 10%) is estimated at 129 million. This in addition to 48 million farmers who live in the Indus, Ganges and Brahmaputra mountains, many of whom depend directly on local glacier and snowmelt.

Implications

Our findings constitute an important step forward in understanding the links between water demand and supply in the Indo-Gangetic Plains; an issue of high policy relevance because of the tens of millions of people that directly depend on irrigation water. We show that meltwater modulates the seasonality and variability of the monsoon, but it is a misconception that snow and glacier melt is of critical importance to agricultural production everywhere. Our study highlights the differential impact in time and between the three basins.

Our experimental design allowed us to assess the dependency of current food production on meltwater, thereby also illustrating a worst case climate scenario in which the modulating effects of stored ice and snow is absent. Climate change induced shifts in quantity, timing and composition of upstream water supply ³⁶, may change the modulating effect of meltwater significantly. Although climate change scenarios show that the volume of glacier meltwater production is largely secured this century ^{16,18}, with dwindling glaciers contributing even above average meltwater in the near future, its peak discharge is expected to shift, up to a month earlier. Moreover, perennial snow melt plays an equally important role in the meltwater supply and is likely to further perturb the modulating effect on shorter time scales ³⁷.

At the same time however, other climate change effects leading to warming and changes in monsoon timing and intensity ³⁸, will also affect irrigation water demands and supply.

While an increase in groundwater use might substitute some of the loss or shift in meltwater and monsoon precipitation, particularly in regions where a high dependency on meltwater already coincides with unsustainable groundwater use (fig S6) groundwater alone will not be a reliable buffer.

Manmade reservoirs can partly compensate for the loss of modulating capacity of the natural reservoir of snow and glaciers, when snowmelt patterns change and glaciers recede, but at the same time their operational management is complicated by changes in low flow periods or shifts in downstream demand. Our model included the most important existing reservoirs, but many more are either planned or under construction. Especially for those sites where snow and glacier melt constitute a considerable component of flow, a thorough robustness check

should be conducted. Similarly, the success of India's proposed massive River Interlinking Project, intended to bring water from surplus regions to those with deficits ³⁹, will depend on a proper understanding of sources of and seasonality in flows and water supply. In order to evaluate food security strategies that anticipate the changing water resources in South Asia, it is crucial to study them in an integrated manner; including the effects of changes in monsoon, groundwater depletion, the role of reservoirs, melting glaciers and snowpacks, the impact of socio-economic developments and consideration of upstream-downstream linkages.

A better understanding of the match, or mismatch, between supply and demand over time has relevance beyond agriculture and food production. Other sectors rely equally strongly on the right timing of water availability, whether it is having enough water for energy (both hydropower producing and cooling in case of thermal power ⁴⁰), for drinking water for South Asia's expanding urban population, for industry ^{22,41}, or for sustaining aquatic ecosystems ⁴². Not only quantity matters; water quality and pollution mitigation in rivers is an increasing policy concern in the region (as illustrated by India's 'Clean Ganga' ambition) and strongly dependent on a minimal but guaranteed supply of low flows to dilute any contaminants.

Finally, as water sharing treaties tend to focus on low flows, transboundary cooperation within these international basins ⁴³ will be affected by any change in the contribution of meltwater. Currently, disputed upstream hydropower development in India is testing the strength of the Indus Water Treaty ⁴⁴, which has allocated rights of usage of the three western tributaries to Pakistan, but with some provision for customary rights to India. To distinguish man-made impacts from flows from climate-related will be vital for successful conflict resolution. Developing a governance architecture that can anticipate and deal with changes will be critical to build resilience.

Methodology

We used a coupled cryosphere-hydrology-crop model to analyse the spatial and temporal links between water supply generated upstream and water demand for agriculture in the downstream plains.

Mountain hydrology, snow- and glacier-melt

The hydrology in the upstream mountainous parts of the Indus, Ganges and Brahmaputra basins is simulated using the physically-based fully distributed Spatial Processes in Hydrology (SPHY) cryospheric-hydrological model ⁴⁵. This model is the state-of-the-art for the simulation

of cryospheric-hydrological processes at large river basins scale in Asia and has been applied in the Indus, Ganges and Brahmaputra basins in previous work ^{15,22,36}. SPHY has been specifically developed for application at large river basin scale under data scarce conditions.

The model runs at 5x5 km spatial resolution and at a daily time step. Daily discharge is simulated by: (a) calculating total runoff for each grid cell as the sum of four different components: glacier runoff, snow runoff, rainfall runoff (i.e. the sum of surface runoff and lateral flow), and baseflow, and (b) routing the total runoff and its components downstream, using a simplified routing scheme that requires a digital elevation model (DEM) and a recession coefficient (see also supplemental material). Further details on the setup used in this study are described in a previous study²².

For the upstream domain, the SPHY model was calibrated against MODIS snow cover, geodetic glacier mass balance data and observed discharge at six gauging stations spread over the three basins representing the most upstream catchments and more downstream parts of the SPHY model domain respectively ²².

SPHY simulated daily discharge of 27 sub-catchments of the upper Indus, Ganges and Brahmaputra are fed into the downstream model LPJmL at the corresponding inlet points (as in ²²). This coupling of SPHY and LPJmL allows for analysis where and when water that is generated upstream, is important for the downstream water users, in particular for irrigation.

Downstream hydrology, irrigation water demand and supply

To simulate downstream water availability, agricultural water demand and crop production, we use an adjusted version of the Lund Potsdam Jena managed Land model (LPJmL) ⁴⁶. LPJmL simulates a coupled hydrology and carbon cycle, which makes it a suitable tool to study the interactions between water availability and food production ³².

LPJmL simulates daily water balance at 5x5 minute grid scale with a daily time step, with runoff routed through the river system with a constant flow velocity of 1 m/s. The effect of large reservoirs on streamflow and water supply for irrigation is simulated by a simple generic reservoir operation scheme³. The version of LPJmL used in this study simulates a double cropping system, distinguishing between monsoon-seasons crops (locally called the *kharif* season) and winter-season crops (*rabi* season)²⁷ (figure S1). The supply of irrigation in both seasons depends on land use (i.e. whether the crop is irrigated), the soil water deficit, and the availability of irrigation water. The daily irrigation demand for an irrigated crop in a cell is calculated as the minimum amount of water needed to fill the soil to field capacity and the amount needed to fulfil the atmospheric evaporative demand. Subsequently, the withdrawal demand is calculated by accounting for losses during conveyance, distribution and application of water, depending on the type of irrigation system installed (surface, sprinkler or drip) and the soil type of the irrigated cell ⁴⁷.

Water is first supplied from surface water, from rivers and reservoirs and distributed through an extensive irrigation canal system. If the irrigation demand cannot be fulfilled by the available surface water, water is withdrawn from groundwater locally, leading to depletion when withdrawal exceeds recharge.

The simulated discharge of the coupled SPHY-LPJmL model, including the effects of human impacts like reservoir operations and water withdrawals were validated to observed discharge at three locations close to the outlets of the three river basins. See the section 'Model Performance' in the Supplementary Material for details.

Crop yields

Rain-fed and irrigated crop growth for 12 crops (amongst which wheat, rice, cotton and sugarcane, figure S1) is simulated based on daily assimilation of carbon. In case of water stress on the plants, the allocation of carbon to the storage organs is decreased, leading to reduced yields. Crops are harvested when either maturity or the maximum number of growing days is reached^{48,49}. LPJmL crop yields for the most important food crops were calibrated against subnational (for India and Pakistan) agricultural statistics, as in previous studies²⁷ (figure S3).

Modelling protocol

The coupled model is forced with the recently developed reference climate dataset for the Indus, Ganges and Brahmaputra river basins⁵⁰, which includes an additional correction for the underestimate of high-altitude precipitation using glacier mass balance data as a proxy to estimate actual precipitation amounts^{51,52}. SPHY is forced with daily precipitation, mean, maximum and minimum air temperature, whereas LPJmL is forced with daily precipitation, mean air temperature, longwave and shortwave radiation.

To distinguish irrigation water supply from water from the mountains, and subsequently also from snow and glacier melt, a series of model simulations is performed:

1. A run where only surface water can be used for irrigation, assuming there is no water supply from upstream. Only the 'downstream' generated surface water can be used for irrigation.
2. A run where downstream and the upstream surface water from base flow and rainfall runoff can be used for irrigation.
3. A run where all downstream and upstream surface water, including snow and glacier melt can be used for irrigation.
4. A run with irrigation supply from surface water and groundwater, assuming that groundwater is only applied when surface water is not available. In this simulation groundwater supply is not restricted, but will lead to depletion when groundwater withdrawal is larger than the groundwater recharge.

Differences in simulated water withdrawals and crop yields were used to quantify the space, time and crop specific dependence of irrigation water withdrawal and crop production on water originating from snow and glacier melt. More specifically, the difference between runs 2 and 3 defines the volumes of water and crop yields attributable to melt water, whereas run 4 is used to calculate the total withdrawals and yields when all water sources are applied.

For a more detailed description of the model structure, the input data and the validation of model performance we refer to the supplementary material.

Code Availability

The source codes of SPHY and the adjusted LPJmL version used in this study can be obtained from the corresponding author on request. After publication, the source codes will also be available online (link available after publication).

Data Availability

All SPHY and LPJmL output data that are generated in this study (discharge, irrigation water use by crops, and crop yields) will be made available in the ICIMOD regional database (link available after publication). In addition, the data that supports the findings of this study are available from the corresponding author on reasonable request.

All correspondence and requests for materials should be addressed to the first author of the paper at hester.biemans@wur.nl

Acknowledgements

This work was carried out by the Himalayan Adaptation, Water and Resilience (HI-AWARE) consortium under the Collaborative Adaptation Research Initiative in Africa and Asia (CARIAA) with financial support from the UK Government's Department for International Development and the International Development Research Centre, Ottawa, Canada.

This work was also partially supported by core funds of ICIMOD contributed by the governments of Afghanistan, Australia, Austria, Bangladesh, Bhutan, China, India, Myanmar, Nepal, Norway, Pakistan, Switzerland, and the United Kingdom.

Disclaimer

The views expressed in this work are those of the creators and do not necessarily represent those of the UK Government's Department for International Development, the International Development Research Centre, Canada or its Board of Governors, and are not necessarily attributable to their organizations.

Author contributions

HB, CS, AL and WI designed the study. HB developed the downstream model with help of CS and WvB. RW and AL developed and ran the upstream model. HB, AL and TH analysed the data

and prepared the figures. HB wrote the article with significant contributions of CS, AL, WI, SN, BA, PW and AS.

Competing interests

The authors declare no competing interests.

References

- 1 Godfray, H. C. J. *et al.* Food security: the challenge of feeding 9 billion people. *science* **327**, 812-818 (2010).
- 2 Kummu, M., Gerten, D., Heinke, J., Konzmann, M. & Varis, O. Climate-driven interannual variability of water scarcity in food production potential: a global analysis. *Hydrology and Earth System Sciences* **18**, 447-461 (2014).
- 3 Biemans, H. *et al.* Impact of reservoirs on river discharge and irrigation water supply during the 20th century. *Water Resources Research* **47**, doi:10.1029/2009wr008929 (2011).
- 4 Shah, T., Roy, A. D., Qureshi, A. S. & Wang, J. X. Sustaining Asia's groundwater boom: An overview of issues and evidence. *Natural Resources Forum* **27**, 130-141, doi:10.1111/1477-8947.00048 (2003).
- 5 Scott, C. A. & Sharma, B. Energy supply and the expansion of groundwater irrigation in the Indus-Ganges Basin. *International Journal of River Basin Management* **7**, 119-124, doi:10.1080/15715124.2009.9635374 (2009).
- 6 Aggarwal, P. K., Joshi, P. K., Ingram, J. S. & Gupta, R. K. Adapting food systems of the Indo-Gangetic plains to global environmental change: key information needs to improve policy formulation. *Environmental Science & Policy* **7**, 487-498 (2004).
- 7 De Souza, K. *et al.* Vulnerability to climate change in three hot spots in Africa and Asia: key issues for policy-relevant adaptation and resilience-building research. *Regional Environmental Change* **15**, 747-753, doi:10.1007/s10113-015-0755-8 (2015).
- 8 O'Brien, K. *et al.* Mapping vulnerability to multiple stressors: climate change and globalization in India. *Global Environmental Change* **14**, 303-313, doi:<https://doi.org/10.1016/j.gloenvcha.2004.01.001> (2004).
- 9 Von Grebmer, K., Ringler, C., Rosegrant, M. W. & Olofinbiyi, T. *Global Hunger Index the Challenge of Hunger: Ensuring Sustainable Food Security Under Land, Water, and Energy Stresses*. (International Food Policy Research Institute, 2012).
- 10 Wheeler, T. & von Braun, J. Climate Change Impacts on Global Food Security. *Science* **341**, 508-513, doi:10.1126/science.1239402 (2013).
- 11 Andermann, C. *et al.* Impact of transient groundwater storage on the discharge of Himalayan rivers. *Nat Geosci* **5**, ngeo1356 (2012).
- 12 Thayyen, R. J. & Gergan, J. T. Role of glaciers in watershed hydrology: a preliminary study of a "Himalayan catchment". *The Cryosphere* **4**, 115-128 (2010).
- 13 Pritchard, H. D. Editorial Expression of Concern: Asia's glaciers are a regionally important buffer against drought (vol 545, pg 169, 2017). *Nature* **550**, doi:10.1038/nature24276 (2017).
- 14 Immerzeel, W. W., Van Beek, L. P. & Bierkens, M. F. Climate change will affect the Asian water towers. *Science* **328**, 1382-1385 (2010).
- 15 Lutz, A. F., Immerzeel, W. W., Shrestha, A. B. & Bierkens, M. F. P. Consistent increase in High Asia's runoff due to increasing glacier melt and precipitation. *Nat Clim Change* **4**, 587-592, doi:10.1038/Nclimate2237 (2014).
- 16 Huss, M. & Hock, R. Global-scale hydrological response to future glacier mass loss. *Nat Clim Change* **8**, 135-+, doi:10.1038/s41558-017-0049-x (2018).
- 17 Bliss, A., Hock, R. & Radic, V. Global response of glacier runoff to twenty-first century climate change. *J Geophys Res-Earth* **119**, 717-730, doi:10.1002/2013jf002931 (2014).
- 18 Kraaijenbrink, P. D. A., Bierkens, M. F. P., Lutz, A. F. & Immerzeel, W. W. Impact of a global temperature rise of 1.5 degrees Celsius on Asia's glaciers. *Nature* **549**, 257-+, doi:10.1038/nature23878 (2017).
- 19 Rodell, M., Velicogna, I. & Famiglietti, J. S. Satellite-based estimates of groundwater depletion in India. *Nature* **460**, 999-1002 (2009).
- 20 Tiwari, V. M., Wahr, J. & Swenson, S. Dwindling groundwater resources in northern India, from satellite gravity observations. *Geophys. Res. Lett.* **36**, L18401, doi:10.1029/2009gl039401 (2009).
- 21 Kirby, M., Ahmad, M. U. D., Mainuddin, M., Khaliq, T. & Cheema, M. J. M. Agricultural production, water use and food availability in Pakistan: Historical trends, and projections to 2050. *Agr Water Manage* **179**, 34-46, doi:10.1016/j.agwat.2016.06.001 (2017).
- 22 Wijngaard, R. R. *et al.* Climate change vs. socio-economic development: Understanding the future South-Asian water gap. *Hydrology and Earth System Sciences Discussions* (2018).
- 23 Knox, J., Hess, T., Daccache, A. & Wheeler, T. Climate change impacts on crop productivity in Africa and South Asia. *Environmental Research Letters* **7**, 034032 (2012).

- 24 Cai, Y., Bandara, J. S. & Newth, D. A framework for integrated assessment of food production economics in South Asia under climate change. *Environmental Modelling & Software* **75**, 459-497 (2016).
- 25 Siderius, C. *et al.* Snowmelt contributions to discharge of the Ganges. *Science of The Total Environment* **468–469, Supplement**, S93-S101, doi:<http://dx.doi.org/10.1016/j.scitotenv.2013.05.084> (2013).
- 26 Kaser, G., Großhauser, M. & Marzeion, B. Contribution potential of glaciers to water availability in different climate regimes. *Proceedings of the National Academy of Sciences* (2010).
- 27 Biemans, H., Siderius, C., Mishra, A. & Ahmad, B. Crop-specific seasonal estimates of irrigation-water demand in South Asia. *Hydrology and Earth System Sciences* **20**, 1971-1982, doi:10.5194/hess-20-1971-2016 (2016).
- 28 Munia, H. A., Guillaume, J. H., Mirumachi, N., Wada, Y. & Kumm, M. How downstream sub-basins depend on upstream inflows to avoid scarcity: typology and global analysis of transboundary rivers. *Hydrology and Earth System Sciences* **22**, 2795 (2018).
- 29 Cheema, M. & Bastiaanssen, W. G. Land use and land cover classification in the irrigated Indus Basin using growth phenology information from satellite data to support water management analysis. *Agr Water Manage* **97**, 1541-1552 (2010).
- 30 Portmann, F. T., Siebert, S. & Doll, P. MIRCA2000-Global monthly irrigated and rainfed crop areas around the year 2000: A new high-resolution data set for agricultural and hydrological modeling. *Global Biogeochemical Cycles* **24**, doi:10.1029/2008GB003435 (2010).
- 31 GoI. *Agricultural Statistics At A Glance*, <<http://eands.dacnet.nic.in/>> (2018).
- 32 Gerten, D. *et al.* Global water availability and requirements for future food production. *Journal of Hydrometeorology* **12**, 885-899, doi:10.1175/2011jhm1328.1 (2011).
- 33 Rockstrom, J., Lannerstad, M. & Falkenmark, M. Assessing the water challenge of a new green revolution in developing countries. *Proceedings of the National Academy of Sciences of the United States of America* **104**, 6253-6260, doi:DOI 10.1073/pnas.0605737104 (2007).
- 34 OECD, Food & Nations, A. O. o. t. U. *OECD-FAO Agricultural Outlook 2015*. (2015).
- 35 Klein Goldewijk, K., Beusen, A. & Janssen, P. Long-term dynamic modeling of global population and built-up area in a spatially explicit way: HYDE 3.1. *The Holocene* **20**, 565-573 (2010).
- 36 Lutz, A. F., Immerzeel, W., Kraaijenbrink, P., Shrestha, A. B. & Bierkens, M. F. Climate change impacts on the upper Indus hydrology: Sources, shifts and extremes. *Plos One* **11**, e0165630 (2016).
- 37 Smith, T. & Bookhagen, B. Changes in seasonal snow water equivalent distribution in High Mountain Asia (1987 to 2009). *Science advances* **4**, e1701550 (2018).
- 38 Loo, Y. Y., Billa, L. & Singh, A. Effect of climate change on seasonal monsoon in Asia and its impact on the variability of monsoon rainfall in Southeast Asia. *Geoscience Frontiers* **6**, 817-823 (2015).
- 39 Bagla, P. India plans the grandest of canal networks. *Science* **345**, 128-128, doi:10.1126/science.345.6193.128 (2014).
- 40 Van Vliet, M. *et al.* Multi-model assessment of global hydropower and cooling water discharge potential under climate change. *Global environmental change* **40**, 156-170 (2016).
- 41 Rasul, G. Food, water, and energy security in South Asia: a nexus perspective from the Hindu Kush Himalayan region*. *Environmental Science & Policy* **39**, 35-48 (2014).
- 42 Pastor, A. V., Ludwig, F., Biemans, H., Hoff, H. & Kabat, P. Accounting for environmental flow requirements in global water assessments. *Hydrology and Earth System Sciences* **18**, 5041-5059, doi:10.5194/hess-18-5041-2014 (2014).
- 43 Hanasz, P. Muddy Waters: International Actors and Transboundary Water Cooperation in the Ganges-Brahmaputra Problemshed. *Water Alternatives* **10** (2017).
- 44 WorldBank. *The Indus Waters Treaty*, <<https://siteresources.worldbank.org/INTSOUTHASIA/Resources/223497-1105737253588/IndusWatersTreaty1960.pdf>> (1960).
- 45 Terink, W., Lutz, A. F., Simons, G. W. H., Immerzeel, W. W. & Droogers, P. SPHY v2.0: Spatial Processes in HY drology. *Geosci Model Dev* **8**, 2009-2034, doi:10.5194/gmd-8-2009-2015 (2015).
- 46 Schaphoff, S. *et al.* LPJmL4 - a dynamic global vegetation model with managed land: Part I - Model description. *Geoscientific Model Development Discussions*, 1-59, doi:10.5194/gmd-2017-145 (2017).
- 47 Jägermeyr, J. *et al.* Water savings potentials of irrigation systems: global simulation of processes and linkages. *Hydrol. Earth Syst. Sci.* **19**, 3073-3091, doi:10.5194/hess-19-3073-2015 (2015).
- 48 Bondeau, A. *et al.* Modelling the role of agriculture for the 20th century global terrestrial carbon balance. *Global Change Biology* **13**, 679-706 (2007).
- 49 Fader, M., Rost, S., Müller, C., Bondeau, A. & Gerten, D. Virtual water content of temperate cereals and maize: Present and potential future patterns. *Journal of Hydrology* **384**, 218-231 (2010).
- 50 Lutz, A. F. & Immerzeel, W. W. HI-AWARE Research Component 1. Reference Climate Dataset for the Indus, Ganges and Brahmaputra River Basins., (FutureWater, 2015).
- 51 Immerzeel, W., Wanders, N., Lutz, A., Shea, J. & Bierkens, M. Reconciling high-altitude precipitation in the upper Indus basin with glacier mass balances and runoff. *Hydrology and Earth System Sciences* **19**, 4673 (2015).
- 52 Immerzeel, W. W., Pellicciotti, F. & Shrestha, A. B. Glaciers as a Proxy to Quantify the Spatial Distribution of Precipitation in the Hunza Basin. *Mountain Research and Development* **32**, 30-38, doi:Doi 10.1659/Mrd-Journal-D-11-00097.1 (2012).

